

Effect size

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Abstract

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Intro

During decades, researchers in social science (Henson & Smith, 2000) and education (Fan, 2001) have overestimated the ability of the null hypothesis (H_0) testing to determine the importance of their results. The standard for researchers in social science is to define H_0 as the absence of effect (Meehl, 1990). For example, when comparing the mean of two groups, researchers commonly test the H_0 that there is no mean differences between groups (Steyn, 2000). Any effect that is significantly different from zero will be seen as sole support for a theory.

Such an approach has faced many criticisms among which the most relevant to our concern is that the null hypothesis testing highly depends on sample size: for a given alpha level and a given difference between groups, the larger the sample size, the higher the probability of rejecting the null hypothesis (Fan, 2001; Kirk, 2009; Olejnik & Algina, 2000; Sullivan & Feinn, 2012). It implies that even tiny differences could be detected as statistically significant with very large sample sizes (McBride, Loftis, & Adkins, 1993)¹.

Facing this argument, it has become an advised practice to report the p -value assorted by a measure of the effect size, that is, a quantitative measure of the magnitude of the experimenter effect (Cohen, 1965; Fan, 2001; Hays, 1963). This practice is also highly endorsed by the *APA Publication Manual* (Association, 2010). However, we will argue that very often, the contribution of the measures of effect size is misunderstood as a measure of “the importance of an effect in real life” while it is not. Moreover, there are several situations

¹ This is especially problematic since these tiny differences might be due to other factors than the one of interest: even under the assumption of random assignment (which is a necessary but not sufficient condition), it is almost impossible to be sure that the only difference between two conditions is the one defined by the factor of interest. Other tiny factors of no theoretical interest might slightly influence results, making the probability of getting an actual zero effect very low. This is what Meehl (1990) calls ‘systematic noise’

that call for effect size measures and in the current litterature, it's not always easy to know which measure using in which circumstances. Depending on the purpose of using a measure of effect size, different indicators of effect size have their own strenghts and weaknesses. Lastly, when associated with interential tests, the main measures of effect sizes are submitted to a range of assumptions that are unrealistic in many research designs. As consequences many estimations of effect size are inaccurate and alter the robustness of the statistical conclusions.

In sum the aim of this paper is fourfold: (1) Discuss the different levels of significance, following Bothe (2011)'s nomenclature, and distinguish their domain of validity; (2) Identify the different situations that justify the use of effect size; (3) Identify the strenghts and weaknesses of several measures of effect sizes in these situations; (4) Discuss the problem of the effect size assumptions and the impact of these assumptions violations on the robustness of the measures of effect size and the statistical conclusions.

Dans cette structure, il va falloir expliquer les qualités requises d'une mesure de taille d'effet.

#Levels of Significance

In their paper, Bothe (2011) distinguish between three levels of significance, namely Statistical significance, Practical significance and Clinical significance (with the adjunction of Personal significance). Statistical significance refers to the p -value. As stated before, this conclusion is highly dependent from the sample size. Practical significance refers to the magnitude of a change or a difference between groups. In other terms, it is any statistical indicator that assess mathematically the effect size. Laslty, the Clinical significance refers to the interpretation of treatment outcomes. This last level is not statistical nor mathematical, it is related to underlying theory that posits an empirical hypothesis.

It is important to understand the difference between these three concepts. Statistical

significance allows the researcher to determine whether the observed departure from H_0 can be attributed to something else than randomness (i.e. an actual effect). Practical significance is a mathematical indicator of effect size that is not necessarily related to the theoretical effect or at least that the relation is not straightforward. As stated by Kazdin « ... clinical significance has been defined as whether an intervention “makes a real (e.g., genuine, noticeable) difference in everyday life to the clients or to others with whom the clients interact” (Kazdin, 1999, p.332 ; cité par Bothe (2011)). Indeed, Practical significance depends on the way a variable is converted into numerical indicator. For example, when assessing Self-Compassion, one can use a scale such as the Self-Compassion Scale (Kotsou & Leys, 2016; Neff, 2003). This scale informs the researcher about the level of self-compassion based on an ordinal scale that can yield different values depending on the influence of any independent variable. For example, some training program can improve subjects' level of self-compassion (Jazaieri et al. (2013)). Yet, since the scale is ordinal, meaning that there is no standard unit to assess the construct, the relation between the mathematical effect size (i.e. Practical significance) and the actual change in self-compassion (i.e. Clinical significance) will always remain unknown. Therefore, although, as we will see, practical significance is important to determine, its relation with clinical significance has often to be addressed, and that is more a theoretical argument than a statistical one.

To further distinguish between important constructs, the authors suggest incorporating as definitive the existing notion that clinical significance may refer to measures selected or interpreted by professionals or with respect to groups of clients. The term personal significance is introduced to refer to goals, variables, measures, and changes that are of demonstrated value to individual clients.

As a conclusion, *statistically significant* effect is not necessarily of *practical* interest. The *statistical* significance is the probability that findings have occurred by chance (Stout & Ruble, 1995). The *practical* significance is the magnitude of findings and is assessed by

86 measures of **effect sizes**.

87 At the same time, a vast literature has developed that casts doubt on the credibility of
88 the assumptions of Student's *t*-test and classical *F*-test ANOVA (i.e. the assumptions that
89 two or more samples are independent, and that independent and identically distributed
90 residuals are normal and have equal variances between groups; Glass, Peckham, & Sanders,
91 1972) (CITER TOUTES MES REFERENCES). In a previous paper, We focused on the
92 assumptions of normality and equality of variances, and argued that these assumptions are
93 often unrealistic in the field of psychology. Bcp d'autres chercheurs avant nous étaient
94 arrivés à la même conclusion. Pourtant, beaucoup moins d'auteurs se sont penchés sur les
95 mesures de taille d'effet à utiliser en complément du test de welch. Il existe de la littérature
96 sur la question, mais pas vraiment d'accord (parce que grande confusion quant à la questino
97 suivante: à quoi sert la mesure de taille d'effet?) Par ailleurs, s'il est de plus en plus
98 communément admis que les conditions d'application des tests de comparaison de moyennes
99 (dominant toujours la recherche) sont peu réalistes et rarement respectées, pourtant et que
100 de nombreux chercheurs recommandent d'utiliser le Welch au lieu du test de Student, peu de
101 littérature suggère quelle taille d'effet associer à ce test. Même Jamovi ne propose comme
102 mesure de taille d'effet que le *d* de Cohen, souffrant des mêmes limites que le test de Student.

103 Pour cette raison, nous proposons de structurer cet article comme suit: # 1) Bien
104 définir practical significance (donc donner une définition claire de la taille d'effet qui nous
105 convient) Expliquer un peu pourquoi c'est important d'avoir l'IC autour de l'effect size: 1)
106 Parce que l'estimation dépend du *n* (plus *n* est grand, plus précise est l'estimation) 2) parce
107 que la mesure de taille d'effet est un complément de la significativité statistique: comme le
108 dit

2) Bien définir à quel objectif on tente de répondre via la mesure de taille d'effet (je les cite tous dans mon pwp)

3) Qualités MATHEMATISUES importantes d'une bonne mesure de taille d'effet et de l'IC

4) Revue sur les familles de tailles d'effet (r et d, et mesures les plus connues)

5) Simulations

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