

Dr. Alice Smith  
Specialist in Internal Medicine  
License No: 123456

Patient Name: John Doe  
Age: 35  
Date: March 25, 2025

Diagnosis:  
- Hypertension  
- Mild Anemia

Prescribed Medications:  
1. Amlodipine 5mg - Once daily in the morning.  
2. Iron Supplement - Twice daily with food.  
3. Paracetamol 500mg - If pain occurs, max 3 times a day.

Advice:  
- Regular blood pressure monitoring.  
- Increase iron-rich foods in diet.  
- Drink plenty of water and exercise.

Signed,  
Dr. Alice Smith