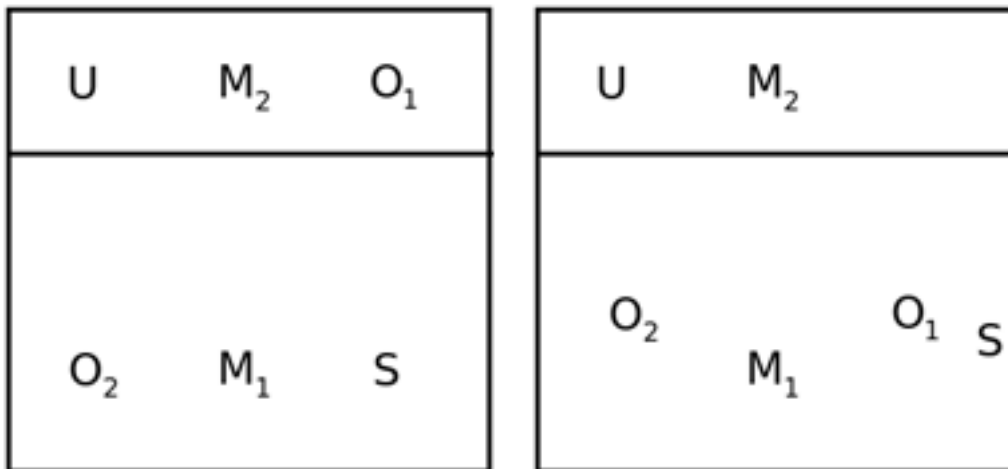


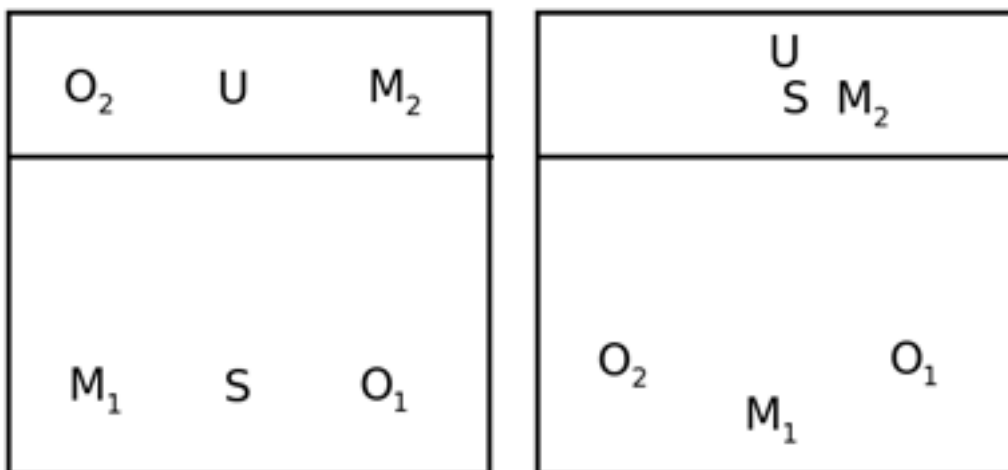
## The 5-1 explained

For each rotation you'll see a diagram on the left showing the 'naïve' or 'official' positioning of players, and a diagram on the right showing where the players will actually stand to receive serve in this rotation. If the one on the right looks complicated, just visualise who has moved where from the left hand diagram – this is always logical. The main reason we move out of our official positions is to get the setter out of the way of the first ball, and also to get the front court outside hitter into the back court, as your outsides are generally your best passers. In five of six rotations, the front court outside hitter will receive serve at position 5 so that he can immediately hit through 4 – quite an easy thing to remember.



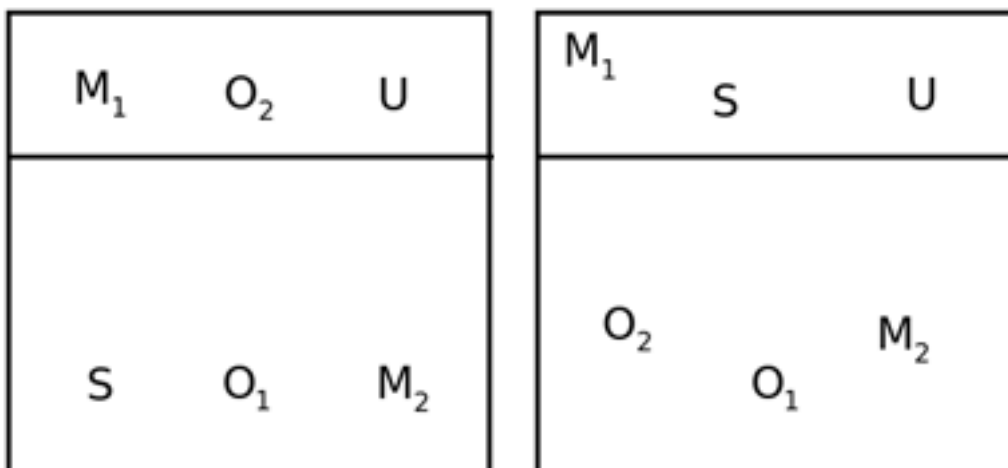
### SETTER AT 1

This is the one exception to the 'front court outside receives at 5' rule. The front court outside (O1) steps back to receive in place of the setter, at 2. O1 then hits at 2, and U hits at 4; these two players can swap once the ball has been returned to the other side if they want to, but I don't recommend it – the swap gets confusing. O1 stays at 2, and U at 4, for the whole rally.



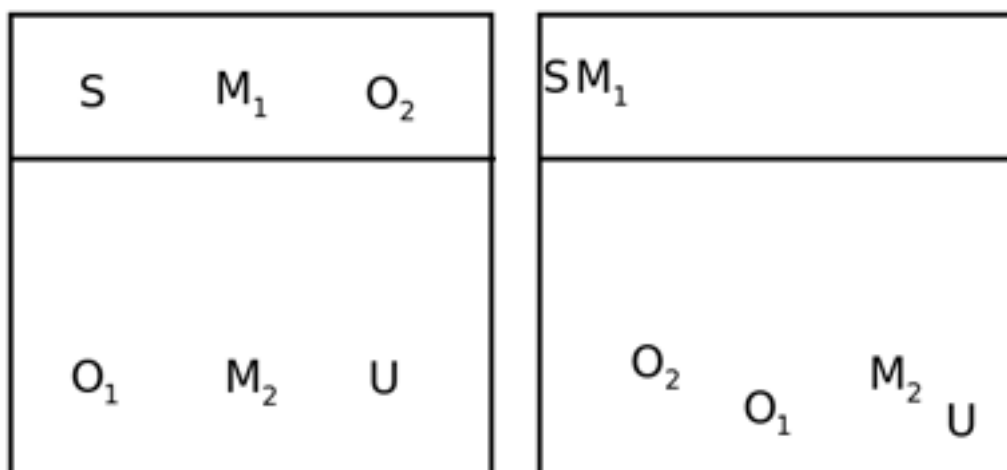
### SETTER AT 6

The setter squashes forwards to the net, keeping behind U, and to the right of M1, as the rules dictate. The front court outside (O2) receives at 5 (M1 sliding across a bit to accommodate him), then hits at 4.



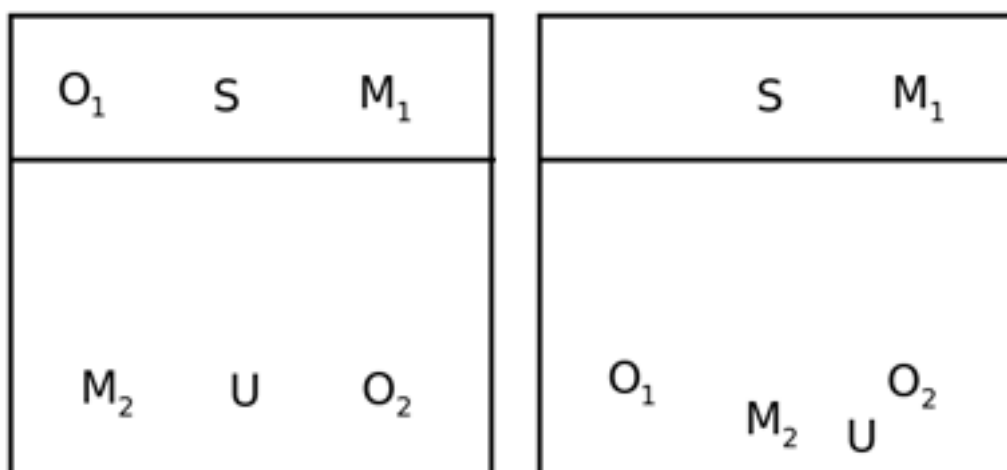
### SETTER AT 5

Look hard at the diagram: you can think of what's happening here as S and O2 'almost swapping places'. S must keep behind M1 and to the left of O1. O2 must keep in front of O1 and to the right of M1. The front court outside receives at 5 then hits at 4.



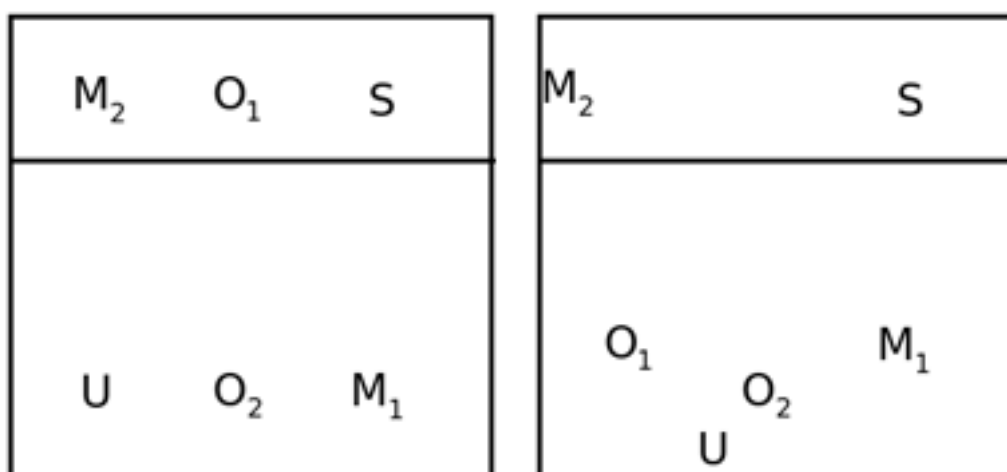
#### SETTER AT 4

If your opposite is a good passer, then you can get away with not doing anything fancy here: O1, M2 and U could just pass. But you probably want O2 to be passing instead. So S, M1 and O2 all squash over to the left hand side as much as they can, keeping the correct left-right order, then O2 just steps back into the receive. The front court outside receives at 5 then hits at 4.



#### SETTER AT 3

This one's pretty easy. U gets back out the way, and O1 simply steps back into the receive, M2 sliding over to accommodate him. The front court outside receives at 5 then hits at 4.



#### SETTER AT 2

This one's almost as easy. U gets back out of the way. O1 goes back into the receive, but M2 has to keep to the left of him, that's all. The front court outside receives at 5 then hits at 4.