

FROM THE DESK OF

Dr Susan Anderson

1 December 2022

Dr Susan Anderson
Better Health Inc
34 Emerald Row
Walthamstow
E17 3KD

Dear Ch. Inspector Harmon,

I'm writing to you regarding one of your employees, Constable Cromwell, who was referred to my office for occupational therapy to help her return to her full work duties following an incident at work in the Summer of 2019.

It is my professional opinion, having worked with Constable Cromwell for the best part of a year, that some significant changes should be occurring at her workplace in order to aid her return to her full work duties. This is especially important for her to return to patrol duties; something I know both her Sergeant and her are keen to happen.

It would be my recommendation that a system be put in place to ensure that Constable Cromwell is not asked to take part in any large crowd control procedures, especially in the region of the original incident in spite of the popularity of large gatherings of people or protestors in this area. Similarly, any patrol moving or approaching an area of revellers or live music events might not be the best course of action either, in spite of the supposed "silent" nature of the previous incident.

Also, if I may, I assist a number of officers from the Metropolitan Police and have seen a recent uptake in reports of worrying symptoms and workplace behaviour that is causing them. I have patients, who I won't name for confidentiality reasons, from the same BCU as Constable Cromwell, who have various workplace traumas that leave them avoidant of responsibilities, craving control of their environments, and even hallucinating crowds of people around them during moments of stress. I'm happy to have a broader chat with you, or anyone at the North East BCU, if a wider plan of action for the workplace might be considered to stop this mental health epidemic your BCU looks like it may be approaching.

Yours sincerely,



Susan Anderson