

AI Report

We predict this text is

Human Generated

AI Probability

4%

This number is the probability that the document is AI generated, not a percentage of AI text in the document.

Plagiarism



The plagiarism scan was not run for this document. Go to gptzero.me to check for plagiarism.

AI Slop and the Art of Caring Anyway - 7/15/2025

AI Slop and the Art of Caring Anyway

I didn't have a name for it at first.

Just this feeling: that most of what I was seeing online lately was... empty. Like someone poured oatmeal into a printer and called it content.

Turns out it has a name now.

AI Slop.

That's the term for it: low-effort, machine-generated content clogging up Pinterest, blogs, TikToks, whatever. Auto-written Medium posts with fake emotions. SEO threads with nothing behind the words. Pinterest pins that look good but lead nowhere.

And yeah, I've made stuff with AI. Still do. But this isn't about purity. It's about care.

Because AI didn't ruin the internet.

People forgetting to care did.

Here's the real damage

It's not that AI is bad at writing. It's that we're being trained to stop expecting anything to matter.

You open a blog post: it's full of phrases you've read a hundred times.

You scroll a carousel: the fonts are pretty, the words are nothing.

You read a healing quote: you feel nothing.

That's slop.

Not because it's made by AI but because no one edited it with a pulse.

But I get it.

When you're broke, tired, trying to keep up with a post schedule, automation feels like mercy. You slap together a carousel in Gamma, generate the alt text with GPT, schedule it in Lovable, and go to sleep hoping the algorithm forgives your burnout.

I've done it.

I've also spent three hours rewriting a four-line caption because I didn't want it to sound fake. Because something in me still believes that if a stranger reads it at 2 a.m., it should feel like someone stayed up with them.

So what do we do?

Not quit.

Not go full Luddite.

We just slow down enough to ask one thing before we post:

Would I save this if I saw it?

That's it.

Not "will it rank on Google"

Not "will it go viral on Pinterest"

Just: would this land in someone's body like it meant something?

Because when you care, people can tell even if it's built with AI.

Especially if it is.

Last thing

AI Slop isn't a warning.

It's a fork in the road.

You can keep hitting publish on things you wouldn't even read

Or you can let your work feel human again

Doesn't have to be deep.

Just has to be real.

If this felt like something you've been thinking but hadn't named yet keep it.

And if you're building content in the age of slop, keep making room for your actual voice.

Not the one you trained your model to write with.

The one that remembers why you started.

● Sentences that are likely AI-generated.

FAQs

What is GPTZero?

GPTZero is the leading AI detector for checking whether a document was written by a large language model such as ChatGPT. GPTZero detects AI on sentence, paragraph, and document level. Our model was trained on a large, diverse corpus of human-written and AI-generated text, with a focus on English prose. To date, GPTZero has served over 10 million users around the world, and works with over 100 organizations in education, hiring, publishing, legal, and more.

When should I use GPTZero?

Our users have seen the use of AI-generated text proliferate into education, certification, hiring and recruitment, social writing platforms, disinformation, and beyond. We've created GPTZero as a tool to highlight the possible use of AI in writing text. In particular, we focus on classifying AI use in prose. Overall, our classifier is intended to be used to flag situations in which a conversation can be started (for example, between educators and students) to drive further inquiry and spread awareness of the risks of using AI in written work.

Does GPTZero only detect ChatGPT outputs?

No, GPTZero works robustly across a range of AI language models, including but not limited to ChatGPT, GPT-4, GPT-3, GPT-2, LLaMA, and AI services based on those models.

What are the limitations of the classifier?

The nature of AI-generated content is changing constantly. As such, these results should not be used to punish students. We recommend educators to use our behind-the-scenes [Writing Reports](#) as part of a holistic assessment of student work. There always exist edge cases with both instances where AI is classified as human, and human is classified as AI. Instead, we recommend educators take approaches that give students the opportunity to demonstrate their understanding in a controlled environment and craft assignments that cannot be solved with AI. Our classifier is not trained to identify AI-generated text after it has been heavily modified after generation (although we estimate this is a minority of the uses for AI-generation at the moment). Currently, our classifier can sometimes flag other machine-generated or highly procedural text as AI-generated, and as such, should be used on more descriptive portions of text.

I'm an educator who has found AI-generated text by my students. What do I do?

Firstly, at GPTZero, we don't believe that any AI detector is perfect. There always exist edge cases with both instances where AI is classified as human, and human is classified as AI. Nonetheless, we recommend that educators can do the following when they get a positive detection: Ask students to demonstrate their understanding in a controlled environment, whether that is through an in-person assessment, or through an editor that can track their edit history (for instance, using our [Writing Reports](#) through Google Docs). Check out our list of [several recommendations](#) on types of assignments that are difficult to solve with AI.

Ask the student if they can produce artifacts of their writing process, whether it is drafts, revision histories, or brainstorming notes. For example, if the editor they used to write the text has an edit history (such as Google Docs), and it was typed out with several edits over a reasonable period of time, it is likely the student work is authentic. You can use GPTZero's Writing Reports to replay the student's writing process, and view signals that indicate the authenticity of the work.

See if there is a history of AI-generated text in the student's work. We recommend looking for a long-term pattern of AI use, as opposed to a single instance, in order to determine whether the student is using AI.