Kurs Bio144:
Datenanalyse in der Biologie

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Lecture 4: Multiple linear regression
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Overview

- Checking the assumptions of linear regression: the QQ-plot

- Multiple predictors $x_1, x_2, \ldots, x_m$

- R^2 in multiple linear regression

- t-tests, F-tests and p-values

- Binary and factor covariates

Course material covered today

The lecture material of today is based on the following literature:

- Chapters 3.1, 3.2a-q of *Lineare Regression*
- Chapters 4.1 4.2f, 4.3a-e of *Lineare Regression*
- Chapter 11.2 in the Stahel book *Statistische Datenanalyse*

Recap of last week I

- The linear regression model for the data $\mathbf{y} = (y_1, \ldots, y_n)$ given $\mathbf{x} = (x_1, \ldots, x_n)$ is

$$y_i = \alpha + \beta x_i + e_i \ , \qquad e_i \sim N(0, \sigma_e^2) \text{ independent.}$$

- Estimate the parameters α, β and σ_e^2 by least squares.

- The estimated parameters $\hat{\alpha}$, $\hat{\beta}$ contain uncertainty and are normally distributed around the true values.

- Use the knowledge about the distribution to formulate statistical tests, such as: Is $\beta = 0$?
  $\rightarrow$ *T*-test with $n - 2$ degrees of freedom.

- All this is done automatically by R:

```
> summary(r.bodyfat)$coef

             Estimate Std. Error   t value     Pr(>|t|)
(Intercept) -26.984368  2.7689004 -9.745518 3.921511e-19
bmi           1.818778  0.1083411 16.787522 2.063854e-42
```

Recap of last week II

Remember: The assumption in linear regression is that the residuals follow a $N(0, \sigma_e^2)$ distribution, implying that :

a) The expected value of e_i is 0: $E(e_i) = 0$.

b) All e_i have the same variance: $Var(e_i) = \sigma_e^2$.

c) The e_i are normally distributed.

d) The e_i are independent of each other.

We started to do some residual analysis using the Tukey-Anscombe plot and the histogram of the residuals R_i.
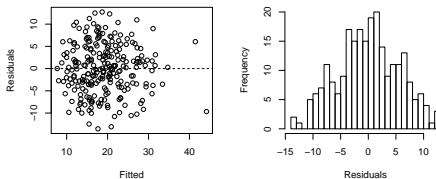
Another useful diagnostic plot: The QQ-plot

Usually, not the histogram of the residuals is plotted, but the so-called quantile-quantile (QQ) plot. The quantiles of the observed distribution are plotted against the quantiles of the respective theoretical (normal) distribution:
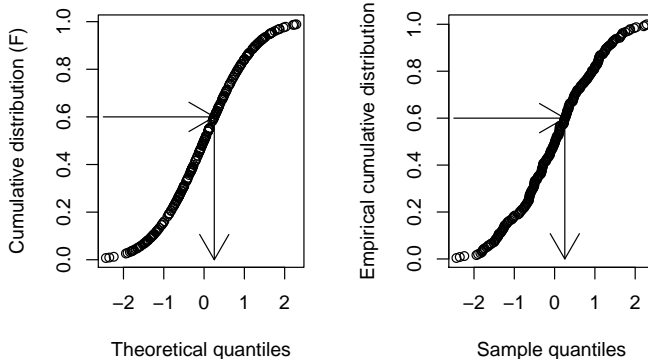
```
> qqnorm(residuals(r.bodyfat))
> qqline(residuals(r.bodyfat))
```

Normal Q–Q Plot
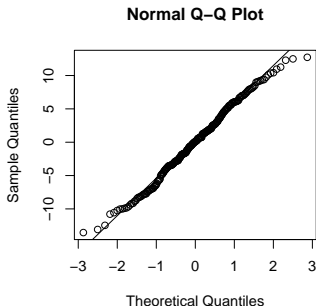
If the points lie approximately on a straight line, the data is fairly normally distributed.

This is often "tested" by eye, and needs some experience.

The idea is that, for each observed point, theoretical quantiles are plotted against the sample quantiles.

Optional:You may want to watch the youtube video given here for more explanation **here**.
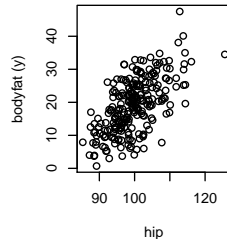
Multiple linear regression

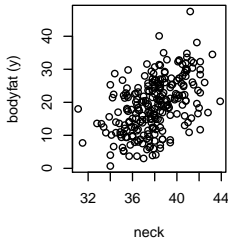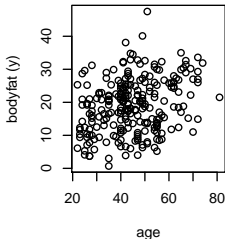## Bodyfat example

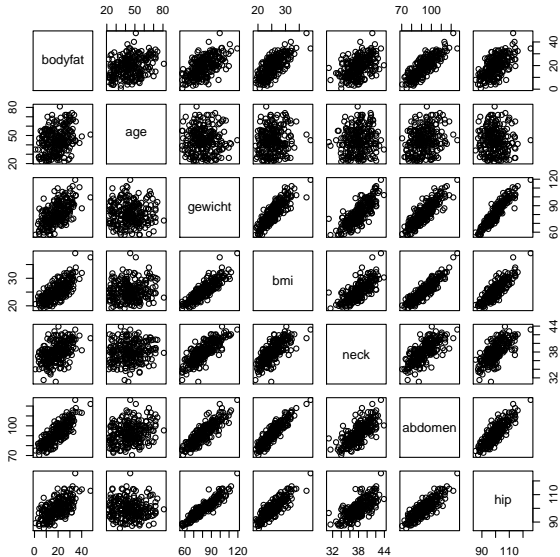We have so far modeled bodyfat in dependence of bmi, that is:
$(bodyfat)_i = \alpha + \beta \cdot bmi_i + e_i$.

However, other predictors might also be relevant for an accurate prediction
of bodyfat.

Examples: Age, neck fat (Nackenfalte), hip circumference, abdomen
circumference etc.

Or again the pairs plot:

Multiple linear regression model

The idea is simple: Just **extend the linear model by additional predictors**.

- Given several influence factors $x_i^{(1)}, \ldots, x_i^{(m)}$, the straightforward extension of the simple linear model is

$$y_i = \beta_0 + \beta_1 x_i^{(1)} + \beta_2 x_i^{(2)} + \ldots + \beta_m x_i^{(m)} + e_i$$

$$\text{with} \quad e_i \sim N(0, \sigma_e^2).$$

- The parameters of this model are $\boldsymbol{\beta} = (\beta_0, \beta_1, \ldots, \beta_m)$ and σ_e^2.

The components of β are again estimated using the **least squares** method. Basically, the idea is (again) to minimize

$$\sum_{i=1}^{n} r_i^2$$

with

$$r_i = y_i - (\beta_0 + \beta_1 x_i^{(1)} + \beta_2 x_i^{(2)} + \ldots + \beta_m x_i^{(m)})$$

It is a bit more complicated than for simple linear regression, see Section 3.4 of the Stahel script.

Some **linear algebra** is needed to understand these sections, but we do not look into this for the moment.

Multiple linear regression for bodyfat

Let us regress the proportion (%) of bodyfat (from last week) on the predictors **bmi** and **age** simultaneously. The model is thus given as

$$
\begin{aligned}
(bodyfat)_i &= \beta_0 + \beta_1 \cdot bmi_i + \beta_2 \cdot age_i + e_i \ , \\
\text{with} \quad e_i &\sim \ \mathsf{N}(0, \sigma_e^2) \ .
\end{aligned}
$$

Before we estimate the parameters, let us ask the questions that we intend to answer:

1. Does the **ensemble** of all covariates have an effect on the response?

2. If yes, which covariates are relevant predictors of bodyfat?

3. Which proportion of response variability (σ_y^2) is explained by the model?

Multiple linear regression with R

Let's now fit the model with R, and quickly glance at the output:

```
> r.bodyfatM <- lm(bodyfat ~ bmi + age ,d.bodyfat)
> summary(r.bodyfatM)

Call:
lm(formula = bodyfat ~ bmi + age, data = d.bodyfat)

Residuals:
    Min      1Q  Median      3Q     Max
-12.0415  -3.8725 -0.1237  3.9193 12.6599

Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) -31.25451    2.78973 -11.203  < 2e-16 ***
bmi           1.75257    0.10449  16.773  < 2e-16 ***
age           0.13268    0.02732   4.857 2.15e-06 ***
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 5.329 on 240 degrees of freedom
Multiple R-squared:  0.5803,     Adjusted R-squared:  0.5768
F-statistic: 165.9 on 2 and 240 DF,  p-value: < 2.2e-16
```
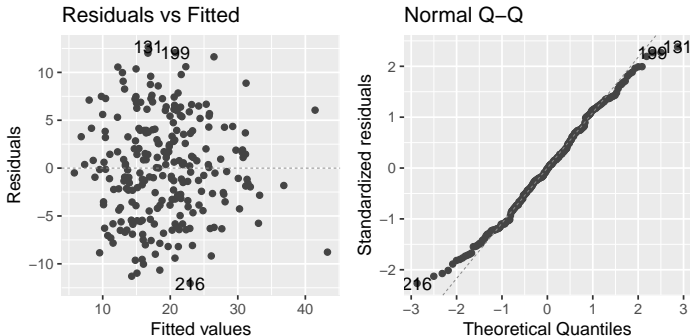
Model checking

Before we look at the results, we have to check if the modelling assumptions are fulfilled:

This seems ok, so continue with answering questions 1-3.

Question 1: Do the covariates have an effect on the response?

To answer question 1, we need to perform a so-called *F*-test. The results of the test are displayed in the final line of the regression summary. Here, it says:

```
F-statistic:  165.9 on 2 and 240 DF, p-value:  < 2.2e-16
```

So apparently (and we already suspected that) the model has some explanatory power.

---

*The *F*-statistic and -test is briefly recaptured in 3.1.f) of the Stahel script, but see also Mat183 chapter 6.2.5. It uses the fact that

$$\frac{SSQ^{(R)}/m}{SSQ^{(E)}/(n-p)} \sim F_{m,n-p}$$

follows an *F*-distribution with m and $(n-p)$ degrees of freedom, where m are the number of variables, n the number of data points, p the number of β-parameters (typically $m+1$). $SSQ^{(E)} = \sum_{i=1}^{n} R_i^2$ is the squared sum of the residuals, and $SSQ^{(R)} = SSQ^{(Y)} - SSQ^{(E)}$ with $SSQ^{(y)} = \sum_{i=1}^{n}(y_i - \bar{y})^2$.

Question 2: Which variables influence the response?

```
> summary(r.bodyfatM)$coef
              Estimate Std. Error    t value     Pr(>|t|)
(Intercept) -31.2545057 2.78973238 -11.203406 1.039096e-23
bmi           1.7525705 0.10448723  16.773060 2.600646e-42
age           0.1326767 0.02731582   4.857137 2.149482e-06
```

To answer this question, again look at the *t*-tests, for which the *p*-values are given in the final column. Each *p*-value refers to the test for the null hypothesis $\beta_0^{(j)} = 0$ for covariate $x^{(j)}$.

As in simple linear regression, the *T*-statistic for the *j*-th covariate is calculated as

$$T_j = \frac{\hat{\beta}_j}{se^{(\beta_j)}} , \tag{1}$$

with $se^{(\beta_j)}$ given in the second column of the regression output.

The distribution of this statistic is $T_j \sim t_{n-p}$.

Therefore: A "small" *p*-value indicates that the variable is relevant in the model.

Here, we have

- $p < 0.001$ for bmi
- $p < 0.001$ for age

Thus both, bmi and age seem to have some predictive power for bodyfat.

Again, a 95% CI for β_j can be calculated with R:

```
> confint(r.bodyfatM)

              2.5 %       97.5 %
(Intercept) -36.7499929 -25.7590185
bmi          1.5467413   1.9583996
age          0.0788673   0.1864861
```

(The CI is again $[\hat{\beta} - c \cdot \sigma^{(\beta)}; \hat{\beta} + c \cdot \sigma^{(\beta)}]$, where c is the 97.5% quantile of the *t*-distribution with $n - p$

degrees of freedom; compare to slides 37-39 of last week).

!However!:

The p-value and T-statistics should only be used as a **rough guide** for the "significance" of the coefficients.

For illustration, let us extend the model a bit more, including also neck, hip and abdomen:

	Coefficient	95%-confidence interval	p-value
Intercept	-7.75	from -22.13 to 6.63	0.29
bmi	0.43	from -0.03 to 0.88	0.066
age	0.015	from -0.04 to 0.07	0.60
neck	-0.80	from -1.18 to -0.43	< 0.0001
hip	-0.32	from -0.53 to -0.11	0.003
abdomen	0.84	from 0.67 to 1.00	< 0.0001

It is now much less clear what the influences of age ($p = 0.60$) and bmi ($p = 0.06$) are.

Basically, the problem is that the variables in the model are correlated and therefore explain similar aspects of % bodyfat.

Example: Abdomen (Bauchumfang) seems to be a relevant predictor and it is obvious that abdomen and BMI are correlated:
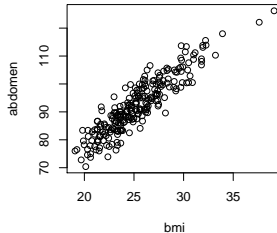
This problem of collinearity is at the heart of many confusions of regression analysis, and we will talk about such issues later in the course (lectures 7 and 8).

Please see also IC: practical 3 (week 4) for an example and more thoughts.

Question 3: Which proportion of variability is explained?

To answer this question, we can look at the multiple R^2 (see Stahel 3.1.h). It is a generalized version of R^2 for simple linear regression:

> R^2 **for multiple linear regression** is defined as the squared correlation between $(y_1, \ldots, y_n)$ and $(\hat{y}_1, \ldots, \hat{y}_n)$, where the $\hat{y}$ are the fitted values
>
> $$\hat{y}_i = \hat{\beta}_0 + \hat{\beta}_1 x^{(1)} + \ldots + \hat{\beta}_m x^{(m)}$$

fitted values ($\hat{y}$)
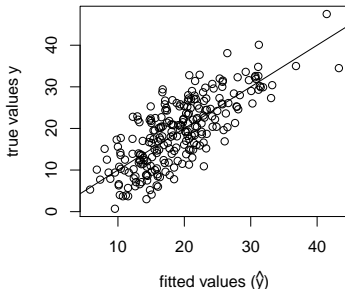
R^2 is also called the *coefficient of determination* or "Bestimmtheitsmass",
because it measures the proportion of the reponse's variability that is
explained by the ensemble of all covariates:

$$R^2 = SSQ^{(R)}/SSQ^{(Y)} = 1 - SSQ^{(E)}/SSQ^{(Y)}$$

With

$$\text{total variability} \quad = \quad \text{explained variability} + \text{residual variability}$$

$$\sum_{i=1}^{n}(y_i - \overline{y})^2 \quad = \quad \sum_{i=1}^{n}(\hat{y}_i - \overline{y})^2 \quad + \quad \sum_{i=1}^{n}(y_i - \hat{y}_i)^2$$

$$SSQ^{(Y)} \quad = \quad SSQ^{(R)} \quad + \quad SSQ^{(E)}$$
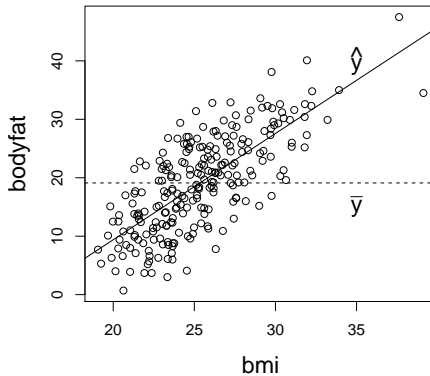
Let us look at the R^2s from the three bodyfat models
(model 1: $y \sim bmi$
model 2: $y \sim bmi + age$
model 3: $y \sim bmi + age + neck + hip + abdomen$):

```
[1] 0.5390391
[1] 0.5802956
[1] 0.718497
```

The models thus explain 54%, 58% and 72% of the total variability of y.

It thus *seems* that larger models are "better". However, R^2 does always increase when new variables are included, but this does not mean that the model is more reasonable.

Model selection is a topic that will be treated in more detail later in this course (week 7).

Adjusted R^2

When the sample size n is small with respect to the number of variables m included in the model, an adjusted R^2 gives a better ("fairer") estimation of the actual variability that is explained by the covariates:

$$R_a^2 = 1 - (1 - R^2)\frac{n-1}{n-m-1}$$

Why R_a^2?

It **penalizes for adding more variables** if they do not really improve the model!

Note: R_a may decrease when a new variable is added.

Interpretation of the coefficients

Apart from model checking and thinking about questions 1-3, it is probably even **more important to understand what you see.** Look at the output and ask yourself:

What does the regression output actually mean?

	Coefficient	95%-confidence interval	p-value
Intercept	-31.25	from -36.75 to -25.76	< 0.0001
bmi	1.75	from 1.55 to 1.96	< 0.0001
age	0.13	from 0.08 to 0.19	< 0.0001

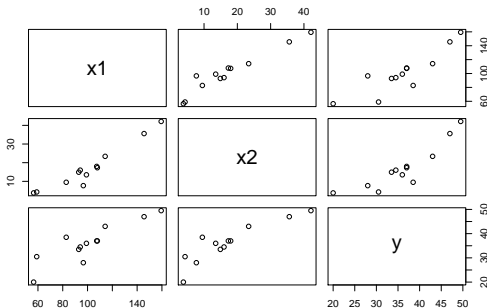Table: Parameter estimates of model 3.

Task in teams: Interpret the coefficients, 95% CIs and p-values.

Example: Catheter Data

Catheter length (y) for heart surgeries depending on two characteristic variables $x^{(1)}$ and $x^{(2)}$ of the patients.

Aim: estimate y from $x^{(1)}$ and $x^{(2)}$ ($n = 12$).

Again look at the data first:

Note that $x^{(1)}$ and $x^{(2)}$ are highly correlated!

Regression results with both variables: $R^2 = 0.81$, $R_a^2 = 0.76$, F-test $p = 0.0006$.

	Coefficient	95%-confidence interval	p-value
Intercept	21.09	from 1.25 to 40.93	0.04
x1	0.077	from -0.25 to 0.40	0.61
x2	0.43	from -0.41 to 1.26	0.28

With x_1 only: $R^2 = 0.78$, $R_a^2 = 0.75$, F-test $p = 0.0002$

	Coefficient	95%-confidence interval	p-value
Intercept	12.13	from 2.66 to 21.59	0.017
x1	0.24	from 0.15 to 0.33	0.0002

With x_2 only: $R^2 = 0.80$, $R_a^2 = 0.78$, F-test $p = 0.0001$

	Coefficient	95%-confidence interval	p-value
Intercept	25.63	from 21.16 to 30.09	< 0.0001
x2	0.62	from 0.40 to 0.83	< 0.0001

Questions:

1. Is x_1 an influential covariate?

2. Is x_2 an influential covariate?

3. Are both covariates needed in the model?

4. Interpretation of the results?

$\rightarrow$ Go to the klicker link http://www.klicker.uzh.ch/bkx to answer the questions.

Binary covariates

So far, the covariates x were always continuous.

In reality, there are **no restrictions assumed with respect to the x variables**.

One very frequent data type are **binary** variables, that is, variables that can only attain values 0 or 1.

See section 3.2c of the Stahel script:

> If the binary variable x is the only variable in the model $y_i = \beta_0 + \beta_1 x_i + e_i$, the model has only two predicted outcomes (plus error):
>
> $$y_i = \begin{cases} \beta_0 + e_i & \text{if } x_i = 0 \\ \beta_0 + \beta_1 + e_i & \text{if } x_i = 1 \end{cases}$$

Example: Smoking variable in Hg Study

For the 59 mothers in the Hg study, check if their smoking status
(0=no,1=yes) influences the Hg-concentration in their urine.

We fit the following linear regression model:

$$\log(Hg_{urin})_i = \beta_0 + \beta_1 \cdot x_i^{(1)} + \beta_2 \cdot x_i^{(2)} + \beta_3 \cdot x_i^{(3)} + e_i \ ,$$

Where

- $\log(Hg_{urin})_i$ is the urine mercury concentration.
- $x^{(1)}$ is the binary smoking indicator $(0/1)$, denoted as **dummy variable**.
- $x^{(2)}$ the number of amalgam fillings.
- $x^{(3)}$ the monthly number of marine fish meals.

(Remember from week 1 that the log of Hg concentrations is needed to obtain useful distributions.)

First check the modelling assumptions:
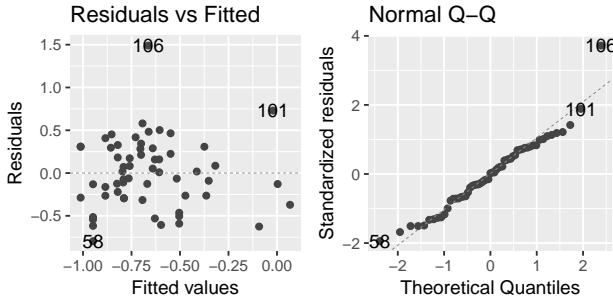
It seems ok, apart from one point (106) that could be categorized as an outlier. We ignore it for the moment.

The results table is given as follows:

	Coefficient	95%-confidence interval	p-value
Intercept	-1.01	from -1.22 to -0.80	< 0.0001
smoking	0.22	from -0.06 to 0.50	0.12
amalgam	0.092	from 0.05 to 0.14	0.0001
fish	0.032	from 0.01 to 0.06	0.015

There is some weak ($p = 0.12$) indication that smokers have an increased Hg concentration in their body. Their $\log(Hg_{urin})$ is in average by 0.22 higher than for nonsmokers.

In principle, we have now – at the same time – fitted **two models:** one for smokers and one for non-smokers, assuming that the slopes of the other covariates are the same for both groups.

Smokers: $y_i = -1.01 + 0.22 + 0.092 \cdot amalgam_i + 0.032 \cdot fish_i + e_i$

Non-smokers: $y_i = -1.01 + 0.092 \cdot amalgam_i + 0.032 \cdot fish_i + e_i$

Factor covariates

Some covariates indicate a **category**, for instance the species of an animal or a plant. This type of covariate is called a **factor**. The trick: convert a factor with k levels (for instance 3 species) into k dummy variables $x_i^{(j)}$ with

$$x_i^{(j)} = \begin{cases} 1, & \text{if the } i\text{th observation belongs to group } j. \\ 0, & \text{otherwise.} \end{cases}$$

Each of the covariates $x^{(1)}, \ldots, x^{(k)}$ can then be included as a binary variable in the model

$$y_i = \beta_0 + \beta_1 x^{(1)} + \ldots + \beta_k x^{(k)} + e_i .$$

However: this model is not identifiable[*].

[*] What does that mean? I could add a constant to $\beta_1, \beta_2, \ldots \beta_k$ and subtract it from β_0, and the model would fit as good to the data.

Solution: One of the k categories must be selected as a *reference category* and is *not included in the model*. Typically: the first category is the reference, thus $\beta_1 = 0$.

The model thus discriminates between the factor levels, such that (assuming $\beta_1 = 0$)

$$\hat{y}_i = \begin{cases} \beta_0, & \text{if } x_i^{(1)} = 1 \\ \beta_0 + \beta_2, & \text{if } x_i^{(2)} = 1 \\ ... \\ \beta_0 + \beta_k, & \text{if } x_i^{(k)} = 1 \end{cases}.$$

Please also consult Stahel 3.2e and g.

!!Important to remember!!

(Common aspect that leads to confusion!)

Please note that a factor covariate with k factor levels requires $k - 1$ parameters!

$\rightarrow$ The degrees of freedom are also reduced by $k - 1$.

Example: Earthworm study

(Angelika von Förster und Burgi Liebst)

Die Dachse im Sihlwald ernähren sich zu einem grossen Prozentsatz von Regenwürmern. Ein Teil des

Muskelmagens der Regenwürmer wird während der Passage durch den Dachsdarm nicht verdaut und mit dem

Kot ausgeschieden. Wenn man aus der Grösse des Muskelmagenteilchens auf das Gewicht des Regenwurms

schliessen kann, ist die Energiemenge berechnenbar, die der Dachs aufgenommen hat.

Frage: Besteht eine Beziehung zwischen dem Umfang des
Muskelmagenteilchens und dem Gewicht des Regenwurms?

Data set of $n = 143$ worms with three species (Lumbricus, Nicodrilus,
Octolasion), weight, stomach circumference (Magenumfang).

Data inspection suggests that the three species have different weight and stomach sizes:
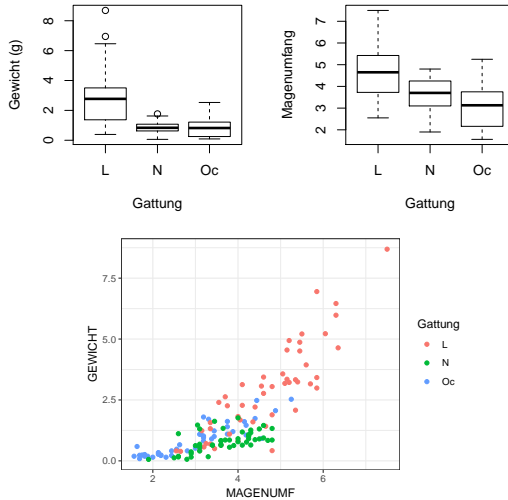
However, data inspection also suggests that there is not really a linear relationship between weight and stomach size – rather it looks exponential!

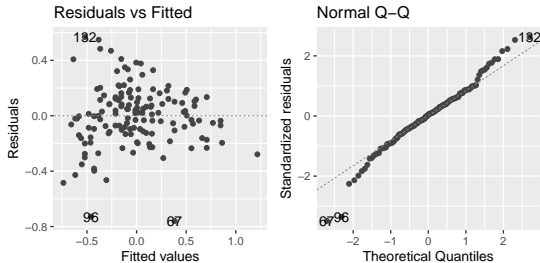Therefore, log-transform the response (weight), and it looks much better:
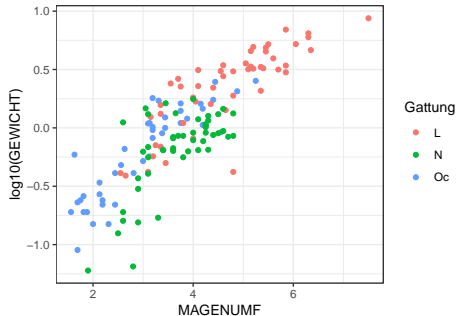
Formulate a model with $\log_{10}(\text{Gewicht})$ as response and `Magenumfang` and
`Gattung` as covariates. This is simple in R:

(**Hint:** Make sure that `Gattung` is stored as a factor in R (check by `glimpse(d.wurm)`))

```
> r.lm <- lm(log10(GEWICHT) ~ MAGENUMF + Gattung,d.wurm)
```

Before doing anything else, check the modeling assumptions:

$\rightarrow$ This seems ok.

Results:

	Coefficient	95%-confidence interval	p-value
Intercept	-1.10	from -1.29 to -0.91	< 0.0001
MAGENUMF	0.31	from 0.27 to 0.35	< 0.0001
GattungN	-0.22	from -0.32 to -0.13	< 0.0001
GattungOc	-0.039	from -0.15 to 0.07	0.48

$R^2 = 0.76$, $R_a^2 = 0.75$.

- Question: Why is Gattung Lumbricus (L) not in the results table?
- Answer: L was chosen as the "reference category", thus $\beta_L = 0$.

Degrees of freedom: We had 143 data points. How many degrees of freedom are left for the residual error?

Answer: We estimated 4 parameters, thus $143 - 4 = 139$.

Interpreting the results I

- $\beta_0 = -1.10$ is the intercept.
- $\beta_1 = 0.31$ is the slope for `MAGENUMF`.
- $\beta_2 = -0.22$ is the coefficient for Gattung=Nicodrilus.
- $\beta_3 = -0.039$ is the coefficient for Gattung =Octolasion.
- No coefficient is needed for Gattung Lumbricus, because $\beta_L = 0$.

We have now actually fitted **three** models, one model for each species:

Lumbricus: $\hat{y}_i = -1.10 + 0.31 \cdot \text{MAGENUMF}$

Nicodrilus: $\hat{y}_i = -1.10 + (-0.22) + 0.31 \cdot \text{MAGENUMF}$

Octolasion: $\hat{y}_i = -1.10 + (-0.039) + 0.31 \cdot \text{MAGENUMF}$

Interpreting the results II

Main question: Is there a relation between stomach size and body mass?

Results: `MAGENUMF` has a positive slope estimate with $p < 0.0001$, thus very strong evidence that the relation exists. Increasing `MAGENUMF` by 1 unit increases $\log_{10}(\texttt{GEWICHT})$ by $+0.31$.

Moreover, the $R^2 = 0.76$ is relatively high and almost identical to R_a^2.

Interpreting the results III

Question: Is the "Gattung" covariate relevant in the model, that is, do the model intercepts differ for the three species?

Problem: The p-values of the worm species are not very meaningful. They belong to tests that compare the actual level with the reference level. However, the question is whether the variable `Gattung` has an effect in total.

Solution: When a factor covariate with k levels is in the model, it occupies $k - 1$ parameters. Therefore, the t-test needs to be replaced by the F-test.

F-test to compare models

F-Test zum Vergleich von Modellen. Die Frage sei, ob die q Koeffzienten β_{j_1}, β_{j_2}, ..., β_{j_q} in einem linearen Regressionsmodell gleich null sein könnten.

- Nullhypothese: $\beta_{j_1} = 0$ und $\beta_{j_2} = 0$ und ... und $\beta_{j_q} = 0$
- Teststatistik:

$$T = \frac{(\mathrm{SSQ}^{(E)*} - \mathrm{SSQ}^{(E)})/q}{\mathrm{SSQ}^{(E)}/(n-p)} \; ;$$

$\mathrm{SSQ}^{(E)*}$ ist die Quadratsumme des Fehlers im „kleinen" Modell, die man aus einer Regression mit den verbleibenden $m-q$ X-Variablen erhält, und p die Anzahl Koeffizienten im „grossen" Modell ($= m+1$, falls das Modell einen Achsenabschnitt enthält, $= m$ sonst).

- Verteilung von T unter der Nullhypolthese: $T \sim \mathcal{F}_{q,n-p}$, F-Verteilung mit q und $n-p$ Freiheitsgraden.

Der Test heisst F-Test zum Vergleich von Modellen. Allerdings kann nur ein kleineres Modell mit einem grösseren verglichen werden, in dem alle X-Variablen des kleinen wieder vorkommen, also mit einem „umfassenderen" Modell. Der früher besprochene F-Test für das gesamte Modell (3.1.e) ist ein Spezialfall: das „kleine" Modell besteht dort nur aus dem Achsenabschnitt β_0.

Remember: $F_{1,n-p} = t_{n-p}^2$

F-test for the earthworms

The function `anova()` in R does the F-test for categorical variables.

```
> anova(r.lm)

Analysis of Variance Table

Response: log10(GEWICHT)
           Df  Sum Sq Mean Sq F value    Pr(>F)
MAGENUMF    1 19.7790 19.7790 409.69 < 2.2e-16 ***
Gattung     2  1.3537  0.6768  14.02 2.842e-06 ***
Residuals 139  6.7106  0.0483
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

Note: Here, the F-value for `Gattung` is distributed as $F_{2,139}$ under the Null-Hypothesis.

This gives $p = 2.842e - 06$, thus a clear difference in the regression models for the three species ("Gattung is relevant").

Plotting the earthworms results

All species have the same slope (this is a modeling assumption), but different intercepts: