

MEDICAL COURIER SUV EQUIPMENT CHECKLIST (WITH COST EXPECTATIONS)

🔴 NON-NEGOTIABLE (REQUIRED — LOAD DENIAL WITHOUT THESE)

Temperature-Controlled Coolers (Minimum 2): [LINK](#)

- Hard-sided (Igloo / Coleman / Pelican style)
- Supports cold packs + ambient transport
- Recommended: (1) medium + (1) large
\$ \$150 – \$400 (total)

SECURED TOTE

- OEM SUV hatch lock **OR**
- Locking plastic storage totes / lockboxes
\$ \$0 – \$150

Tamper-Evident Seals: [LINK](#)

- Numbered pull-tight seals or evidence bags
- Pack of 100 typically lasts months
\$ \$20 – \$50

GPS Vehicle Tracking (Dedicated Device): [LINK](#)

- Bouncie / SpyTec / OneStep GPS also viable options
 - Phone-only GPS does NOT count
 - \$ Device: \$0 – \$40
 - \$ Monthly: \$20 – \$50
-

Smartphone Mount + Fast Charger: [LINK](#)

- Hands-free navigation + live signatures
 - \$ \$25 – \$40
-

 **PROFESSIONAL EDGE (STRONGLY RECOMMENDED — HIGH ROI)**

Digital Thermometer (Probe or IR): [LINK](#)

- On-demand temp verification for audits
 - \$ \$20 – \$40
-

Disposable Supplies Kit (Small Bin): [LINK](#)

Includes:

- Gloves
 - Absorbent pads
 - Alcohol wipes
 - Zip-top or bio transport bags
 - \$ \$30 – \$60
-

Paper Backup Folder (Physical): MANILLA FOLDER

Includes:

- COI (insurance)
 - Driver ID copy
 - Emergency contact
 - Chain-of-custody forms
\$ \$5 – \$10
-

RECOMMENDED ADD-ONS (LOW COST, HIGH PROTECTION)

Biohazard Spill Kit (Mini Version): [LINK](#)

Includes:

- Absorbent powder or granules
 - Disinfectant spray
 - Red biohazard waste bags
 - Scoop/scrapper
\$ \$30 – \$60
-

Waterproof Cargo Liner / Floor Mats: [LINK](#)

- Protects SUV interior from leaks/spills
\$ \$40 – \$100
-

Reflective Safety Vest: WITH PERSONALIZED LOGO: [LINK](#)

WITHOUT PERSONALIZED LOGO: [LINK](#)

- After-hours pickups / roadside visibility
\$ \$10 – \$20

Roadside Emergency Kit

- Jumper cables: [LINK](#)
 - Tire inflator or sealant: [LINK](#)
 - Warning triangles: [LINK](#)
\$ \$20 – \$50
-

Hand Sanitizer + Disposable Face Masks

- Clinic / pharmacy entry compliance: [LINK](#)
\$ \$10 – \$20
-

 **OPTIONAL BUT USEFUL**

Dual-Zone Cooler Divider

- Allows cold + ambient in one cooler
\$ \$30 – \$60
-

Headlamp or Small Flashlight: [LINK](#)

- Dark docks, after-hours labs
\$ \$10 – \$20
-

Backup Phone Power Bank: [LINK](#)

- Prevents missed PODs, tracking dropouts
\$ \$20 – \$30
-

ADMIN CONFIRMATION (NOT GEAR, BUT REQUIRED COSTS)

- Commercial Auto Insurance
\$ \$190 – \$380 / month
 - Cargo Insurance (\$100k medical goods)
\$ \$39 – \$65 / month
 - GPS Monthly Service
\$ \$20 – \$50 / month (already listed above)
 - Backup Rental Accounts (Turo / Enterprise)
\$ \$0 setup (pay only if used)
-



TOTAL REAL-WORLD INVESTMENT

Readiness Level	Total Cost
Bare Minimum (won't lose loads)	\$200 – \$350
Fully Competitive (recommended)	\$450 – \$800
Audit-Proof / VC-Safe / VA-Ready	\$900 – \$1,300

- ✓ Matches your STEPS Phase 1 budget
 - ✓ Matches your SUV-first financial model
 - ✓ No wasted spending
-

FINAL RULE

If a dispatcher, clinic, lab, dialysis center, or VA officer asks:

“Do you have temperature control, GPS tracking, secure containment, and spill readiness?”

You should be able to answer **YES** immediately without checking anything.