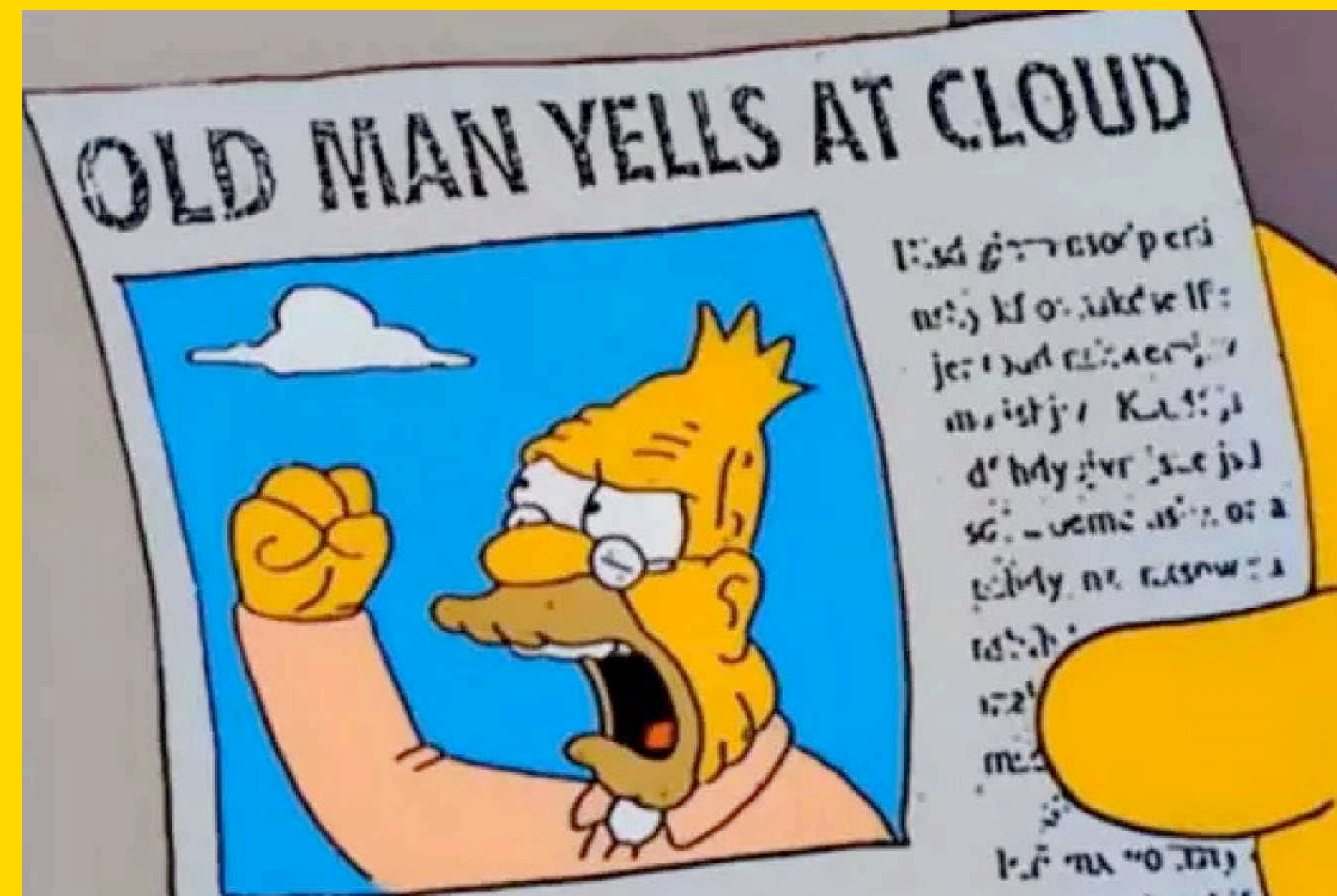


# Be Better At Infosec - Lessons learned over an eternity.

Sept 16,2021



# As is customary...

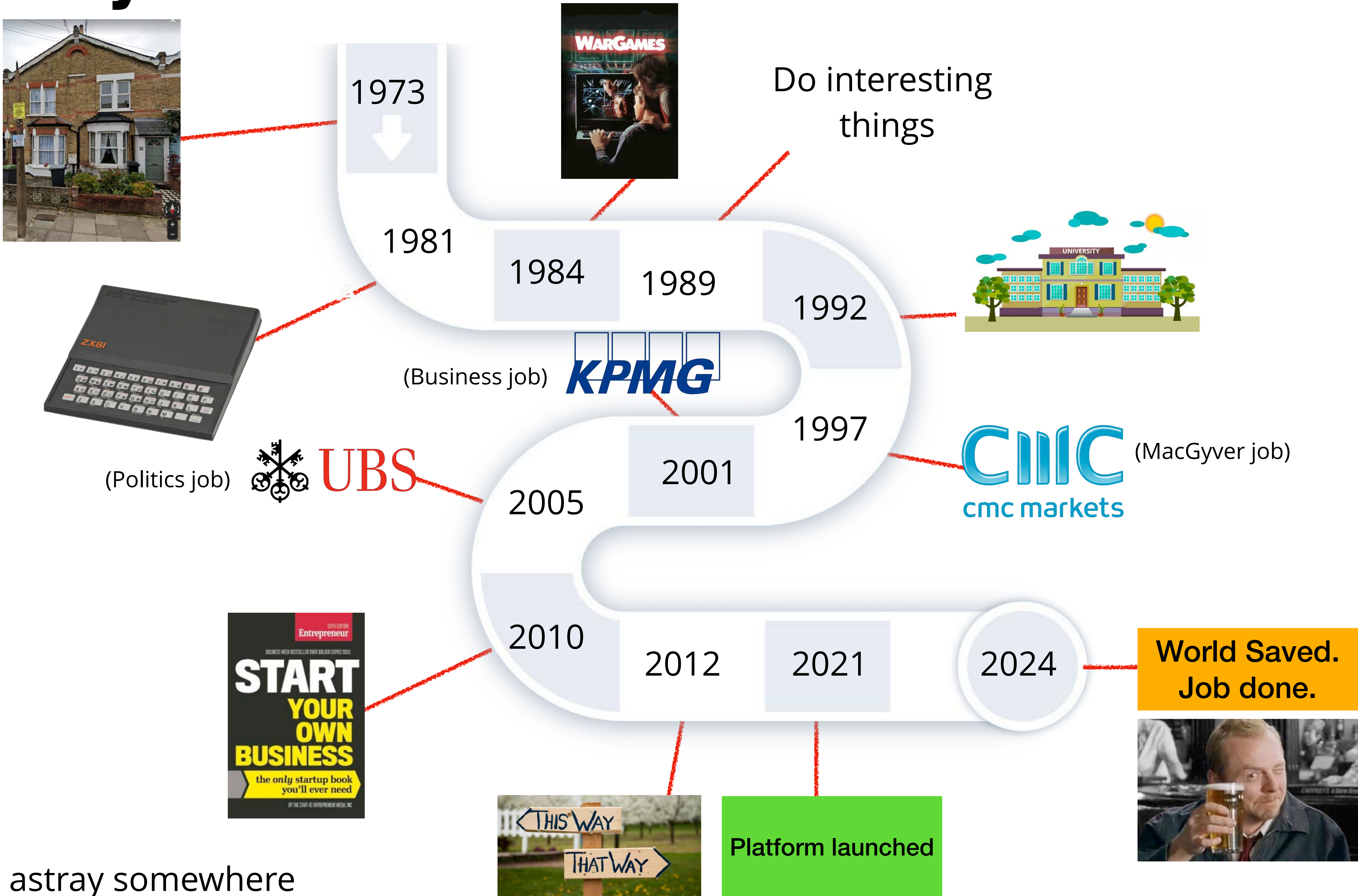
All views expressed in this presentation are my own and  
not those of my company.

However, since I work for my own company...maybe not.

There are some generalizations in here though....just to be clear.



# Obligatory bio slide



Note: Accent goes astray somewhere

# **What are we talking about?**

**Stuff that would have been useful to be  
told when I started doing this...**



# Infosec often feels like..

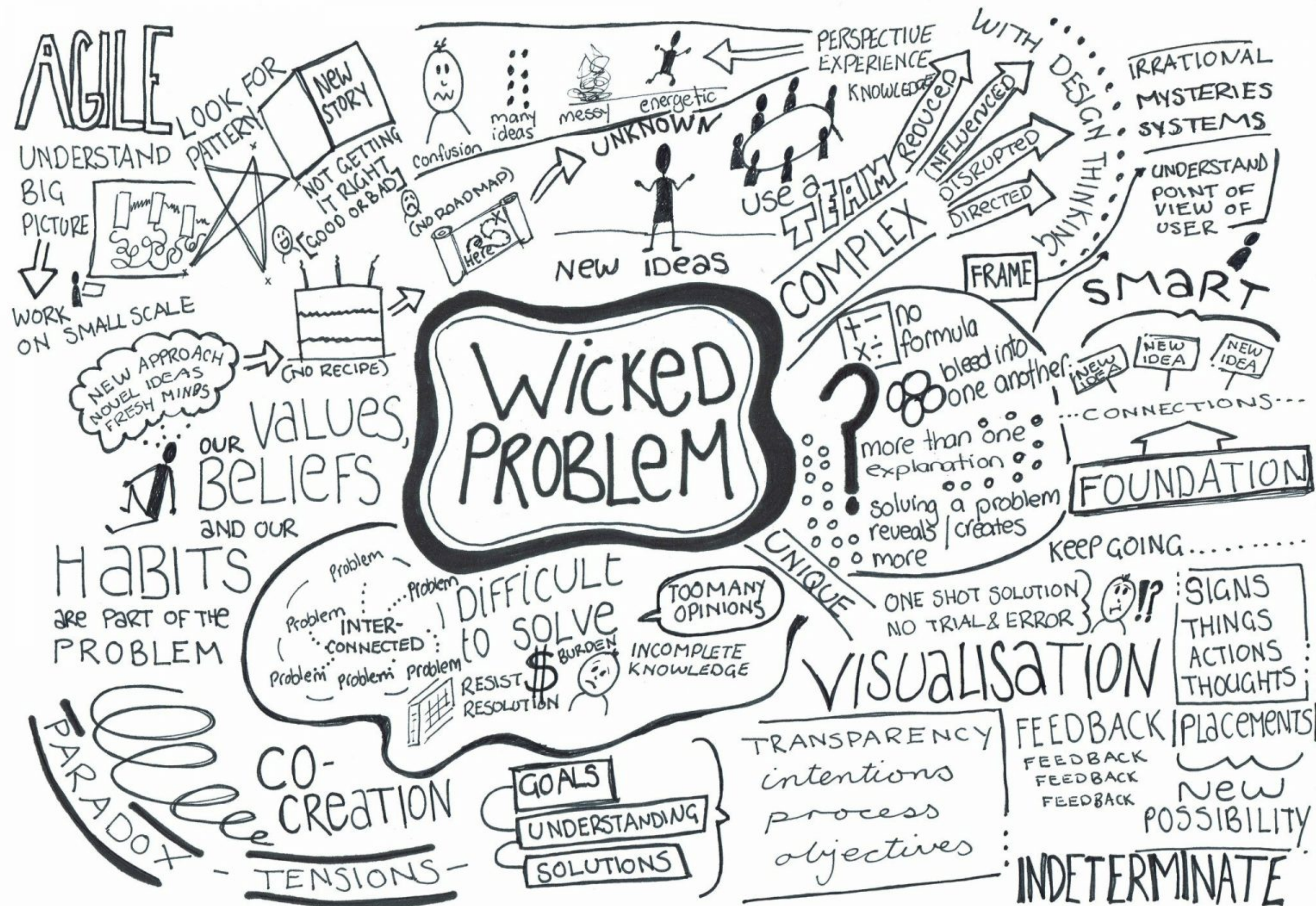


Hopefully some of the info that follows  
will help you out.

If nothing else, It may save you your hair...



1





# Lesson 2: Mostly useless things

(That we nonetheless have to do)

Installing AV

Security Awareness

Vendor Reviews

“Black box” Testing

Compliance

Reviewing  
“threat Intel”

# Lesson 3: Auditors are not evil

Work with them

Budget approval?

Boss happy

Promotion

**Not evil, really.**



Work against them

Missed targets

Problems for boss

Job loss (yours)

**\* There are exceptions in which case go to plan B.**



# Lesson 4: Don't just rely on tools

## If you do then you may..

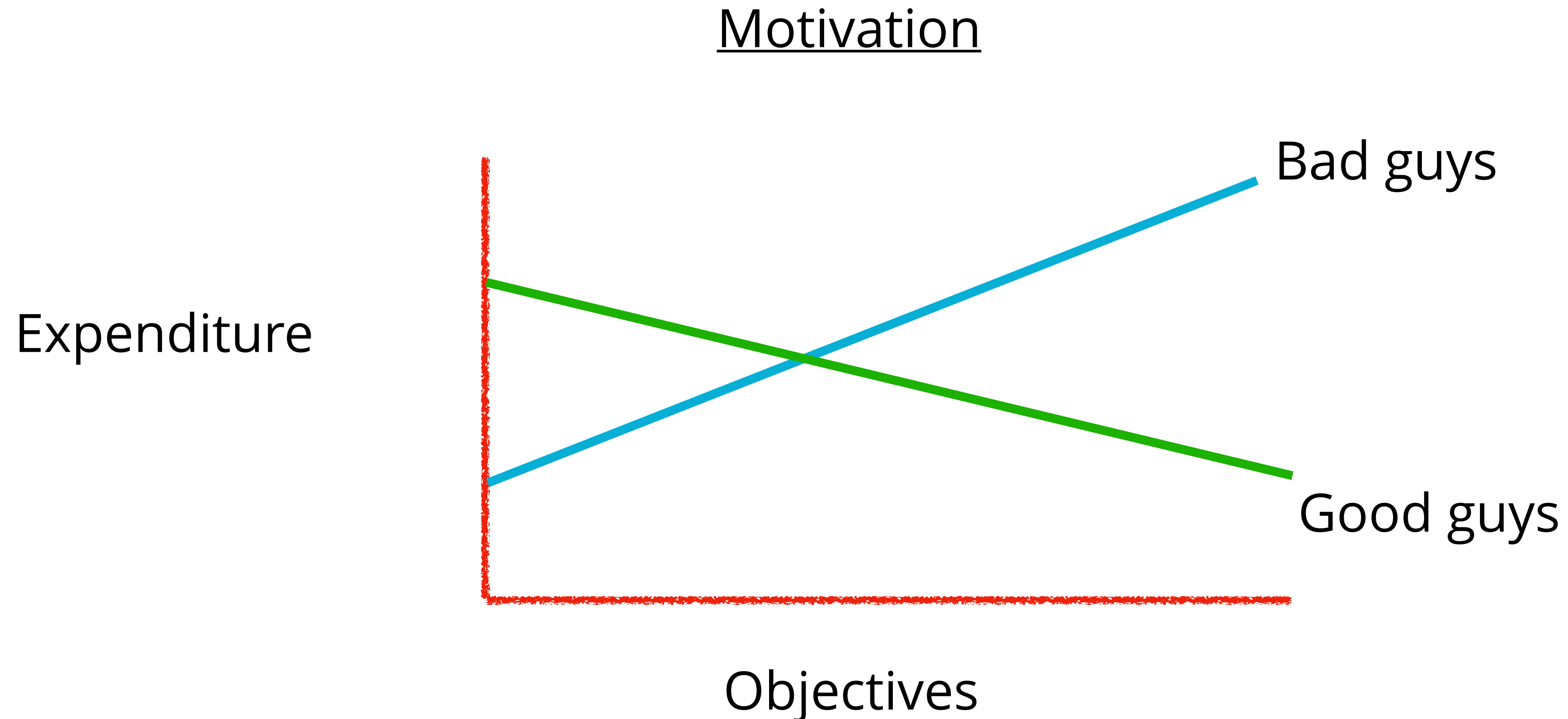
- Suffer outages - Wait, I can't scan that with Nessus?
- Create a false sense of security - The scans found nothing, we are safe!
- Be out of a job - if all you do is run tools, how about we automate those? Outsource it?

## Instead...

- Learn the "core stuff" - TCP and other networking, operating system fundamentals, some programming, Database fundamentals, how stuff actually works.
- Roll your own distro
- Manual testing

# Lesson 5: Don't underestimate the bad guys

They keep breaching environments, thinking “outside the box” and finding bugs.





# Lesson 6: One size never fits all

Your organisation actually is a unique and beautiful snowflake

Would not be a good CISO →



Workstations + mobiles + tablets+ servers + SaaS + “Cloud” +  
applications + people + their motivations + their lives +  
company strategy + economic factors + geography + the  
interaction of all these + pandemics + whatever else =  
**Your organization**

\*Never use the word “bespoke”...you know who you are.

# Lesson 7: Everyone else doesn't suck

"Nobody's perfect....well, almost nobody" - Lex Luthor

OMG they never saw Star Wars

My boss is an idiot

You think a red team is what?

Who wrote this code?

You don't know Malbolge?

Unimpressed, He didn't know how that tool worked

She didn't know that obscure network protocol

What a muppet



# Lesson 8 : An unfortunate truth #1



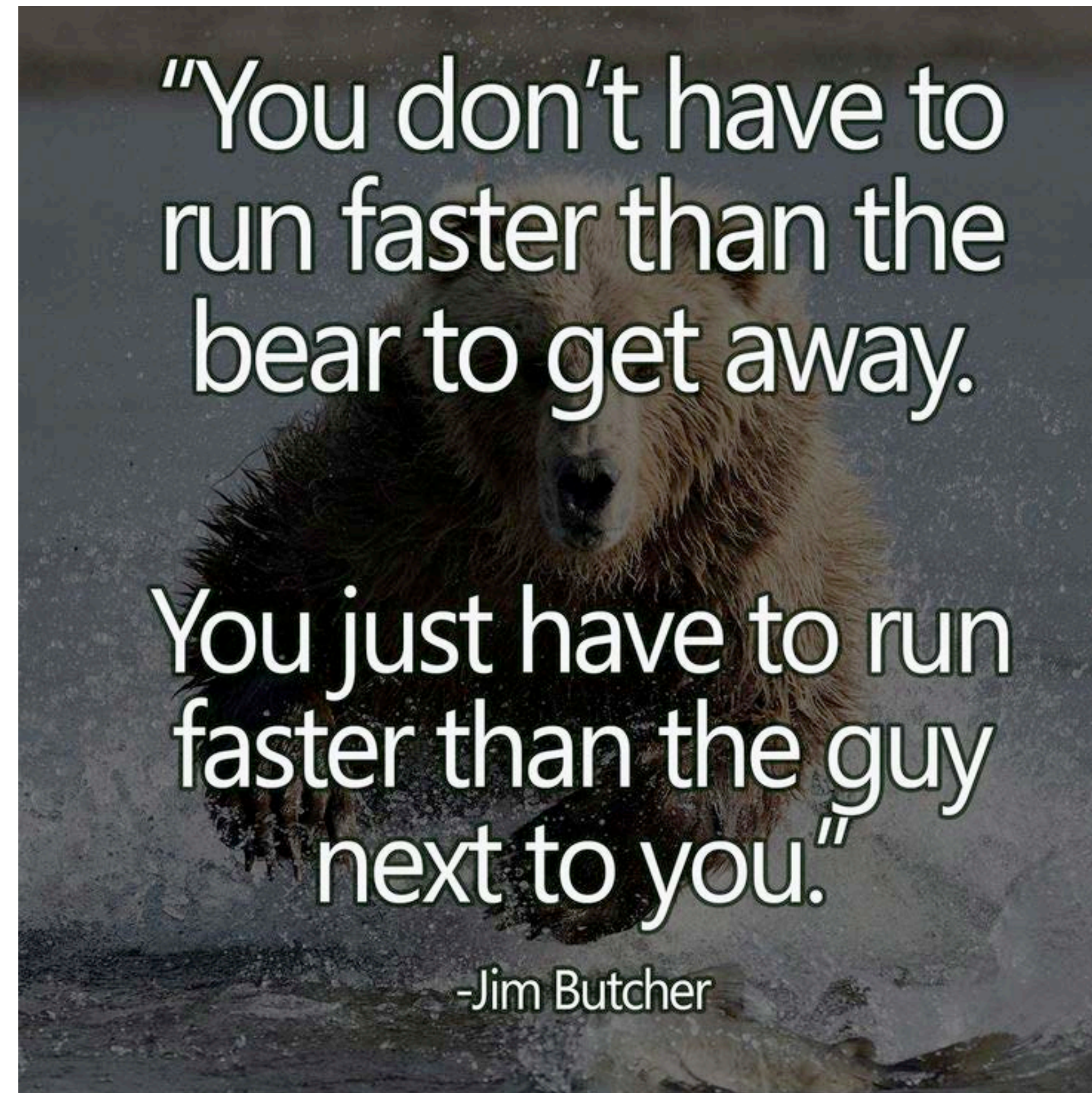
Endless Hype

Pay to play

Crazy Investment



# Lesson 9: An unfortunate truth #2

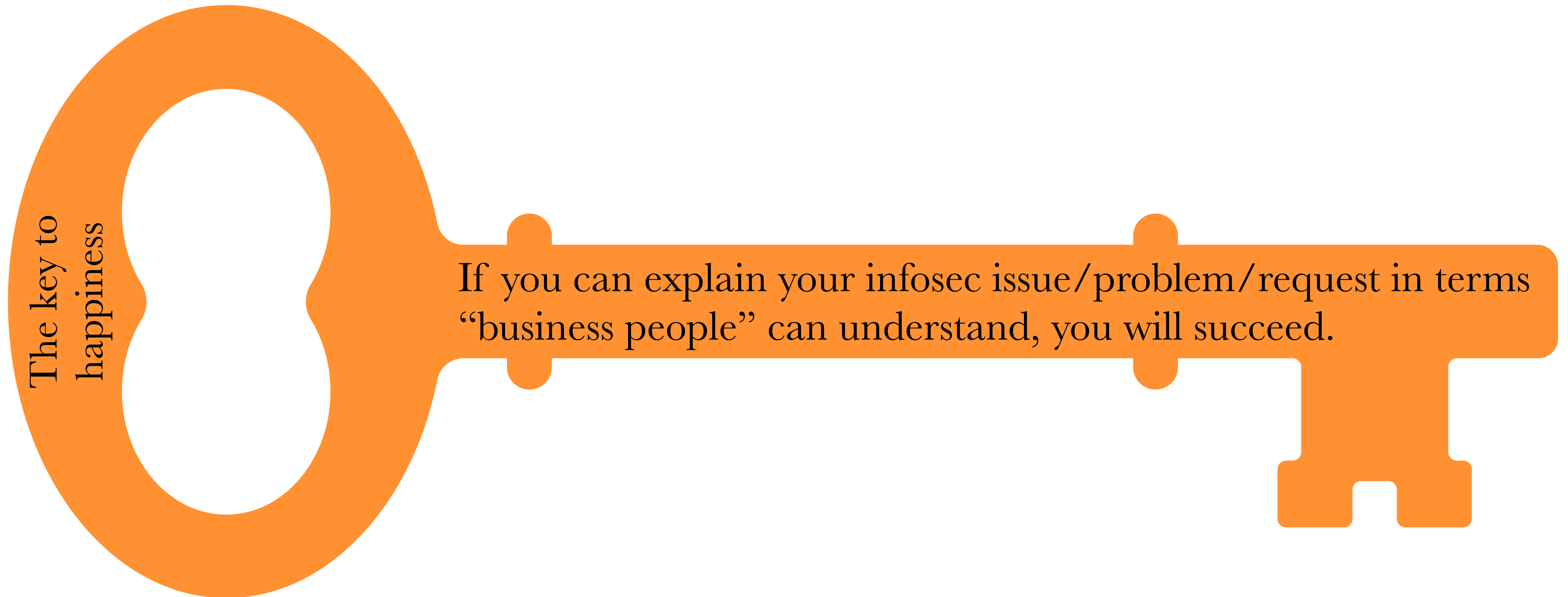


Extra Question: Does this relate to expenditure?



# Lesson 10: Speak “business”

Context is king



# **Bonus Lesson**

**Beware of anyone who has a lot of certs.**



# Finally - Be yourself

Yes you need to pay your mortgage, buy cat food, take holidays, enjoy hobbies, and all that other stuff that needs money.

However, do you need to “sell out”?

More and more evidence that actually, being honest in this game will get you where you want.

Senior management, co-workers, employees, are all suffering from infosec fatigue.

So maybe not doing everything the same way is the right course.

# Thank you OWASP London

Mark.Stamford@occamsec.com

[www.occamsec.com](http://www.occamsec.com)