It's all about version control.

Commands let you compare different files

FC <file 1> <file 2> (in correct directory) can compare two files

Git uses manual saving. Each save is assumed to be a complete and lorical change; and each is called a 'commit'

git log lets you look at each commit.

git diff lets you compare different commits

a set of files being tracked together is called a 'repository'. This is often necessary since one file depends on another.

'clone' downloads a file structure - give a name and do it. You need to be in the top folder to use git commands.

git checkout <is reverting to an older version

example work:

547f4171a82ec6429d002c1acef357aec41d3f17

71d52709ddc4066e7a79a1d0a412e43429a0cdeb

003c8c197cd3b1e5b28b58f53ee14d7ebaa9bb3a

746f762e38b5bbb7d0b837464ef6ec3f8ee5bf91

repositories contain hidden metadata. one can check this with ls -a to look at hidden files.