

Opt-out resources:

FINANCIAL

Initial Fraud Alert

TransUnion: <https://fraud.transunion.com/fa/fraudAlert/landingPage.jsp>

Experian: <https://www.experian.com/fraud/center.html>

Equifax: https://www.alerts.equifax.com/AutoFraud_Online/jsp/fraudAlert.jsp

Credit Freeze

TransUnion: <https://freeze.transunion.com/sf/securityFreeze/landingPage.jsp>

Experian: <https://www.experian.com/freeze/center.html>

Equifax: https://www.freeze.equifax.com/Freeze/jsp/SFF_PersonalIDInfo.jsp

Protect Salary info:

Equifax "The Work Number":

<https://krebsonsecurity.com/2017/11/how-to-opt-out-of-equifax-revealing-your-salary-history/>

GOVERNMENT

Get a copy of my Birth Certificate, store it in a Safety Deposit Box

MARKETING

Unsubscribe from data brokers:

Via web:

<https://www.checkpeople.com/>

<http://www.peoplefinders.com/manage/>

Via Email:

http://www.spokeo.com/opt_out/new

<https://pipl.com/>

<http://www.zoominfo.com/lookupEmail>

<https://www.idtrue.com/optout/>

https://www.whitepages.com/suppression_requests

<https://www.peoplesmart.com/optout-go>

<https://www.beenverified.com/f/optout/search>

<http://www.peakyou.com/about/contact/optout/index.php>

Submit Gov't issued id (partially blacked out):

<https://www.intelius.com/optout.php>

<http://www.publicrecords360.com/privacy.html>

http://www.zabasearch.com/block_records/

<http://www.ussearch.com/privacylock>

<http://a1.mylife.com/a/media/opt-out.pdf>

SHIPPING HELPERS

USPS Informed Delivery: <https://informedelivery.usps.com/box/pages/intro/start.action>

FedEx Delivery Manager: https://www.fedex.com/apps/fdmenrollment/?locale=en_US#

UPS Delivery Notification:

<https://www.ups.com/us/en/shipping/services/value-added/notification-services.page?>

Build your own VPN:

<https://arstechnica.com/gadgets/2017/05/how-to-build-your-own-vpn-if-youre-rightfully-wary-of-commercial-options/>

Ad blocking software: Ghostery

Browser plugins: HTTPS Everywhere

Secure Browser: ToR Browser

Password managers: PasswordSafe (offline), LastPass (online), others...