

Brooke E. Nazar

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EDUCATION

Virginia Tech

Bachelor of Science in Public Health

Minor: Medicine and Society

Accelerated Master of Public Health

Concentration: Infectious Diseases

Fall 2020 – May 2024

Cum Laude | GPA: 3.5

Expected May 2025

GPA: 3.8

RELEVANT EXPERIENCE

Cohen Research Group at Virginia Tech

Virginia Tech

Jan 2024 - Present

Blacksburg, VA

- Collected water and biospecimen samples at 30+ rural households under IRB-approved protocols to examine potential links between drinking water contaminants and health outcomes.
- Performed on-site water testing and subsequent lab analyses for quality assessment; acidified samples for heavy-metal testing in collaboration with external facilities.
- Trained 2 new field staff in household visit procedures and 4 lab assistants in water-testing protocols, streamlining the project's workflow and enhancing data consistency.
- Maintained QA/QC processes by integrating survey data and lab results into Excel, identifying early trends in regional contaminant levels and health disparities relating to SES.
- Developed video tutorials covering field sampling and lab protocols to standardize methods for future research cohorts.
- Contributed to a forthcoming manuscript by performing literature reviews, interpreting preliminary findings, and drafting key sections for publication in 2025.

WORK EXPERIENCE

Food Service

Virginia Tech Dining Hall

Feb 2024 - Present

Blacksburg, VA

- Managed daily dining hall operations and ensured strict compliance with food safety and HACCP protocols.
- Trained new employees in food handling procedures, enhancing operational efficiency and consistency.
- Coordinated inventory checks and supply ordering, reducing waste and maintaining sufficient stock during peak meal periods.

Sales Associate

TJ Maxx

Nov 2022 - Jan 2023

Christiansburg, VA

- Processed transactions and provided personalized customer service to enhance shopper satisfaction.
- Assisted with visual merchandising and maintained store organization to support brand standards and sales goals.

Baking Assistant

Henry Hudson Granola Company

Jan 2021 - Jan 2023

Palmyra, VA

- Baked, processed, packaged, and shipped granola products in strict adherence to food safety and sanitation standards.
- Maintained rigorous cleanliness throughout production and storage areas, performing routine cleaning and closing duties.
- Assisted in quality control checks to ensure consistent product quality and compliance with HACCP protocols.

Customer Service Associate

CVS Pharmacy

Apr 2020 - Sep 2020

Palmyra, VA

- Assisted customers with inquiries and transactions to ensure an efficient and positive shopping experience.
- Maintained a clean, organized store environment, contributing to overall store performance.

SKILLS & AWARDS

- Excellent communication skills for effective interaction with colleagues and diverse stakeholders.
- Strong attention to detail and commitment to maintaining food safety and sanitation standards.
- Consistent academic excellence, evidenced by placement on the Dean's List for the Fall and Spring semesters of 2021, 2022, and 2023.
- Active member of the Virginia Public Health Association and the American Public Health Association.
- Attended the 2023 Virginia Public Health Association conference (Richmond, VA) and the 2023 American Public Health Association conference (Atlanta, GA).