I had same situation at work, Flutter + sql Server. And I used:  
我在工作中遇到了同樣的情況，Flutter + sql Server。我用了：

<https://pub.dev/packages/sql_conn>

await SqlConn.connect(

ip: "192.XXXXXXX",

port: "1433",

databaseName: "YourDb",

username: "userDb",

password: "userPass",

);

In example section: <https://pub.dev/packages/sql_conn/example>  
在示例部分中：https://pub.dev/packages/sql\_conn/example

you can find the example how to use the package and additional you can copy the code and try to test in your project.  
您可以找到如何使用包的範例，此外，您可以複製代碼並嘗試在專案中進行測試。

**In addition:** there is no examples with update but it is very easy to use: write("Update tableHappiness Set Happiness = true where YouFindANewMethod = true");  
另外：沒有更新的例子，但使用起來非常簡單：write（“Update tableHappiness Set Happiness = true where YouFindANewMethod = true”）;