Proj ERD *

project1 pages
- id : int(10) unsigned
- title : varchar(255)
- slug : varchar(255)
- created_at : timestamp
- updated_at : timestamp

project1 track_pages
- id : int(10) unsigned
- created_at : timestamp
- updated_at : timestamp
- user_id : int(10) unsigned
- page_id : int(10) unsigned

project1 track_files
- id : int(10) unsigned
- created_at : timestamp
- updated_at : timestamp
- user_id : int(10) unsigned
- file_id : int(10) unsigned

project1 users
- id : int(10) unsigned
- name : varchar(255)
- email : varchar(255)
- password : varchar(255)
- role : varchar(255)
- survey_complete : tinyint(1)
- remember_token : varchar(100)
- created_at : timestamp
- updated_at : timestamp

project1 posts
- id : int(10) unsigned
- title : varchar(255)
- body : text
- thumbnail_url : text
- created_at : timestamp
- updated_at : timestamp
- page_id : int(10) unsigned

project1 files
- id : int(10) unsigned
- name : varchar(255)
- url : varchar(255)
- created_at : timestamp
- updated_at : timestamp
- page_id : int(10) unsigned

project1 demographics
- id : int(10) unsigned
- street_address : varchar(255)
- city : varchar(255)
- state : varchar(255)
- zip : varchar(255)
- phone : varchar(255)
- profession : varchar(255)
- user_id : int(10) unsigned
- created_at : timestamp
- updated_at : timestamp