

大纲：

1. Club Mission ?
2. Listening is a nice method to learn about toastmasters and the world.
  - a. when i was a new member, how i learn about the meeting by listening
3. In toastmaster, Mentoring is a historic method to help new member learn about toastmasters and build goals.
  - a. a question, do you have your personal mentors in tmc
  - b. for me, i did not have a specific mentors in red hat tmc. all the toastmasters are my mentors. because i always listen to the speaker in tmc, and i can find some good point of them through their speeching.
  - c. substance of mentoring.
4. To be a good listener and motivative mentee, you can grow up quickly.
5. keep listening, think wisely, everyone in life is your mentor.

Does any member here know what is the mission of our club:

Michael, do you still remember it?

Toastmasters club mission: is We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Do you know the some tips to learn about the toastmasters and grow up in toastmasters?

In my opinion, I am a self-driven learner , so i think the listening is a nice method to learn about our toastmasters meeting, the culture of the toastmasters.

what's more, Listening is a necessary ability to help you communicate more effective with others people in life.

When i was a new member of Red Hat toastmasters club, I did not know about how to act as a meeting role to attend the meeting, and i am courious about everything in the toastmasters regular meeting. In order to learn more about how to organize this meeting, I took the chance to serve as a timer to listening more carefully about the meeting.

After two times experience of timer, i knew about how the meeting agenda goes, and more clearly about the duties of each roles.

That was how i know about toastmaster meeting at first. However, In toastmaster, we have a special method to learn about the world in toastmasters and gain the personal growth, which name mentoring.

So do you have your own mentors, my dear fellow new members of beihang? do you want to know about how to growth up quickly in toastmaster clubs?

I think many of you have a specified mentor, but i did not have a specified mentor in toastmasters.

There is a saying put it , "If three of toastmasters are walking together, at least one of the other two is good enough to be my mentor."

Exactly, I think everyone in red hat toastmasters club is my mentor.

if you want to growth up quickly, you must know the substance of mentoring.

the mentor is not a coach, that should teach you evetything step by step, but a guider lead you how to find the resource and how to use this resource to complish your personal goal and improve the ability that you promise to gain.

As a mentee, you should have a personal goal and the motivation to learn about the toastmasters and build skills, then when you have any questions about how to act as a role in toastmasters, you may find some best mentor in toastmasters club.

For me, I want to know about how to deliver a prepared speech, I just attend this Wow, Open Day events in our Division I, I heard a speech about it delivered by the Toastmasters International Speech contest silver award winner Sherre Su.

When I want to know about how to be an evaluator, I just attend the Startups meeting, and met my idol Mason Wang, then I invite him to our Red Hat TMC to share his experience about how to be a good evaluator and how to do the evaluation in toastmasters and life.

Thus, if you want to improve your personal abilities and communication skills, maybe every member of our toastmasters can mentor you and give you some feedback to help your growth.

Just keep watching and listening, attend our meeting more, I think you can be a better man some day, and that day is coming soon.

Some virtual mentor resource, online pathways education systems, videos, manual, other club meeting.

Reference:

**Self-assessment** motive, **driven** by the need of right **self**-understanding, refers to people's preference for accurate **self**-knowledge and feedback with high diagnosticity.

自我评定动机源于个体正确认识自我的需要，表现为个体对于准确的自我知识和诊断性反馈的偏爱和倾向；