# Statistical Field Theory

#### Cian Luke Martin

### 2024-10-15

# Contents

1	Lec	cture: Introduction	1
	1.1	The Ising Model	1
2	Lec	cture	4

# 1 Lecture: Introduction

11/10/2024

# Motivation

This course concerns itself with **universality**: the idea that different physical systems can exhibit the same behaviour.

For example, a liquid gas system has a critical temperature, below which a first order phase transition can be found between liquid and gas. Above it there is no such distinction and one can only move continuously.

Experiments suggest that as a function of the temperature, the density is given by  $|\rho^{\pm} - \rho_c| \propto |T - T_C|^{\beta}$  with  $\beta \approx 0.327$  for  $T \approx T_C$ .

Another example is ferromagnets for which one also has a **critical temperature** called the Curie temperature  $T_C$ .

For  $T > T_C$ , M = 0, and for  $T \le T_C$   $M \propto (T_C - T)^{\beta}$  where the critical exponent  $\beta$  is as observed for gases.

In this course we will be studying the classical statistical mechanics of fields.

# 1.1 The Ising Model

The Ising model is a simple model for a magnet. In d spatial dimensions, consider a lattice with N sites.

On the ith site we have a "spin"  $S_i \in \{-1,1\}$ . The configuration  $\{s_i\}$  has energy

$$E = -B\sum_{i}^{s_{i}} -J\sum_{\langle ij\rangle} s_{i}s_{j}, \tag{1}$$

where B represents an external magnetic field and J represents an interaction strength. Naturally, one should ask how the physics depends on B, J and the temperature T.

For:

- J > 0, the spins prefer to be aligned:  $\uparrow \uparrow$  or  $\downarrow \downarrow$ . This is a **ferromagnet**.
- J < 0, the spins prefer to be anti-aligned:  $\uparrow \downarrow$  or  $\downarrow \uparrow$ . This is an **anti-ferromagnet**. We will assume and fix J > 0.
- For B > 0 spins prefer  $\uparrow$
- For B < 0 spins prefer  $\downarrow$
- At low temperature, the system wants to minimise energy. This leads to an ordered state where all spins will align due to the lower energy preferenced state.
- At high temperature, entropy dominates which leads to a disordered state.

Recall that in the **canonical ensemble**, the probability of a given configuration  $\{s_i\}$  is

$$p\left[s_{i}\right] = \frac{1}{Z}e^{-\beta E\left[s_{i}\right]},\tag{2}$$

where  $\beta = \frac{1}{T}$ ,  $k_B = 1$  and Z is the **partition function**.

**Definition 1.1:** The **partition function** is given by

$$Z(T,B) = \sum_{\{s_i\}} e^{-\beta E[s_i]}.$$
(3)

**Definition 1.2:** The thermodynamic free energy  $F_{\text{thermo}}(T,B) = \langle E \rangle - TS = -T \log Z$ 

**Definition 1.3:** The magnetisation is

$$m = \frac{1}{N} \left\langle \sum_{n=1}^{N} s_i \right\rangle \in [-1, 1]. \tag{4}$$

**Note.** The average  $\langle X \rangle$  is an average over the probability distribution  $p[s_i]$  at a fixed T.

Magnetisation is an **order parameter** as it can distinguish between ordered phases  $(m \neq 0)$  and disordered phases where  $m \approx 0$ . We can expand the expectation value in m such that

$$m = \sum_{\{s_i\}} \frac{1}{Z} e^{-\beta[E_i]} \frac{1}{N} \sum_i s_i = \frac{1}{N\beta} \frac{\partial}{\partial \beta} \log Z.$$
 (5)

Therefore we want to compute the partition function as it will allow us to derive these observables.

This is easy in d=1. This is hard in d=2 and there is no general solution for generic lattices. For a square lattice with B=0 it is possible and was famously solved by Onsager (winning him some famous prize).  $d \geq 3$  are intractable analytically.

Our aim is to approximate in a way that correctly captures the long-distance behaviour.

We can define m for any  $\{s_i\}$  by  $m = \frac{1}{N} \sum s_i$ , now no longer taking a statistical average. We can then write the partition function as

$$Z = \sum_{m} \sum_{\{s_i\} \mid m} e^{-\beta E[s_i]} =: \sum_{m} e^{-\beta F(m)}.$$
 (6)

The spacing in allowed values of m is  $\frac{2}{N}$ . For  $N \gg 1$  we can approximate m as continuous however and thus write the partition function as

$$Z \approx \frac{N}{2} \int_{-1}^{1} \mathrm{d}m \, e^{-\beta F(m)}. \tag{7}$$

We call F(m) the **effective free energy** which depends on T, B and critically, m. This contains more information than  $F_{\text{thermo}}$ .

Let  $f(m) = \frac{1}{N}F(m)$  and thus

$$Z \propto \int_{-1}^{1} \mathrm{d}m \, e^{-\beta N f(m)}. \tag{8}$$

For N large,  $\beta f(m) \sim \mathcal{O}(1)$  as it is an **intensive** property (doesn't scale with the system). Performing a saddle point approximation, we can replace f(m) by it's minimum where

$$\left. \frac{\partial f}{\partial m} \right|_{m=m_{\min}} = 0,\tag{9}$$

which gives us a partition function of

$$Z \propto e^{-\beta N f(M_{\min})},$$
 (10)

which gives us a thermodynamic free energy of

$$F_{\text{thermo}}(T, B) \approx F\left(M_{\min}(T, B), T, B\right).$$
 (11)

Even with the saddle point approximation, computing F(m) is hard. One such approach is to use the **mean field approximation** where we replace each spin by the average of the field,  $s_i \to m$ . This gives

$$E = -\beta \sum_{i} m - J \sum_{\langle ij \rangle} m^2 = -BNm - \frac{1}{2} N J q m^2, \tag{12}$$

where q is the number of nearest neighbours. q = 2d + 2 for a square lattice in d dimensions.

Therefore in the mean field approximation, the partition function becomes

$$Z \approx \sum_{m} \Omega(m) e^{-\beta E[n]},$$
 (13)

where  $\Omega(m)$  is the number of configurations with  $\frac{1}{N}\sum s_i = m$ .

 $\mathbf{2}$  Lecture

Let  $N_{\uparrow}$  be the number of up spins and thus  $N_{\downarrow} = N - N_{\uparrow}$  down spins. The magnetisation is therefore

$$m = \frac{N^{\uparrow} - N_{\downarrow}}{N} = \frac{2N^{\uparrow} - N}{N}.\tag{14}$$

The number of configurations with this magnetisation is

$$\Omega\left(m\right) = \frac{N!}{N_{\uparrow}! \left(N - N_{\uparrow}!\right)} = \frac{N}{N_{\uparrow}! N_{\downarrow}!}.$$
(15)

Using the Stirling approximation,

$$\log n! = n \log n - n,\tag{16}$$

we have

$$\log \Omega \approx N \left(\log N - 1\right) - N_{\uparrow} \left(\log N^{\uparrow} - 1\right) - N_{\downarrow} \left(\log N_{\downarrow} - 1\right), \tag{17}$$

and thus

$$\frac{\log \Omega}{N} \approx \log 2 - \frac{1}{2} (1+m) \log (1+m) - \frac{1}{2} (1-m) \log (1-m). \tag{18}$$

Therefore, we have in the mean field approximation that

$$e^{-\beta N f(m)} \approx \Omega(m) e^{-\beta E(m)}$$
 (19)

$$\Rightarrow f(m) \approx -Bm - \frac{1}{2}Jqm^2 - T\left[\log 2 - \frac{1}{2}(1+m)\log(1+m) - \frac{1}{2}(1-m)\log(1-m)\right]. (20)$$

We now move to minimise f such that  $\frac{\partial f}{\partial m} = 0$ . This implies

$$\beta \left( B + Jqm \right) = \frac{1}{2} \log \left( \frac{1+m}{1-m} \right) \tag{21}$$

$$\Rightarrow m = \tanh\left[\beta \underbrace{(B + Jqm)}_{B_{\text{eff}}}\right]. \tag{22}$$

Each spin feels an effective B field  $B_{\text{eff}}(m)$ .

# 2.1 Landau Theory of phase transitions

At a phase transition some quantity, called the **order parameter**, is not smooth. For us this is m. For small m, we have

$$f(m) = -T \log 2 - Bm + \frac{1}{2} \left( T - \underbrace{Jq}_{T_C} \right) m^2 + \frac{1}{12} Tm^4 + \cdots$$
 (23)

Notice we have introduced the critical temperature,  $T_C = Jq$ .

The natural question is: In equilibrium at  $m = m_{\min}$ , how does this behave as we vary the temperature T or the external magnetic field B.

For B = 0 this reduces to

$$f(m) = \frac{1}{2} (T - T_C) m^2 + \frac{1}{2} T m^4 + \cdots$$
 (24)

For  $T > T_C$ ,  $m_{\min} = 0$ , and for  $T < T_C$ ,  $m_{\min} = \pm m_0 = \pm \sqrt{\frac{3(T_C - T)}{T}}$ . This is valid for  $m_0 \ll 1$  i.e. T close to  $T_C$ .

Plotting the minima as a function of T, we see a branching at  $T = T_C$  and while continuous the function is not smooth and thus we have a phase transition.

- For  $T > T_C : m = 0$  is called the disordered phase,
- For  $T < T_C : m \neq 0$  is called the ordered phase.

This is an example of a *continuous phase transition*, or in modern language *second order phase transition*.

#### Notes.

- Notice that F is invariant under  $\mathbb{Z}_2$  symmetry with simultaneous  $m \to -m$  and  $B \to -B$  (inherited from the Ising model's symmetry of  $s_i \to -s_i$  and  $B \to -B$ ).
- For  $T < T_C$ , either  $m = +m_0$  or  $m = -m_0$  so the  $\mathbb{Z}_2$  symmetry of the system does not preserve the ground state. This is called **spontaneous symmetry breaking**.
- At finite N, Z is analytic in T and B. Therefore, phase transitions can only occur in the limit  $N \to \infty$ .
- Spontaneous symmetry breaking also only occurs for  $N \to \infty$ . Namely,

$$m = \lim_{B \to 0} \lim_{N \to \infty} \frac{1}{N} \sum \langle s_i \rangle, \qquad (25)$$

if the order of these limits is reversed we would get m=0 for all temperatures T. This follows from the  $\mathbb{Z}_2$  symmetry as at finite N,  $\mathbb{Z}_2$  symmetry implies Z is an even function in B and thus  $F_{\text{thermo}}$  is as well. Then,

$$\langle m \rangle = -\frac{1}{N} \frac{\partial F_{\text{thermo}}}{\partial B} \bigg|_{B=0} = 0,$$
 (26)

as the derivative of an even function is an odd function which necessarily vanishes at zero.

Definition 2.1: The heat capacity is defined

$$C = \frac{\partial \langle E \rangle}{\partial T} = \frac{\partial}{\partial T} \left( -\frac{\partial \log Z}{\partial \beta} \right) = \beta^2 \frac{\partial^2 \log Z}{\partial \beta^2}, \tag{27}$$

This implies

$$\log Z = -\beta N f(m_{\min}) \tag{28}$$

$$= \begin{cases} \text{const}, & T > T_C, \\ \frac{3N}{4} \frac{(T_C - T)^2}{T^2} + \text{const}, & T < T_C. \end{cases}$$
 (29)

It is more fruitful to work with the specific heat capacity given by

$$c = \frac{C}{N} = \begin{cases} 0, & T \to T_C \text{ from above,} \\ \frac{3}{2}, & T \to T_C \text{ from below.} \end{cases}$$
 (30)

Therefore c is discontinuous at  $T = T_C$ .

So far our discussion has assumed B=0 in the limit. We now work with finite B>0. This gives us

$$f(m) \approx -Bm + \frac{1}{2} (T - T_C) m^2 + \frac{1}{12} T m^4 + \cdots$$
 (31)

For  $T > T_C$  we have a concave curve with a single positive minima  $m_{\min} \approx \frac{B}{T}$  for  $T \to \infty$ .

For  $T < T_C$ , we still have a double well with two local minima, but now they are no longer degenerate and there is a true global minimum. The other is referred to as a *metastable state*, as it may be stable on short time scales, but given sufficient time and perturbations, would decay to the true minimum  $m_{\min}$ .

As a function of T the global minimum  $m_{\min}(T)$  is now a smooth function of temperature which implies we see no phase transition if T is varied at fixed  $B \neq 0$ .

However, we can now instead vary B at fixed  $T < T_C$ . For B > 0 we see the weighted double well as we did before and for B = 0 the degenerate double well. For B < 0 we see the global minima discontinuously shifts (from  $m_0$  to  $-m_0$ ) as B decreases from B > 0 to B < 0.

This is an example of a **discontinuous phase transition** which is also called a **first order phase transition** as our order parameter is the first derivative of  $m_{\text{equil}} = -\frac{\partial f_{\text{thermo}}}{\partial B}$ . As this is discontinuous, we call it a first order phase transition.

Therefore, as a function of B and T for B = 0 and  $T < T_C$  we see a line of first order phase transitions. For B = 0 and  $T = T_C$ , this becomes a second order phase transition.