

ADVANCED DENTAL ANESTHESIA SERVICES

48 Bi State Plaza, PMB #268
Old Tappan, New Jersey 07675

Phone: 201-674-0161

Email: DrJMendia@gmail.com

Pre-Anesthesia Instructions

These instructions must be read and strictly followed before commencing with sedation or general anesthesia. Neglecting any of the following may compel the doctor to cancel the treatment and a cancellation fee of the full anesthesia charges will apply.

Eating & Drinking

The patient may not eat for at least eight (8) hours before the scheduled appointment.

He or she may consume a small quantity (2 oz.) of clear liquids (water, apple juice or cranberry juice) up to three (3) hours prior to appointment

ABSOLUTELY No Food or Drink may be taken within three (3) hours of appointment

Medications

Prescription medications should be taken as scheduled (unless directed by myself or your physician) and is to be taken only with a sip of water

Clothing

Please dress in comfortable, loose fitting clothing.

Short Sleeve shirts

Flat shoes

Do not wear nail polish

Do not wear contact lenses

Bring a blanket for recovery

Change in Health

A change in your health, especially the development of a cold or fever with congestions of the nose and/or chest is very important. Please notify Dr. Mendia as soon as any changes are noted.

Designate a Driver

A responsible adult must accompany and provide transportation home after the procedure.

Do not take a bus or taxi

For children, a parent or legal guardian should directly supervise the child for a minimum of 24 hours after the procedure

If you have any questions or concerns about your preparation for anesthesia please contact Dr. Mendia.

Jonathan Mendia, DMD
(201) 674-0161