

1. Work
- The product of the magnitude of displacement times the component of the force parallel to the displacement.

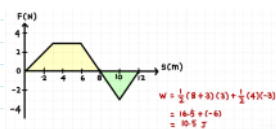
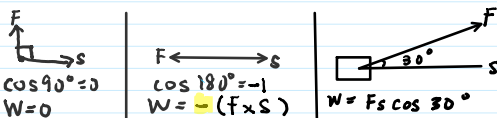
$$W = F s \cos \theta$$

W = workdone ($\text{kgm}^2\text{s}^{-2}$ / Nm / J)

F = Force

s = displacement of body (m)

θ = angle between F & s



2. Energy
- system's ability to do work
- 3 type of energy

$$E = U + K$$

① Gravitational potential energy

$$U = mgh$$

energy stored in body due to position (J)
mass (kg) 9.81ms⁻²



② Elastic potential energy

$$U_s = \frac{1}{2} k x^2 \quad / \quad \frac{1}{2} F x$$

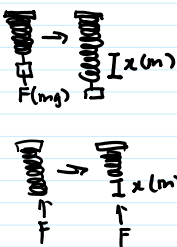
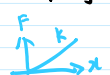
energy store in elastic thing due to compressing or stretching
extent/compress distance (m)
restoring force

Hooke's Law

$$F \propto x$$

$$F = kx$$

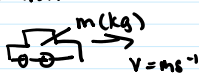
external force to spring



③ Kinetic energy

$$K = \frac{1}{2} m v^2$$

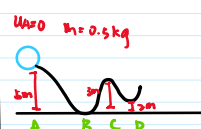
energy in body due to motion
kg ms⁻¹



Conservation of energy

$$\sum E_i = \sum E_f$$

$$U_i + K_i = U_f + K_f$$



Point A

$$\begin{aligned} E_A &= U_A + K_A \\ &= mgh \\ &= 0.5(9.81)(2) \\ &= 9.81 \text{ J} \end{aligned}$$

Point B

$$\begin{aligned} E_B &= U_B + K_B \\ E_A &= E_B \\ 9.81 &= \frac{1}{2} m v^2 \\ 9.81 &= \frac{1}{2} (0.5) v^2 \\ v &= 4.43 \text{ ms}^{-1} \end{aligned}$$

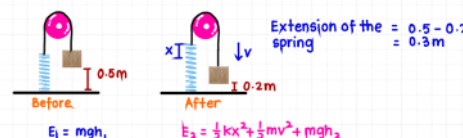
Point C

$$\begin{aligned} E_C &= U_C + K_C \\ E_A &= E_C \end{aligned}$$

Point D

$$\begin{aligned} E_D &= U_D + K_D \\ E_A &= E_D = E_C \end{aligned}$$

A 5kg block start from rest at the height of 0.5 m from the ground. Determine the speed of the block released at the height of 0.2m from the ground. Spring constant, $k = 50 \text{ Nm}^{-1}$



$$E_i = mgh_i$$

$$E_i = E_f$$

$$mgh_i = \frac{1}{2} k x^2 + \frac{1}{2} m v^2 + mgh_f$$

$$5(9.81)(0.5) = \frac{1}{2} (50)(0.3)^2 + \frac{1}{2} (5) v^2 + (5)(9.81)(0.2)$$

$$24.53 = 2.25 + 2.5 v^2 + 9.81$$

$$2.5 v^2 = 12.47$$

$$v = 2.23 \text{ ms}^{-1}$$

work-energy theorem

> the work done by the net force on a body equals the change in the body's kinetic energy

$$W_{\text{net}} = \Delta K = K_f - K_i = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

change in kinetic energy

initial speed

final speed

> According to the work-energy theorem, a moving object has kinetic energy, because work was done to accelerate the object from rest to a speed v

3. Power

rate of workdone (Js^{-1} / W)

use F has external forces.

$$P_{\text{av}} = \frac{\Delta W}{\Delta t} \rightarrow F s \cos \theta$$

$$P_{\text{av}} = \frac{\Delta E}{\Delta t} \rightarrow K / U$$

$$P_{\text{ins}} = F v$$

force

speed at particular time