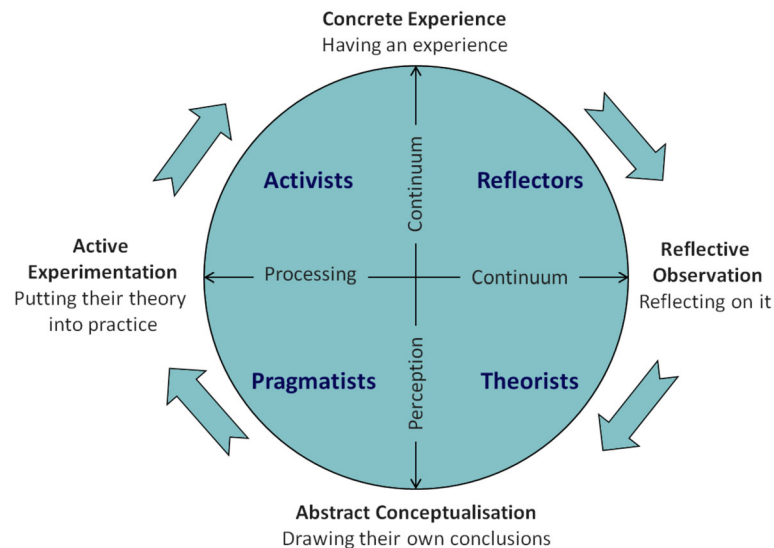


Introduction



We all approach our learning differently; as trainers, we need to take different learning styles into account if we want to get the most out of our trainees.

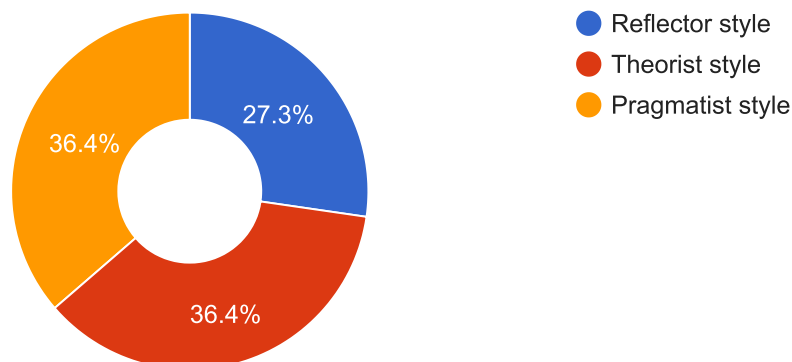
Take the short learning styles quiz - based on Honey & Mumford 1982 [1] - to identify your personal preference and some learning methods especially suited to this style. Importantly, we will also direct you to learning methods that cater for different styles to help you incorporating a balanced combination of learning methods into your training.

Look at the *Quiz statements* and tick the boxes for those that are usually true for you. Leave the boxes empty if the statements are usually untrue for you.

Quiz statements

Learning styles pie chart

Learning styles pie chart



Matching learning styles

Learning style	match	%
Pragmatist style	0.333	
Theorist style	0.333	

Learning methods that suit you

Your primary learning style. Match: 0.333

Pragmatist style

Pragmatists need to be able to see how to put the learning into practice in the real world. Abstract concepts and games are of limited use unless they can see a way to put the ideas into action. Pragmatists are likely to be experimenters, trying out new ideas, theories and techniques to see if they work. They may act quickly and confidently on ideas, getting straight to the point, and may lose patience with lengthy discussions.

Learning methods especially suited to pragmatists include:

- Practicals
- Case studies
- Problem setting
- Discussions

You might want to think about incorporating methods that are thought to be effective for other learning styles.

Your secondary learning style. Match: 0.333

Theorist style

Theorists like to think through problems in a logical manner. They value rationality and objectivity, and like to assimilate disparate facts into coherent theories. They are disciplined, aiming to fit things into a rational order. They are often keen on basic assumptions, principles, theories, models and systems thinking.

Learning methods especially suited to theorists include:

- Models
- Classroom response systems (*get one of the theorists in the classroom to be responsible for the stats!*)
- Story-telling
- Quotes
- Tutorials (*these may then be coupled to practicals for applying the theory learned in the tutorials*)

You might want to think about incorporating methods that are thought to be effective for other learning styles.

Your tertiary learning style. Match: 0.250

Reflector style

Reflectors prefer to stand back and observe. They tend to be cautious, preferring to take a back seat. They like to collect and analyse information to help them reach their conclusions, which they may take considerable time and effort to develop. Reflectors see the big picture by using information gathered from previous experience as well as the here and now.

Learning methods especially suited to reflectors include:

- Paired discussions
- Self analysis questionnaires
- Time out [*simply build in sufficient breaks to make space for the reflectors*]
- Showcase / Demonstrations
- Feedback from others
- Coaching

You might want to think about incorporating methods that are thought to be effective for other learning styles.

Print results

Name and other information:

Print

Reset quiz form

Sources and useful links

About
