

Shortest distance 205km, suggested route 206km.  
Busy out of Lowestoft, but fairly quiet B roads thereafter.  
A long section of Fen is broken up by the delights of the  
one way system in Spalding. Flat but exposed to wind.  
I stayed at the White Bull in Coningsby.

Log from 2007, slight change in controls to maintain distance.  
E6 (210km). Beccles, Wymondham, March, Spalding, Coningsby.  
28/08/07, 134m on clock, 12hr29, 0622-1851, warm and dry with a slight northerly.  
ATM at Morrisons and then off on the A146 then A143  
where I misread the map and went into Bungay. Retraced to find B1135 which with a bit of care  
I followed over the A11 to Wymondham to control at a newsagents in the town.  
Eventually found a road that avoids Kimberley that would take me to Watton on the B1108.  
After a break here I continued, crossed the A1055 and took lanes to Northwold.  
Right on A134 which was not too busy. After the roundabout with the B1160 I took lanes  
thru West Dereham towards Denver thus avoiding Downham Market. A1122 over the river Ouse  
to turn off at the B1104, then B roads leading to March to control at a shop.  
Headed out on the A141 to a big roundabout with the A47.  
Immediately off the A47 onto B1187, then B1186. After the second windmill (without sails!)  
there is a quiet road that cuts a corner to pickup the A1073 into Spalding for a garage control.  
Leaving town towards Pinchbeck I got on the A152 before turning right onto the B1397.  
First real lane on the left and I managed to follow signs to Wigtoft.  
A busy section on the A17 then A52 followed by a left on the B1192.  
I followed this to a left on the A155 into Coningsby. I stayed at the White Bull Inn, contractors  
pub with good food.

