

## General workshops

## Living sustainably in a rental property

A room by room tour through the average rental property looking at simple time and cost effective ideas that will help make your property more energy efficient, sustainable and save you money. We also look at general changes, ideas and advice for greening your lifestyle.

### Sustainable living in an apartment

Apartment living can have particular challenges to renters. This workshop looks specifically at strategies to enhance sustainable living in an apartment, including indoor and balcony gardening, dealing with bureaucracy and reviews of new products targeting apartment dwellers.

## **Energy Saving**

This workshop looks at the ways renters can save energy and reduce their utility bills. Participants learn how to read utility bills, find out which appliances are the biggest energy suckers, how to make their appliances work more efficiently and resolving issues with energy providers. Participants can expect an energy reduction of up to 30% from averages. This workshop can be offered as a one-off or as a 'before' and 'after' two part workshop where we provide a follow up three months later to look at how their energy saving has gone.

## Workshops typically involve

- A powerpoint presentation
- Hand out information (limited where participants have good internet access to save paper)
- Plenty of opportunities for questions and answers
- A door prize
- Bulk purchase discounts of sustainability products available.

For enquiries, contact Cate Lawrence cate@greenrenters.org | (03) 830 00233

Sustainable living in rental accommodation

# Green Renters \*\*\*

## Specialist workshops

## Green your cleaning

This workshop takes a look at natural products and methods that keep a house clean and fresh without the toxic side effects experienced with some commercial products and save you money. Particular emphasis is placed on DIY products and workshop participants are given the chance to make some cleaning products, recipes and a goody bag of products to take home.

## **Eco-crafting 101**

This workshop teaches how to create useful and creative household items and gifts using materials, which would otherwise end up in landfill. All materials and instructions supplied.

## Love leftovers, reduce food waste

Many of us find ourselves throwing away uneaten food. This workshop looks at portion sizes, ways of storing food and how to make the most of your fridge, freezer and pantry. If like many people you are confused by 'best before, use by, display until and sell by' dates then the workshops will help explain the difference, as well as giving you the opportunity to discuss ways to use leftovers and share recipes. If a kitchen is available the workshop will incorporate cooking and the opportunity for participates to learn how to cook and sample a dish that uses leftovers.

## How to have a green festive season

The festive season seems like such a long way away, but as always it will sneak up from out of nowhere, surprise you and catch you unawares! For some it has spiritual meaning, for others it's an opportunity for spending time with family and friends and for some it's simply a holiday. But we hope many are wondering how to align the festive season with their personal values. Sustainability is a part of daily living for so many, how do you incorporate it into your festive celebrations? This two hour enjoyable and interactive workshop explores how you can make the festive season more environmentally friendly.

Sustainable living in rental accommodation