

ICPSR 37404

## **Health and Relationships Project, United States, 2014-2015**

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P.I. Codebook for Diary Merged With  
Baseline Data

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## Health and Relationships Project

### Diary Survey Codebook

Data Collected: October 2014-September 2015

**Note.** The descriptive results in this codebook are from the analytic sample that includes couples with both spouses completing the survey, aged 35-65 (from variable 'rage'), living together for at least 3 years (from variable 'yrsliv'), and identifying as a man or a woman (from variable 'rgend'). Couples who completed the diary questionnaire also completed the baseline questionnaire.

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### Opening Questions

<b>day</b>	Day of Survey (Range 1-10)		
<b>dayweek</b>	Which day of week completing questionnaire for (Monday-Sunday)		
<b>hourswsp</b>	Over the past 24 hours, approximately how much time have you spent with your spouse (do not count time spent sleeping)?		
N	Mean	Standard Deviation	Range
7,379	7.13	4.75	0, 24
Average	Gay	Lesbian	Straight
	7.25	7.32	6.77

### Affect/Mood

<b>pancalm</b>	Over the past 24 hours, to what extent did you feel calm		
N	Mean	Standard Deviation	Range
7,393	3.43433	0.93500	1,5
	Gay	Lesbian	Straight
Not at All(%)	1.78	2.51	2.69
A Little (%)	1.97	13.15	16.37
Moderately (%)	26.73	34.06	34.30
A Lot(%)	46.11	41.4	36.88
Extremely(%)	13.41	8.87	9.56

<b>panfrust</b>	Over the past 24 hours, to what extent did you feel frustrated		
N	Mean	Standard Deviation	Range
7,394	1.800243	0.880524	1,5
	Gay	Lesbian	Straight
Not at All(%)	46.73	42.45	40.46
A Little (%)	38.13	41.21	41.71
Moderately (%)	10.43	10.24	12.32
A Lot(%)	4.09	4.70	4.45
Extremely(%)	.63	1.40	1.07

<b>panworry</b>	Over the past 24 hours, to what extent did you feel worried		
N	Mean	Standard Deviation	Range
7,394	1.689343	0.8850793	1,5
	Gay	Lesbian	Straight

Not at All(%)	56.63	50.15	49.89
A Little (%)	31.92	34.75	34.59
Moderately (%)	8.22	9.00	9.92
A Lot(%)	2.74	4.63	4.22
Extremely(%)	.77	1.47	1.38

#### **pansad**

Over the past 24 hours, to what extent did you feel sad

N	Mean	Standard Deviation	Range
7,393	1.327607	0.7013954	1,5
	Gay	Lesbian	Straight
Not at All(%)	80.82	75.04	76.02
A Little (%)	14.13	17.55	17.04
Moderately (%)	3.03	4.57	4.80
A Lot(%)	1.54	1.83	1.56
Extremely(%)	.48	1.01	.58

#### **panirrit**

Over the past 24 hours, to what extent did you feel irritable

N	Mean	Standard Deviation	Range
7,393	1.538212	0.7898212	1,5
	Gay	Lesbian	Straight
Not at All(%)	66.39	58.81	57.71
A Little (%)	25.10	29.86	30.31
Moderately (%)	6.30	8.13	8.23
A Lot(%)	1.97	2.45	2.93
Extremely(%)	.24	.75	.8

#### **panupset**

Over the past 24 hours, to what extent did you feel upset

N	Mean	Standard Deviation	Range
7,390	1.398917	0.7727242	1,5
	Gay	Lesbian	Straight
Not at All(%)	77.53	71.53	70.96
A Little (%)	15.78	18.32	20.05
Moderately (%)	4.19	6.40	5.56
A Lot(%)	1.83	2.78	2.71
Extremely(%)	.67	.98	.71

#### **pantired**

Over the past 24 hours, to what extent did you feel tired

N	Mean	Standard Deviation	Range
---	------	--------------------	-------

7,393	2.189909	1.023094	1,5
	Gay	Lesbian	Straight
Not at All(%)	34.78	26.46	22.85
A Little (%)	38.86	40.29	40.15
Moderately (%)	18.09	21.44	22.77
A Lot(%)	6.03	9.04	10.98
Extremely(%)	1.97	2.77	3.25

#### **panangry**

Over the past 24 hours, to what extent did you feel angry

N	Mean	Standard Deviation	Range
7,393	1.28013	0.6543282	1,5
	Gay	Lesbian	Straight
Not at All(%)	82.12	80.65	77.99
A Little (%)	13.32	13.12	15.83
Moderately (%)	3.51	3.82	3.96
A Lot(%)	.82	1.70	1.65
Extremely(%)	.24	.72	.58

#### **panhappy**

Over the past 24 hours, to what extent did you feel happy

N	Mean	Standard Deviation	Range
7,392	3.461715	0.9136116	1,5
	Gay	Lesbian	Straight
Not at All(%)	1.63	1.57	2.36
A Little (%)	11.35	10.81	15.87
Moderately (%)	29.04	36.21	37.79
A Lot(%)	43.51	41.01	34.33
Extremely(%)	14.47	10.41	9.65

#### **srhemo**

Overall, how did you feel emotionally over the past 24 hours?

N	Mean	Standard Deviation	Range
7,392	3.499324	0.9419633	1,5
	Gay	Lesbian	Straight
Poor (%)	1.30	2.02	2.62
Fair (%)	9.95	13.77	13.17
Good (%)	27.12	33.26	36.03
Very Good (%)	43.17	39.16	37.46
Excellent (%)	18.46	11.78	10.72

### Physical Health Symptoms

**midache** Over the past 24 hours, how much of the day did you feel a headache, backache or muscle soreness

N	Mean	Standard Deviation	Range
7,393	1.789125	1.089119	1,5
	Gay	Lesbian	Straight
None of the day(%)	63.17	51.48	54.09
A little of the day(%)	21.68	24.08	22.69
Some of the day (%)	8.80	13.28	12.90
Most of the day(%)	4.13	7.47	5.96
All day(%)	2.21	3.69	4.36

**midcold** Over the past 24 hours, how much of the day did you feel a cough, sore throat, fever, chills or other cold and flu symptoms

N	Mean	Standard Deviation	Range
7,391	1.160601	.5343881	1,5
	Gay	Lesbian	Straight
None of the day(%)	87.93	91.87	90.30
A little of the day(%)	6.97	5.12	5.83
Some of the day (%)	2.65	1.44	2.09
Most of the day(%)	1.06	0.85	1.02
All day(%)	1.39	0.72	0.76

**midstom** Over the past 24 hours, how much of the day did you feel nausea, diarrhea, poor appetite, or other stomach problems?

N	Mean	Standard Deviation	Range
7,391	1.160601	.5343881	1,5
	Gay	Lesbian	Straight
None of the day(%)	91.39	87.77	89.50
A little of the day(%)	5.92	8.22	6.41
Some of the day (%)	1.68	2.87	2.49
Most of the day(%)	0.72	0.75	0.89
All day(%)	0.29	0.39	0.71

**midchest** Over the past 24 hours, how much of the day did you feel chest pain or dizziness?



N	Mean	Standard Deviation	Range
7,390	1.049256	.2873408	1,5
	Gay	Lesbian	Straight
None of the day(%)	97.55	96.93	94.97
A little of the day(%)	2.02	2.15	2.98
Some of the day (%)	0.34	0.72	1.51
Most of the day(%)	0.10	0.13	0.49
All day(%)	0.00	0.07	0.04

**midtired** Over the past 24 hours, how much of the day did feel fatigued?

N	Mean	Standard Deviation	Range
7,385	1.709953	1.001402	1,5
	Gay	Lesbian	Straight
None of the day(%)	67.48	54.00	52.52
A little of the day(%)	20.20	24.22	26.08
Some of the day (%)	8.61	13.55	12.39
Most of the day(%)	2.12	6.01	6.42
All day(%)	1.59	2.22	2.59

**midother** Over the past 24 hours, how much of the day did you feel other physical symptoms or discomforts?

N	Mean	Standard Deviation	Range
7,008	1.277825	.8440622	1,5
	Gay	Lesbian	Straight
None of the day(%)	91.59	86.24	87.53
A little of the day(%)	2.57	4.09	2.69
Some of the day (%)	2.52	4.37	3.78
Most of the day(%)	1.86	2.99	2.74
All day(%)	1.46	2.31	3.29

**midtext** Over the past 24 hours, how much of the day did you feel other physical symptoms or discomforts – Text.

**srhphys** Overall, how did you feel physically over the last 24 hours?

N	Mean	Standard Deviation	Range
7,008	1.277825	.8440622	1,5
	Gay	Lesbian	Straight
Poor(%)	1.40	2.19	2.67

Fair(%)	8.62	13.58	15.35
Good (%)	30.25	36.27	37.59
Very Good(%)	38.39	35.04	34.25
Excellent(%)	21.34	11.92	10.14

#### Interpersonal Support/Strain

**annoyed** Since this time yesterday, how much did social interactions with anyone other than your spouse make you feel irritated, hurt or annoyed?

N	Mean	Standard Deviation	Range
7,315	1.632399	0.9021381	1,5
	Gay	Lesbian	Straight
Not at All(%)	63.52	58.78	53.64
A Little (%)	22.67	26.42	28.46
Moderately (%)	8.71	9.36	12.19
A Great Deal (%)	3.90	4.61	4.95
Extremely(%)	1.20	0.83	0.76

**annoypar** With whom did you have this interaction with? – Parent or parent-in-law

N  
248

	Gay	Lesbian	Straight
Selected (N)	37	101	110

**annoychd** With whom did you have this interaction with? – Child

N  
563

	Gay	Lesbian	Straight
Selected (N)	61	216	286

**annoyfrd** With whom did you have this interaction with? – Friend

N  
375

	Gay	Lesbian	Straight
Selected (N)	129	129	117

**annoywrk**

With whom did you have this interaction with? – Someone at Work

N  
1600

	Gay	Lesbian	Straight
Selected (N)	442	674	484

**annoyoth**

With whom did you have this interaction with? – Other

N  
779

	Gay	Lesbian	Straight
Selected (N)	233	310	236

**pleasure**

Since this time yesterday, how much did social interactions with anyone other than your spouse bring you pleasure or made you feel good?

N	Mean	Standard Deviation	Range
7,323	3.065683	1.09012	1,5
	Gay	Lesbian	Straight
Not at All(%)	12.27	9.55	11.59
A Little (%)	17.85	17.70	16.39
Moderately (%)	32.13	31.22	33.99
A Lot(%)	31.60	34.74	31.97
Extremely(%)	6.16	6.79	6.06

**pleaspar**

With whom did you have this interaction with? – Parent or parent-in-law

N  
766

	Gay	Lesbian	Straight
Selected (N)	136	315	315

**pleaschd**

With whom did you have this interaction with? – Child

N  
1,981

	Gay	Lesbian	Straight
Selected (N)	173	803	1,005

**pleasfrd** With whom did you have this interaction with? – Friend

N  
2,826

	Gay	Lesbian	Straight
Selected (N)	920	1,192	714

**pleaswrk** With whom did you have this interaction with? – Someone at Work

N  
2,557

	Gay	Lesbian	Straight
Selected (N)	811	1,111	635

**pleasoth** With whom did you have this interaction with? – Other

N  
510

	Gay	Lesbian	Straight
Selected (N)	510	748	467

### Daily Stressors

Over the past 24 hours, indicate which of the following you experienced and how stressful was each experience was for you?

**sparg** Did you have an argument with your spouse?

N	Mean	Standard Deviation	Range
7,294	.0912079	.2880662	0,1
No(%)	Gay	Lesbian	Straight
Yes (%)	92.61	90.28	90.87
	7.39	9.72	9.95

**spargstr** How stressful was the argument with your spouse?

N	Mean	Standard Deviation	Range
1,081	2.039778	1.139887	1,5
Not at All(%)	Gay	Lesbian	Straight
	48.45	35.97	46.38

A Little (%)	25.77	31.18	21.45
Moderately (%)	16.84	20.14	17.69
A Lot(%)	5.84	8.63	10.19
Extremely(%)	3.09	4.08	4.29

**noarg** Could have argued about something but let it pass.

N	Mean	Standard Deviation	Range
7,268	.1498349	.3569341	0,1
	Gay	Lesbian	Straight
No(%)	86.53	85.61	82.80
Yes (%)	13.47	14.39	17.20

**noargstr** How stressful was letting it pass?

N	Mean	Standard Deviation	Range
1,397	1.856836	.8711252	1,5
	Gay	Lesbian	Straight
Not at All(%)	39.12	38.06	39.16
A Little (%)	43.78	46.27	38.53
Moderately (%)	13.99	11.38	15.58
A Lot(%)	2.85	2.99	4.63
Extremely(%)	0.26	1.31	2.11

**otarg** Had an argument with someone other than my spouse.

N	Mean	Standard Deviation	Range
7,244	.0901436	.2864071	0,1
	Gay	Lesbian	Straight
No(%)	91.36	91.28	90.25
Yes (%)	8.64	8.72	9.75

**otargstr** How stressful was the argument with someone other than spouse?

N	Mean	Standard Deviation	Range
1,063	2.0254	1.13592	1,5
	Gay	Lesbian	Straight
Not at All(%)	43.96	40.69	47.24
A Little (%)	26.51	24.81	25.69
Moderately (%)	19.46	18.86	16.85
A Lot(%)	8.72	10.67	6.35

Extremely(%)	1.34	4.96	3.87
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**otstr**                      Something else happened to me that most people would consider stressful

N	Mean	Standard Deviation	Range
7,188	.180439	.38458	0,1
	Gay	Lesbian	Straight
No(%)	85.05	79.68	82.17
Yes (%)	14.95	20.32	17.83

**otstrstr**                      How stressful was this other thing?

N	Mean	Standard Deviation	Range
1,563	2.456814	1.178617	1,5
	Gay	Lesbian	Straight
Not at All(%)	29.23	20.72	30.77
A Little (%)	28.21	27.78	24.46
Moderately (%)	28.21	29.73	27.42
A Lot(%)	9.74	13.96	12.03
Extremely(%)	4.62	7.81	5.33

**spht**                      Interactions with my spouse made me feel irritated, hurt or annoyed.

N	Mean	Standard Deviation	Range
7,208	.1685627	.3743912	0,1
	Gay	Lesbian	Straight
No(%)	86.52	82.45	80.96
Yes (%)	13.48	17.55	19.04

**sphtstr**                      How stressful was this interaction with spouse?

N	Mean	Standard Deviation	Range
1,582	2.125158	.9580772	1,5
	Gay	Lesbian	Straight
Not at All(%)	31.68	20.66	27.21
A Little (%)	44.06	51.89	45.96
Moderately (%)	16.09	17.67	18.20
A Lot(%)	5.94	6.94	5.33
Extremely(%)	2.23	2.84	3.31

Please check off any of the following problems/events that you have experienced in 24 hours:

**hswrk**

Housework or home demands

N	Mean	Standard Deviation	Range
7,261	.5816003	.493304	0,1
	Gay	Lesbian	Straight
No(%)	46.17	38.97	41.73
Yes (%)	53.83	61.03	58.27

**hswrkstr**

How stressful was housework/home demands?

N	Mean	Standard Deviation	Range
3,965	1.763682	.8596767	1,5
	Gay	Lesbian	Straight
Not at All(%)	49.57	47.12	40.76
A Little (%)	33.81	36.69	40.35
Moderately (%)	12.63	12.11	14.31
A Lot(%)	3.13	3.12	4.10
Extremely(%)	0.85	0.96	0.48

**work**

Work demands

N	Mean	Standard Deviation	Range
7,201	.5160394	.4997774	0,1
	Gay	Lesbian	Straight
No(%)	47.36	46.38	52.10
Yes (%)	52.64	53.62	47.90

**workstr**

How stressful was work demands?

N	Mean	Standard Deviation	Range
3,572	2.280235	1.008572	1,5
	Gay	Lesbian	Straight
Not at All(%)	23.92	23.06	25.35
A Little (%)	38.53	37.93	38.77
Moderately (%)	26.37	25.15	25.82
A Lot(%)	9.22	10.55	8.48
Extremely(%)	1.96	3.31	1.58

**finan**

Financial concerns

N	Mean	Standard Deviation	Range
7,071	.2834111	.4506861	0,1
	Gay	Lesbian	Straight
No(%)	78.56	70.92	66.28
Yes (%)	21.44	29.08	33.72

#### **finanstr**

How stressful was financial concerns?

N	Mean	Standard Deviation	Range
2,351	2.238197	.9924416	1,5
	Gay	Lesbian	Straight
Not at All(%)	33.33	19.07	17.84
A Little (%)	45.16	48.78	45.35
Moderately (%)	15.59	19.88	23.42
A Lot(%)	5.38	8.32	8.43
Extremely(%)	0.54	3.96	4.96

#### **hlth**

Health problems

N	Mean	Standard Deviation	Range
7,064	.1940827	.3955208	0,1
	Gay	Lesbian	Straight
No(%)	82.50	79.84	79.82
Yes (%)	17.50	20.16	20.18

#### **hlthstr**

How stressful was health problems?

N	Mean	Standard Deviation	Range
1,790	2.288268	1.137612	1,5
	Gay	Lesbian	Straight
Not at All(%)	30.35	26.70	34.58
A Little (%)	32.22	29.90	28.81
Moderately (%)	22.87	26.70	23.39
A Lot(%)	10.19	9.87	11.19
Extremely(%)	4.37	6.82	2.03

#### **hlthtxt**

Health problems – Specify (text)

#### **sprb**

Your spouse had a problem or difficulty

N	Mean	Standard Deviation	Range
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7,124	.1626895	.369108	0,1
	Gay	Lesbian	Straight
No(%)	87.49	80.57	84.53
Yes (%)	12.51	19.43	15.47

**sprbstr** How stressful was spouse's problem or difficulty?

N	Mean	Standard Deviation	Range
1,497	2.064796	1.1313913	1,5
	Gay	Lesbian	Straight
Not at All(%)	49.87	30.83	45.34
A Little (%)	29.38	34.59	23.64
Moderately (%)	13.75	21.50	16.92
A Lot(%)	5.39	7.37	8.89
Extremely(%)	1.62	5.71	5.21

**sprbtxt** Your spouse had a problem or difficulty – Specify (text)

**daystrs** Overall, how trying or stressful was your day?

N	Mean	Standard Deviation	Range
7,387	2.047381	.8824351	1,5
	Gay	Lesbian	Straight
Not at All(%)	32.68	25.87	28.20
A Little (%)	42.64	47.14	45.42
Moderately (%)	19.68	20.35	20.37
A Lot(%)	4.23	5.26	4.98
Extremely(%)	0.77	1.37	1.02

**strstxt** Add any more information about the stress that you experienced today

Emotion Work

Over the past 24 hours, how often did you do each of the following with your spouse?

**shareflg** Share your personal thoughts and feelings w/ your spouse?

N	Mean	Standard Deviation	Range
7,391	2.989988	1.058841	1,5
	Gay	Lesbian	Straight
Not at All(%)	6.88	5.29	10.94
A Little (%)	25.43	22.82	32.43

Some (%)	35.19	33.40	31.72
Quite a Bit(%)	25.96	28.04	19.84
A Great Deal(%)	6.54	10.45	5.07

#### **praisesp**

Praise your spouse?

N	Mean	Standard Deviation	Range
7,388	2.765566	1.038709	1,5
	Gay	Lesbian	Straight
Not at All(%)	10.53	9.76	17.05
A Little (%)	26.70	23.51	31.83
Some (%)	39.73	39.31	34.19
Quite a Bit (%)	18.04	21.45	13.62
A Great Deal(%)	5.00	5.97	3.29

#### **sensprob**

Sense your spouse was bothered about something?

N	Mean	Standard Deviation	Range
7,390	1.826522	1.056247	1,5
	Gay	Lesbian	Straight
Not at All(%)	57.14	49.13	51.51
A Little (%)	21.93	25.73	25.53
Some (%)	13.04	14.99	14.15
Quite A Bit(%)	6.40	7.25	6.36
A Great Deal(%)	1.49	2.91	2.45

#### **helpprob**

Suggest solutions to your spouse's problems?

N	Mean	Standard Deviation	Range
7,376	1.741052	.9689001	1,5
	Gay	Lesbian	Straight
Not at All(%)	54.43	53.12	57.65
A Little (%)	22.91	24.36	22.46
Some (%)	16.46	15.96	14.64
Quite a Bit(%)	5.23	5.22	4.18
A Great Deal(%)	0.97	1.34	1.07

#### **noshare**

Keep your thoughts or feelings to yourself?

N	Mean	Standard Deviation	Range
7,384	1.694068	.9493398	1,5

	Gay	Lesbian	Straight
Not at All(%)	58.53	56.86	49.47
A Little (%)	27.58	27.79	30.38
Some (%)	9.11	9.93	11.52
Quite a Bit(%)	3.38	4.15	5.52
A Great Deal(%)	1.40	1.27	3.11

### Empathic Responding

Over the past 24 hours, how often have you....

**dosmthng**                      tried to help your spouse by doing something for them?

N	Mean	Standard Deviation	Range
7,389	2.717959	1.042299	1,5
	Gay	Lesbian	Straight
Not at All(%)	14.20	10.80	16.02
A Little (%)	26.47	26.73	30.97
Some (%)	36.77	38.02	34.80
Quite a Bit(%)	18.82	18.70	15.00
A Great Deal(%)	3.75	5.74	3.20

**listen**                              tried to help your spouse by listening to them?

N	Mean	Standard Deviation	Range
7,386	2.875169	1.034602	1,5
	Gay	Lesbian	Straight
Not at All(%)	12.13	8.42	10.64
A Little (%)	22.97	22.49	29.92
Some (%)	38.81	36.83	37.27
Quite a Bit(%)	21.52	25.07	19.01
A Great Deal(%)	4.57	7.18	3.16

**posfeel**                              tried to comfort your spouse by telling them your positive feeling?

N	Mean	Standard Deviation	Range
7,384	2.54266	1.169883	1,5
	Gay	Lesbian	Straight
Not at All(%)	24.24	21.72	26.66
A Little (%)	23.18	23.02	29.19
Some (%)	31.90	29.16	26.30
Quite a Bit(%)	15.81	20.08	14.06

A Great Deal(%)	4.87	6.01	3.78
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**perspect**                      tried to see things from your spouse's perspective?

N	Mean	Standard Deviation	Range
7,380	2.72561	1.106435	1,5
	Gay	Lesbian	Straight
Not at All(%)	16.85	13.81	18.20
A Little (%)	22.69	23.19	31.91
Some (%)	34.96	33.41	30.62
Quite a Bit(%)	21.29	22.99	15.80
A Great Deal(%)	4.20	6.60	3.47

**space**                      tried to help your spouse by giving them personal space?

N	Mean	Standard Deviation	Range
7,374	2.302956	1.183617	1,5
	Gay	Lesbian	Straight
Not at All(%)	31.12	33.67	32.15
A Little (%)	24.01	26.88	28.36
Some (%)	24.98	24.69	23.33
Quite a Bit(%)	13.36	10.12	11.49
A Great Deal(%)	6.53	4.64	4.67

**understd**                      tried to understand how your spouse feels?

N	Mean	Standard Deviation	Range
7,380	2.854607	1.116654	1,5
	Gay	Lesbian	Straight
Not at All(%)	14.53	11.17	14.25
A Little (%)	20.80	23.19	30.45
Some (%)	34.65	31.48	32.64
Quite a Bit(%)	23.99	25.34	17.94
A Great Deal(%)	6.03	8.82	4.72

### Intimacy

**intimacy**                      How much did you feel closeness or intimacy with your spouse in the past 24 hours?

N	Mean	Standard Deviation	Range
7,378	3.302385	1.099396	1,5

	Gay	Lesbian	Straight
Not at All(%)	3.47	5.04	8.87
A Little (%)	14.35	17.27	24.47
Some (%)	26.35	29.40	31.46
Quite a Bit(%)	35.89	34.57	26.47
A Great Deal(%)	19.94	13.73	8.73

### Interactions with Spouse

Over the past 24 hours, how much did your spouse.....

**spsdown** let you down?

N	Mean	Standard Deviation	Range
7,386	1.186298	.5543761	1,5
	Gay	Lesbian	Straight
Not at All(%)	88.56	88.53	84.37
A Little (%)	7.07	7.94	10.64
Some (%)	3.51	2.75	3.52
Quite a Bit(%)	0.58	0.59	0.85
A Great Deal(%)	0.29	0.39	0.62

**spscrit** criticize you?

N	Mean	Standard Deviation	Range
7,378	1.253185	.6102298	1,5
	Gay	Lesbian	Straight
Not at All(%)	83.65	83.00	78.31
A Little (%)	11.35	12.16	15.35
Some (%)	3.75	3.66	4.55
Quite a Bit(%)	1.15	0.75	1.29
A Great Deal(%)	0.10	0.43	0.49

**spsincon** act inconsiderate towards you?

N	Mean	Standard Deviation	Range
7,375	1.260746	.6717583	1,5
	Gay	Lesbian	Straight
Not at All(%)	85.45	84.36	79.36
A Little (%)	8.72	9.99	13.23
Some (%)	3.86	3.36	4.92
Quite a Bit(%)	1.30	1.67	1.61

A Great Deal(%)	0.67	0.62	0.89
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**spsloved** make you feel loved and cared for?

N	Mean	Standard Deviation	Range
7,381	3.503997	1.141312	1,5
	Gay	Lesbian	Straight
Not at All(%)	5.88	4.31	8.82
A Little (%)	9.25	12.74	19.16
Some (%)	21.82	22.67	28.97
Quite a Bit(%)	37.72	38.65	28.43
A Great Deal(%)	25.34	21.63	14.62

**spsbothr** seem to be bothered or upset by you?

N	Mean	Standard Deviation	Range
7,379	1.406017	.7744893	1,5
	Gay	Lesbian	Straight
Not at All(%)	77.20	72.00	68.83
A Little (%)	15.20	19.21	19.92
Some (%)	5.44	5.85	7.46
Quite a Bit(%)	1.54	2.09	2.50
A Great Deal(%)	0.63	0.85	1.30

**spsdeman** make demands of you?

N	Mean	Standard Deviation	Range
7,378	1.40797	.7203552	1,5
	Gay	Lesbian	Straight
Not at All(%)	72.12	70.06	68.91
A Little (%)	19.45	22.29	20.52
Some (%)	6.50	6.05	8.34
Quite a Bit(%)	1.73	1.05	1.69
A Great Deal(%)	0.19	0.56	0.54

**spsnice** do something nice for your without being asked?

N	Mean	Standard Deviation	Range
7,373	2.642615	1.239568	1,5
	Gay	Lesbian	Straight
Not at All(%)	23.45	19.85	28.59

A Little (%)	21.81	20.47	25.78
Some (%)	27.61	30.46	26.05
Quite a Bit(%)	17.99	19.98	14.14
A Great Deal(%)	9.14	9.24	5.44

**spspleas** bring you pleasure or make you feel good?

N	Mean	Standard Deviation	Range
7,324	3.136537	1.196144	1,5
	Gay	Lesbian	Straight
Not at All(%)	8.87	9.13	14.96
A Little (%)	15.28	18.49	25.56
Some (%)	27.18	27.85	28.39
Quite a Bit(%)	31.42	30.96	21.43
A Great Deal(%)	17.25	13.56	9.66

**spsactxt** If you would like to add more details about any of these experiences, please do so here.

Over the past 24 hours, how much did you.....

**criticiz** criticize your spouse?

N	Mean	Standard Deviation	Range
7,383	1.279832	.5737256	1,5
	Gay	Lesbian	Straight
Not at All(%)	79.12	78.24	74.33
A Little (%)	16.50	17.75	20.77
Some (%)	3.75	3.37	4.10
Quite a Bit(%)	0.58	0.42	0.49
A Great Deal(%)	0.05	0.23	0.31

**loved** try to make your spouse feel loved and cared for?

N	Mean	Standard Deviation	Range
7,381	3.237637	1.073907	1,5
	Gay	Lesbian	Straight
Not at All(%)	4.38	4.84	8.60
A Little (%)	14.81	16.44	26.04
Some (%)	32.52	33.47	32.86

Quite a Bit(%)	34.49	32.00	23.41
A Great Deal(%)	13.80	13.24	9.09

### **bothered**

feel bothered or upset with your spouse?

N	Mean	Standard Deviation	Range
7,384	1.451923	.7821776	1,5
	Gay	Lesbian	Straight
Not at All(%)	73.03	68.31	63.58
A Little (%)	19.04	22.74	25.10
Some (%)	5.87	5.65	7.18
Quite a Bit(%)	1.39	2.65	3.03
A Great Deal(%)	0.67	0.65	1.11

### **demands**

make demands on your spouse?

N	Mean	Standard Deviation	Range
7,376	2.635575	1.09609	1,5
	Gay	Lesbian	Straight
Not at All(%)	17.25	14.67	22.27
A Little (%)	24.49	25.58	31.36
Some (%)	34.93	35.35	31.40
Quite a Bit(%)	18.31	18.82	11.54
A Great Deal(%)	5.02	5.59	3.43

### **helpmood**

Try to improve your spouse's mood

N	Mean	Standard Deviation	Range
7,370	2.402442	1.123912	1,5
	Gay	Lesbian	Straight
Not at All(%)	24.02	28.01	27.97
A Little (%)	24.70	26.44	27.93
Some (%)	32.53	28.60	30.07
Quite a Bit(%)	14.26	12.79	11.22
A Great Deal(%)	4.49	4.16	2.81

### **listmore**

Want your spouse to listen to you more than they did

N	Mean	Standard Deviation	Range
7,377	1.48963	.8845701	1,5
	Gay	Lesbian	Straight



Not at All(%)	71.27	72.88	65.23
A Little (%)	15.50	16.21	19.46
Some (%)	8.69	7.09	9.13
Quite a Bit(%)	3.33	2.78	4.10
A Great Deal(%)	1.21	1.05	2.09

**act\_txt** If you would like to add more details about any of these experiences, please do so here

### Personal Control

Over the past 14 hours, to what extend did you feel:

**control** That you are unable to control important things in your life

N	Mean	Standard Deviation	Range
7,388	1.777342	1.043181	1,5
	Gay	Lesbian	Straight
Not at All (%)	57.79	53.92	52.07
A Little (%)	22.07	26.51	27.48
Moderately (%)	11.15	12.11	11.58
A lot (%)	6.68	5.91	5.84
Extremely (%)	2.31	2.55	3.03

**solvprob** Confident about your ability to handle problems

N	Mean	Standard Deviation	Range
7,389	3.621194	1.016427	1,5
	Gay	Lesbian	Straight
Not at All (%)	2.64	2.45	3.96
A Little (%)	7.79	11.20	13.49
Moderately (%)	22.88	27.52	30.68
A lot (%)	42.69	37.90	36.64
Extremely (%)	23.99	20.93	15.23

**goway** That things were going your way

N	Mean	Standard Deviation	Range
7,386	3.220146	1.042239	1,5
	Gay	Lesbian	Straight
Not at All (%)	5.14	5.06	7.80
A Little (%)	11.54	19.07	21.57

Moderately (%)	33.75	34.03	37.75
A lot (%)	36.39	31.84	24.96
Extremely (%)	13.17	9.99	7.93

#### **pileup**

That difficulties were piling up so high that you could not overcome them

N	Mean	Standard Deviation	Range
7,389	1.40628	.8013548	1,5
	Gay	Lesbian	Straight
Not at All (%)	75.19	73.59	71.37
A Little (%)	16.59	16.65	19.23
Moderately (%)	5.53	5.84	4.90
A lot (%)	2.16	2.58	2.63
Extremely (%)	0.53	1.14	1.87

#### Social Control and Health Behaviors

#### **dhrsleap**

How many hours did you sleep last night?

N	Mean	Standard Deviation	Range
7,388	7.08	1.46	0, 20
	Gay	Lesbian	Straight
Average	7.15	7.12	6.95

#### **sleepqual**

How would you rate your overall sleep quality last night?

N	Mean	Standard Deviation	Range
7,387	3.074184	1.047048	1,5
	Gay	Lesbian	Straight
Poor (%)	5.58	7.54	7.44
Fair (%)	17.03	24.51	23.22
Good (%)	34.68	34.76	39.48
Very Good (%)	30.40	26.21	22.86
Excellent (%)	12.31	6.98	7.00

Thinking over the past 24 hours, how true are the following statements for you?

#### **overate**

I ate more than I should have today

N	Mean	Standard Deviation	Range
7,389	1.688456	.8918831	1,5

	Gay	Lesbian	Straight
Not at All (%)	52.69	56.17	49.62
A Little (%)	31.35	29.44	31.54
Moderately (%)	11.35	10.67	12.65
A Lot (%)	3.80	2.90	4.32
Extremely (%)	0.82	0.82	1.87

**badfood** I made unhealthy food choices today

N	Mean	Standard Deviation	Range
7,388	1.928803	.9175094	1,5
	Gay	Lesbian	Straight
Not at All (%)	40.19	36.62	30.48
A Little (%)	41.15	46.05	44.21
Moderately (%)	12.12	11.75	16.31
A Lot (%)	4.76	4.54	6.73
Extremely (%)	1.78	1.04	2.27

**goodfood** I ate healthy foods today.

N	Mean	Standard Deviation	Range
7,387	3.002572	1.102207	1,5
	Gay	Lesbian	Straight
Not at All (%)	9.19	7.31	11.63
A Little (%)	20.01	24.35	31.02
Moderately (%)	29.68	30.45	29.63
A Lot (%)	32.61	28.56	22.01
Extremely (%)	8.51	9.33	5.70

**alcohol** Over the past 24 hours, how many alcoholic drinks did you consume (a glass of wine, a 12 ounce beer, or a shot of liquor each equal 1 drink)?

N	Mean	Standard Deviation	Range
7,390	0.95	1.49	0, 15
	Gay	Lesbian	Straight
Average	1.38	0.72	0.86

**tobacco** Over the past 24 hours, how many cigarettes, cigars, and/or bowls of tobacco did you smoke?

N	Mean	Standard Deviation	Range
7,376	0.64	3.02	0, 30
Average	Gay 0.68	Lesbian 0.47	Straight 0.82

**modactiv** Over the past 24 hours, for how many minutes did you engage in moderate physical activity or exercise (for example, taking a walk or using a vacuum cleaner)?

N	Mean	Standard Deviation	Range
7,384	53.45	76.82	0, 720
Average	Gay 53.15	Lesbian 51.91	Straight 55.82

**vigactiv** Over the past 24 hours, for how many minutes did you engage in vigorous physical activity (for example, running or lifting heavy objects) long enough to raise your heart rate and work up a sweat?

N	Mean	Standard Deviation	Range
7,386	19.66	43.45	0, 720
Average	Gay 21.59	Lesbian 19.02	Straight 18.75

These questions are about how you and your spouse may have influenced each other's health habits today (for example, how much you ate, drank, or exercised). How much did each of the following occur today:

**spsunhlth** My spouse influenced my health habits in an unhealthy way (for example, to eat or drink more, exercise less)

N	Mean	Standard Deviation	Range
7,383	1.376405	.7584947	1,5
Not at All(%)	Gay 71.92	Lesbian 75.75	Straight 77.29
A Little (%)	17.46	15.47	14.11
Some (%)	7.67	5.78	6.01
Quite a Bit(%)	2.32	2.19	2.00
A Great Deal(%)	0.63	0.82	0.58

**posinflu** My spouse influenced my health habits in a positive way.

N	Mean	Standard Deviation	Range
7,379	2.157338	1.168875	1,5
	Gay	Lesbian	Straight
Not at All(%)	37.12	37.17	44.75
A Little (%)	23.44	22.78	25.38
Some (%)	25.52	22.13	19.10
Quite a Bit(%)	11.36	12.76	7.70
A Great Deal(%)	2.56	5.16	3.07

#### **spshlth**

I tried to have a positive influence on my spouse's health habits.

N	Mean	Standard Deviation	Range
7,380	2.246206	1.251731	1,5
	Gay	Lesbian	Straight
Not at All(%)	39.23	34.33	46.04
A Little (%)	20.19	20.92	22.08
Some (%)	23.00	21.41	18.57
Quite a Bit(%)	12.90	15.86	9.57
A Great Deal(%)	4.69	7.47	3.74

#### **concern**

I was concerned about my spouse's health habits.

N	Mean	Standard Deviation	Range
7,379	1.550617	.9328094	1,5
	Gay	Lesbian	Straight
Not at All(%)	63.51	71.12	64.07
A Little (%)	20.17	16.64	19.88
Some (%)	10.17	7.15	10.12
Quite a Bit(%)	3.81	2.71	4.68
A Great Deal(%)	1.79	2.38	1.25

#### **cohealthy**

I participated in healthy habits (such as exercise, dieting) with my spouse.

N	Mean	Standard Deviation	Range
7,376	1.951057	1.224459	1,5
	Gay	Lesbian	Straight
Not at All(%)	52.17	48.79	61.63
A Little (%)	16.28	17.28	16.71
Some (%)	16.28	17.08	10.83
Quite a Bit(%)	10.29	11.89	6.91
A Great Deal(%)	4.98	4.96	3.92

**influenc** Please describe the main ways that you and your spouse influenced each other's health habits today.

**anyelse** Over the past 24 hours, did anything else happen that you would like to tell us about?