How to Set Risk Management (Risk 1-2% per Trade) in Forex Trading

Risk management is key to surviving and growing in Forex. The goal is to never risk more than 1-2% of your account per trade. Here's how to set it up properly.

1. Step-by-Step: How to Calculate Risk Per Trade

Example: If you have \$600 in your account

- 1% Risk \rightarrow \$600 × 0.01 = \$6 per trade
- 2% Risk \rightarrow \$600 × 0.02 = \$12 per trade

This means your Stop-Loss should not make you lose more than \$6 - \$12 per trade.

2. Setting Lot Size Based on Risk

Once you know your risk per trade, you must choose the correct **lot size** so you don't exceed that risk.

How to Use a Lot Size Calculator (Easiest Way)

- 1. Enter your account balance (\$600).
- 2. Select your risk percentage (1% or 2%).
- 3. Choose the currency pair (e.g., EUR/USD).
- 4. Enter Stop-Loss in pips (e.g., 20 pips).
- 5. Click Calculate \rightarrow It will show your correct lot size.

Safe lot sizes for small accounts:

- **0.01 lots** (Micro Lot) \rightarrow For very low risk.
- $0.05 \text{ lots} \rightarrow \text{If you want to risk a little more.}$
- 0.1 lots (Mini Lot) \rightarrow Only for higher-risk trades.

3. How to Set Stop-Loss & Take-Profit for Risk Management

Example Trade (EUR/USD at Entry Price: 1.1000)

- Risk = 1% (\$6)
- Stop-Loss = 20 Pips Below (1.0980)
- Take-Profit = 50 Pips Above (1.1050)

How to Set This in MT4 (Mobile)

- 1. **Open a New Trade** → Click the '+' button.
- 2. Choose 'Market Execution' or 'Pending Order'.
- 3. Enter Lot Size (0.01, 0.05, etc.).
- 4. **Set Stop-Loss**: Enter **1.0980** (20 pips below).
- 5. **Set Take-Profit**: Enter **1.1050** (50 pips above).
- 6. Tap 'BUY' (if uptrend) or 'SELL' (if downtrend).

Now, you're risk-managed and trading safely!