

# INFLUENZA A

## Hygiene & Precautions

### Importance of Handwashing and Proper Detergent Use

Regular handwashing with detergent prevents the spread of Influenza A. Correct use of detergents ensures effective cleaning and hygiene protection.

### Role of Sanitizers, Surface Disinfectants, and Cleaning Habits

Alcohol-based sanitizers and surface disinfectants help eliminate viruses from hands and high-touch areas. Developing consistent cleaning habits reduces the risk of infection in shared spaces.

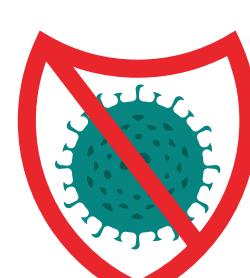
### Impact of Hygiene Awareness on Public Health

Promoting hygiene awareness encourages healthy behaviors and decreases disease transmission.



## BEST PRACTICES

- 1** Clean and disinfect frequently touched surfaces daily.
- 2** Use the correct amount of detergent and follow product instructions.
- 3** Maintain consistent cleaning schedules in all environments.
- 4** Implement hygiene protocols for homes, workplaces, and public areas.
- 5** Ensure proper waste disposal and air ventilation for safety.
- 6** Choose sustainable, eco-friendly, and non-toxic hygiene products.



Stay Clean, Stay Safe, Stay Flu-Free!