

# IELTS Speaking

2025.1-4

## 1. Part1

### 1.1 【1月新题】

#### 1.1.1 (1) Colors (1.6)

##### 1. What's your favorite color?

My favorite color is light green. I find it incredibly refreshing and calming at the same time. It gives me a sense of vitality, as it reminds me of nature, like fresh leaves in spring or a peaceful meadow. At the same time, it has a quiet and soothing quality that helps me feel relaxed, especially when I'm stressed. I think it's a perfect balance between energy and tranquility, which is why I'm drawn to it.

##### 2. What's the color you dislike? Why?

I'm not really fond of brown. To me, it often looks a bit dirty and too dark, which makes it feel dull and unappealing. While I understand some people find it earthy and natural, it just doesn't resonate with me. I prefer colors that are more vibrant or calming, so brown isn't something I'd choose for my clothes or decor.

##### 3. What colors do your friends like most?

Most of my friends don't have a strong preference for a particular color. They tend to choose colors based on the occasion or what suits them at the moment. For example, some might wear bright colors for a party but go for neutral tones like white or gray in their daily lives. I think they're quite flexible when it comes to colors.

##### 4. What color makes you uncomfortable in your room?

I'd feel uncomfortable if my room were painted black. It's just too dark and gloomy for me, and it might even make the space feel smaller than it actually is. I associate black with depression or a lack of energy, so I'd much prefer lighter, more uplifting colors like light green or pastel tones to create a positive atmosphere.

5. Have you ever bought something because of its color?

Honestly, I've never bought anything solely because of its color. I'm more practical when it comes to shopping, so I prioritize functionality over appearance. For example, when I buy clothes or gadgets, I focus on whether they meet my needs rather than how they look. That said, if something has a nice color and is functional, it's definitely a bonus!

### 1.1.2 (2) Borrowing/ Lending (1.6)

1. Have you ever borrowed books from others?

Yes, I've borrowed books from others, especially when I was in school or university. It's a great way to access resources without having to buy them, and I've always made sure to return the books in good condition. Borrowing books also gives me a chance to explore new topics or authors that I might not have considered otherwise.

2. Have you ever borrowed money from others?

No, I've never borrowed money from others. I prefer to manage my finances carefully and avoid situations where I might need to rely on someone else for financial help. If I ever face a financial challenge, I'd try to find a solution on my own first, like cutting expenses or saving more.

3. Do you like to lend things to others?

Yes, I'm generally willing to lend things to others, especially if it's something they genuinely need. I believe in helping people out when I can, whether it's lending a book, a tool, or even offering advice. However, I do expect the person to return the item in good condition and within a reasonable time frame.

4. How do you feel when people don't return things they borrowed from you?

It depends on what they borrowed. If it's something small, like a pen or a notebook, I'd probably just let it go and not make a big deal. But if it's something more valuable or important, I'd be quite upset and might even go to their home to demand it back. In such cases, I'd also think twice before lending them anything again in the future.

### 1.1.3 (3) Hats/ Caps (1.9)

#### 1. Is wearing hats popular in your country?

Yes, wearing hats is quite popular in my country. Many people wear different types of hats to match their outfits and enhance their overall style. For example, in the summer, you'll often see people wearing wide-brimmed 宽帽檐 hats or baseball caps to protect themselves from the sun while still looking fashionable. In winter, beanies and woolen hats are common because they're both practical and stylish. I think hats are a great way to add a touch of charm and personality to an outfit, so it's no surprise they're so popular.

#### 2. Where do you like to buy hats?

online, convenient

#### 3. What kind of hats do you have?

Basically 2 kinds of hats. In the summer, I like to wear baseball caps because they're great for keeping the sun off my face and providing some shade. On the other hand, during the winter, I switch to knitted hats, as they help keep me warm and protect my ears from the cold. I find both styles not only practical but also easy to match with my outfits.

#### 4. Do you like to wear hats?

not a big fan of hats, wear hats for its practical value

### 1.1.4 (4) Stories

#### 1. What stories did you like when you were young?

When I was young, I was really into fantasy and fairy tales. I loved how these stories were full of imagination, magic, and often had themes of love and adventure. They transported me to different worlds where anything was possible, and I found that incredibly exciting. Stories like *Cinderella* or *Alice in Wonderland* were my favorites because they allowed me to dream big and escape reality for a while.

## 2. Do you prefer listening to stories or reading them?

I definitely prefer reading stories over listening to them. When I read, I can take my time to understand the plot and characters at my own pace, and I enjoy the tactile experience of holding a book or flipping through pages. It feels more personal and immersive. On the other hand, while listening to stories is easier and more convenient, especially when multitasking, I find it harder to fully engage with the story compared to reading.

### 1.1.5 (5) Gifts

## 1. Have you ever sent handmade gifts to others?

Yes, I've sent handmade gifts to others, such as handmade cards. I think they're more personal and meaningful compared to store-bought items. Creating something by hand shows effort and thoughtfulness, which I believe makes the gift more special for the recipient.

## 2. Have you ever received a great gift?

Yes, I've received some great gifts in the past. One that stands out is a personalized photo album from a close friend. It was filled with memories from our time together, and I really appreciated the time and effort they put into creating it. It's something I still cherish today.

## 3. What do you consider when choosing a gift?

When choosing a gift, I consider the receiver's personality and hobbies. I try to pick something that reflects their interests or something they've mentioned wanting. For example, if they enjoy reading, I might choose a book by their favorite author. I believe a thoughtful gift shows that you truly understand and care about the person.

## 4. Do you think you are good at choosing gifts?

Yes, I think I'm good at choosing gifts. I pay attention to what people like and try to find something that suits their tastes or needs. I've received positive feedback from friends and family, which makes me feel confident in my ability to pick meaningful and appreciated gifts.

5. What gift have you received recently?

Recently, I received a down jacket as a gift. It was both practical and thoughtful, especially since winter was approaching. I really appreciated it because it showed that the person considered my needs and wanted to make sure I stayed warm during the cold season.

### 1.1.6 (6) Party

1. Do you like parties?

no

2. How often did you have a party when you were a kid?

never

3. Have you ever organized a party?

no

### 1.1.7 (7) Apps

1. What apps have you recently used?

I've recently used Taobao and Red Note. Taobao is a popular Chinese e-commerce platform where I often buy daily necessities, clothes, and tech gadgets. Red Note, on the other hand, is a social app I use to share my personal thoughts and browse notes posted by others. It helps me find many interesting things.

2. What kinds of apps are you usually interested in?

I'm generally interested in productivity and lifestyle apps. For instance, I enjoy using note-taking apps, task managers, and calendars to stay organized. I also like fitness tracking apps that help me monitor my exercise routines and sleep. I believe these types of apps help me be more efficient and maintain a balanced life.

### 3. How do you find out different apps?

I usually discover new apps through the app gallery on my phone or through recommendations from friends and social platforms. Sometimes, I'll read reviews on tech blogs or forums where people share their experiences with various apps. If an app is highly rated or frequently mentioned, I'm more likely to give it a try.

### 4. What kinds of apps would you like to use in the future?

In the future, I'd like to explore more apps related to personal finance management and mental well-being. I think apps that can help with budgeting or investment would be useful for better financial planning. Also, I'm interested in meditation or mindfulness apps that could assist me in reducing stress and improving my focus.

## 1.1.8 (8) Housework and cooking

### 1. Do you do some cooking/help your family cook at home now?

Actually, no, I don't know how to cook at the moment. I've never really had to, since my family usually takes care of meals. I'm not much of a cook, but I do enjoy eating well-prepared food, and I sometimes help with basic tasks like setting the table or cleaning up afterward.

### 2. Did you do some house cleaning when you were young?

Yes, when I was younger, I was responsible for some basic house cleaning tasks. I would help out with sweeping, dusting, and tidying up my room. It wasn't something I enjoyed particularly, but my parents made sure I contributed to keeping the house in order.

### 3. Do you have breakfast at home every day?

Not really. Since I live on campus now, I don't always have breakfast at home. Sometimes I have it at the school canteen, and other times I might skip it if I'm in a hurry or don't feel like eating early in the morning.

4. Do you want to learn how to cook well?

Yes, definitely. I think cooking is a really practical and useful skill to have. Not only is it cost-effective, but it also allows you to eat healthier and try different kinds of food. I would love to learn how to cook some basic meals at least.

5. Do you think your home is clean and tidy?

Well, it's probably not always as clean and tidy as I'd like it to be. I try to keep things organized, but with the busy schedule of studying, sometimes things pile up. It's more or less tidy, but definitely not spotless.

6. What housework do you like or dislike doing?

Frankly, I don't really enjoy housework at all. I find tasks like washing dishes or cleaning the floors a bit tedious. If I had to choose, I suppose I don't mind doing some light organizing or wiping down surfaces, but anything that requires too much effort isn't something I look forward to.

## 1.2 2024.10/11月更新 (24道)

### 1.2.1 (1) Cars

1. Did you enjoy traveling by car when you were a kid?

Yes, I absolutely loved traveling by car when I was a kid. It was always exciting because it usually meant we were going somewhere fun, like an amusement park or a scenic spot. I remember feeling a sense of adventure and anticipation during those trips, and I'd often look out the window, enjoying the view and imagining what the destination would be like.

2. What types of cars do you like?

I'm particularly fond of big SUV cars, like Jeeps. They're not only comfortable but also very spacious, which makes long journeys much more enjoyable. I also like how they're designed for both city driving and off-road adventures, giving a sense of versatility and freedom. Plus, they feel safer and more robust compared to smaller cars.

### 3. Do you prefer to be a driver or a passenger?

I prefer being a passenger rather than a driver. Driving can be quite tiring, especially on long trips, and it requires a lot of focus. As a passenger, I can relax, enjoy the scenery, and even take a nap if I want to. It's a much more stress-free experience, and I can fully appreciate the journey without worrying about the road.

### 4. What do you usually do when there is a traffic jam?

When there's a traffic jam, I usually try to make the most of the time by taking a nap or watching TV dramas on my phone. It's a good way to kill time and stay entertained, especially if the jam lasts for a while. Sometimes, I also listen to music or podcasts to keep myself relaxed and distracted from the frustration of being stuck in traffic.

### 5. Do you think car colors are important?

Yes, I think car colors are quite important. For certain vehicles, like police cars or ambulances, the color combination serves a functional purpose, making them easily recognizable in emergencies. For private cars, the color often reflects the owner's personality or style. For example, someone who chooses a bright red car might be seen as bold and energetic, while a black or white car might suggest a more classic or sophisticated taste.

## 1.2.2 (2) Mirrors

### 1. Do you like looking at yourself in the mirror? How often?

Yes, I do like looking at myself in the mirror, and I do it several times a day. Mostly, it's to check my attire and make sure I look presentable before leaving the house or attending an event. It's become a habit for me to quickly glance in the mirror to ensure everything is in place, like my hair or outfit.

### 2. Have you ever bought mirrors?



Yes, I've bought a small mirror before. I have one in my dormitory that I use for daily grooming, like styling my hair or applying skincare products. It's compact and convenient, so it doesn't take up much space, which is perfect for a small living area like a dorm room.

3. Do you usually take a mirror with you?

No, not really. I don't feel the need to carry a mirror with me all the time. I think it's unnecessary because I don't have to check my appearance constantly. If I really need to, I can use my phone's camera or find a mirror in public places like restrooms.

4. Would you use mirrors to decorate your room?

No, I wouldn't use mirrors to decorate my room, especially not in front of the bed. In Chinese culture, it's considered unlucky to place a mirror directly opposite the bed, as it's believed to bring negative energy or disturb sleep. So, I'd avoid using mirrors for decorative purposes in my room, even though they can make spaces look bigger and brighter.

### 1.2.3 (3) Emails

1. Do you often send emails?

No, I don't send emails very often. I only use email when it's the only way to contact someone, like for formal communication with institutions, companies, or for official purposes. In my daily life, I prefer using WeChat to stay in touch with friends, family, or teachers because it's more convenient and instant. Emails feel a bit more formal and time-consuming, so I only resort to them when necessary.

2. When would you send emails to others?

3. Is sending emails popular in china?

No. Many social media platforms

4. Do you think sending emails will be more or less popular in the future?

I'm not sure. Maybe remain the same

## 1.2.4 (4) Advertisement

### 1. Is there an advertisement that made an impression on you when you were a child?

Yes, there's one advertisement that left a lasting impression on me when I was a child. It was for a brand of mineral water, and what made it memorable was its unique storytelling approach. The ad featured a man and a woman trapped in a rock cave, and while the story was dramatic and engaging, it didn't seem to have much to do with the water itself. I remember being fascinated by the creativity, even though I didn't fully understand the connection at the time.

### 2. Do you see a lot of advertising on trains or other transport?

Yes, I see a lot of advertising on public transport, especially on subways. There are posters and digital screens everywhere. It's hard to miss them because they're strategically placed in high-traffic areas, like inside the train cars or on the platform walls. While some ads are creative, others can feel a bit overwhelming due to their sheer volume.

### 3. Do you like advertisements?

No, not really. I find that advertisements often consume a lot of my time without adding much value to my life. For example, when I'm watching a video or browsing online, ads can interrupt the experience, and most of them don't seem relevant to me. While I understand their purpose, I generally find them more annoying than helpful.

### 4. What kind of advertising do you like?

I prefer storytelling ads that don't directly promote a specific product. These ads often use creative narratives or emotional themes to engage the audience, making them more memorable and enjoyable to watch. For example, I've seen ads that tell a heartwarming story or showcase a unique concept, and only at the end do they subtly introduce the product. I find this approach much more appealing than traditional ads that simply push a product in your face.

### 1.2.5 (5) Computers

#### 1. In what conditions would you use a computer?

I use a computer mainly for studying and programming since I'm majoring in software engineering. It's an essential tool for completing assignments and writing code. I also use it for research, online classes, and sometimes for entertainment, like watching videos or playing games. Without a computer, it would be almost impossible to keep up with my coursework.

#### 2. When was the first time you used a computer?

The first time I used a computer was in grade 3, during an IT class at school. I remember being fascinated by how it worked and feeling excited to learn something so modern and advanced at the time. That class introduced me to basic functions like typing and using simple software, which sparked my interest in technology.

#### 3. What would your life be like without computers?

I honestly can't imagine my life without computers. They've become such an integral part of daily life, not just for me but for everyone. For example, I rely on them for studying, communication, and even entertainment. Without computers, tasks would take much longer, and many modern conveniences we take for granted would simply disappear. It would feel like going back in time.

#### 4. In what conditions would it be difficult for you to use a computer?

It would be difficult to use a computer while traveling, especially if there's no proper desk or stable surface to place it on. For instance, on a crowded train or bus, it's hard to balance a laptop and focus on the screen. Additionally, if there's no reliable internet connection or power source, using a computer becomes inconvenient or even impossible.

### 1.2.6 (6) Old buildings

#### 1. Have you ever seen old buildings in the city?

Yes, I've seen quite a few old buildings in the city center. In my city, there are still some traditional residential areas called *Nongtang* in Chinese. These buildings have a unique architectural style and reflect the city's history and culture. Walking through these areas feels like stepping back in time, and it's fascinating to see how people lived in the past.

2. Do you think we should preserve old buildings in cities?

Yes, I strongly believe we should preserve some old buildings because of their historical and cultural value. They serve as a reminder of the city's heritage and help us understand how life used to be. Additionally, they often attract tourists, which can benefit the local economy. However, it's also important to balance preservation with modern development to meet the needs of a growing population.

3. Do you prefer living in an old building or a modern house?

I definitely prefer living in a modern house. Modern buildings are designed with convenience and comfort in mind, featuring amenities like elevators, better insulation, and advanced facilities. Old buildings, while charming, often lack these modern comforts and can be less practical for daily living. For me, functionality and comfort are more important than historical appeal when it comes to choosing a place to live.

4. Are there any old buildings you want to see in the future? why?

### 1.2.7 (7) Feeling bored

1. Do you often feel bored?

No, I don't often feel bored because I always keep myself busy and try to find something new to do. Whether it's studying, working on a project, or exploring a new hobby, I make sure my time is filled with meaningful activities. I think staying productive and curious helps me avoid boredom.

2. When would you feel bored?

I usually feel bored when I don't have a clear plan or goal and don't know what to pursue. For example, if I have a free day with no schedule or tasks, I might feel a bit lost and end up doing nothing productive. In those moments, boredom creeps in because I lack direction or motivation.

### 3. What do you do when you feel bored?

When I feel bored, I usually browse social media platforms like Red Note or Weibo to pass the time. Sometimes, I also try to pick up a new hobby, like cooking or painting, to keep myself engaged. These activities help me break the monotony and add a bit of excitement to my day.

### 4. Do you think childhood is boring or adulthood is boring?

I think adulthood is more boring compared to childhood. As a child, life was carefree and full of curiosity, with no major responsibilities. However, adulthood is often dominated by work, family obligations, and routine, which can feel monotonous over time. While adulthood has its rewards, it lacks the spontaneity and freedom that made childhood so exciting.

## 1.2.8 (8) Lost and found

### 1. What will you do if you find something lost by others?

If I find something lost by others, I would take it to the lost and found office. I think it's the most practical and responsible way to handle the situation, as it increases the chances of the item being returned to its owner. If there's no lost and found office nearby, I might **hand it over** to the manager or staff of the place where I found it.

### 2. Do you report to the police when finding something lost by others? Why?

I usually don't report to the police immediately when I find something lost. Instead, I'd first take it to the lost and found office or inform the manager of the place where I found it. Reporting to the police would be **my last resort**, especially if the lost item is very expensive or valuable, like a wallet or a phone. I think this approach is more efficient and avoids unnecessary complications.

### 3. Have you ever lost things?

Yes, I've lost things quite a few times. When I was in primary school, I often lost small items like erasers or rulers because I wasn't very organized back then. In college, I once lost my keys, which was quite stressful because I needed them to access my dorm room. Luckily, I found them after retracing my steps, but it taught me to be more careful with my belongings.

#### 4. Will you post on social media if you lose your item?

Yes, I would post about it on social media, especially on platforms like my school forum or community groups. I think it's a quick and effective way to reach a large number of people who might have seen or found the lost item. It's also a way to appeal to the kindness of others, as someone might come across the post and help me recover what I've lost.

### 1.2.9 (9) Talents

#### 1. Do you have a talent or something you are good at?

Yes, I'm good at making things and DIY projects. I enjoy creating or repairing things with my hands, whether it's assembling puzzles, crafting decorations, or even fixing small household items. It's a skill that I find both practical and satisfying.

#### 2. Was it mastered recently or when you were young?

I think I developed this talent when I was young. I've always been curious about how things work and loved tinkering with tools or materials. Over time, I've improved my skills through practice and experience, but the foundation was definitely laid during my childhood.

#### 3. Do you think your talent can be useful for your future work? Why?

Yes, I believe my creativity and DIY skills can be useful for my future work. In many fields, especially those related to design, engineering, or even problem-solving, creativity is highly valued. Being able to **think outside the box** and create practical solutions could **give me an edge** in my career.

#### 4. Do you think anyone in your family has the same talent?

Yes, my mother also has a similar talent. She's very ingenious and often comes up with creative solutions for everyday problems. Whether it's repurposing old items or finding clever ways to organize our home, her creativity has definitely inspired me and influenced my own skills.

### 1.2.10 (10) Evening time

#### 1. Do you like the morning or evening?

I prefer the morning because it's filled with sunshine and a sense of freshness. I feel more energetic and productive during this time, and it's a great way to start the day. The quiet and calm atmosphere in the morning also helps me focus better.

#### 2. What do you usually do in the evening?

In the evening, I usually do my homework or review my classes. It's a time when I can reflect on what I've learned during the day and make sure I'm prepared for the next. Sometimes, I also relax by watching a show or reading a book to unwind after a busy day.

#### 3. What did you do in the evening when you were little? Why?

When I was little, I used to cycle around the neighborhood or watch TV at home in the evening. **Back then** 那时, I didn't have much homework, and classes ended early, around 3 pm, so I had plenty of free time to relax and enjoy myself. It was a carefree and fun part of my childhood.

#### 4. Are there any differences between what you do in the evening now and what you did in the past?

Yes, there's a big difference. When I was younger, evenings were all about playing and relaxing, like cycling or watching TV. Now, evenings are more about being productive—completing homework, reviewing lessons, or preparing for the next day. I have less free time, but I still try to balance work with some relaxation.

### 1.2.11 (11) Dreams

#### 1. Do you often remember your dreams?

No, I don't often remember my dreams. Most of the time, I wake up with only a vague impression of what I dreamed about, if anything at all. Occasionally, I'll remember a particularly vivid or strange dream, but those instances are rare.

#### 2. Do you share your dreams with others? (or Are you interested in others' dreams? )

Sometimes, I share my dreams with others, especially if someone I know was in the dream. It can be amusing or interesting to talk about. However, I'm not particularly interested in hearing about other people's dreams unless they're really unique or funny.

3. Do you think dreams have special meanings?

No, I don't believe dreams have special meanings. I'm more of a materialist, so I see dreams as random brain activity during sleep rather than something symbolic or prophetic 预言性的. While they can be entertaining or thought-provoking, I don't take them seriously.

4. Do you want to make your dreams come true?

No, I don't want to make my dreams come true because most of them are ridiculous or unrealistic. For example, I've had dreams where I'm flying or doing something completely illogical. While they're fun to think about, they're not something I'd want to pursue in real life.

### 1.2.12 (12) Street Market

1. What do people usually buy on the street market?

People usually buy small gadgets and street food at street markets. These markets are known for their affordable and unique items, like accessories, household tools, or handmade crafts. Street food is also a big attraction, offering a variety of local snacks and dishes that you can't always find in regular stores.

2. Do you prefer to go shopping in the shopping mall or on the street market?

I prefer shopping in a shopping mall because it's more organized and comfortable. Malls have a wide range of products, from clothing to electronics, all under one roof, and they often provide amenities like air conditioning and clean restrooms. Street markets, while lively and colorful, can be crowded and chaotic, which I find less enjoyable.

3. When was the last time you went to a street market?

I don't remember the last time I went to a street market because I rarely visit them. I tend to avoid them unless there's something specific I'm looking for, like a unique item or a particular



type of street food. Most of my shopping is done in malls or online.

#### 4. Are there many street markets in China?

Yes, there are many street markets in China, especially in larger cities and towns. They are an important part of the local culture and economy, offering everything from fresh produce to handmade goods. While they might not be as popular as they once were due to the rise of shopping malls and online shopping, they still thrive in many areas.

### 1.2.13 (13) Watch

#### 1. Do you wear a watch?

Yes, I wear an electronic watch made by HUAWEI. It's not just a watch but also a smart device that helps me track my fitness, receive notifications, and manage my daily schedule. I find it very convenient and practical for both timekeeping and staying organized.

#### 2. Have you ever got a watch as a gift?

No, I've never received a watch as a gift. Most of the watches I've owned were purchased by myself, as I like to choose ones that suit my style and needs. However, I think a watch would make a thoughtful and meaningful gift for someone.

#### 3. Why do some people wear expensive watches?

Some people wear expensive watches to show their status or wealth. Luxury watches are often seen as a symbol of success and sophistication, and they can make a strong impression in social or professional settings. For many, it's not just about telling time but also about making a statement.

#### 4. Do you think it is important to wear a watch? Why?

Yes, I think wearing a watch is important because it allows you to check the time immediately and conveniently. Unlike pulling out a phone, a quick glance at your wrist is much faster and more discreet, especially in situations where using a phone might be inappropriate. Additionally, watches can be stylish accessories that complement your outfit.

### 1.2.14 (14) Swimming

#### 1. Do you like swimming?

No, I don't like swimming very much, mainly because I don't enjoy the water in swimming pools. I find that the water often has a strong chemical smell, which makes the experience unpleasant for me. I prefer other forms of exercise that don't involve being in water.

#### 2. Is it difficult to learn how to swim?

Yes, I think learning to swim can be quite difficult. Personally, I've tried to learn swimming three times, but I still haven't mastered it. It requires a lot of coordination, confidence in the water, and practice, which can be challenging for beginners like me.

#### 3. Where do people in your country like to go swimming?

In my country, people usually go swimming in swimming pools or along the seaside. Swimming pools are popular because they're accessible and safe, especially for families with children. On the other hand, the seaside is a favorite spot during the summer, as it offers a more natural and scenic environment for swimming.

#### 4. What are the differences between swimming in the pool and swimming in the sea?

There are several differences between swimming in a pool and swimming in the sea. In a pool, the water is clean, controlled, and usually calm, making it safer and more predictable. However, the sea offers a more dynamic experience with waves, currents, and natural surroundings, which can be both exciting and challenging. Additionally, the saltwater in the sea feels different on the skin and can be more buoyant /'bɔɪ.ənt/ 有浮力的 compared to pool water.

### 1.2.15 (15) Websites

#### 1. What kinds of websites do you often visit?

I often visit AI model websites like ChatGPT or DeepSeek because they're incredibly useful and intelligent. They help me with a variety of tasks, from answering questions to generating ideas, and I find them to be valuable tools for both learning and problem-solving.

## 2. What is your favorite website?

My favorite website is probably one of the AI platforms I mentioned, like ChatGPT or DeepSeek. These websites are not only functional but also fascinating because they showcase the advancements in technology. They've become an essential part of my daily routine, whether I'm studying, working, or just exploring new ideas.

## 3. Are there any changes to the websites you often visit?

Yes, there have been changes in the websites I visit. For example, I used to visit academic and research-related websites to complete assignments or gather information. Now, I tend to visit more practical and productivity-focused websites, like AI tools or professional platforms, as my needs have shifted over time.

## 4. What kinds of websites are popular in your country?

In my country, popular websites include video platforms like Bilibili, social media sites like Weibo, and shopping websites like Taobao. Bilibili is great for entertainment and educational content, Weibo is widely used for news and social networking, and Taobao is the **go-to platform** for online shopping. These websites cater to a wide range of interests and needs, making them extremely popular.

### 1.2.16 (16) Friends

#### 1. How important are friends to you?

Friends are very important to me. They provide emotional support, companionship, and a sense of belonging. Whether I'm going through a tough time or celebrating a success, having friends to share those moments with makes life more meaningful and enjoyable.

#### 2. Do you often go out with your friends?

Yes, I go out with my friends several times a year, especially during holidays or special occasions. It's a great way to **catch up**, relax, and create lasting memories together. While we might not meet as often as we'd like due to busy schedules, we always make the most of our time together.

### 3. Where do you often meet each other?

We often meet at interesting sites, like parks or tourist spots, or at shopping malls. These places offer a variety of activities, from dining and shopping to simply walking around and chatting. It's a nice way to combine fun and relaxation while spending time together.

### 4. What do you usually do with your friends?

When I'm with my friends, we usually eat out, play games, or watch movies. These activities are enjoyable and allow us to bond over shared experiences. Sometimes, we also try new activities together, like hiking or attending events, to keep things fresh and exciting.

### 5. Do you prefer to spend time with one friend or with a group of friends?

I prefer spending time with a group of friends because it's more dynamic and fun. Being in a group allows for more diverse conversations and activities, and it's always interesting to see how everyone interacts. However, one-on-one time with a close friend can also be special for deeper conversations.

### 6. Would you invite friends to your home?

Yes, I would definitely invite friends to my home. I'm always glad when they visit, as it's a more personal and comfortable setting to spend time together. Whether it's for a meal, a movie night, or just hanging out, having friends over creates a warm and welcoming atmosphere.

## 1.2.17 (17) Books and reading habits

### 1. Do you often read books? When?

Yes, I often read books in my spare time, usually in the evening or at night. It's a relaxing way to unwind after a busy day, and I enjoy immersing myself in a good story or learning something new from non-fiction books.

### 2. Are your reading habits now different than before?

Yes, my reading habits have changed over time. Now, I mostly read electronic books rather than physical ones. E-books are more convenient because I can carry multiple books on my device and read them anytime, anywhere. However, I still appreciate the feel of a physical book occasionally.

3. Have you ever read a novel that has been adapted into a film?

Yes, I've read *The Wandering Earth*, which was adapted into a film. Interestingly, I watched the movie first and then read the book. While the movie was visually stunning, the book provided more depth and detail, which made the story even more engaging.

4. Which do you prefer, reading books or watching movies?

I prefer reading books because they allow me to use my imagination and engage more deeply with the story. Books often provide more details and insights into the characters and plot, which I find more satisfying than the condensed version typically presented in movies.

5. Do you read more or less now than when you were younger?

I think I read less now than when I was younger. Back then, I had more free time and fewer responsibilities, so I could spend hours reading. Now, with schoolwork and other daily commitments, it's harder to find time to read as much as I'd like. However, I still try to make reading a regular part of my routine.

### 1.2.18 (18) Sitting down

1. Where is your favorite place to sit?

My favorite place to sit is definitely the sofa. It's soft, comfortable, and perfect for relaxing after a long day. Whether I'm watching TV, reading a book, or just chatting with friends, the sofa is my go-to spot for comfort.

2. Do you always sit down for a long time?

No, I try not to sit for long periods because I know it's unhealthy. Prolonged sitting can lead to back pain and other health issues, so I make an effort to stand up, stretch, or take short walks

throughout the day. It's important to stay active, even if I'm working or studying.

3. Do you feel sleepy when you are sitting down?

Sometimes, I do feel sleepy when sitting down, especially if I haven't had enough sleep the night before. The comfort of the sofa or a cozy chair can make it tempting to doze off, but I try to stay awake and focused if I have tasks to complete.

4. When you were a kid, did you usually sit on the floor?

In my memory, I didn't usually sit on the floor as a kid. I preferred sitting on chairs or sofas, as they were more comfortable. However, I do remember sitting on the floor occasionally while playing with toys or games, but it wasn't a regular habit.

5. Do you find it easy to fall asleep when sitting on a sofa?

I rarely sleep on the sofa because I prefer sleeping in bed. While the sofa is comfortable, it's not ideal for a proper nap or a good night's sleep. If I'm really tired, I might doze off on the sofa for a short while, but I always try to move to my bed for a more restful sleep.

## 1.2.19 (19) Collecting things

1. Do you collect things?

Yes, I enjoy collecting cards and badges of my favorite characters. It's a fun hobby that allows me to express my interests and keep a piece of the things I love. Each item in my collection holds sentimental value and reminds me of the stories or memories associated with it.

2. Are there any things you have kept from your childhood?

Yes, I've kept some dolls from my childhood. They hold a lot of sentimental value because they remind me of my younger days and the joy they brought me. Even though I don't play with them anymore, I still keep them as a nostalgic reminder of my past.

3. Would you keep old things for a long time? Why?

Yes, I tend to keep old things for a long time, especially if they have sentimental value or have been with me for many years. It feels like a waste to throw them away because they've been a part of my life and hold memories that I don't want to lose. Keeping them is a way to preserve those moments.

#### 4. Where do you usually keep things you need?

I usually keep things I need within hand's reach or in obvious places, like on my desk or in a drawer. This way, I can easily find them when I need them without wasting time searching. It's a practical way to stay organized and ensure that important items are always accessible.

### 1.2.20 (20) Mobile phone

#### 1. What was your first mobile phone?

My first mobile phone was an old Samsung phone that my parents gave me when I was in junior high school. It was one they had used before, and while it wasn't the latest model, it was still exciting to have my own phone. It allowed me to stay in touch with my family and friends, which felt like a big step toward independence.

#### 2. Do you often use your mobile phone for texting or calls?

Yes, I always use my mobile phone for texting and calls. It's incredibly convenient and has become an indispensable part of my daily life. Whether it's staying in touch with friends, coordinating plans, or communicating with classmates, my phone is my go-to tool for staying connected.

#### 3. Will you buy a new one in the future?

If my current phone stops working well or becomes outdated, I'll definitely buy a new one. Mobile phones are essential for both personal and professional life, so having a reliable device is important to me. However, I don't upgrade frequently unless it's necessary, as I prefer to use my phone for as long as it functions properly.

#### 4. How has your mobile phone changed your life?

My mobile phone has changed my life in many ways. It has made communication faster and more convenient, allowing me to stay connected with people no matter where I am. It's also a powerful tool for learning, entertainment, and productivity, as I can access information, watch videos, or manage tasks on the go. Overall, it has made life more efficient and interconnected.

### 1.2.21 (21) Time management

#### 1. How do you plan your time in a day?

I start by checking what tasks I need to finish during the day. Then, I prioritize them based on urgency and importance, tackling the most critical ones first. I also make sure to leave short breaks between tasks to rest and recharge. This helps me stay organized and productive throughout the day.

#### 2. Is it easy to manage time for you?

Not really. While I try to stick to a schedule, I sometimes find it hard to follow, especially when unexpected tasks or distractions come up. I'm still working on improving my time management skills to make sure I can complete everything I plan to do.

#### 3. When do you find it hard to allocate time?

I find it hard to allocate time when I have too many tasks or when unexpected things happen, like last-minute assignments or urgent requests. In such situations, it becomes challenging to balance everything, and I often have to adjust my schedule or sacrifice some personal time to meet deadlines.

#### 4. Do you like being busy?

Yes, I do like being busy because it gives me a sense of fulfillment and purpose. When I'm busy, I feel like I'm making progress and achieving something meaningful. However, I also believe it's important to find a balance and take time to relax, so I don't get overwhelmed.



### 1.2.22 (22) Art

#### 1. Do you like drawing?

Yes, I enjoy drawing. It's a creative outlet that allows me to express my thoughts and ideas visually. Even though I'm not a professional artist, I find the process relaxing and fulfilling, especially when I can see my progress over time.

#### 2. Do you like to go to the gallery?

No, I don't usually go to galleries because I feel like I don't have the knack for appreciating works of art. While I admire the talent and effort behind art, I often struggle to understand the deeper meanings or techniques, which makes the experience less enjoyable for me.

#### 3. Do you want to learn more about art?

No, I'm not particularly interested in learning more about art. While I respect artists and their work, it's not something I feel passionate about exploring further. I prefer focusing on hobbies and activities that align more closely with my interests, like drawing for fun.

#### 4. Did you learn drawing when you were a kid?

Yes, I did take drawing lessons when I was a kid. However, I had to give up because the institution moved to a location that was too far from my home. It was disappointing at the time, but I still enjoy drawing as a casual hobby whenever I have the chance.

### 1.2.23 (23) Taking photos

#### 1. Do you like taking photos?

Not really. I prefer appreciating the views or shows directly with my eyes rather than through a camera. I feel that sometimes focusing on taking photos can distract me from fully experiencing the moment. For me, the memory of being present and enjoying the scenery or event is more meaningful than capturing it in a picture. That said, I do take photos occasionally, especially when I want to share something special with friends or family.

#### 2. Do you like taking selfies?

I sometimes take selfies, especially when I'm out with friends. It's a fun way to capture memories and document our time together. However, I don't take selfies too often because I prefer candid or natural shots rather than posed ones. It's more about the moment than the photo itself for me.

3. What's your favorite family photo?

4. Do you want to improve your photography skills?

Yes, I'd love to improve my photography skills because I think it's a very useful and creative skill to have. Taking beautiful photos gives me a sense of achievement, and I enjoy the process of capturing moments in a visually appealing way. However, I don't have much time to practice right now due to my busy schedule, but it's something I'd like to focus on in the future.

5. Where do you like to go to take photos?

I like taking photos at picturesque places, such as parks, beaches, or historical sites. These locations often have stunning scenery or unique architecture, which makes for great photo opportunities. I also enjoy capturing moments during trips or special events because those photos hold a lot of sentimental value.

### 1.2.24 (24) Sports program

1. Do you like watching sports programs on TV?

2. Do you like to watch live sports games?

No, I'm not really fond of sports, so I don't enjoy watching live sports games. I find it hard to stay engaged, and I don't have much interest in the rules or strategies of most sports. Instead, I prefer activities that are more aligned with my personal interests, like reading or assembling building blocks.

3. Who do you like to watch sports games with?

4. What kinds of games do you expect to watch in the future?

To be honest, I've never really thought about this question because I'm not a fan of sports. However, if I had to choose, I might consider watching something more interactive or visually engaging, like esports or virtual reality games. These types of games are more appealing to me because they combine technology and creativity, which I find interesting.

5. Do you prefer to watch sports games alone or with a group of friends?

6. Have you ever watched a sports game in a stadium?

No.

### 1.2.25 (25) Hobby

1. Do you have any hobbies?

Yes, I have a few hobbies that I really enjoy. I love reading novels, especially online literature, because they often have creative and immersive storylines. Besides that, I'm also passionate about assembling building blocks, like LEGO. It's a relaxing activity that allows me to be creative and focus on something hands-on.

2. Did you have any hobbies when you were a child?

Yes, when I was a child, I was fond of playing games with my friends in the neighborhood. We used to play hide-and-seek, tag, or even make up our own games. It was a lot of fun and a great way to socialize and stay active. Those memories are still very special to me.

3. Do you have a hobby that you've had since childhood?

No, my hobbies have changed over time, partly because of the influence of the Internet and mobile phones. When I was younger, I loved outdoor activities, but now I prefer staying indoors and engaging in activities like watching movies or reading. I think technology and lifestyle changes have shaped my interests differently as I've grown older.

4. Do you have the same hobbies as your family members?

No, my hobbies are quite different from those of my family members. As the only child, I've developed my own interests, while my parents enjoy gardening and raising a pet dog. Although we don't share the same hobbies, I think it's nice that we each have our own ways to relax and enjoy our free time.

## 1.3 【9月新题】（11道）

### 1.3.1 （1） Bike

1. Did you have a bike when you were young?
2. Do you have a bike now?
3. Do you often ride a bike now?
4. Are bikes popular in China?
5. Did you ride a bike when you were little?

### 1.3.2 （2） Coins

1. Do you often carry coins with you?
2. Have you collected coins?
3. Is it convenient to use coins?
4. Do you use coins in your daily life?
5. Did you use coins as a child?

### 1.3.3 （3） Roads and Streets

1. Are the roads and streets in the area where you live busy?
2. How do people cross the road in the city where you live?
3. What is the condition of the roads in your city like?
4. Do you think the roads in your city need improvement?
5. Are there any famous roads or streets in your country?

### 1.3.4 （4） Laughing

1. Do you enjoy watching interesting and funny movies?
2. Do you think you are a funny person?
3. When was the last time you laughed?
4. Do you always laugh at funny things?
5. Are you a person who often makes others laugh?

### 1.3.5 （5） Fishing

1. Is fishing popular in your country?
2. Do you like eating fish?
3. Do you like fishing?
4. Did you ever go fishing when you were a child?

### 1.3.6 (6) Teachers

1. Do you have a favourite teacher?
2. Are you still in touch with your primary school teachers?
3. In what way has your favourite teacher helped you?
4. Do you want to be a teacher in the future?
5. Do you have a teacher from your past that you still remember?

### 1.3.7 (7) Perfume

1. Do you use perfume in your daily life?
2. Do you like perfume?
3. Where do you spray perfume?
4. Do you send perfume to others as a gift?
5. Do you spend a lot of money on buying perfume?

### 1.3.8 (8) Good view

1. What is the view like around the place where you live?
2. Have you seen an unforgettable and beautiful view or scenery?
3. Would you take photos when you see a good view?
4. What is your favourite place? Why?

### 1.3.9 (9) Place of study/work

1. Do you prefer to study at home or in a library?
2. What is your favourite place to study?
3. What part of your school do you like the most?
4. Do you prefer to work at home or in the workplace?
5. Do you prefer to work alone or in a group?

### 1.3.10 (10) Teamwork

1. Do you like teamwork?
2. Have you worked with a team of someone else before?
3. What do you learn from working in a team?
4. What do you dislike about teamwork?

### 1.3.11 (11) Meeting new friends/people

1. Do you like making friends?

2. Did you make a lot of friends when you were a child?

3. Have you made any new friends recently?

4. What do you often talk about with your new friends?

5. Do you like meeting new people?

6. Where can you meet new people?

7. Do you enjoy talking to new people?

8. Do you meet new people more often now than in the past?

## 1.4 【9月保留题】(26道)

### 1.4.1 (1) Plants

1. Do you keep plants at home?

2. What plant did you grow when you were young?

3. Do you know anything about growing a plant?

4. Do Chinese people send plants as gifts?

好处:

- Plants are decorative. They can make your home feel fresher and more vibrant. They add a touch of greenery to your home.
- Plants can purify/ clean/ freshen the air (净化空气) .
- Taking care of plants is a great stress reliever and therapeutic (治愈的) . You can get distracted by caring for plants. It takes your mind off things. It helps you unwind and while away the time (打发时间) . And they don't require too much attention like pets.

### 1.4.2 (2) Challenges

1. What subject do you think is the most challenging at school?
2. Do you like to challenge yourself?
3. Do you like to live a life that has a lot of challenges?
4. How do you usually deal with challenges in daily life?

### 1.4.3 (3) Breakfast

1. What do you usually eat for breakfast?
2. Do you think breakfast is important?
3. Are there any differences between the mornings of your childhood and now?
4. Would you like to change your morning routine?

### 1.4.4 (4) News

1. Are you interested in the news?
2. How do you usually find news?
3. How do your friends get news?
4. Do you often talk with your friends about the news?
5. Have you read the news this morning?

### 1.4.5 (5) Internet

1. When did you start using the internet?
2. How often do you go online?
3. How does the internet influence people?
4. Do you think you spend too much time online?
5. What would you do without the internet?

### 1.4.6 (6) E-books and paper books

1. Which do you prefer, e-books or paper books?
2. When do you usually read online?
3. Will you read more online in the future?
4. Do you think paper books will disappear in the future?

### 1.4.7 (7) Exciting activities

1. What do you think were exciting activities when you were a child?
2. Have you ever tried any exciting activities?
3. Would you like to try scuba diving and bungee jumping?
4. Has anything exciting happened to you recently?

### 1.4.8 (8) T-shirt

1. How often do you wear T-shirts?
2. Do you like T-shirts with pictures or prints? / Do you like T-shirts which have pictures on them?
3. Do you think older people who wear T-shirts are fashionable? / How fashionable are T-shirts for older people in your country?
4. Would you buy T-shirts as souvenirs on vacation? / Have you ever bought a T-shirt as a souvenir from a holiday/vacation?
5. Do you like wearing T-shirts? / Do you usually wear T-shirts?

### 1.4.9 (9) Schools

1. Where is your school? / Where do you go to school?
2. How do you go to school?
3. Do you like your school?
4. Do you think your school is a good place to study? / Do you go to a good school?
5. What is the environment like at your school?
6. What do you think could be improved in your school? / Is there anything you want to change about your school?
7. Do you like your teachers?
8. Do you like your current learning atmosphere?
9. What are the differences between your school and other schools?
10. How important is interest in study?
11. Which subject do you find challenging?

### 1.4.10 (10) Happy things

1. What made you happy when you were little? / What things made you happy when you were a child?
2. Do you feel happy when buying new things? / Do you feel happy when you buy something new?
3. When do you feel happy at work? Why? / What makes you feel happiest at work/ in your studies now?



4. What do you think will make you feel happy in the future? / What do you think will bring you happiness in the future?
5. Is there anything that has made you feel happy lately?
6. Do you think people are happy when buying new things?

#### 1.4.11 (11) Pen and pencil

1. Do you usually use a pen or a pencil?
2. Which do you use more often? Pens or Pencils?
3. When was the last time you bought a pen or a pencil?
4. What do you think if someone gives you a pen or pencil as a present?

#### 1.4.12 (12) Number

1. What's your favorite number?
2. Are you good at remembering phone numbers?
3. Do you usually use numbers?
4. Are you good at math?

#### 1.4.13 (13) Language

1. What languages can you speak?
2. What languages would you like to learn in the future?
3. When do you first learn English languages at school?
4. Do you like to learn a second language?
5. How do you learn a foreign language?
6. How are languages taught and learned in your school?
7. What kinds of difficulties would you have if you wanted to learn a new language?

#### 1.4.14 (14) Sharing

1. Did your parents teach you to share when you were a child?
2. What kinds of things do you like to share with others?
3. What kinds of things are not suitable for sharing?
4. Do you have anything to share with others recently?

#### 1.4.15 (15) Daily routine

1. What is your daily study routine?
2. Have you ever changed your routine?
3. Do you think it is important to have a daily routine for your study?

4. What part of your day do you like best?

#### 1.4.16 (16) Science

1. Do you like science?

2. When did you start to learn about science?

3. Which science subject is interesting to you?

4. What kinds of interesting things have you done with science?

5. Do you like watching science TV programs?

6. Do Chinese people often visit science museums?

#### 1.4.17 (17) Doing sports

1. What sports do you like?

2. Where did you learn how to do it?

3. Did you do some sports when you were young?

4. Do you think students need more exercise?

5. Do you know any people who are good at sports?

6. Do you think it is important for people to exercise?

7. Should schools encourage young students to take more physical exercise?

#### 1.4.18 (18) Holidays

1. Where did you go for your last holiday?

2. Do you like holidays? Why?

3. Which public holiday do you like best?

4. What do you do on holidays?

5. Do you like to spend your day at home?

6. Do you prefer a leisurely or a busy holiday?

#### 1.4.19 (19) Morning Routines

1. Do you like getting up early in the morning?

2. What do you do in the mornings?/ What do you usually do in the morning?

3. What did you do in the morning when you were little? Why?

4. Are there any differences between what you do in the morning now and what you did in the past?

5. Do you spend your mornings doing the same things on both weekends and weekdays? Why?

6. What is your morning routine?

7. Is breakfast important?

#### 1.4.20 (20) Childhood memory

1. What did you enjoy doing as a child?
2. Did you enjoy your childhood?
3. What are your best childhood memories?
4. Do you think it is better for children to grow up in the city or in the countryside?

#### 1.4.21 (21) Staying at home

1. Are you a person who likes to stay at home?
2. What do you do when you stay at home?
3. What is your favourite place at home?
4. What did you often do at home as a child?
5. Would you like to stay at home a lot in the future?

#### 1.4.22 (22) Relaxing

1. What do you do to relax?
2. Do you think doing sports is a good way for you to relax?
3. Do you think a vacation is a good time for you to relax?
4. Do you think students need more time to relax?

#### 1.4.23 (23) Musical instruments

1. Have you ever learned to play a musical instrument?
2. What musical instruments do you enjoy listening to the most?
3. Do you think children should learn to play an instrument at school?
4. Do you think music education is important to children?

#### 1.4.24 (24) Social media

1. When did you start using social media?
2. Do you think you spend too much time on social media?
3. Do your friends use social media?
4. What do people often do on social media?

#### 1.4.25 (25) Films

1. What films do you like?
2. Did you often watch films when you were a child?
3. Did you ever go to the cinema alone as a child?

4. Do you think going to the cinema is a good way to spend time with friends?
5. Do you often go to the cinema with your friends?

#### 1.4.26 (26) The city you live in

1. What city do you live in?
2. Do you like this city? why?
3. How long have you lived in this city?
4. Are there big changes in this city?
5. Is this city your permanent residence?
6. Are there people of different ages living in this city?

### 1.5 【Part1必考题】(4道)

#### 1.5.1 (1) Work/ Study

1. Do you work or are you a student?
2. What do you do?
3. Why did you choose to do this type of work?
4. Do you like your job? Why/Why not?
5. What do you find the most interesting about the work you do? Why?
6. Will you need to do any more study for your job?
7. Where do you work?
8. Is it a good place to work?
9. Would you like the place where you work to make any changes?
10. What technology do you use at work?
11. What subjects are you studying?
12. Why did you choose to study this subject?
13. What do you like about your course?
14. What would you like to do after you finish your course?
15. Do you prefer to study in the mornings or in the afternoons?
16. Do you think you will miss being a student once you finish your studies? Why/why not?
17. What technology do you use when you study?
18. Are you enjoying your studies at the moment? Why/why not?

### 1.5.2 (2) Hometown

1. Where is your hometown?
2. What kind of place is it?
3. How long have you lived there?
4. What is one of the best things about living there?
5. Is there anything you dislike about it?
6. Do you know many people who live nearby?
7. Do you have any relatives who still live in your hometown? Why/Why not?
8. Do you often go back to visit your hometown? Why/Why not?

### 1.5.3 (3) Home/Accommodation

1. Do you live in a house or an apartment?
2. Do you prefer living in a house or an apartment?
3. Do you live with anyone else? Why/Why not?
4. Do you like the place you currently live in? Why/Why not?
5. What is your favourite room in your house/apartment?
6. Would you like to change anything in your house/apartment?
7. Would you like to move to a different house/apartment in the future?
8. What do you think makes a place comfortable to live in?

### 1.5.4 (4) The area you live in

1. Where are you living at the moment?
2. What kind of area is it?
3. How long have you lived there?
4. Do you know any of your neighbours?
5. What do you like about living there?
6. What changes have taken place in the area recently?
7. Would you like to change anything about your area? Why/ Why not?
8. Would you like to continue living there in the future? Why/ Why not?

[Tara素材P1](#)

## 2. Part 2&Part 3

## 2.1 【1月新题】(19道)

### 2.1.1 (1) 精力充沛的人

Describe an energetic person that you know

You should say

Who this person is

How you knew this person

Why you think this person is energetic

And explain how you feel about this person

An energetic person I know is my cousin, who is five years younger than me. He's a lively and enthusiastic boy who always seems to have endless energy. One of his favorite activities is playing basketball. He spends hours on the court, whether it's practicing his shots, playing with his friends, or just enjoying the game.

Apart from basketball, he loves going out with his friends to explore new places or try different activities. He's the kind of person who's always on the move, whether it's walking his dog in the park or organizing group outings. What's really impressive is how he manages to keep up his energy even after a busy day.

I think what makes him so energetic is his positive attitude. He's always cheerful and looks for the fun side of things, which inspires others around him. Spending time with him is never boring because his energy is so contagious.

Overall, my cousin's lively personality and active lifestyle make him stand out. He motivates me to stay active and enjoy life more, which is why I admire his energetic spirit so much.

#### 1. What kinds of jobs need a lot of physical work?

Jobs that require a lot of physical work typically include construction work, farming, manufacturing, and roles in the service industry like cleaning or delivery services. These jobs often involve heavy lifting, long hours of standing, or repetitive tasks that demand physical strength and endurance. For example, construction workers need to carry heavy materials and operate machinery, while farmers spend hours in the fields under challenging weather conditions. These roles are essential for society but can be quite demanding on the body.

#### 2. What's the difference between the payment for physical work and that for mental work?

Generally, jobs that require mental work, such as those in technology, finance, or management, tend to offer higher salaries compared to physical labor jobs. This is because mental work often involves specialized skills, education, and decision-making responsibilities, which are highly valued in the job market. On the other hand, physical work, while equally important, is sometimes seen as less specialized

and more replaceable, which can lead to lower wages. However, there are exceptions, such as skilled tradespeople or athletes, who can earn significant incomes due to their expertise or physical abilities.

### 3. Can physical workers receive higher salaries in the future?

It's possible, but it depends on several factors. For instance, if there's a shortage of physical workers in certain industries, their salaries might increase due to higher demand. Additionally, as automation becomes more common, skilled physical workers who can operate or maintain advanced machinery might see their wages rise. However, in many cases, physical work may still be undervalued compared to mental work unless there's a significant shift in how society perceives and rewards these roles.

### 4. Do you think machines could replace human workers in the future?

Yes, to some extent, machines are already replacing human workers, especially in repetitive or dangerous tasks. For example, in manufacturing, robots are now commonly used for assembly lines, and in agriculture, machines can harvest crops more efficiently. However, I don't think machines will completely replace humans because many jobs require creativity, emotional intelligence, and complex decision-making, which machines cannot replicate. Instead, I believe the future will involve humans working alongside machines to improve productivity and safety.

### 5. Do you think you are an energetic person?

Yes, I consider myself an energetic person. I'm always eager to take on new challenges and stay active, whether it's at work, during exercise, or in my personal life. I find that being energetic helps me stay motivated and productive, and I enjoy pushing myself to achieve my goals. However, I also make sure to balance my energy with proper rest and relaxation to avoid burnout.

### 6. Do you think there was more physical labor in the past than there is now?

Absolutely. In the past, physical labor was much more common because many tasks had to be done manually due to the lack of technology. For example, farming, construction, and manufacturing relied heavily on human effort. However, with the advancement of technology and automation, many of these tasks are now performed by machines, reducing the need for physical labor. While physical work still exists, it's less prevalent than it used to be, and more people are now engaged in mental or service-oriented jobs.

## 2.1.2 (2) 近期日常改变

Describe a positive change that you have made recently in your daily routine

You should say:

What the change is

How you have changed the routine

Why you think it is a positive change

And explain how you feel about the change

A positive change I recently made to my daily routine is adjusting my sleep schedule. I used to stay up late almost every night, spending hours browsing apps like Red Book to entertain myself. While it was fun at the time, I realized it left me feeling tired and unproductive the next day.

Now, I've set my mind to getting up early and sleeping early. At first, it was challenging to break the habit, but I started by setting a strict bedtime and avoiding using my phone before bed. Instead, I read a book or listen to relaxing music to **wind down**.

This change has made a big difference in my life. Waking up early gives me extra time in the morning to prepare for the day, whether it's exercising, eating a proper breakfast, or planning my tasks. I also feel more energized and focused throughout the day, which has improved my productivity and overall mood.

Looking back, I'm glad I made this change. It's a small adjustment, but it has had a positive impact on both my physical and mental health. I now feel more in control of my time and enjoy my days much more.

### 1. What do people normally plan in their daily lives?

People usually plan a variety of activities in their daily lives, such as work or study schedules, household chores, exercise routines, and social engagements. For example, many people plan their work tasks to meet deadlines, schedule time for grocery shopping or cooking, and allocate time for hobbies or relaxation. Additionally, some people plan their commutes or childcare arrangements to ensure everything runs smoothly. Planning helps individuals stay organized and manage their time effectively, especially when balancing multiple responsibilities.

### 2. Is time management very important in our daily lives?

Yes, time management is crucial in our daily lives because it helps us prioritize tasks, avoid procrastination, and achieve our goals efficiently. Without proper time management, people might feel overwhelmed, miss deadlines, or struggle to balance work and personal life. For instance, students need to manage their time to complete assignments and prepare for exams, while working professionals must juggle meetings, projects, and personal commitments. Good time management can reduce stress and improve productivity, making it an essential skill for everyone.

### 3. What changes would people often make?

People often make changes to their routines, habits, or lifestyles to improve their well-being or achieve specific goals. For example, someone might change their diet to eat healthier, adjust their sleep schedule to get more rest, or start exercising regularly to stay fit. Others might change their work habits, such as organizing their tasks better or setting clearer priorities. Additionally, people might make changes to their social lives, like spending more time with family or pursuing new hobbies. These changes are usually aimed at enhancing quality of life or addressing challenges.



#### 4. Do you think it is good to change jobs frequently?

No, I don't think it's good to change jobs frequently because it takes a lot of time and effort to adapt to a new workplace, learn new skills, and build relationships with colleagues. Frequent job changes can also make it difficult to establish a stable career path or gain deep expertise in a particular field. Employers might also view this as a lack of commitment. However, there are exceptions—if someone is unhappy in their current role or finds a better opportunity, changing jobs can be beneficial. But overall, stability is usually more advantageous in the long term.

#### 5. Who do you think would make changes more often, young people or old people?

I think young people are more likely to make changes frequently because they are still exploring their options and figuring out what they want in life. For example, young people might change jobs, move to new cities, or try different hobbies as they seek new experiences and opportunities. On the other hand, older people tend to be more settled in their routines and preferences, so they might make fewer changes unless necessary. However, this isn't always the case, as some older individuals might also embrace change to adapt to new circumstances or pursue personal growth.

#### 6. Who should get more promotion opportunities in the workplace, young people or older people?

I believe both young and older people should have equal opportunities for promotion, as it should depend on their skills, performance, and contributions rather than their age. Younger employees might bring fresh ideas, energy, and technological expertise, while older employees often have valuable experience, wisdom, and leadership qualities. A fair workplace should recognize and reward talent and hard work regardless of age. This approach not only fosters a positive work environment but also ensures that the organization benefits from the strengths of all its employees.

#### 2.1.3 (3) 感兴趣的科学学科/领域 (1.13)

Describe an area/subject of science (biology,robotics, etc.) that you are interested in and would like to learn more about

You should say:

Which area/subject it is

When and where you came to know this area/subject

How you get information about this area/subject

And explain why you are interested in this area/subject

An area of science that I'm really interested in and would like to learn more about is artificial intelligence, particularly machine learning. My interest in AI grew even stronger after the 2024 Nobel Prize in Physics was awarded to advancements in AI, which shows how impactful this field has become.

As a Software Engineering major, I already have some background knowledge about computers and programming, which makes AI even more fascinating to me. I'm amazed by how AI technologies, like natural language processing and computer vision, are transforming various aspects of our lives. For example, AI is used in virtual assistants, healthcare, and even in autonomous vehicles.

What excites me the most about AI is its potential to solve complex problems and improve efficiency in ways we never thought possible. At the same time, it raises ethical questions, such as data privacy and bias, which I believe are important to address as we continue to develop this technology.

I'd like to dive deeper into machine learning algorithms and understand how they work behind the scenes. I also want to explore how AI can be applied responsibly to benefit society. Overall, studying AI would not only align with my major but also prepare me for a field that's shaping the future.

### 1. Why do some children not like learning science at school?

Some children might not enjoy learning science because they find it too abstract or difficult to understand. Science often involves complex concepts, formulas, and theories that can be challenging to grasp, especially if the teaching methods are not engaging. Additionally, if students don't see the practical applications of science in their daily lives, they might lose interest. For example, learning about chemical reactions or physics principles might seem irrelevant to them if they can't connect it to real-world scenarios. A lack of hands-on experiments or interactive activities in the classroom can also make science seem boring or intimidating.

### 2. Is it important to study science at school?

Yes, studying science at school is extremely important because it helps students develop critical thinking, problem-solving skills, and a better understanding of the world around them. Science teaches us how things work, from the human body to the environment, and it encourages curiosity and innovation. For instance, learning about biology can help students understand health and nutrition, while studying physics can explain everyday phenomena like electricity or motion. Moreover, science education is essential for preparing students for careers in fields like medicine, engineering, and technology, which are crucial for societal progress.

### 3. Which science subject is the most important for children to learn?

It's hard to say which science subject is the most important because each one—biology, chemistry, and physics—plays a vital role in understanding different aspects of life. However, I would argue that biology might be the most relevant for children because it directly relates to their health, the environment, and living organisms. For example, learning about the human body, ecosystems, or genetics can help children make informed decisions about their well-being and the world they live in. That said, chemistry and physics are equally important for understanding materials, energy, and technology, so a balanced approach is ideal.

#### 4. Should people continue to study science after graduating from school?

Yes, I believe people should continue to study science even after graduating because scientific knowledge is constantly evolving, and staying informed helps individuals make better decisions in their personal and professional lives. For example, understanding new medical research can improve health choices, while learning about climate science can encourage environmentally friendly behaviors. Additionally, science literacy is essential for critically evaluating information in the media, such as news about vaccines or renewable energy. Lifelong learning in science can also inspire curiosity and innovation, which are valuable in any field.

#### 5. How do you get to know about scientific news?

I usually get scientific news from reliable online sources, such as science-focused websites, news platforms, or social media accounts of reputable organizations. For example, I follow platforms like BBC Science, National Geographic, or scientific journals that summarize research in an accessible way. I also watch documentaries or YouTube channels that explain complex topics in a simple and engaging manner. Occasionally, I attend public lectures or webinars hosted by universities or research institutions to stay updated on the latest discoveries and advancements.

#### 6. Should scientists explain the research process to the public?

Yes, I think scientists should explain their research process to the public because it helps build trust and understanding. Many scientific concepts can be complex, and without clear explanations, people might misunderstand or distrust scientific findings. For example, during the COVID-19 pandemic, clear communication about vaccine development was crucial to address public concerns and encourage vaccination. By explaining the research process in simple terms, scientists can make their work more accessible and demonstrate its relevance to everyday life. This also encourages public support for scientific endeavors and fosters a culture of curiosity and learning.

#### 2.1.4 (4) 想去的外国

Describe a foreign country you would like to visit in the future

You should say:

What it is

What you have known about it

Who you would like to go there with

And explain why you would like to visit it

One foreign country I would like to visit in the future is France. It has always fascinated me because of its rich history, stunning architecture, and world-renowned culture. Paris, in particular, is at the top of my list. I've heard so much about the Eiffel Tower, the Louvre Museum, and the charming streets of Montmartre. I'd love to walk along the Seine River and experience the city's romantic atmosphere.

Aside from Paris, I'm also interested in exploring other regions of France, like Provence, with its beautiful lavender fields, and the French Riviera, which I've seen in movies. I imagine it would be incredible to relax on the beaches there and enjoy the Mediterranean vibe.

Another reason I want to visit France is to try authentic French cuisine. Tasting freshly baked croissants, macarons, and traditional dishes like ratatouille and escargot is something I'm really excited about.

Overall, France has so much to offer, from art and fashion to natural beauty and fine dining. Visiting this country would be like stepping into a dream, and I hope I can make this trip a reality someday.

### **1. What do you think of national identity?**

National identity is an important concept because it reflects a sense of belonging and shared culture among people from the same country. It includes elements like language, traditions, history, and values that unite individuals and give them a sense of pride. For example, celebrating national holidays or participating in cultural events can strengthen this identity. However, I think it's also important to balance national identity with global awareness, as being too focused on one's own culture can sometimes lead to a lack of understanding or appreciation for other cultures.

### **2. What are the advantages of working in an international company?**

Working in an international company offers several advantages. First, it provides exposure to diverse cultures and perspectives, which can enhance creativity and problem-solving skills. For example, collaborating with colleagues from different backgrounds can lead to innovative ideas and approaches. Second, it often offers opportunities for professional growth, such as training programs, international assignments, or networking with global experts. Finally, working in such an environment can improve communication and adaptability, as employees learn to navigate cultural differences and work effectively in multicultural teams.

### **3. How does travelling abroad affect young people?**

Travelling abroad can have a profound impact on young people. It broadens their horizons by exposing them to new cultures, languages, and ways of thinking, which can foster open-mindedness and tolerance. For example, experiencing different lifestyles or traditions can challenge their assumptions and help them appreciate diversity. Additionally, travelling can build independence and confidence, as young people learn to navigate unfamiliar environments and solve problems on their own. It also provides valuable life experiences that can shape their personal and professional development.

### **4. How do people get information about other countries?**

People can get information about other countries through various sources, such as the internet, books, documentaries, and social media. For instance, travel blogs, news websites, and platforms like YouTube offer insights into different cultures, traditions, and current events. Additionally, talking to people who have visited or lived in other countries can provide firsthand perspectives. Educational programs, such as history or geography classes, also play a role in teaching people about the world. Overall, the availability of diverse resources makes it easier than ever to learn about other countries.

## 5. Do you think reading is a good way to get to know other countries? Why?

Yes, I think reading is an excellent way to learn about other countries because it provides in-depth and reliable information. Books, whether they are travel guides, historical accounts, or novels, offer detailed insights into a country's culture, history, and society. For example, reading a novel set in a specific country can give readers a sense of its traditions, values, and daily life. Additionally, reading allows people to explore topics at their own pace and reflect on what they've learned, making it a more immersive and thoughtful way to understand other cultures.

## 6. What do you think makes countries different?

Countries differ in many ways, including their cultures, traditions, languages, and histories. For example, customs like food, festivals, and social norms vary widely from one country to another. Additionally, geographical factors, such as climate and natural resources, influence how people live and interact with their environment. Political systems and economic conditions also play a role in shaping a country's identity and development. These differences make each country unique and contribute to the rich diversity of the world, which is something to be celebrated and respected.

### 2.1.5 (5) 做过的重要决定

Describe an important decision that you made

You should say:

What the decision was

How you made your decision

What the results of the decision were

And explain why it was important

Last year, I made a very hard decision of breaking up with (提分手) my boyfriend. Now he's my ex-boyfriend. Coming to think of it, it turned out to be an important decision in my life and it was definitely the right thing to do/ it was a good call (是正确的选择) .

We had been together for about three years, and during that period of time, I was in two minds (犹豫, 纠结) all the time. *On one hand*, he was funny and charming. He could really make me laugh. I loved his sense of humor (我喜欢他的幽默感) and his charisma. *On the other hand*, he was a control freak. He always wanted me to listen to him, and say yes to him. He really put a lot of pressure on me. I mean, I'm an independent person with an independent mind, so I couldn't just blindly follow his commands (跟随他的指令) . He was very bossy (霸道的) and macho (大男子主义的) .

I **was torn between** (很纠结) leaving and staying. I didn't want to rush into the decision (匆忙做决定) , so I waited long enough because I wanted to give it a chance. After being together for three years, I was very unhappy, so I finally made up my mind (彻底下决定) to leave him. I told him about my decision. It wasn't easy for me. I was crying and having a meltdown when I saw him for the last time. And he refused to take it. We were not **on the same page** at all (意见不一致, 他

不想分手) .

After the breakup, in the beginning, he was still trying to influence my decision by constantly calling me and trying to see me. It was extremely difficult for me to not pick up the phone. But I pulled myself together (振作起来) . I didn't give him any chances to talk to me. And eventually, after 6 months, he gave up.

I'm now feeling so much better without him. Everything is water under the bridge (事情都过去了) . Even though I still miss him sometimes, I know it will all be over one day. Time will heal everything (时间会治愈一切) . It was a tough decision to make, but it was the right thing to do.

### 1. Do you think children sometimes have to make important decisions?

Yes, I believe children sometimes have to make important decisions, although these decisions might not seem as significant from an adult's perspective. For example, children might need to decide which extracurricular activities to join, how to manage their time between schoolwork and hobbies, or how to handle conflicts with friends. These decisions can shape their personal development and teach them valuable life skills like responsibility and problem-solving. While adults often guide them, children still play a key role in making choices that affect their daily lives.

### 2. What important decisions do teenagers need to make after graduation?

After graduation, teenagers face several important decisions that can significantly impact their future. One of the most critical decisions is choosing a career path or field of study, which often involves selecting a university or vocational training program. They also need to decide whether to enter the workforce immediately or pursue further education. Additionally, teenagers might have to make decisions about their personal lives, such as managing finances, living independently, or balancing work and social commitments. These choices require careful thought and planning, as they lay the foundation for their adult lives.

### 3. Who can children turn to for help when making a decision?

Children can turn to various people for help when making decisions, depending on the situation. Most commonly, they seek guidance from their parents or guardians, who have more experience and can offer advice based on their own lives. Teachers and school counselors are also valuable resources, especially for decisions related to education or career paths. Additionally, children might consult friends or siblings for support, particularly when dealing with social or personal issues. Having a network of trusted individuals helps children feel more confident and informed when making decisions.

### 4. Do you think advertisements can influence our decisions when shopping?

Yes, advertisements can significantly influence our shopping decisions because they are designed to attract attention and create a desire for products. For example, advertisements often use persuasive techniques like emotional appeals, celebrity endorsements, or limited-time offers to convince consumers to buy something. They can also shape our perceptions of a product's quality or value, even if we weren't initially interested in it. While some people are more resistant to advertising, it's hard to deny that it plays a powerful role in shaping consumer behavior.



## 5. Do you think the influence of advertising is good?

The influence of advertising can be both positive and negative. On the positive side, advertisements can inform consumers about new products, services, or innovations that might improve their lives. For example, ads for eco-friendly products can raise awareness about sustainability. However, advertising can also have negative effects, such as promoting unrealistic beauty standards or encouraging excessive consumption. Additionally, some ads might be misleading or manipulative, leading people to make poor purchasing decisions. Overall, the impact of advertising depends on how it's used and the intentions behind it.

## 6. How do people usually make important decisions?

People usually make important decisions by gathering information, weighing the pros and cons, and considering their goals and values. For example, someone deciding on a career might research different fields, seek advice from mentors, and reflect on their interests and skills. Emotions and intuition also play a role, as people often rely on their gut feelings when faced with tough choices. Additionally, discussing the decision with trusted friends or family members can provide new perspectives and help clarify thoughts. Ultimately, the process varies depending on the individual and the complexity of the decision.

### 2.1.6 (6) 学校/工作中的重要规则

Describe a rule that is important in your school or at work

You should say:

What the rule is about

What happens when people break the rule

Why you think it is an important rule

And explain how you feel about the rule

One important rule in my school is that students are not allowed to use mobile phones during class. This rule is meant to ensure that everyone stays focused on their studies instead of getting distracted by social media, games, or chatting with friends.

If someone breaks this rule, the teacher usually confiscates their phone for the rest of the day. In more serious cases, the school might inform the student's parents or even impose a temporary ban on bringing phones to school. This is quite an effective way to enforce discipline, as no one wants to lose access to their phones.

I believe this rule is essential because it helps maintain a good learning environment. Nowadays, mobile phones can be very distracting, and once a student starts scrolling through social media or texting, it's hard to pay attention to the lesson. Also, banning phones in class encourages students to interact with each other face-to-face rather than relying on digital communication all the time.

Personally, I have mixed feelings about this rule. On one hand, I understand its purpose and agree that it helps us concentrate better. On the other hand, there are times when I need my phone to check something important, like a dictionary or study materials. However, overall, I think it is a reasonable rule that benefits most students in the long run.

### **1. What rules should children follow at home in your country?**

In my country, children are typically expected to follow several rules at home to ensure discipline and harmony. For example, they are often required to complete their homework before playing or using electronic devices. They are also expected to help with household chores, such as cleaning their rooms or setting the table for meals. Additionally, respecting elders, speaking politely, and adhering to bedtime schedules are common rules. These rules help children develop responsibility, time management skills, and good manners, which are essential for their personal growth.

### **2. On what occasions can children be forgiven if they don't follow some rules?**

Children can usually be forgiven for breaking rules if it's their first time or if they didn't fully understand the rule. For example, if a child accidentally spills something while trying to help with chores, parents might be more lenient. Similarly, during special occasions like birthdays or festivals, rules might be relaxed to allow children to enjoy themselves. Additionally, if a child is unwell or going through a difficult time, parents might show more understanding and flexibility. Forgiveness in such situations helps maintain a positive and supportive family environment.

### **3. What rules should people follow when using public transport?**

When using public transport, people should follow several rules to ensure safety and comfort for everyone. For instance, they should queue politely when boarding and give priority to elderly, pregnant, or disabled passengers. It's also important to keep noise levels low, avoid eating or drinking, and keep the area clean. Additionally, passengers should follow safety guidelines, such as holding onto handrails and staying behind marked lines on platforms. These rules help create a pleasant and efficient public transport experience for all users.

### **4. What kinds of rules do people need to follow in public places?**

In public places, people need to follow rules that promote safety, cleanliness, and respect for others. For example, they should avoid littering, respect noise restrictions, and follow designated smoking areas. In places like parks or museums, people are expected to stay on marked paths, avoid damaging property, and follow instructions from staff. Additionally, social etiquette, such as being polite and considerate of others, is important in maintaining a harmonious environment. These rules ensure that public spaces remain enjoyable and accessible for everyone.

### **5. What are the reasons that cause people to break rules?**

People might break rules for various reasons, such as lack of awareness, convenience, or rebellion. For instance, someone might not know about a specific rule or misunderstand its importance. Others might break rules to save time or effort, like jaywalking 乱穿马路 to avoid a long detour. In some cases, people might intentionally break rules as a form of protest or to challenge authority. Stress or emotional



distress can also lead to rule-breaking, as individuals might act impulsively without considering the consequences. Understanding these reasons can help address the root causes of rule violations.

## 6. When people break rules, how would they be punished in your country?

In my country, the punishment for breaking rules depends on the severity of the violation. For minor offenses, such as littering or noise complaints, people might receive a warning or a fine. More serious violations, like breaking traffic laws or damaging public property, can result in heavier fines, community service, or even legal action. In schools or workplaces, rule-breakers might face disciplinary measures like suspension or loss of privileges. The goal of these punishments is to discourage rule-breaking and encourage individuals to act responsibly.

### 2.1.7 (7) (外) 祖父/母的工作

Describe your grandparents' job

You should say:

what it was

how long he or she had this job

how he or she got the job

what skills this job needs

and whether you would like to have this job in the future

I'd like to talk about my grandmother, who was a farmer for most of her life. She worked in agriculture, growing crops like rice, wheat, and vegetables on a small family farm in the countryside. She had this job for over 40 years, starting when she was very young and continuing until she retired in her late 60s.

My grandmother got into farming because it was a family tradition. Her parents were also farmers, so she learned the skills and knowledge from them from a very early age. She didn't have a formal education in agriculture, but she had a lot of practical experience and understood the land, the seasons, and how to grow different crops.

Being a farmer requires a wide range of skills. For example, you need to be physically strong because farming involves a lot of manual labor, like planting, harvesting, and carrying heavy loads. You also need to be patient and resilient because farming depends heavily on the weather, and sometimes crops can fail due to droughts or floods. Additionally, my grandmother had to be very resourceful and creative in solving problems, like finding ways to protect crops from pests or managing limited resources.

As for whether I'd like to have this job in the future, I don't think so. While I deeply respect my grandmother's hard work and dedication, farming is a very demanding job, both physically and mentally. I also think it's quite unpredictable because of factors like climate change, which makes it even more challenging. However, I do admire the connection to nature and the sense of independence that comes with farming. It's just not the right career path for me personally.

### Part 3 待更新

#### 2.1.8 (8) 许下的承诺

Describe a time you made a promise to someone

You should say:

What the promise was

To whom you made it

Whether it was easy or difficult to keep

And explain why you made it

I'd like to talk about a promise I made to my cousin a few years ago. At the time, she was preparing for her final high school exams, and she was feeling extremely stressed and overwhelmed. She had always struggled with math, and she was worried that she wouldn't be able to pass the exam. One evening, she came to me, almost in tears, and asked for my help. I promised her that I would tutor her every day until her exams and help her improve her math skills.

After I made the promise, I felt a strong sense of responsibility to keep it. At first, I thought it would be easy because I was confident in my own math abilities, but it turned out to be more challenging than I expected. I had to sacrifice a lot of my free time to sit with her, explain concepts, and practice problems. There were moments when I felt frustrated because she didn't grasp things as quickly as I hoped, but I reminded myself of the promise I had made and pushed through.

The reason I made this promise was because I could see how much it meant to her. She trusted me to help her, and I didn't want to let her down. I also knew how important these exams were for her future, and I wanted to do everything I could to support her. In the end, she managed to pass her math exam with a decent grade, and she was incredibly grateful for my help. Seeing her relief and happiness made all the effort worthwhile.

This experience taught me the importance of keeping promises, especially when they involve someone who depends on you. It also strengthened my relationship with my cousin, as she knew she could count on me when she needed help the most.

### 1. Why do some people fail to keep their promises?

There are several reasons why people might fail to keep their promises. Sometimes, it's due to unforeseen circumstances, such as sudden illness or emergencies, which make it impossible to follow through. Other times, people might overcommit themselves and realize they don't have the time or resources to fulfill their promises. In some cases, a lack of sincerity or responsibility can also lead to broken promises, as individuals might make commitments without intending to keep them. Additionally, poor communication or misunderstandings can result in promises being unintentionally broken.

### 2. Do children keep their promises?

Children often try to keep their promises, but their ability to do so depends on their age, maturity, and understanding of the commitment. Younger children might struggle to keep promises because they are still learning about responsibility and the importance of follow-through. For example, a child might promise to clean their room but get distracted by playing. However, as children grow older and develop a stronger sense of accountability, they are more likely to keep their promises, especially if they understand the consequences of breaking them.

### 3. Do parents in China make promises to their children?

Yes, parents in China, like parents everywhere, often make promises to their children. These promises can range from small, everyday commitments, like buying a toy or taking them to the park, to more significant ones, such as rewarding good grades or planning a family vacation. Promises are often used as a way to motivate children or encourage positive behavior. However, Chinese parents generally emphasize the importance of keeping promises to teach their children about trust and responsibility, as these values are deeply rooted in Chinese culture.

### 4. What kinds of promises do people often make?

People make a wide variety of promises depending on the context. In personal relationships, promises often revolve around emotional commitments, such as being supportive or staying loyal. In professional settings, promises might include meeting deadlines, delivering quality work, or fulfilling contractual obligations. On a daily basis, people might make smaller promises, like showing up on time or helping a friend with a task. Additionally, people often make promises to themselves, such as committing to a healthier lifestyle or learning a new skill. These promises reflect the values and priorities of individuals in different aspects of life.

#### 2.1.9 (9) 诗句/歌词

Describe a line (or a few words) that you remember from a poem or song

You should say

What it is

Which song or poem it is from

How you knew it

And explain how you feel about it

One line that has always stayed with me is from Shakespeare's *Sonnet 18*. The line is, **"Shall I compare thee to a summer's day?"** It's the opening line of the sonnet, and it's one of the most famous lines in English literature. The poem itself is a beautiful tribute to the timeless beauty of a loved one, and this line sets the tone for the entire piece.

I first came across this poem in high school during an English literature class. We were studying Shakespeare, and our teacher had us analyze several of his sonnets. This one stood out to me because of its romantic and poetic language. I remember being struck by how simple yet profound the opening line was. It immediately draws you in and makes you curious about what the comparison will be.

The reason this line resonates with me so much is because of its elegance and universality. It's a question that feels both personal and timeless, as if Shakespeare is speaking directly to the reader. I also love how it captures the fleeting beauty of summer and contrasts it with the eternal beauty of the person he's describing. It's a reminder of how powerful words can be in expressing emotions and ideas.

Whenever I think of this line, I feel a sense of admiration for Shakespeare's ability to convey such deep feelings in just a few words. It also makes me appreciate the beauty of poetry and how it can connect people across time and cultures. Even though the poem was written centuries ago, its message still feels relevant and moving today.

### 1. Are you good at memorizing things?

I would say I'm fairly good at memorizing things, especially if they interest me or if I can connect them to something meaningful. For example, I find it easier to remember lyrics to songs I enjoy or facts related to topics I'm passionate about. However, I struggle with memorizing random or abstract information unless I use techniques like repetition, visualization, or creating associations. Overall, my ability to memorize depends on the context and how much effort I put into it.

### 2. Do you think children would like the rhythm of songs or poems? Why?

Yes, I think children are naturally drawn to the rhythm of songs and poems because it makes the content more engaging and fun. The repetitive and melodic nature of rhymes and rhythms helps capture their attention and makes it easier for them to remember the words. For example, nursery rhymes or children's songs often use simple, catchy patterns that appeal to young listeners. Additionally, the rhythm adds an element of playfulness, which aligns with children's love for creativity and imagination.

### 3. Do you think it is easier for children to learn a song or poem than adults? Why?

Yes, I believe it's generally easier for children to learn songs or poems compared to adults. Children have a more flexible and receptive mind, which allows them to absorb new information quickly. They are also less self-conscious and more willing to engage with creative and repetitive activities, which aids memorization. On the other hand, adults might overthink or struggle to find time to practice due to

their busy schedules. However, adults who are motivated or have a strong interest in music or poetry can still learn effectively.

#### 4. What can people learn from songs or poems?

People can learn a great deal from songs and poems, as they often convey emotions, stories, and cultural values. For example, songs and poems can teach us about history, traditions, and social issues, providing insights into different perspectives and experiences. They also help improve language skills, such as vocabulary, pronunciation, and rhythm. Additionally, songs and poems can inspire creativity, empathy, and self-expression, allowing people to connect with their own emotions and those of others. Overall, they are powerful tools for both education and personal growth.

#### 2.1.10 (10) 近期改变的计划

Describe a plan that you had to change recently

You should say:

When this happened

What made you change the plan

What the new plan was

And how you felt about the change

I'd like to talk about a recent change in my plans regarding my future career and education. This happened just last month when I was faced with a big decision about my next steps after graduating from college.

Originally, my plan was to start looking for a job right after graduation. I had already begun preparing my resume and researching companies in my field. However, last month, I attended a seminar about studying abroad, and it completely changed my perspective. The speaker shared their experiences of studying overseas, and I realized how much it could broaden my horizons, both academically and personally. After giving it some serious thought, I decided to change my plan and pursue a master's degree abroad instead of entering the job market immediately.

The new plan involves applying to universities in countries like the UK or Canada, which are known for their excellent programs in my field. I've started preparing for language tests like IELTS and researching scholarships to fund my studies. It's a big shift from my original plan, but I feel it's the right decision for my long-term growth.

At first, I felt a bit anxious about the change because it meant stepping out of my comfort zone and delaying my entry into the workforce. However, as I started researching and talking to people who had studied abroad, I became more excited and confident about this new direction. I believe this change will open up more opportunities for me in the future, and I'm looking forward to the challenges and experiences that come with studying in a different country.

### 1. Do people often change their plans?

Yes, people often change their plans due to various reasons. Sometimes, unexpected circumstances like bad weather, illness, or work emergencies can force them to adjust their schedules. Other times, people might change their plans because they find better alternatives or simply change their minds. For example, someone might decide to stay home instead of going out if they feel tired or if a more appealing opportunity arises. Flexibility is a natural part of life, and adapting to changes is essential for managing priorities effectively.

### 2. Would you tell others if you change your plan?

Yes, but only to those who are directly affected by the change or are important to me. For instance, if I cancel a meeting with a friend, I would inform them immediately to avoid inconvenience. Similarly, if I change plans that involve family or colleagues, I would let them know as soon as possible. However, for plans that don't impact others, I might not feel the need to share the change. Communication is key to maintaining trust and ensuring that everyone is **on the same page**.

### 3. Why do you think parents still make plans for their children nowadays?

Parents often make plans for their children because they want to ensure their well-being and success. For example, they might plan their education, extracurricular activities, or even future careers to provide them with the best opportunities. Parents also make plans to instill discipline and structure in their children's lives, which they believe will help them grow into responsible adults. Additionally, some parents might feel that their experience and knowledge can guide their children in making better decisions, especially in a competitive and fast-changing world.

### 4. How does technology help people make plans?

Technology plays a significant role in helping people make and manage plans efficiently. For instance, calendar apps and reminder tools allow individuals to organize their schedules, set deadlines, and receive notifications about upcoming events. Communication platforms like email or messaging apps make it easy to coordinate plans with others, even across long distances. Additionally, travel and booking apps help people plan trips, accommodations, and activities seamlessly. Overall, technology simplifies the planning process and ensures that people can stay organized and informed.

#### 2.1.11 (11) 家庭重要设备

Describe a piece of equipment that is important in your home

You should say:

What it is

How often you use it

With whom you use it

And explain why it is important

I'd like to talk about the air conditioner in my home, which is one of the most important pieces of equipment for me and my family. It's a modern, **energy-efficient unit** that we installed a couple of years ago, and it has become an essential part of our daily lives.

We use the air conditioner almost every day, especially during the summer months when the temperature can get extremely high. Even in other seasons, we sometimes use it to maintain a comfortable indoor environment, particularly during humid or stuffy 闷热的 days. I'd say we rely on it heavily, especially during heatwaves when it's almost impossible to stay indoors without it.

I usually use the air conditioner with my family. For example, in the evenings, we all gather in the living room, and the air conditioner helps us relax and enjoy our time together without feeling uncomfortable due to the heat. My parents and younger brother also appreciate having it in their rooms, as it allows them to sleep better at night.

The air conditioner is important to us for several reasons. First, it significantly improves our quality of life by keeping our home cool and comfortable, especially during extreme weather. Second, it helps us stay productive, as it's difficult to focus on work or studies when it's too hot. Lastly, it contributes to our health by reducing the risk of heat-related illnesses, which is particularly important for my grandparents, who live with us and are more sensitive to temperature changes.

Overall, the air conditioner is more than just a convenience—it's a necessity for us, and we can't imagine living without it.

### Part 3待更新

#### 2.1.12 (12) 有趣的建筑

Describe an interesting building

You should say:

Where it is

What it looks like

What function it has

And explain why you think it is interesting

#### Describe an interesting building

I'd like to talk about the Oriental Pearl TV Tower in Shanghai, which is one of the most iconic landmarks in China. Located in the Pudong district of Shanghai, it stands along the Huangpu River and is surrounded by other impressive skyscrapers, making it a central part of the city's stunning skyline.

The Oriental Pearl TV Tower is a unique and futuristic-looking building. It's incredibly tall, standing at 468 meters, and its design is inspired by a poem about pearls falling onto a jade plate. The tower consists of several large spheres at different levels, connected by vertical columns, which give it a distinctive and elegant appearance. At night, the tower is illuminated with colorful lights, making it even more striking and visually appealing.



The tower serves multiple functions. Primarily, it's a TV and radio broadcasting tower, but it has also become a major tourist attraction. Inside, there are observation decks that offer breathtaking views of Shanghai, as well as a revolving restaurant where visitors can enjoy a meal while taking in the panoramic 全景的 scenery. Additionally, the tower houses a museum dedicated to the history of Shanghai, which adds an educational element to its appeal.

What makes the Oriental Pearl TV Tower so interesting to me is its combination of architectural innovation, cultural significance, and functionality. It's not just a building; it's a symbol of Shanghai's rapid development and modernization. Every time I visit, I'm amazed by how it blends art, technology, and history into one structure. It's a must-see for anyone visiting Shanghai, and it never fails to leave a lasting impression.

### 1. What types of buildings are popular in your country?

In China, ancient buildings are highly popular and admired for their cultural and historical significance. Traditional Chinese architecture, such as palaces, temples, and courtyard homes, reflects the country's rich heritage. For example, the Forbidden City in Beijing and the ancient water towns in Suzhou are iconic examples of Chinese architecture, featuring intricate designs, wooden structures, and symbolic elements like curved roofs and dragon motifs. These buildings are not only tourist attractions but also serve as a reminder of China's artistic and engineering achievements throughout history.

### 2. Is it worth spending a lot of money on the exterior appearance of a building?

Spending money on the exterior appearance of a building can be worth it, depending on the purpose and context. For iconic structures like museums, government buildings, or cultural landmarks, an impressive exterior can enhance their significance and attract visitors. However, for residential or functional buildings, it's more important to balance aesthetics with practicality and cost-effectiveness. While a visually appealing exterior can create a positive impression, the focus should also be on durability, sustainability, and the building's overall functionality.

### 3. Is it more important for a building to look good on the outside or on the inside?

I believe the inside of a building is more important than the outside because it directly impacts the comfort and usability of the space. A well-designed interior ensures that the building meets the needs of its occupants, whether it's for living, working, or leisure. For example, good lighting, ventilation, and layout are essential for creating a functional and pleasant environment. That said, the exterior appearance is also important, as it contributes to the building's identity and can influence people's perceptions. Ideally, a balance between the two should be achieved.

### 4. Why do people like to visit historical sites?

People visit historical sites for various reasons. Firstly, these sites offer a glimpse into the past, allowing visitors to learn about history, culture, and traditions. For example, exploring ancient ruins or castles can provide insights into how people lived centuries ago. Secondly, historical sites often have unique architectural and artistic value, making them visually captivating. Additionally, visiting such places can evoke a sense of connection to one's heritage or inspire awe at human achievements. Lastly, historical sites are often surrounded by stories and legends, which add an element of intrigue and fascination.



### 2.1.13 (13) 喜欢的电视剧

Describe a TV series you like

You should say:

What is the name of the TV series

When you watched it

What it is about

And explain why you like it

Mysterious lotus casebook (莲花楼, 武装古侠悬疑剧)

I'd like to talk about a TV series called *Mysterious Lotus Casebook*, which is a Chinese historical mystery drama. I watched it last year, and it quickly became one of my favorite shows because of its intriguing plot and well-developed characters.

The series is set in ancient China and follows the story of a brilliant but enigmatic detective who solves complex cases while uncovering secrets from his own past. Each episode features a new mystery, often involving martial arts, political intrigue, and unexpected twists. The main character, who is both a skilled martial artist and a sharp-minded investigator, is accompanied by a group of loyal friends who help him navigate the challenges he faces. The show combines elements of action, suspense, and emotional depth, making it highly engaging.

I like this series for several reasons. First, the storytelling is excellent—each case is carefully crafted, and the pacing keeps you hooked from start to finish. Second, the characters are very relatable and multi-dimensional, which makes it easy to connect with their struggles and triumphs. I particularly admire the main character's intelligence and resilience, as well as the strong bonds he shares with his companions. Finally, the production quality is outstanding, with beautiful costumes, stunning cinematography, and well-choreographed fight scenes that add to the overall appeal.

What makes *Mysterious Lotus Casebook* stand out to me is its ability to blend mystery, action, and emotional storytelling seamlessly. It's not just about solving cases; it's also about exploring themes like friendship, loyalty, and redemption. Watching this series feels like going on an adventure, and I always look forward to the next episode.

#### 1. Is it beneficial to insert advertisements within a TV series?

Inserting advertisements within a TV series can be beneficial for broadcasters and advertisers, but it often disrupts the viewing experience for the audience. For broadcasters, ads generate revenue, which helps fund the production of high-quality content. Advertisers also benefit by reaching a large and engaged audience. However, for viewers, frequent ad breaks can be frustrating, especially during intense or emotional scenes. While ads are necessary for the industry, finding a balance between commercial interests and viewer satisfaction is crucial.

## 2. Do you think that parents should limit their children from watching television?

Yes, I believe parents should limit their children's television time to ensure a healthy balance between screen time and other activities. Excessive TV watching can lead to issues like reduced physical activity, poor sleep quality, and exposure to inappropriate content. However, television can also be educational if children watch age-appropriate programs that stimulate their curiosity and learning. Parents should set reasonable limits and encourage alternative activities, such as reading, playing outdoors, or engaging in creative hobbies, to promote overall development.

## 3. Would your family watch TV together?

Yes, my family occasionally watches TV together, especially during special occasions or when there's a program that interests everyone. For example, we might watch a popular reality show, a sports event, or a movie during weekends or holidays. Watching TV together provides an opportunity for bonding and shared enjoyment. However, due to busy schedules and differing preferences, it's not something we do every day. When we do, it's a relaxing and enjoyable way to spend quality time as a family.

## 4. What are the differences in television viewing habits between the elderly and young people?

There are significant differences in television viewing habits between the elderly and young people. Elderly individuals often prefer traditional TV channels and watch programs like news, dramas, or documentaries at scheduled times. They tend to value the routine and familiarity of linear TV. On the other hand, young people are more likely to use streaming platforms like Bilibili or YouTube, where they can watch content on demand and binge-watch entire series. They also prefer genres like reality shows, comedies, or online videos, reflecting their desire for convenience and entertainment tailored to their interests.

## 5. How has technology changed the way people watch television?

Technology has revolutionized the way people watch television by introducing on-demand streaming, personalized content, and multi-device accessibility. Platforms like iQIYI and youku allow viewers to watch their favorite shows anytime, anywhere, without being tied to a TV schedule. Smart TVs and devices like Roku or Chromecast have made it easier to access a wide range of content. Additionally, social media and recommendation algorithms help users discover new shows based on their preferences. Overall, technology has made television viewing more flexible, interactive, and user-centric.

### 2.1.14 (14) 和你分享东西的人

Describe someone who is willing to openly share things with you

You should say:

Who this person is

How you knew this person

What this person openly shares

And how you feel about the sharing

I'd like to talk about my friend Annie, who is one of the most open and generous people I know. She's always willing to share her thoughts, experiences, and even personal belongings with me,

which makes our friendship very special.

I first met Annie in high school. We were in the same class and quickly became close because of our shared interests in music and books. Over time, we developed a strong bond, and I realized that Annie is someone who values honesty and openness in relationships. She's the kind of person who doesn't hold back when it comes to sharing her feelings or opinions, and I really admire that about her.

Annie openly shares a lot of things with me. For example, she often talks about her personal experiences, including her struggles and achievements, which has helped me understand her better and learn from her life lessons. She's also very generous with her time and resources—whether it's lending me her favorite books, sharing her notes when I miss a class, or even offering advice when I'm going through a tough time. Her willingness to share extends beyond material things; **she's always there to listen and provide emotional support** whenever I need it.

I feel incredibly grateful for Annie's openness and generosity. Her willingness to share has not only strengthened our friendship but also taught me the importance of being open and supportive in return. It's rare to find someone who is so genuine and selfless, and I truly value the trust and connection we've built over the years. Annie's sharing has made a positive impact on my life, and I'm lucky to have her as a friend.

### 1. What kinds of emotional support do people need at work?

People need various types of emotional support at work to maintain their well-being and productivity. For example, they might need encouragement and recognition for their efforts, especially during challenging projects or stressful periods. A supportive work environment where colleagues and managers listen to their concerns and offer constructive feedback is also crucial. Additionally, flexibility and understanding during personal difficulties, such as family issues or health problems, can make a significant difference. Emotional support helps employees feel valued, motivated, and less overwhelmed, which ultimately benefits both the individual and the organization.

### 2. Would you share your feelings with your coworkers?

It depends on the situation and the level of trust I have with my coworkers. If I'm close to them and feel comfortable, I might share my feelings, especially if it's related to work stress or a collaborative project. However, I would be cautious about oversharing personal emotions, as maintaining professionalism is important in the workplace. In general, I believe open communication can strengthen teamwork and create a supportive atmosphere, but it's essential to strike a balance and respect boundaries.

### 3. Is it possible to know a job applicant's emotional resilience through the recruiting process?

Yes, to some extent, it is possible to assess a job applicant's emotional resilience during the recruiting process. For example, behavioral interview questions that ask about past challenges and how they were handled can provide insights into their ability to cope with stress and adversity. Additionally, situational judgment tests or role-playing exercises can reveal how candidates manage pressure and solve problems in real-time. However, emotional resilience is complex and may not be fully understood until the person is actually in the role and facing day-to-day challenges.

### 2.1.15 (15) 智力游戏

Describe a (jigsaw, crossword, etc) puzzle you have played

You should say:

What it is like

How easy or difficult it is

How long it takes you to solve

And how you feel about it

**One puzzle I've played a lot is Sudoku.** 9宫格

**Sudoku** is a number puzzle that consists of a 9x9 grid, and the goal is to fill in the grid with numbers from 1 to 9 in such a way that each row, each column, and each of the nine 3x3 subgrids contain all the numbers from 1 to 9 without repetition. It's a logic-based puzzle, so you can't guess the numbers, and it requires a lot of careful thinking and reasoning.

In terms of difficulty, I'd say **it can vary**. Some Sudoku puzzles are relatively easy, especially the ones labeled as "easy" in newspapers or apps, and you can solve them in about 10 to 20 minutes. But others, especially the more advanced ones, can be quite challenging, requiring an hour or more. The more difficult ones sometimes involve advanced techniques like looking for hidden pairs or triples, or using strategies like the "X-Wing" method, which I find fascinating.

Usually, it takes me anywhere from **15 minutes to an hour** to finish a puzzle, depending on the level of difficulty. For easier puzzles, I can usually finish them in under 20 minutes, but for more complex ones, I might take my time, sometimes even revisiting the puzzle later if I get stuck.

I really enjoy playing Sudoku because it gives me a sense of accomplishment when I finish a puzzle. It's very satisfying to see the grid fill up correctly, and I feel a great sense of relief when I finally figure out the right number for a tricky spot. It's also a great exercise for the brain, as it keeps me sharp and improves my logical thinking. However, I do find it can be a bit frustrating when I get stuck, but that's part of the fun too – it's a challenge that really makes me think critically. So overall, I feel a lot of satisfaction from solving Sudoku puzzles, and it's a good way to unwind after a busy day.

#### 1. Which do you think is better? A detective movie or its original novel?

I think it depends on personal preference, but I would argue that the original novel is often better. Novels allow readers to immerse themselves in the story, explore the characters' thoughts and motivations, and use their imagination to visualize the scenes. Detective novels, in particular, often include intricate details and clues that can be more engaging when read at one's own pace. However, detective movies can also be enjoyable because they bring the story to life with visuals, sound, and acting, making the experience more dynamic and accessible.

## **2. Why are detective stories attractive to people?**

Detective stories are attractive because they stimulate curiosity and engage the mind. People enjoy the challenge of solving mysteries alongside the characters, piecing together clues, and trying to predict the outcome before it's revealed. The suspense and tension in these stories create a thrilling experience that keeps readers or viewers hooked. Additionally, detective stories often explore themes of justice, morality, and human psychology, which add depth and make them intellectually and emotionally rewarding.

## **3. What kinds of puzzles improve people's intelligence?**

Puzzles like crosswords, Sudoku, and logic games are great for improving intelligence because they enhance problem-solving skills, memory, and critical thinking. Jigsaw puzzles can improve spatial awareness and patience, while riddles and brain teasers encourage creative thinking and mental flexibility. Strategy-based puzzles, such as chess or escape room challenges, also help develop planning and decision-making abilities. These activities stimulate different parts of the brain, making them effective tools for cognitive development.

## **4. Why do parents let their children play puzzles?**

Parents encourage their children to play puzzles because they are both fun and educational. Puzzles help children develop essential skills like problem-solving, hand-eye coordination, and concentration. They also teach patience and perseverance, as children learn to work through challenges step by step. Additionally, puzzles can be a great way for children to bond with family members or friends, fostering social skills and teamwork. Overall, puzzles are a valuable tool for promoting cognitive and emotional growth in a playful and engaging way.

## **5. How can technology and intellectual games be combined better?**

Technology and intellectual games can be combined better by creating interactive and immersive experiences. For example, mobile apps and online platforms can offer personalized puzzles and games that adapt to the user's skill level, making them more engaging and effective. Virtual reality (VR) and augmented reality (AR) can also be used to create realistic and challenging environments for problem-solving and strategy games. Additionally, incorporating elements like gamification, where users earn rewards or compete with others, can motivate people to engage more deeply with intellectual games.

## **6. Does the government need to take steps to boost the development of intellectual games?**

Yes, I believe the government should support the development of intellectual games because they have significant educational and social benefits. Funding research and innovation in this field can lead to the creation of more effective and accessible games that promote cognitive development and lifelong learning. The government could also encourage schools to incorporate intellectual games into their curricula to enhance students' critical thinking and problem-solving skills. Additionally, organizing public events or competitions centered around intellectual games can raise awareness and make them more popular among people of all ages.

### 2.1.16 (16) 最喜欢的运动

Describe a sport that you really like

You should say:

What it is

How often you do it

How you learned to do it

And explain why you like it

#### One sport that I really enjoy is badminton.

Badminton is a fast-paced sport where players use rackets to hit a shuttlecock back and forth over a net. The shuttlecock is lightweight and has a unique flight pattern, which makes the game exciting and unpredictable. Badminton can be played indoors or outdoors, but I usually play it indoors, especially when the weather isn't ideal for outdoor sports.

I play badminton **at least two or three times a week**. I often play with friends at the court in school. It's one of my go-to activities to stay active and also have fun.

I first learned to play badminton when I was **in primary school**, around 10 years old. Initially, I wasn't very good at it, but I joined a school club where we had a coach who taught us the fundamentals, like how to serve, how to hold the racket, and how to move around the court. Over the years, I improved by practicing with friends and watching professional matches, which helped me understand the techniques and strategies better.

There are several reasons why I enjoy badminton so much. **First, it's a great workout**. It's a very dynamic sport, requiring quick movements, jumps, and fast reflexes. Playing regularly has helped me improve my stamina and agility. **Second, it's a very social sport**. Whether I'm playing doubles with friends or participating in a friendly competition, it's always fun to connect with others while being active. Lastly, I find badminton to be a sport that requires a lot of concentration and skill, so it's challenging in a good way, and the more I play, the better I get at it. It's very rewarding to see progress and to be able to pull off tricky shots.

Overall, badminton is not only fun but also a great way for me to stay fit, sharpen my mind, and spend time with friends. That's why I really like playing it.

#### 1. Is sports important for children?

Yes, I believe sports are incredibly important for children, both physically and mentally. On the physical side, sports help children build strength, improve their coordination, and develop healthy habits that can last a lifetime. Regular physical activity also reduces the risk of obesity, heart disease, and other health problems. Mentally, sports can teach children essential life skills such as teamwork, discipline, and



perseverance. Additionally, participating in sports can boost their self-confidence and help them manage stress. In today's digital age, where many children spend excessive time on screens, engaging in sports is even more crucial to ensure they stay active and healthy.

## 2. How can we make children aware of the importance of sports?

There are several ways we can make children aware of the importance of sports. First, schools and parents can play a significant role by encouraging participation in physical activities from a young age. For instance, schools could offer a wide variety of sports programs so children can find something they enjoy. Additionally, parents should lead by example by engaging in sports themselves, which would inspire their children to do the same. Media campaigns and advertisements promoting the benefits of sports can also be effective, especially when they target children and highlight role models who excel in sports. Finally, creating a positive and supportive environment where children are celebrated for their effort, rather than just their achievements, can motivate them to continue being active.

### 2.1.17 (17) 环保人士

Describe a person who helps to protect the environment

You should say:

Who this person is

When this person does this

What has the person done

And explain why you think this person does this

#### **A person who really helps to protect the environment is my uncle.**

My uncle is someone who is very passionate about environmental issues. He works as an environmental engineer, and in his daily life, he actively practices sustainable habits to reduce his carbon footprint. He's also involved in several community projects focused on environmental conservation.

One of the things he does is **volunteering in local clean-up efforts**. He often participates in beach clean-ups and tree-planting events, and he encourages others to join as well. He also works with local schools to raise awareness about recycling and waste reduction. In addition, he's been involved in setting up **solar panels on rooftops** of public buildings in our town, helping to promote renewable energy.

I think my uncle is motivated to protect the environment because he's deeply concerned about **climate change** and the future of the planet. He believes that if everyone does their part, even in small ways, it can have a significant impact on reducing pollution and preserving natural resources for future generations. He's always been very passionate about nature and wildlife, and

I think that his work and volunteer efforts stem from a desire to make the world a better place for future generations, especially for his own children.

What impresses me most is his ability to balance his professional work with his personal commitment to the environment. He never pushes his ideas onto others but leads by example, which has inspired many people in our community to take action as well.

In conclusion, my uncle's efforts to protect the environment are something I really admire. His actions have made a noticeable difference, and he continues to be a role model in both his personal and professional life.

### 1. Why can recycling help the environment?

Recycling can help the environment in several ways. First, it reduces the amount of waste sent to landfills and incinerators, which helps minimize pollution and conserve space. By reusing materials like paper, plastic, and metal, we can also reduce the need to extract raw resources, which is often harmful to ecosystems. Additionally, recycling reduces energy consumption, as processing recycled materials generally uses less energy compared to manufacturing products from virgin materials. This, in turn, helps reduce greenhouse gas emissions, which contribute to climate change. Overall, recycling plays a crucial role in promoting a more sustainable and eco-friendly lifestyle.

### 2. What have people done to damage the environment?

Unfortunately, humans have done a lot to damage the environment over the years. One of the main ways we've harmed the environment is through deforestation, where vast areas of trees are cut down for agriculture, urbanization, or logging. This disrupts ecosystems, contributes to the loss of biodiversity, and accelerates climate change. Another major issue is pollution, whether it's air pollution from industrial activities, plastic pollution in the oceans, or chemical runoff into rivers and lakes. The overuse of fossil fuels has also led to the depletion of natural resources and increased carbon emissions, driving global warming. Additionally, overfishing and the destruction of habitats are contributing to the decline in wildlife populations.

### 3. Do you think technology can improve environment-related problems?

Yes, technology can definitely play a role in solving many environment-related problems. For example, renewable energy technologies like solar, wind, and hydroelectric power can reduce our dependence on fossil fuels, which would lower greenhouse gas emissions. In terms of pollution, advances in waste management and recycling technologies can help reduce the environmental impact of plastic and other materials. Moreover, technologies like electric vehicles and energy-efficient appliances can reduce carbon footprints. On a larger scale, environmental monitoring systems powered by technology can help track pollution levels and predict environmental changes, allowing us to take proactive measures. However, while technology can offer solutions, it's important that these innovations are used alongside sustainable practices and policies.

### 4. Is it important to teach students environmental protection at school?



Yes, it's incredibly important to teach students about environmental protection at school. Educating children about environmental issues not only raises awareness but also empowers them to make sustainable choices as they grow older. Schools are an ideal place to instill values of environmental responsibility because they can influence students from a young age. By learning about climate change, recycling, and conservation, students can understand the long-term effects of human activities on the planet. Moreover, when students are educated on these issues, they are more likely to adopt eco-friendly habits, encourage others to do the same, and even advocate for policies that protect the environment in the future.

### 2.1.18 (18) 想做部分修改的新法律

Describe a newly enacted law that you like but you want to change part of it

You should say:

When it was enacted

What the law is about

Which part you want to change

And explain why you want to change the part

#### **A newly enacted law that I like but would like to see some changes to is the plastic ban law.**

This law was **recently enacted last year** in my country to tackle the growing environmental issue of plastic waste. The law aims to reduce the use of single-use plastic bags and other plastic products like straws and utensils. Businesses are now required to use eco-friendly alternatives, and individuals are encouraged to bring their own reusable bags when shopping. The law has been widely welcomed because it's seen as a significant step toward reducing plastic pollution, which has been causing harm to marine life and the environment for decades.

While I think the plastic ban is a fantastic initiative and I fully support it, there is one part of the law that I would like to change, and that is **the exemption for certain types of plastic products used in food packaging**. For example, many takeaway restaurants are still allowed to use plastic containers and packaging for food delivery, which seems like a contradiction. These types of plastic, although essential for food safety, still contribute significantly to pollution, especially since many of them are not recyclable.

I believe this part of the law should be revised to **encourage the use of biodegradable or recyclable materials** in food packaging as well. It would be better if the government provided incentives for businesses to switch to environmentally friendly alternatives in food packaging, much like they did with plastic bags. This would create a more comprehensive approach to reducing plastic pollution, as the food industry is one of the biggest contributors to plastic waste.

I think the reason I want this change is because **plastic pollution is a huge problem that requires all sectors to play a role**, not just retail businesses. By addressing food packaging, we can tackle a significant portion of the problem and make sure the law has a lasting and widespread impact on the environment.

Overall, while the plastic ban law is a great step forward, I feel that improving the rules around food packaging would make it even more effective in reducing plastic waste.

## 1. Why is law important?

Law is essential because it provides structure and order within society. It establishes clear guidelines for acceptable behavior, helping to prevent chaos and conflict. Laws protect individual rights, such as personal freedom, property, and security, ensuring that people can live in a safe and fair environment. Without law, there would be no system to resolve disputes or punish wrongdoers, which could lead to injustice and inequality. Additionally, laws play a crucial role in maintaining social harmony by setting out rules for how people should interact with each other. In a broader sense, they also help safeguard public health, the environment, and the economy by regulating industries and promoting fairness in business practices.

## 2. Why are there people who like a law but want to change part of it?

There are often people who appreciate the overall principles of a law but believe certain aspects of it need improvement. This can happen because laws are designed to address a wide range of issues, but they may not always be perfectly suited to every situation. Over time, social values, technology, and circumstances change, and laws that were once appropriate may no longer align with current needs or perspectives. For example, a law that works well in one context might be seen as outdated or unjust in another. People may want to change parts of a law if they feel it's unfair, too restrictive, or if they think it could be more effective in achieving its intended goals. In a democratic society, it's normal for people to question and challenge laws in order to make the system more just and equitable for everyone.

### 2.1.19 (19) 现场表演

Describe a live performance you enjoyed watching

You should say:

Who performed in it

What kind of performance it was

When you watched it

And explain why you enjoyed watching it

I'd like to talk about a live performance of the musical *Romeo and Juliet* that I had the chance to watch last year. It was an unforgettable experience, and I still think about it often.

The performance was staged by a renowned international theater company, and the cast included incredibly talented actors and singers. The lead roles of Romeo and Juliet were played by two performers with powerful voices and exceptional acting skills, which brought the characters to life in a way that was both moving and captivating. The supporting cast was equally impressive, and the chemistry between all the actors made the performance feel authentic and engaging.

The musical was a modern adaptation of Shakespeare's classic tragedy, blending traditional elements with contemporary music and staging. The songs were beautifully composed, ranging from emotional ballads (情歌) to energetic ensemble (乐团全体成员) numbers, and the choreography (编舞) was stunning. The set design and lighting were also remarkable, creating a visually immersive experience that transported the audience to the world of Verona.

I watched this performance during a weekend trip to a major city with my friends. We had been looking forward to it for weeks, and it definitely lived up to our expectations. The combination of the music, acting, and production quality made it a truly memorable evening.

What I enjoyed most about this performance was how it managed to convey the timeless themes of love, conflict, and fate in a way that felt fresh and relevant. The emotional depth of the story, combined with the incredible talent of the performers, left a lasting impression on me. It was one of those rare experiences where everything—the music, the acting, and the atmosphere—came together perfectly, and I left the theater feeling both inspired and deeply moved.

### 1. What kind of party have you had so far?

So far, I've had a few birthday parties, which were quite memorable. For example, on my 18th birthday, my friends and family organized a surprise party for me, complete with decorations, cake, and games. It was a mix of laughter, music, and heartfelt moments. I've also attended graduation parties and casual get-togethers with friends, but birthday parties stand out because they are personal and celebratory, marking special milestones in life.

### 2. Do you think it is hard for people to perform in front of their friends?

Yes, I think performing in front of friends can be challenging for many people because there's added pressure to impress or meet their expectations. Friends are often familiar with your personality and abilities, which can make you feel more self-conscious about making mistakes. However, for some, performing in front of friends can also be easier because they feel more supported and encouraged by people they trust. It really depends on the individual's confidence and the nature of their relationship with their friends.

### 3. Is it easy to invite your friends to attend your party or your performance?

It's usually easy to invite friends to a party or performance, especially if they are close to you and share similar interests. Most friends are happy to support you and enjoy the occasion together. However, it can sometimes be challenging if they have prior commitments or if the event requires a lot of time or effort. Clear communication and giving them enough notice can make the process smoother and increase the likelihood of their attendance.

#### 4. Is it expensive to watch a live performance in your country?

The cost of watching a live performance in my country varies depending on the type of event and the venue (活动场地). For example, concerts by international artists or large-scale theater productions can be quite expensive, with ticket prices ranging from moderate to very high. On the other hand, local performances, such as community theater or smaller music gigs, are often more affordable. While some live performances can be costly, many people feel the experience is worth the price because of the unique atmosphere and connection with the performers.

#### 5. Why do many people prefer to watch a live performance rather than watch it on TV?

Many people prefer live performances because they offer a unique and immersive experience that can't be replicated on TV. The energy of the crowd, the interaction with performers, and the spontaneity of live events create a sense of excitement and connection. For example, at a concert, the music feels more powerful, and you can see the artists' emotions and efforts up close. Additionally, live performances often feel more authentic and memorable, making them a special experience that people are willing to pay for and cherish.

## 2.2 2024.10/11月更新 (51道)

### 2.2.1 (1) 有趣的谈话

Describe an interesting discussion you had with your friend

You should say:

What the discussion was about

What opinions you and your friend had

Why you think the discussion was interesting

And how you felt about it

One interesting discussion I had with my best friend took place in secondary school. It was a spontaneous conversation we had one afternoon while we were walking around the playground, just enjoying the fresh air and chatting. The topic of our discussion was "predicting the future", which might sound a bit strange, but at the time, it felt like such a thought-provoking subject that we'd never really discussed before.

The conversation started when I casually mentioned that I thought I had the ability to predict my own future, at least in the short term. This might seem a bit odd, but what I meant was that I had a clear idea of what was going to happen on a daily basis. I knew my class schedule, when I would have breaks, what homework I needed to do, and even which teacher would be teaching each subject. To me, this gave me a sense of predicting the flow of my day, almost as if I could foresee every detail of the next few hours.

However, my best friend didn't agree with me at all. She argued that true prediction had to **go beyond just routine events** and needed to involve a deeper understanding of life, people, and the world around us. To her, predicting the future meant understanding things like global events, personal relationships, or even life-changing decisions—things that weren't just a matter of knowing a schedule or plan.

As we continued our discussion, I found it really interesting to hear her point of view. She started to tell me that some people, like scientists or philosophers, might be able to predict things based on data and research, but she felt that true prediction required more than just logical reasoning. It had to involve a kind of intuition or foresight that went beyond the rational understanding of the present. Though we had very different ideas about what it meant to predict the future, we recognized that both views could be valid in their way.

What made this discussion so fascinating was that we both tried to make sense of something that seemed very abstract. We didn't come to any conclusions, but the conversation **sparked a deeper interest in how we think about time, destiny, and control over our lives**. It made me realize that predicting the future is not as simple as I once thought—it involves many layers of thinking, from knowing our routines to trying to understand bigger life events.

After that day, I found myself thinking a lot about how we define the future and whether we have control over it, or if it's something entirely beyond our understanding. We still talk about similar topics now, but that walk around the playground remains one of the most interesting and thought-provoking conversations we've had.

### 1. When do children normally form their own views?

Children begin forming their own views around the age of 3 or 4, but their opinions become more defined as they grow older, especially during adolescence. By around 10 to 12 years old, children **develop a clearer sense of identity** and are more capable of forming independent opinions on social or moral issues.

### 2. Do children have strong opinions?

Yes, as children grow, especially **during their teenage years**, they often develop strong opinions on various topics like fairness, social issues, or politics. While their views might not always be fully informed, they can still be passionate and firm about them.

### 3. Should parents request their kids to obey them?

Parents should ask their children to obey rules for safety and discipline, but it's important to balance this with encouraging open communication. When children **understand why rules are in place**, they're more likely to respect them and develop a sense of responsibility.

### 4. In what industries do you think communication is a necessary skill?

Communication is crucial in many industries, particularly healthcare, education, customer service, and business. In each of these fields, clear communication ensures effective collaboration, problem-solving, and customer satisfaction, as well as smooth operation and safety.

### 5. Should parents consider their children's opinions on everything? Why?

Parents should consider their children's opinions, especially as they grow older, to promote independence and mutual respect. However, some decisions, like those involving safety or well-being, may need to be made by parents. It's about finding a healthy balance between guidance and listening.

### 6. Why do some young people refuse to communicate with others?

Some young people avoid communication due to social anxiety, shyness, or past negative experiences like bullying. Others may feel misunderstood or simply prefer solitude, especially if they are introverted. A supportive environment can help them feel more comfortable opening up.

#### 2.2.2 (2) 童年玩具

Describe a toy you liked in your childhood

You should say

What kind of toy it is

When you received it

How you played it

And how you felt about it

One toy I absolutely loved as a child was a dragon doll. I can still remember how excited I was when I first got it, as I had always been fascinated by dragons ever since I was little. I think my love for dragons started from reading fairy tales and watching animated movies where these mythical creatures were portrayed as **powerful and majestic beings**. So, when I got the dragon doll, it felt like I finally had my own little piece of the fantasy world.

The dragon doll itself was quite special. It was a vibrant green color, with golden wings that shimmered when the light hit them. The body was **soft and plush**, but the wings and tail had a slightly stiffer texture, which made them stand out. It also had bright, sparkling eyes that gave it a very lifelike appearance, almost as though **it could come to life at any moment**. I used to spend hours playing with it, imagining all sorts of adventures where my dragon would fly through the skies and protect me from imaginary villains (坏人).

What made this toy even more memorable for me was **the sense of wonder and creativity it sparked**. I didn't just play with it as a regular doll. I created entire worlds and stories around it, and it became a companion during many of my childhood games. It helped me develop my imagination and storytelling skills, as I would invent elaborate scenarios and scenarios involving



my dragon. It also made me feel like I could escape into a fantasy realm whenever I wanted, which was something I really valued as a child.

Though I've grown up now and no longer play with the doll, I still **keep it tucked away** in a box as a reminder of my childhood and the magical adventures I had with it. It's not just a toy to me anymore; it's a symbol of the creativity and imagination that shaped a lot of my early years. It helped me dream big and created a sense of magic in my everyday life, which is something I will always treasure.

### 1. How do advertisements influence children?

Advertisements influence children by **shaping their preferences**, desires, and even behaviors. For example, ads for toys, snacks, or games often **use bright colors, catchy jingles, and popular characters to grab children's attention**. This can lead to children pestering their parents to buy the advertised products. Additionally, advertisements can create unrealistic expectations or promote materialism, making children believe they need certain items to be happy or fit in with their peers. Over time, this can affect their values and spending habits as they grow older.

### 2. Should advertising aimed at kids be prohibited?

I believe advertising aimed at kids should be **regulated**, if not entirely prohibited. Children are highly **impressionable** and may not have the critical thinking skills to understand the persuasive intent behind ads. This can lead to unhealthy consumption patterns, such as demanding sugary snacks or expensive toys. However, instead of a complete ban, stricter guidelines could be implemented to ensure ads promote positive messages, such as education or healthy habits. This way, children are protected without completely eliminating advertising.

### 3. Do you think parents should buy more toys for their kids or spend more time with them?

I think spending more time with children is far more important than buying them toys. While toys can be entertaining and educational, they cannot replace the emotional connection and guidance that come from quality time with parents. Playing, talking, or engaging in activities together helps children **develop social skills, confidence, and a sense of security**. Toys might keep children occupied temporarily, but the memories and lessons from time spent with parents have a lasting impact on their development.

### 4. What's the difference between the toys kids play now and those they played in the past?

The main difference between modern toys and those from the past is **the level of technology and interactivity**. Today's toys often include electronic components, such as lights, sounds, or apps, which make them more engaging but also more complex. In the past, toys were simpler and often made from natural materials like wood or fabric. They encouraged imaginative play and creativity, such as building blocks or dolls. While modern toys can be educational, they sometimes rely too much on pre-programmed features, leaving less room for creativity.

### 5. What's the difference between the toys boys play with and girls play with?

Traditionally, toys for boys and girls have been divided along gender lines, with boys encouraged to play with **action figures, cars, or construction sets**, while girls are given **dolls, kitchen sets, or dress-up kits**. These differences often reflect societal stereotypes about gender roles. However, this trend is gradually

changing as more parents and educators encourage children to play with a variety of toys, regardless of gender. This shift helps children develop a wider range of skills and interests, breaking away from outdated norms.

## 6. What are the advantages and disadvantages of modern toys?

Modern toys have several advantages, such as being more interactive and educational. Many toys are designed to teach children coding, problem-solving, or other skills through games and activities. They also often feature advanced technology, like augmented reality, which can make learning fun and engaging. However, there are disadvantages too. Modern toys can be expensive and may require batteries or screens, which can limit imaginative play. Additionally, some toys may overstimulate children or discourage physical activity, leading to concerns about health and creativity.

### 2.2.3 (3) 有趣的邻居

Describe a neighbor you are interested in

You should say:

Who he/she is

How do you know him/her

What you do together

And explain why he/she is interesting

I'd like to talk about an interesting neighbor of mine, Mrs. Li, who has been living next door for several years now. She's in her late seventies, but still very active and lively, which makes her stand out in the neighborhood. I first got to know her better when my family moved here, and we immediately became friends because of her **warm and welcoming nature**.

Mrs. Li is an incredibly fascinating person. Despite her age, she's traveled to more than 40 countries and has **a wealth of stories to share**. She's a retired professional travel writer, and over the years, she's written a number of books and articles about her adventures, which is something I find really impressive. What's even more amazing is how humble she is about it. Unlike many people who might brag about such accomplishments, Mrs. Li is very down-to-earth. She's always willing to listen to others and seems genuinely interested in hearing about what's going on in my life, too.

One of the things that really makes Mrs. Li stand out is her **love of sharing her travel experiences**. When we get the chance to chat, I can listen to her for hours. She's a fantastic storyteller, and I'm always captivated by the way she describes the different cultures, people, and places she's visited. She's not only well-traveled but also very knowledgeable, so when she speaks about her experiences, I always feel like I'm learning something new and valuable. I really admire her curiosity about the world and her open-minded approach to life.



Interestingly, we also **share a lot of common interests**. We both love painting, especially watercolor, and we often spend time together working on our paintings. I think it's great to have a neighbor who has similar hobbies, as it makes it easier to connect and share ideas. Additionally, Mrs. Li is very into yoga, and though I'm not as experienced as she is, she's always encouraging me to try new poses or attend local classes.

What I truly appreciate about Mrs. Li, though, is how non-pretentious she is. It's rare to meet someone with so much life experience who remains so humble and unassuming. She never makes conversations about herself, which is refreshing because sometimes people who have done a lot in life can become a bit arrogant or self-centered. But Mrs. Li is always interested in what I have to say and makes me feel heard.

In short, she's an inspiring, thoughtful, and kind person, and I feel really fortunate to have her as a neighbor. Our chats are something I look forward to, and I'm always learning from her, whether it's about life, travel, or art.

1. Do you think people are familiar with their neighbors?
2. How can people improve the relationship with neighbors in a community?
3. How do children build relationships with others in community?
4. Is it beneficial to get along well with neighbors?
5. Why do many people in big cities not know their neighbors?
6. How do people build relationships with local people in a new place?

#### 2.2.4 (4) 提高注意力

Describe something you do that can help you concentrate on work/study

You should say:

What it is

How it helps you concentrate

When you do it

And explain how you feel about it

I'd like to talk about a **technique** that has really helped me stay focused during my studies, and that's using the **Pomodoro Technique**. It might sound simple, but it has had a huge impact on my productivity. Essentially, this method involves breaking down my study time into **25-minute intervals**, known as 'Pomodoros', followed by a short 5-minute break. After four cycles, I take a longer break, usually around 15 to 20 minutes.

I discovered this technique a couple of years ago when I was struggling to stay concentrated while preparing for a major exam. I noticed that whenever I tried to study for long hours without breaks, my mind would start wandering, and I would become easily distracted. However, once I started using the Pomodoro Technique, it was like **a game-changer** for me. Knowing that I only have to focus for 25 minutes at a time makes the task seem more **manageable**, and the short breaks help me recharge mentally.

What I find particularly effective about this method is that it helps me maintain a **high level of focus** during those short bursts of time. I often turn off my phone and eliminate any distractions during each session. Surprisingly, I can accomplish much more in those concentrated intervals than when I try to study for hours on end without a clear structure. The breaks also prevent me from feeling burnt out, allowing me to sustain my energy levels throughout the day.

Besides, the Pomodoro Technique helps me **stay motivated** because it adds a sense of urgency. I try to challenge myself to complete a specific task before the timer runs out, which keeps me engaged. Additionally, after a few cycles, I reward myself with something small, like a cup of coffee or some snacks, which helps me stay refreshed and ready to continue.

In conclusion, this simple yet effective technique has greatly improved my ability to concentrate and manage my time efficiently. It's definitely something I would recommend to anyone struggling to stay focused, whether it's for studying or even working on other projects.

1. Why is it more difficult for children to concentrate nowadays than in the past?
2. Do you think technology will harm children's ability to concentrate?
3. What kinds of jobs require high concentration at work?
4. Can exercise help people improve concentration?
5. Is it important for children to concentrate on their studies? why?
6. What can people do to improve their ability to concentrate?

#### 2.2.5 (5) 重要湖泊/河流

Describe an important river/lake in your country

You should say:

Where it is located

How big/long it is

What it looks like

And explain why it is important

Yangtze River

特点: stretching over 6,300 kilometers, originates in the Qinghai-Tibet Plateau, flows eastward to East China Sea

重要性: holds significant historical, cultural, and economic importance

support the livelihoods of people, hydroelectric project -- the Three Gorges Dam

结论: not just a natural wonder, but also a lifeline for millions of people

1. How can rivers/lakes benefit local people?
2. Do you think rivers/lakes attract tourists?
3. How do rivers/lakes affect local tourism?
4. Are rivers/lakes good for transport? why?
5. What are the popular water sports in your country?
6. Are rivers and lakes important to a country?

### 2.2.6 (6) 传统产品

Describe a traditional product in your country

You should say:

What it is

When you tried this product for the first time

What it is made of

And explain how you feel about it

介绍: **Gu Zheng** = Chinese zither, long history, a long, wooden instrument with typically 21 strings, played by plucking the strings using one's fingers, often with the help of finger picks made of plastic or even tortoiseshell

I: bring me a sense of calm and relaxation. There's something almost meditative about running my fingers along the strings and producing those flowing, melodic sounds.

特点:

1. The instrument has a very distinct timbre, often described as both delicate and powerful. It can mimic the sound of flowing water, which is why it's commonly used in traditional Chinese music to evoke the beauty of nature.
2. deeply intertwined with Chinese culture and history, played during festivals, convey a wide range of emotions

(For me, mastering the Gu Zheng has been both a challenging and rewarding journey. It requires a lot of precision and control, especially when it comes to finger movements and using techniques like vibrato and glissando to express different moods. However, the effort is definitely worth it because, beyond the technical skills, it has helped me connect with my cultural heritage and develop a deeper appreciation for traditional Chinese music.)

总结: not just an instrument, a bridge that connects the past with the present and has enriched my life both musically and culturally

1. Why are traditional products important?
2. Do you think traditions are important for a country? why?
3. What are the traditional Chinese products?
4. Why is it important for children to learn about traditional products?
5. Do you think people should be proud of their own culture? why?
6. Where should children learn about culture, at school or at home?

### 2.2.7 (7) 有趣的歌曲

Describe an interesting song

You should say

What the song is

What story the song tells

Whether the song is popular

And explain why you think it is interesting

One song that I find particularly interesting is **PPAP**, which stands for *Pen-Pineapple-Apple-Pen*. It was released by a Japanese artist named **Pikotaro** in 2016 and became an unexpected viral sensation. The song itself is quite simple, both in terms of its lyrics and its melody, but it's the quirky and absurd nature of it that makes it so interesting.

The song's lyrics are ridiculously catchy and repetitive, consisting mostly of the words "Pen," "Pineapple," "Apple," and "Pen" being paired together in a way that doesn't make any logical sense. For example, Pikotaro sings "I have a pen, I have an apple, uh! Apple pen!" It sounds almost childish, but that's what makes it so entertaining. The repetitive nature of the song, combined with its simple but energetic beat, creates a sense of fun and lightheartedness that's hard not to smile at when you hear it.

What really grabbed people's attention, though, was the **dance** that goes along with the song. It's very simple, just a few hand gestures mimicking the action of holding a pen and an apple, but it became so iconic that people from all over the world started making their own versions of the dance, adding to its viral appeal. I think that's why it became such a huge hit globally, even though it's not a serious or traditional song. It has this kind of **silly charm** that makes it hard to forget.

Despite the song's simplicity, I find it interesting because of how **infectious** it is. You can hear it just once, and it'll stay stuck in your head for hours, which is a sign of a very successful and memorable song. Even though it's not a song with deep lyrics or complex composition, its charm comes from how it plays with absurdity and humor, and how it reflects the way people in today's world are drawn to quirky, offbeat content.

What I also find fascinating about **PPAP** is how it became a **cultural phenomenon**. The song was widely shared on social media and even appeared on various TV shows and in memes. It became a symbol of internet culture, and even though Pikotaro is a relatively unknown artist, he gained worldwide recognition because of it. So, for me, **PPAP** is a great example of how the Internet and social media can turn something unexpected into a global trend.

In conclusion, I find **PPAP** interesting not just because of the catchy tune and the silly dance, but because it represents a unique moment in pop culture where something simple, quirky, and unexpected can capture the attention of millions and go viral. It's a fun song that always makes me smile whenever I hear it.

1. Why are many music competitions popular in China?
2. What kinds of music do young people like?
3. What kinds of people like traditional music?
4. What are the differences between live concert and online concert?
5. Do you like to watch music TV programs? Why?
6. Are foreign songs popular in your country?

### 2.2.8 (8) 快乐活动

Describe a time when you organized a happy event successfully

You should say

What the event was

How you prepared for it

Who helped you to organize it

And explain why you think it was a successful event

One event that I organized successfully was an **icebreaker activity** for a student society that I'm part of. This took place last semester when our society was welcoming new members, and we wanted to create a warm and friendly atmosphere where everyone could get to know each other better.

The idea of organizing this event came to me because I noticed that new members often felt a bit **shy and hesitant** to interact with others during our meetings. Since I was in charge of member engagement, I decided to hold an icebreaker activity to help everyone feel more comfortable and connected.

To organize the event, I first spent some time **researching fun and engaging icebreaker games** that would be suitable for a group of around 30 people. I eventually settled on a mix of activities, such as "Two Truths and a Lie" and a team-based scavenger hunt. These games were interactive, easy to participate in, and didn't require any special equipment, which made it practical given our limited resources.

Next, I planned out the logistics. I reserved a spacious room on campus, made sure we had all the necessary materials like notepads and small prizes for the winners and even arranged for some **snacks and refreshments**. I also created a schedule to ensure that everything ran smoothly, starting with a quick introduction, followed by the games, and ending with some free time for everyone to chat.

On the day of the event, I was a bit nervous about whether everything would go as planned. However, to my relief, the activities turned out to be a **huge success**. The new members were **initially a bit reserved**, but once the games began, everyone started laughing, interacting, and forming new friendships. The "Two Truths and a Lie" game was particularly effective because it encouraged people to share interesting facts about themselves, which led to some lively discussions.

The feedback I received afterward was overwhelmingly positive. Many members told me that the icebreaker activities helped them feel **more at ease** and excited to participate in future societal events. This made me feel incredibly proud because I had achieved my goal of fostering a welcoming and inclusive environment.

**In hindsight**（事后回想）, organizing this event taught me a lot about **planning and time management**. It also boosted my confidence in my organizational skills, and I felt a great sense of accomplishment knowing that I had brought people together and helped create a sense of community. It's definitely an experience I would love to repeat, and I'm already thinking of ways to make the next event even more engaging.

1. How can parents help children to be organized?
2. On what occasions do people need to be organized?
3. Does everything need to be well prepared?
4. Do people need others' help when organizing things?

5. How would you feel when you were not well prepared for something?
6. Do you prefer to prepare and organize an activity or just take part in an activity?

### 2.2.9 (9) 壮志未酬

Describe an ambition that you haven't achieved

You should say

What it is

Why you haven't achieved it

What you are doing about it now

And how you felt about it

An ambition that I haven't yet achieved is **securing an internship** during my last summer holiday. I had been really eager to gain some practical work experience before graduating, so I set a goal for myself to find an internship in my field of study. However, despite my best efforts, things didn't quite go as planned.

To prepare for this, I spent a significant amount of time **polishing my CV** and writing tailored cover letters. I wanted to make sure that my application stood out, so I highlighted my academic achievements, extracurricular activities, and any relevant skills I had acquired. Once I felt confident with my resume, I started sending it out to various companies, hoping to land a position that would align with my career goals.

Unfortunately, despite applying to numerous companies and positions, I faced a lot of **rejections**. Some companies didn't respond at all, while others sent polite but **discouraging emails**. It was quite disappointing, especially since I had invested so much time and effort into the application process. I even reached out to a few contacts and alumni for advice, but it still didn't work out.

One of the challenges I encountered was the fact that many companies preferred candidates with **prior experience**, which created a sort of paradox: I needed experience to get the internship, but I needed the internship to gain experience. This was definitely frustrating and made me question my own abilities at times.

Despite not achieving this goal, I've tried to look at the situation positively. I realized that setbacks like these are part of the journey and can be **valuable learning experiences**. I've learned to handle rejection better and have a clearer understanding of how competitive the job market can be. This experience has motivated me to **enhance my skills** even further, whether it's by taking online courses or participating in workshops, so that I can be better prepared for future opportunities.



I'm still determined to find an internship or some practical experience in my field before I graduate. I plan to **start my search earlier** next time, expand my network, and perhaps explore opportunities in smaller companies or startups where the competition might not be as fierce. I believe that if I stay persistent and continue to improve my skill set, I will eventually achieve this ambition.

1. What ambitions do children usually have?
2. Why are some people very ambitious in their work?
3. Why don't some people have dreams?
4. How do people balance work and life?
5. Why do some people like to be the manager in the workplace?
6. What are the traits of ambitious people?

### 2.2.10 (10) 帮助小孩

Describe a time when you helped a child

You should say:

When it was

How you helped him/her

Why you helped him/her

And how you felt about it

So, my little cousin was only 8 or 9 years old at that time, and he just got a new puzzle for his birthday. It was a big one, probably 200 pieces. So, obviously, it was a bit of a challenge for him. My uncle and his wife were cooking in the kitchen, and they left me and my cousin in the living room. In the beginning, the little boy was trying to show off (显摆) by putting the puzzle together all by himself. But very soon, he realized that it was a "mission impossible" (不可能的任务). So, he turned to (求助于我) me. I saw those puppy eyes (狗狗眼, 可怜巴巴的), I couldn't say NO, and I decided to give him a hand (帮一把) and teach him the logic behind assembling a puzzle.

In terms of how I helped him, basically, I helped him by teaching him the logic of doing a puzzle. I told him to always start from finding the corner pieces (四角的块块) and the edge pieces (四条边线上的块块). That would set the stage (铺垫前景) and make things much easier (让事情变得简单).

So, together, we picked out the four corner pieces first, and, bit by bit, we hunted down (找到) all the edge pieces, lining them up (连成一条直线) to frame the whole picture. My cousin got the hang of it (找到感觉, 上手) pretty quick, his little hands moving faster with each piece he



placed. I was just there to tell him in the right direction from time to time. Then, piece by piece, the image started to come alive (呈现出来), and you could tell he was really proud of what he was achieving. By the time we put in the last piece, the whole picture looked awesome. It put a big smile on his smile (让他很开心).

He couldn't thank me enough (非常感谢). I felt quite happy that I helped him and taught him some new skills. I enjoyed the feeling of "imparting knowledge" (传输知识) and also being the super hero for my little cousin.

1. Do you often help kids? How?
2. Why is it necessary to do volunteer services?
3. What can schools do to develop students awareness of volunteering?
4. Who benefits more from the volunteer services, the volunteers or the people helped?

### 2.2.11 (11) 社交媒体上关注的人

Describe a person who you follow on social media

You should say

Who he/she is

How you knew him/her

What he/she posts on social media

And explain why you follow him/her on social media

I'd like to talk about Zhou Shen, a Chinese singer whom I follow on social media. Zhou Shen is widely known for his exceptional vocal range and his ability to sing in various styles, from pop to classical music.

I first discovered him a few years ago when I heard one of his songs featured in a popular TV drama called "The Voice of China." His voice immediately caught my attention – it has this **ethereal** (超凡的), almost **otherworldly** quality. Since then, I've followed his updates on platforms like Weibo and NetEase Music.

What really attracts me to follow Zhou Shen on social media is **his authenticity and his connection with fans**. Despite his fame, he's always been very humble and down-to-earth. His posts often feature behind-the-scenes glimpses of his life, from rehearsals to casual moments in his life. He shares his thoughts on music and life, and this personal touch makes him more relatable. I also admire how he interacts with his fans; for example, he often responds to comments and occasionally holds live-streaming sessions where he chats with his followers, which helps him build a closer relationship with his audience.

Apart from his music, Zhou Shen is also quite **involved in charitable activities**, and he uses his platform to raise awareness about important social issues. On his social media, he often posts about his involvement in fundraising campaigns, environmental causes, and other initiatives to help those in need. I really appreciate that he doesn't just use his fame for personal gain, but also for the greater good, which makes me respect him even more.

Overall, Zhou Shen is not just **a talented musician but also a positive and inspiring figure** on social media. His genuine personality, his dedication to his craft, and his social responsibility are some of the reasons why I follow him closely.

1. What can people do on social media?
2. Do older people and younger people use the same kinds of social media apps?
3. Do older people spend much time on social media?
4. Are non-social media like television and newspapers still useful?
5. Do you think people will read paper newspapers and books in the future? Why?
6. Do you think it is easy to make friends on social media?

#### 2.2.12 (12) 节约时间的方法/改变

Describe a way/change that helps you save a lot of time

You should say:

What it is

How you implement it

How difficult it is

And explain how you feel about the way/change

One change that has significantly helped me save time and increase my productivity is using the Pomodoro Technique. This is a time-management method that involves working in focused bursts of 25 minutes, followed by a 5-minute break. After completing four 'Pomodoros', you take a longer break of 15-30 minutes. I first came across the Pomodoro Technique during university when I was struggling to balance studying with other commitments.

Before I started using it, I would often **find myself procrastinating or working inefficiently** for long hours without getting much done. The Pomodoro Technique has completely transformed the way I approach tasks. It breaks down the work into manageable chunks, so I never feel overwhelmed, and the short breaks allow me to recharge before diving back into the task.

One of the major advantages is that it helps me stay **highly focused**. Knowing that I only need to work for a short, set period means that I'm less likely to get distracted or lose motivation. I find that I'm able to maintain a higher level of concentration compared to when I try to work for several hours straight. Over time, I've found that I'm able to complete tasks much faster, without compromising the quality of my work.

In addition, the Pomodoro Technique also encourages me to be more mindful about how I use my time. Because I have these short breaks, I've become more conscious of my productivity patterns and can adjust my workflow if I feel I'm not being as efficient as I could be. Overall, adopting the Pomodoro Technique has saved me a lot of time by helping me **work more effectively, stay organized, and reduce burnout**.

1. What can people do to save time?
2. Does technology help people save time? How and why?
3. Do you think parents should be responsible for teaching children to save time?
4. Do people who can manage time well become successful more easily?
5. Is it necessary for children to learn time management?
6. What can schools do to help students learn time management?

### 2.2.13 (13) 庆祝过的活动

Describe an important event you celebrated

You should say:

What the event was

When it happened

Who attended the event

And explain how you feel about the event

One of the most **memorable events** I celebrated recently was **New Year's Eve on December 31st, 2023**, which coincided with an annual celebration called **Student's Day** on our university campus. This event is something I look forward to every year because it's a unique combination of welcoming the new year and celebrating the vibrancy of student life.

The celebration is truly **a full-day affair, packed with a variety of activities**. The day began with a **student parade** in the morning. It was incredible to watch the students marching in colorful costumes, holding banners, and showcasing different performances representing various clubs and departments. The parade had a lively and festive atmosphere, and you could feel the energy and excitement in the air. Everyone was cheering, taking photos, and soaking in the festive spirit.

In the afternoon, the campus was **bustling with small games and competitions** organized by different student organizations. I participated in a few games with my friends, like tug-of-war and a trivia quiz, which was a lot of fun. These activities brought everyone together, and it was a great way to bond with classmates and even make new friends. I especially enjoyed the friendly, competitive spirit that filled the air.

However, the **highlight** of the day was definitely the **party performances** held on the playground in the evening. As night fell, the entire campus was lit up with fairy lights and decorations, creating a magical ambiance. There were performances by student bands, dance groups, and even some comedy sketches, which had everyone laughing and clapping. Additionally, there was a campfire activity where all the students gathered around the flames, dancing and enjoying each other's company under the night sky.

What made this event so special was not just the celebration itself but also the feeling of **togetherness**. It was the perfect way to wrap up the year and welcome a new one surrounded by friends, laughter, and a sense of community. I felt genuinely happy and grateful to be a part of such a lively and positive environment.

This celebration will always hold a special place in my heart because it reminded me of the joy of being in college, surrounded by people who are not just classmates but a second family. It was a day full of **fun, excitement, and unforgettable memories**.

1. Do you like to celebrate important events? why?
2. What kinds of events do people usually celebrate?
3. Do people often celebrate events with a large group of people or just a few people?
4. Do people often celebrate festivals with families?
5. Why is it important to celebrate festivals?
6. Do most people like to share their good news with others?

#### 2.2.14 (14) 有用的发明

Describe an invention which is very useful in your daily life

You should say:

What it is

What do you use it for

Is it easy to use

And explain why it is useful

Today, I'd like to talk about an invention that has become incredibly useful in my life: **online payment systems**. This technology has really transformed how I **handle my finances and go about my daily activities**. It includes various platforms like mobile banking apps, digital wallets, and payment systems like Apple Pay, Google Pay, and others.

I first started using online payments a few years ago, and it's made my life so much easier and more efficient. In the past, whenever I needed to pay bills or make purchases, I had to visit physical stores or banks, which was **time-consuming**, especially with long queues. Now, I can pay for almost anything with just a few taps on my phone. Whether it's paying for groceries, ordering food delivery, or booking a taxi, I can do it instantly without needing cash or even a physical card. Also, these systems are **highly secure, with encryption and two-factor authentication**, so I don't worry much about fraud.

Another thing I appreciate about online payments is how they make traveling simpler. I don't have to carry large amounts of cash when I'm in a foreign country. I can just use my phone to pay for things, which is really helpful and **reduces the hassle of currency exchange**.

Overall, I would say online payments have made my life more convenient, efficient, and secure. It's hard to imagine going back to the old days when I had to withdraw cash from ATMs or write checks. This invention has definitely become an indispensable part of my everyday life, and I believe it's something that more people will continue to rely on in the future.

### 1. What qualities do inventors have?

Inventors typically possess qualities like creativity, curiosity, and perseverance. They are able to **think outside the box** and come up with innovative solutions to problems. Curiosity drives them to explore new ideas and ask questions that others might overlook. Additionally, perseverance is crucial because the invention process often involves trial and error, failures, and setbacks. Inventors also need strong problem-solving skills and the ability to work independently or collaboratively, depending on the project.

### 2. Do all inventions bring benefits to our world?

Not all inventions bring benefits; some can have negative consequences or unintended side effects. For example, while inventions like **plastic** have revolutionized industries, they have also led to environmental pollution. Similarly, advancements in technology, such as social media, have connected people globally but have also contributed to issues like misinformation and mental health problems. It's important to evaluate the long-term impact of inventions to ensure they contribute positively to society.

### 3. Who should support and sponsor inventors, governments or private companies?

Both governments and private companies have roles to play in supporting inventors. Governments can provide **funding, grants, and policies** that encourage innovation, especially in areas that may **not be immediately profitable but are socially beneficial**, such as healthcare or environmental sustainability. Private companies, on the other hand, can offer **resources, expertise, and market access** to bring inventions to life. A collaborative approach, where both sectors work together, can create an environment that fosters innovation and ensures its benefits are widely shared.

#### 4. What inventions do you think should be improved?

An area for improvement is plastic materials. While plastic is versatile and durable, its non-biodegradable nature has led to environmental crises. Developing eco-friendly alternatives or better recycling methods is essential.

#### 5. Do you think only scientists can invent new things?

No, I don't think only scientists can invent new things. While scientists often play a key role in technological and medical advancements, **inventors come from all walks of life**. For example, entrepreneurs, engineers, artists, and even everyday individuals can come up with innovative ideas or solutions to problems. Many inventions arise from practical needs or creative thinking rather than formal scientific research. Collaboration across different fields and perspectives often leads to the most groundbreaking innovations.

#### 6. Are there any other inventions that make the world better?

Yes, there are countless inventions that have made the world better. For instance, the internet has revolutionized communication, education, and access to information, connecting people across the globe. Medical inventions like vaccines and antibiotics have saved millions of lives and improved public health. Renewable energy technologies, such as solar panels and wind turbines, are helping to combat climate change by providing cleaner alternatives to fossil fuels. These inventions demonstrate how creativity and innovation can address global challenges and improve quality of life.

### 2.2.15 (15) 一次非常忙碌的经历

Describe a time you were very busy

You should say:

When it happened

Where you were

What you did

And explain why you were busy

I'd like to talk about a time when I was extremely busy, which happened during the exams week in college last semester. It was one of the most **stressful periods** I've ever experienced because I had to prepare for nine exams, and I only had a week to do it. To be honest, I got myself into that situation because I had **procrastinated on my review schedule** and left everything until the last minute.

At the start of that week, I realized how much I needed to catch up on. Each subject required intensive preparation, and the topics were quite challenging. I was **overwhelmed**, but there was no time to waste, so I quickly created a strict study plan. I divided my time into blocks, dedicating several hours each day to each subject, and even sacrificed sleep to make more time for studying.



There were days when I was up until 3 or 4 in the morning, only to wake up a few hours later and continue revising.

To make things even more stressful, all the exams were **back-to-back with no breaks in between**. I remember one particular day when I had two exams, one in the morning and another in the afternoon. As soon as I finished the first exam, I rushed to the library to cram for the next one. I had to juggle multiple textbooks, class notes, and online resources, trying to digest as much information as possible in a short time.

What made it even more difficult was that **each subject required a different approach**. For subjects like mathematics and physics, I had to focus on solving practice problems, while for literature and politics, I had to memorize facts and analyze texts. I was mentally exhausted, but I kept **pushing through** because I knew I didn't have any other option.

In the end, it was an exhausting week, but it paid off. I managed to **get through** all nine exams, and although I didn't get perfect scores, I was able to pass them all with decent grades. The experience taught me a valuable lesson about **time management** and the importance of starting my preparation early. I realized that the stress and sleepless nights could have been avoided if I had been more disciplined with my study schedule from the beginning.

Looking back, it was definitely one of the busiest and most intense weeks of my college life. But it also showed me that when pushed to the limit, I'm capable of focusing and working hard under pressure. Now, I always try to plan ahead to avoid getting into such stressful situations again.

### 1. Are you often busy?

#### 1. What are the advantages and disadvantages when people keep busy?

Keeping busy has several advantages, such as increasing productivity, reducing boredom, and providing a sense of purpose. When people are occupied with meaningful tasks, they often feel more accomplished and motivated. However, there are also disadvantages. Being too busy can lead to stress, burnout, and a lack of work-life balance. It may also leave little time for relaxation, self-care, or spending time with loved ones. Therefore, it's important to find a balance between staying busy and allowing time for rest.

#### 2. Do you think children should learn through playing games or under pressure?

I believe children learn best through playing games rather than under pressure. Games make learning fun and engaging, which helps children retain information and develop skills like problem-solving, creativity, and teamwork. For example, educational games can teach math, language, or science concepts in an interactive way. On the other hand, learning under pressure can lead to anxiety, fear of failure, and a negative attitude toward education. A balanced approach, where play is combined with gentle guidance, is ideal for fostering a love of learning.

#### 3. What kind of pressure do people may experience at work?

People may experience various types of pressure at work, such as meeting tight deadlines, handling heavy workloads, or dealing with high expectations from supervisors. They might also face pressure to perform well, compete with colleagues, or adapt to changes in the workplace. Additionally, interpersonal conflicts or a lack of work-life balance can contribute to stress. These pressures can affect mental and

physical health, making it important for employers to create a supportive and manageable work environment.

#### 4. How does technology help with time management?

Technology helps with time management by providing tools and apps that organize tasks, set reminders, and track progress. For example, calendar apps allow users to schedule appointments and prioritize activities, while project management software helps teams collaborate and meet deadlines efficiently. Additionally, automation tools can handle repetitive tasks, freeing up time for more important activities. Technology also enables remote work, reducing time spent commuting and allowing for more flexible schedules. Overall, it enhances productivity and helps people make the most of their time.

#### 5. Does technology distract people?

Yes, technology can be a significant source of distraction. For instance, social media, entertainment apps, and notifications often interrupt focus and reduce productivity. Many people find it challenging to resist the temptation to check their phones or browse the internet, especially when working or studying. However, technology can also be used to minimize distractions through features like "do not disturb" modes or apps that block access to distracting sites. The key is to use technology mindfully and set boundaries to stay focused.

#### 2.2.16 (16) 惊喜之事

Describe something that surprised you and made you happy

You should say:

What it was

Who did this

How you found out about it and what you did

And explain why it surprised you and made you happy

One of the most surprising and happiest moments I've experienced was when I received a **birthday cake from my boyfriend** at the time. This happened about two years ago, and I still remember it vividly because it was such an unexpected yet touching gesture.

To give you some context, my boyfriend and I were in a **long-distance relationship** back then. My birthday was approaching, and honestly, I wasn't expecting much since we couldn't be together in person. I had planned to just spend the day quietly with a few close friends. However, on the morning of my birthday, I received a delivery, and to my absolute surprise, there was a **beautifully decorated cake** waiting for me.



What made this surprise so special was the effort he put into it. It wasn't just any store-bought cake—it was **handcrafted and customized** with my favorite flavors and decorations. Apparently, he had **coordinated with** a local bakery near my school. The cake had a small note attached, expressing how much he missed me and wished he could be there to celebrate with me in person.

Receiving that cake was incredibly heartwarming and truly made my day. At that moment, I felt a surge of **happiness and appreciation** because I realized just how much he cared. It **wasn't** just the cake itself **but** the thoughtfulness behind the gesture that made it so memorable. To be honest, I was almost moved to tears because it was the last thing I was expecting.

Sadly, we eventually **broke up** due to the challenges of maintaining a long-distance relationship. However, looking back, that surprise is still one of the **fonddest memories** I have. It not only made me happy but also reminded me that even small gestures can have a significant impact on someone's emotions.

1. How do people express happiness in your culture?
2. Do you think happiness has any effect on people? How?
3. How can people be happy?
4. Is it good for people to be unhappy? why?
5. Do men and women have different attitudes and feelings about shopping?
6. What do people usually spend money on?

### 2.2.17 (17) 喜欢一起聊天的朋友

Describe a friend you like to talk with

You should say:

Who he/she is

What you like to talk about

Why you like to talk with him/her

And explain how you feel about him/her

I'd like to talk about my friend Anna, who I absolutely love talking to. We've known each other for about 3 years now, ever since we met in university, and over time, she's become one of the people I cherish the most in my life. Whenever I need someone to talk to, whether it's about something serious or just a lighthearted chat, Anna is always my go-to person.

One of the main reasons I enjoy talking to her is because she's such an attentive listener. No matter what I'm talking about, she always gives me her full attention, which is quite rare these days when people are often distracted by their phones. She doesn't just listen passively either—

she asks thoughtful questions and offers insightful advice. For example, there was a time when I was really struggling with making an academic decision, and she helped me weigh the pros and cons without being pushy or judgmental. Her ability to understand my perspective and give me advice that's actually helpful is something I truly appreciate.

Another reason I love our conversations is because we share similar interests, especially when it comes to books, movies, and current events. We often end up having deep discussions about the latest book we've read or a thought-provoking documentary we've watched. These conversations can sometimes last for hours, but it never feels like a waste of time because I always come away feeling inspired or having learned something new.

What I admire most about Anna is her sense of humor. Even when we're talking about serious topics, she has this amazing ability to make me laugh. It's not that she makes light of serious matters, but rather, she knows how to add a touch of humor that lightens the mood. This is especially comforting when I'm feeling stressed or overwhelmed—she just has a way of turning my day around with her jokes and witty comments.

All in all, talking to Anna is something I genuinely look forward to because it's not only enjoyable but also meaningful. I always feel understood, supported, and uplifted after our conversations. It's a rare thing to have someone in your life with whom you can talk about almost anything, and I consider myself lucky to have a friend like her.

1. Where do young people like to meet?
2. What do young people talk about when they meet up?
3. Do you think people should be honest when talking with friends?
4. On what occasions do people talk with strangers?
5. What makes a good listener?
6. What are the differences between talking to a friend and talking to a stranger?

### 2.2.18 (18) 你的国家的名人

Describe a popular/well-known person in your country

You should say:

Who this person is

What he/she has done

Why he/she is popular

And explain how you feel about this person

I'd like to talk about Sun Yingsha, who is one of the most well-known athletes in China today. She's a phenomenal table tennis player, and she's gained widespread recognition, especially after her impressive performance in the 2024 Paris Olympics. Sun Yingsha has become a household name in China, not just because of her exceptional skills, but also because of her dedication, sportsmanship, and relentless pursuit of excellence.

At the Paris Olympics, Sun Yingsha had a remarkable run. She won several medals, among which the mixed doubles gold was particularly significant because it was the first-ever mixed doubles gold medal for the Chinese table tennis team.

What really impresses me about Sun Yingsha is her determination and focus on the game. (She's known for her incredible agility, quick reflexes, and powerful shots.) Watching her play is truly inspiring because she always gives it her all, whether it's a national competition or the Olympic finals. Despite being under immense pressure, she maintains a calm demeanor, which is something I really admire.

Beyond her skills on the table, Sun Yingsha is also admired for her humility. Despite her numerous achievements, she remains grounded and always credits her teammates and coaches for her success. This attitude has won her a lot of fans, not just in China but around the world.

Her popularity in China goes beyond just sports enthusiasts. She has become a symbol of perseverance and excellence, especially for the younger generation. Many young athletes look up to her as a role model because she shows that with hard work, anything is possible.

All in all, Sun Yingsha is a true sports icon in China. I believe she will continue to inspire future generations with her incredible talent and unwavering dedication to the sport.

1. What kinds of people are popular at work?
2. Are bosses more popular than employees at work?
3. Which one is more important, keeping a good relationship with colleagues or doing well at work?
4. What benefits are there when a child is popular at school?
5. Are there any disadvantages if a child is popular at school?
6. Do you think popular children will grow up to be popular adults?

### 2.2.19 (19) 花费甚少的外出日

Describe a special day out that cost you little money/didn't cost you much

You should say:

When the day was

Where you went

How much you spent

And explain how you feel about the day

I'd like to talk about a special day I had recently that cost me almost nothing, but it was truly memorable. This happened a few months ago when my friends and I decided to have a picnic at a nearby park. We were all feeling a bit overwhelmed with our studies and assignments, so we thought it would be a great idea to take a break and relax outdoors. Since we were all on a tight budget, we wanted to do something fun without spending much money.

We planned it quite simply. Each of us brought some **homemade food**, like sandwiches, fruit, and snacks. I took a batch of cookies from ingredients I already had at home, so it didn't cost me anything extra. One of my friends brought a bottle of homemade iced tea, while another brought some fruits that were already in season. It was **a perfect potluck-style picnic** where everyone contributed something small.

On the day of the picnic, we headed to a large park near our university. The weather was perfect—it was sunny but not too hot, with a gentle breeze that made it really pleasant to sit outside. We found a nice shady spot under a big tree where we could spread out our blankets. We spent hours just chatting, laughing, and enjoying each other's company. It felt so refreshing to be away from the usual hustle and bustle of daily life.

What made the day even more special was that we brought along some **games**. One of my friends brought a deck of cards, and we ended up playing card games. It was so much fun, and we were all laughing so hard that we completely lost track of time. At one point, we even took a short walk around the park, enjoying the beautiful scenery and the blooming flowers.

The best part about that day was that it didn't cost us much at all. Apart from the small cost of the ingredients we used to make the food, everything else was completely free. It made me realize that sometimes, you don't need to spend a lot of money to have a great time. *What truly matters is the people you're with and the quality of the time you spend together.*

Looking back, it was one of the most enjoyable and relaxing days I've had in a long time. It reminded me that sometimes, the simplest things in life can bring the most joy. I think that's a lesson I've carried with me ever since—that you can create beautiful memories without needing to splurge.

1. Do people like to spend their leisure time out in your country?
2. How do people spend their leisure time in your country?
3. How does technology affect the way people spend their leisure time?
4. Do you think only old people have time for leisure?
5. Why do people like to have days off?
6. Going out to have holidays is tiring. Why do people still want to do it?

## 2.2.20 (20) 想要共事的家人

Describe a family member who you want to work with in the future

You should say:

Who he/she is

Whether you worked together before

What kind of work you would like to do with him/her

And explain how you feel about this family member

One family member I would really like to work with in the future is my cousin. She's not only a family member but also someone I deeply admire and look up to. My cousin has always been **an incredibly organized and creative person**, and over the years, I've seen her develop these skills into something truly professional. Currently, she works as a graphic designer for a well-known agency, and I've always been fascinated by her work.

The reason I would like to work with her is that we both share a passion for creative projects. I have some skills in building website and content creation, so I think we would **complement** each other quite well if we started a business together. For instance, I imagine we could run a small design and marketing firm, where she could handle the visual elements, while I focus on managing social media, and marketing strategies. It's something we've casually discussed a few times, and I believe our combined skills would make for a solid partnership.

Moreover, my cousin is someone who is extremely **disciplined and has a strong work ethic**, which I think would be a great influence on me. She's always been the kind of person who plans things **meticulously**, whether it's a project deadline or even a family event. This kind of structured approach to work is something I could definitely learn from. On the other hand, I'm a bit more spontaneous and flexible, so I think we would balance each other out quite well.

Another reason I'd love to collaborate with her is that working with a family member, especially someone I'm close to, would make the experience more enjoyable. I imagine it would create **a sense of trust and openness**, which can be hard to find when working with colleagues you don't know as well. Of course, there could be challenges, such as mixing family and business, but I think our strong communication skills would help us overcome any potential conflicts.

If the opportunity arises in the future, I would love to **start a creative venture with my cousin**. It excites me, and I believe it would not only strengthen our relationship but also help both of us grow professionally.

### 1. What kinds of family businesses are common in China?

In China, common family businesses include restaurants, retail shops, and small manufacturing units. For example, many families run local eateries or tea shops that have been passed down through generations. Additionally, agriculture-based businesses, such as farming or livestock rearing, are also

prevalent in rural areas. In recent years, some families have ventured into e-commerce or tech-related businesses, leveraging online platforms to expand their reach. These businesses often rely on close family ties and shared responsibilities to operate successfully.

## **2. Is it good to work with family members? Why?**

Working with family members can be both beneficial and challenging. On the positive side, it fosters trust, loyalty, and open communication, as family members often share common goals and values. For example, a family-run business can operate more harmoniously because everyone is invested in its success. However, it can also lead to conflicts, as personal and professional boundaries may blur. Disagreements over decisions or responsibilities can strain relationships. Overall, it depends on the family dynamics and the ability to maintain professionalism.

## **3. Why do people want to do family business?**

People are drawn to family businesses for several reasons. Firstly, it allows them to continue a legacy and preserve traditions, which can be deeply meaningful. Secondly, family businesses often provide a sense of security and stability, as family members are more likely to support each other during tough times. Additionally, working with family can create a flexible and supportive work environment, where personal and professional lives are more integrated. Lastly, it offers the opportunity to build wealth and assets that benefit the entire family.

## **4. What benefits are there when working for big companies?**

Working for big companies offers several benefits, such as job stability, competitive salaries, and opportunities for career growth. Large organizations often provide comprehensive training programs, professional development resources, and clear career progression paths. Employees also benefit from access to advanced technology, diverse teams, and global networks. Additionally, big companies usually offer attractive perks, such as health insurance, retirement plans, and paid leave, which contribute to a better work-life balance and overall job satisfaction.

## **5. Why do people want to change their jobs?**

People change jobs for various reasons, including seeking better career opportunities, higher salaries, or improved work-life balance. Some may feel stagnant in their current roles and look for new challenges to grow professionally. Others might leave due to dissatisfaction with their workplace environment, such as poor management or lack of recognition. Personal reasons, like relocating to a new city or pursuing a passion, can also drive job changes. Ultimately, people want to find roles that align with their goals, values, and lifestyle.

## **6. What do people need to do to change their jobs?**

To change jobs, people need to take several steps. First, they should assess their skills, interests, and career goals to identify suitable opportunities. Next, they need to update their resume and LinkedIn profile to reflect their qualifications and achievements. Networking is also crucial, as many job openings are filled through referrals or connections. Additionally, preparing for interviews by researching the company and practicing common questions is essential. Finally, it's important to give proper notice to their current employer and ensure a smooth transition.



### 2.2.21 (21) 远距离步行

Describe a long walk you ever had

You should say

When this happened

Where you walked

Who you were with

And explain how you feel about this long walk

The longest walk I've ever had was during my senior high school **military training**, which was **an intense and memorable experience**. It was part of a mandatory program designed to build endurance, discipline, and teamwork among students. The walk was about 10 kilometers, and we had to **march** from our school to an outdoor tourist attraction called the **Oriental Oasis**, which is a well-known park and scenic area.

The walk itself was part of a larger training activity, so we had to follow a strict schedule and walk in formation with a large group of fellow students. I remember the morning we set off – it was very early, and the air was cool and fresh. At first, it seemed manageable. But later, as we walked further from the school and into the countryside, the distance started to feel longer and the landscape began to change.

The route wasn't particularly difficult, but **the challenge was maintaining a steady pace**. Such a long walk was very demanding physically, and after a while, my legs started to feel sore. However, there was a sense of camaraderie among my classmates, and we encouraged each other to keep going. We would sing songs or share jokes from time to time to distract ourselves from the exhaustion, and that definitely helped keep our spirits up.

When we finally reached the **Oriental Oasis**, it felt like a huge accomplishment. No one straggled. The sense of relief was overwhelming, and we were able to relax and enjoy the beautiful surroundings.

In retrospect, that 10-kilometer walk was one of the most challenging yet rewarding experiences of my life. It taught me a lot about physical endurance, teamwork, and the importance of perseverance. Even though it was tough at times, I'm glad I had the chance to do it, as it not only built my stamina but also gave me a sense of achievement that I still carry with me today.

1. What outdoor activities do people like?
2. What are the differences between the outdoor activities children did in the past and now?
3. Is leisure time important to everyone? Why?
4. Do women have more leisure time than men?

5. What are the benefits of outdoor activities for children?
6. Do you think that walking is not as helpful as playing other sports for our health?

### 2.2.22 (22) 生活中离不开的东西

Describe something that you can't live without (not a computer/ phone)

You should say:

What it is

What you do with it

How it helps you in your life

And explain why you can't live without it

phone

特点: not just jot down my thoughts; a tool for organizing my life, processing emotions, and even setting goals

1. having a conversation with myself, track my progress -- a form of self-therapy -- emotional benefits
2. invaluable for its practicality -- brainstorm new ideas, draft plans for upcoming events, or list things I need to accomplish -- transform vague thoughts into concrete actions

=> 对比 app, the physical act of writing to be far more satisfying

总结: more than just a notebook: a companion that helps me stay grounded, creative, and reflective

1. Why are children attracted to new things (such as electronics)?
2. Why do some grown-ups hate to throw out old things (such as clothes)?
3. Is the way people buy things affected? How?
4. What do you think influences people to buy new things?
5. Why do all children like toys?
6. Do you think it is good for a child to always take his or her favourite toy with them all the time?

### 2.2.23 (23) 语言学习

Describe a thing you did to learn another language

You should say:

What language you learned



What you did

How it helped you learn the language

And how you felt about it

One effective thing I did to learn English was to immerse myself in the language by **watching movies and TV shows in English**. I started doing this a few years ago, as I felt that my reading and writing skills were improving, but my listening and speaking abilities were still not at the level I wanted.

At first, I watched with subtitles in Chinese to understand the context and storyline, but gradually, I switched to English subtitles. This helped me connect the spoken words with their written form, and it also allowed me to learn new vocabulary and expressions. The great thing about watching movies and TV shows is that they expose you to various accents and colloquial language, which is often not covered in traditional language lessons.

I chose to watch **a variety of genres**, from dramas to comedies, and even documentaries. I wanted to get used to different tones, speeds of speaking, and formal versus informal language. For example, I watched *2 Broke Girls*. They use everyday, conversational English, which helped me sound more natural in casual conversations. Additionally, watching documentaries or news programs helped me improve my formal language and understanding of more complex vocabulary.

Another benefit of this approach was that it made learning English more **enjoyable**. Instead of seeing it as a task, I started to look forward to the next episode or movie, and without realizing it, I was learning new phrases and improving my listening skills. It also gave me **a better understanding of culture** and the way people interact in different contexts, which I think is crucial for mastering any language.

Overall, watching TV shows and movies in English was a fun and effective way for me to enhance my language skills. It allowed me to practice listening, pick up new words, and become more familiar with English-speaking cultures, all while keeping my learning process engaging.

1. What difficulties do people face when learning a language?
2. Do you think language learning is important? Why?
3. Which is better, to study alone or to study in a group? Why?
4. What's the best way to learn a language?
5. What are the advantages and disadvantages of learning a language?
6. Some people think that technology has made it unnecessary to learn languages. What do you think?

### 2.2.24 (24) 别人给你的衣服

Describe an item of clothing that someone gave you

You should say:

What the clothing was

Who gave it to you

When you got it

And explain why this person gave you the clothing

One item of clothing that I received as a gift and have cherished for years is a handmade sweater from my grandma. She gave it to me as a birthday present several years ago, and it holds a lot of sentimental value for me.

The sweater is really special not just because it's a gift from my grandma, but also because she made it herself. My grandma **has been knitting for** as long as I can remember, and she's always crafted beautiful, intricate pieces for her family. When I opened the package and saw the sweater, I was immediately **struck by the craftsmanship**. It's made of soft wool, and the pattern is quite unique – a combination of subtle colors and geometric shapes that give it a cozy yet stylish look. The fit was perfect at the time, and it was incredibly comfortable to wear.

What makes this sweater even more meaningful is the thought and time my grandma put into making it. She spent weeks working on it, knitting each section carefully, and I know that she poured a lot of love and attention into every stitch. Every time I wore it, I felt a deep connection to her and a sense of warmth, both physically and emotionally.

However, now that I've grown up, I've outgrown the sweater. It no longer fits me as it once did, which is a bit bittersweet. Still, I can't bring myself to part with it because it holds so many memories. Even though I can't wear it anymore, I keep it tucked away in my wardrobe as a reminder of my grandma's affection and the special bond we share. Sometimes, when I'm feeling nostalgic, I take it out just to feel close to her.

Overall, this handmade sweater is one of the most meaningful gifts I've ever received. It's not just about the sweater itself, but the love, effort, and thought behind it. That's why it will always hold a special place in my heart, even if I can no longer wear it.

1. Have you ever given clothes to others?
2. Why do people dress casually in everyday life but dress formally at work?
3. What are the advantages and disadvantages of wearing uniforms at work and school?
4. Why do people from different countries wear different clothing?
5. What influences the way people dress in today's society?

### 2.2.25 (25) 一个去过的地方

Describe a time you visited a new place

You should say:

Where the new place is

When you went there

Why you went there

And explain how you feel about the place

Ok, so, today I want to talk about our new dog park (狗狗公园) in the city.

So, this dog park is located in the city suburbs. It was just built a few months ago, and it's been a hit (潮流) from day one (从第一天起). It's become a local sensation (当地的潮流) for not just dog owners (狗主人), but also dog lovers (爱狗人士). I walk my dog (遛狗) in that park when I am at home as it's just a stone's throw away (很近) from where I live.

Moving on to how I feel about it, well, first off, I feel happy for all the dog owners (狗主人) like me. I can't tell you how much this dog park has changed my life. There're so many things we can do in this park. We can walk our dogs on the winding walking trails (蜿蜒的步行小路). Or we can just let them run around in the open areas (开场地带). And there are benches and picnic spots (长椅长凳和野餐地点) for the owners, so it's not just fun for the dogs. It's a nice hangout spot (聚点) for us too.

And then, I love the impacts of this new park. It brings dog owners together (把人带到一起), creating a sense of community. It's like a social hub where people meet, chat, and share their dog-raising experiences (分享养狗经验). It's also beneficial for people who don't like dogs or even are afraid of dogs, because this dog park **keeps dogs off the streets** (让狗狗远离大街), giving those dogs, especially bigger ones, a specific place to be.

So, yeah, that's the park. Thank you for your time.

1. Which do you prefer, living in a city or only visiting it as a tourist?
2. How do young children react when they go to school for the first time?
3. How do young and old people react differently to new things?
4. Why do some people want to go to college far away from home?
5. Do you think it's important to get as much information as possible before going to a new place?
6. Why do many people enjoy visiting a new place?

### 2.2.26 (26) 一个困难的决定

Describe a difficult decision that you made and had a good result

You should say:

What the decision was

When you made that decision

Why it was difficult to make

And explain how you felt about the good result

Last year, I made a very hard decision of breaking up with (提分手) my boyfriend. Now he's my ex-boyfriend, and, come to think of it, even though it was really hard, still it was the right thing to do/ it was a good call (是正确的选择) .

We had been together for about three years, and during that period of time, I was in two minds (犹豫, 纠结) all the time. *On one hand*, he was funny and charming. He could really make me laugh. I loved his sense of humor (我喜欢他的幽默感) and his charisma. *On the other hand*, he was a control freak. He always wanted me to listen to him, and say yes to him. He really put a lot of pressure on me. I mean, I'm an independent person with an independent mind, so I couldn't just blindly follow his commands (跟随他的指令) . He was very bossy (霸道的) and macho (大男子主义的) .

I **was torn between** (很纠结) leaving and staying. I didn't want to rush into the decision (匆忙做决定) , so I waited long enough because I wanted to give it a chance. After being together for three years, I was very unhappy, so I finally made up my mind (彻底下决定) to leave him. I told him about my decision. It wasn't easy for me. I was crying and having a meltdown when I saw him for the last time. And he refused to take it. We were not **on the same page** at all (意见不一致, 他不想分手) .

After the breakup, in the beginning, he was still trying to influence my decision by constantly calling me and trying to see me. It was extremely difficult for me to not pick up the phone. But I pulled myself together (振作起来) . I didn't give him any chances to talk to me. And eventually, after 6 months, he gave up.

I'm now feeling so much better without him. Everything is water under the bridge (事情都过去了) . Even though I still miss him sometimes, I know it will all be over one day. Time will heal everything (时间会治愈一切) . It was a tough decision to make, but it was the right thing to do.

1. What kinds of decisions do young people have to make?
2. Do you think young people are easily influenced by others when they make decisions? Why or why not?
3. Do you think some people can make decisions without asking for advice from others?

4. Do you think it's necessary for kids to make as many decisions by themselves as they can?
5. Who do young people like to ask for advice when making decisions?
6. Do advertisements influence consumers' decisions?

### 2.2.27 (27) 征求意见

Describe a time when someone asked for your opinion

You should say:

Who asked for your opinion

Why he/she wanted to know your opinion

What opinion you gave

And explain how you felt when he/she asked for your opinion

I'd like to talk about a time when one of my close friends came to me for advice about a difficult decision she was facing. It happened last year when she was really struggling in her relationship and was torn about whether to break up with her boyfriend or not. She asked me for my honest opinion, and after hearing her out, I suggested that she end the relationship.

My friend had been with her boyfriend for nearly three years, but during that time, she often felt conflicted. On one hand, she told me he was funny, charming, and could always make her laugh. She appreciated his sense of humor and charisma, which had initially drawn her to him. But on the other hand, she described him as controlling and overly domineering. He constantly wanted things to go his way and pressured her to always agree with him. It was clear that he was quite bossy and had a very macho attitude.

As my friend shared all this with me, she was obviously distressed. She explained that she felt suffocated in the relationship because he expected her to follow his commands, which didn't align with her independent nature. I could see how this was affecting her mental and emotional well-being. She was hesitant about making a decision because they had been together for so long, and she felt that ending things might be too drastic. But at the same time, she was unhappy and didn't feel like she could truly be herself around him.

After listening to her, I told her that if the relationship was making her miserable, it was probably better for her to walk away. I reminded her that staying in a relationship out of fear of being alone is never a good reason. She needed to prioritize her own happiness and mental health. Although it was a tough suggestion to make, I believed it was the right call.

In the end, she decided to take my advice and broke up with him. The breakup was really hard on her at first because her ex-boyfriend kept trying to reach out, calling her and asking to meet. I remember she had a hard time resisting the urge to answer his calls, but she stayed strong and eventually cut off all communication. After several months, he finally stopped contacting her, and

she began to heal.

Now, she often tells me how grateful she is for my advice. She feels much lighter and happier without the constant stress he brought into her life. While it wasn't easy for her to go through, she now realizes it was the right thing to do. Seeing her in a much better place now confirms that sometimes, giving difficult advice is necessary, even if it's hard for someone to hear.

1. Why do some people dislike giving their opinions?
2. Are there any apps designed for collecting opinions about products or services?
3. Why do people like to express their opinions on the Internet nowadays?
4. What are the disadvantages of sharing opinions on the Internet?
5. Should teachers give advice to children?
6. What should a company do when receiving feedback about its products?

### 2.2.28 (28) 交通拥堵

Describe a time when you were stuck in a traffic jam

You should say:

When it happened

Where you were stuck

What you did while waiting

And explain how you felt in the traffic jam

I'd like to talk about a time when I was stuck in a traffic jam, but it wasn't the typical car traffic you might imagine. This happened on my university campus, and it involved bikes rather than cars. Since I'm a student, I commute to different classes on my electric bike every day because our campus is quite large. There's a long break between classes, and during this time, many students, including myself, need to move between buildings. Unfortunately, this often leads to a chaotic situation.

The main issue is that there's only one main road connecting the east and west sides of the campus, and it's the shortest route. Taking any other path would be three times longer, so naturally, everyone prefers using this route. One day, I had a class in a building on the west side, and I had just finished a class in the east. The teacher delayed the class for 5 minutes, so as soon as the class was over, I jumped on my bike and headed towards the other building.

However, as soon as I reached the main road, I found myself stuck in a bike traffic jam. There were dozens, if not hundreds, of students on electric bikes, all trying to use the same road at the same time. The university guard was trying to manage the flow, but many students were impatient and didn't listen to his instructions. This only made the situation worse, as everyone was trying to squeeze through, making the road even more congested.

I was frustrated because I knew I was running late. At one point, we were all **at a standstill**, unable to move forward or backward. When the traffic finally started moving again, I still had to struggle to find a parking spot near my class building. Most of the parking spaces were already full, so I ended up circling around, wasting even more time. In the end, I arrived five minutes late for my class, which was quite embarrassing.

Looking back, it was a stressful experience, but it also taught me to plan my commute better during those peak times. Now, if I know I have back-to-back classes in different buildings, I try to leave a bit earlier to avoid getting stuck in that bike traffic jam. It's definitely one of those unique challenges of being a student on a large campus.

1. How can we solve the traffic jam problem?
2. Do you think developing public transport can solve traffic jam problems?
3. Do you think the highways will help reduce traffic jams?
4. What are good ways to manage traffic?
5. Do you like to use public transport?
6. Would you rather be in a car or a bus in a traffic jam?

### 2.2.29 (29) 想参加的比赛

Describe a contest/competition you would like to participate in

You should say:

What the contest/competition is about

Where the contest/competition will take place

When it will be held

And explain why you would like to participate in it

One competition I would really like to participate in is the **bicycle slow-riding contest** held at my school. This competition is quite unique because it challenges participants to ride their bicycles as slowly as possible without losing balance or touching the ground. I first got interested in this competition when my roommate participated in it last year and ended up winning first place. I



was really impressed by how skillfully she managed to maintain her balance while riding at such a slow pace, and it inspired me to give it a try myself.

What makes this competition so **intriguing** to me is that it's not about speed or endurance, but rather about balance, control, and patience. The riders are required to pedal slowly and steadily, and if you stop or put your feet on the ground, you're **disqualified**. It's a real test of your ability to stay focused and maintain steady control of the bike, which I think is a fun and challenging way to compete.

I believe I would be able to do well in this competition because I have a good sense of balance. I've been riding bicycles since I was quite young, and over the years, I've developed a pretty solid skill set for balancing and controlling my bike in different situations.

One of the things I like most about this competition is that it's accessible to everyone on campus. I'm excited about the idea of participating because it would be a great way to test my limits, improve my concentration, and also have a bit of fun with my friends. I'd definitely be proud to take part in such a competition and maybe even bring home a trophy like my roommate did.

1. What are the contests commonly seen on TV programs?
2. Why are competition shows popular?
3. What kinds of industries need competition? Why?
4. Do you think it is necessary to encourage people to compete with one another in companies?
5. What kinds of people like to take part in competitions?
6. Do you think the ability to compete is natural or learned?

### 2.2.30 (30) 收到特殊蛋糕

Describe a special cake you received from others

You should say:

When it happened

Where it happened

Who you got the cake from

And explain why it's a special cake

One of the most surprising and happiest moments I've experienced was when I received a **birthday cake from my boyfriend** at the time. This happened about two years ago, and I still remember it vividly because it was such an unexpected yet touching gesture.



To give you some context, my boyfriend and I were in a **long-distance relationship** back then. My birthday was approaching, and honestly, I wasn't expecting much since we couldn't be together in person. I had planned to just spend the day quietly with a few close friends. However, on the morning of my birthday, I received a delivery, and to my absolute surprise, there was a **beautifully decorated cake** waiting for me.

What made this surprise so special was the effort he put into it. It wasn't just any store-bought cake—it was **handcrafted and customized** with my favorite flavors and decorations. Apparently, he had **coordinated with** a local bakery near my school. The cake had a small note attached, expressing how much he missed me and wished he could be there to celebrate with me in person.

Receiving that cake was incredibly heartwarming and truly made my day. At that moment, I felt a surge of **happiness and appreciation** because I realized just how much he cared. It **wasn't** just the cake itself **but** the thoughtfulness behind the gesture that made it so memorable. To be honest, I was almost moved to tears because it was the last thing I was expecting.

Sadly, we eventually **broke up** due to the challenges of maintaining a long-distance relationship. However, looking back, that surprise is still one of the **fondest memories** I have. It not only made me happy but also reminded me that even small gestures can have a significant impact on someone's emotions.

1. What are the differences between special food in China and other countries?
2. Is there any food in your country that is eaten at special times or on special occasions?
3. Why are some people willing to spend a lot of money on meals on special days?
4. Do you think it's good to communicate when eating with your family?
5. In your country, do people nowadays cook at home as frequently as people did in the past?
6. What do you think of people using their mobile phones during a meal?

### 2.2.31 (31) 好的人生变化

Describe a time that something changed your life in good ways

You should say:

When and where it happened

What happened

How you felt about it

And explain how it changed your life in good ways

1. Do you like new things or changes in life?
2. Why do some people quit and change jobs?
3. How do you adapt to changes in life?
4. Who can adapt better to changes, children or adults?
5. When things like getting married or moving home happen, what kinds of things would you consider?
6. What are the disadvantages when people keep making changes?

### 2.2.32 (32) 工作/学习中的积极建议

Describe an occasion when someone gave you positive advice or suggestions about your work/study

You should say:

Who the person is

What he/she said

How the advice/suggestion affected you

And explain how you felt about the advice/suggestions

I'd like to talk about a time when I received some very helpful advice regarding my studies during high school. Back then, I was under a lot of pressure to perform well academically, and I often found myself feeling overwhelmed and distracted whenever I tried to study. So, I decided to visit the school's counseling office to seek some guidance.

When I explained my situation to the counselor, I told her that my biggest struggle was maintaining concentration. I would often start studying with good intentions, but within minutes, my mind would wander off, and I'd end up procrastinating or getting distracted by my phone. That's when she suggested a technique called the Pomodoro Technique, which was something I had never heard of before.

The Pomodoro Technique involves breaking your study time into 25-minute intervals, called "pomodoros," followed by a short 5-minute break. After completing four of these intervals, you can take a longer break of about 15 to 30 minutes. The counselor explained that this method helps improve focus and productivity by giving the brain regular breaks, which prevents burnout and keeps you refreshed. She advised me to try it out, especially since I was struggling with staying on task for long periods.

I decided to follow her advice, and to my surprise, it made a significant difference. I started using a timer on my phone to break my study sessions into 25-minute chunks, and I noticed that my concentration improved dramatically. Knowing that a break was coming made it easier to stay focused during each interval. I also felt less stressed because instead of trying to force myself to study for hours on end, I was working in manageable bursts. It made my study sessions much more efficient and even enjoyable.

What I appreciated most about this advice was that it was **practical and easy to implement**, yet it had a profound impact on my productivity. This simple technique helped me manage my study stress better and made a noticeable difference in my performance. To this day, I still use the Pomodoro Technique whenever I need to focus on a challenging task, and I'm grateful to that counselor for introducing me to it.

Overall, this experience taught me that sometimes, the right advice can completely change the way you approach your studies. The Pomodoro Technique was a game-changer for me, and it's something that continues to benefit me even now.

1. When should parents encourage their children?
2. Should parents always encourage their children?
3. Do you think negative feedback is more important than positive feedback? Why?
4. Why is negative feedback as important as positive feedback at work or in study?
5. Which is more important for adults in the workplace, positive feedback or negative feedback?
6. Do you think people care about others' comments about them?

### 2.2.33 (33) 丢东西的经历

Describe an occasion that you lost something

You should say:

What you lost

When and where you lost it

What you did to find it

And explain how you felt about it

Normally I'm not a **scatterbrain** (马虎健忘之人). I don't lose things easily. I'm always double checking (反复确认) my stuff before I leave a place, super mindful. That's why I remember this experience so well, that was one of the only few times that I lost my stuff.

It was my dear iPad. Last year, I took the train back home. And in order to kill the time on my way, I took out my iPad. In the beginning, I was watching a movie. And then, I started feeling very sleepy and wanted to take a nap (打个盹).

I felt lazy (犯懒) to put the iPad back into my suitcase, as I knew later, I would use it again after the nap. So, I put the iPad in the pocket in front of me. You know, there's always a thin pocket behind the seat in front of you (你前面座位的后方的薄薄的口袋)? So, yeh, I put it there. The pocket was not big, so I could still see the tip of my iPad (平板电脑的上方一角). I thought that would remind me that there was my tablet in the pocket. But NO! I completely forgot my iPad

after the nap. Like it was never there. I just removed the memory out of my brain（从记忆力删除了这个信息）.

After I got off the train, several hours passed by, and suddenly **I jumped out of my skin**（跳出我的皮肤，吓得灵魂出窍）. "Where is my iPad?!" And that was when I remembered it was still on the train!! I called the lost and found office（失物招领办公室） at the train station, told them about my tragedy（悲剧）. The customer service representative（客服代表） comforted me（安抚了我）, and helped me call the head of the conductor of the train（一个意思，车长）, anyway, he said he would search it for me.

Several hours later, I got a phone call from him and was told that he found the iPad. I felt so lucky and grateful to get my baby back. And at the same time, I felt very guilty for being so unmindful. I hate troubling people（我讨厌麻烦别人）. So, yeh, that was the story.

1. What kinds of things do people usually lose?
2. What do people often do when losing things?
3. Is it an effective way to use rewards to find lost things?
4. What kinds of people may lose things often?
5. What can we do to reduce the possibility of losing things?
6. What do people often feel after losing things?

### 2.2.34 （34）保健方式

Describe something you do to keep fit and healthy

You should say:

What it is

When you do it

Who you do it with

Why it is important to keep fit and healthy

And explain why it can help you keep fit and healthy

One activity I regularly do to stay fit is **following an online streamer for exercise routines**. I started this habit around a year ago when I realized I needed to improve my fitness level but didn't have the motivation to go to a gym or fitness class. The convenience of exercising at home with the guidance of a live streamer was a game-changer for me.

The streamer I follow specializes in **HIIT workouts**, which stand for **High-Intensity Interval Training**. These sessions typically last about 30 to 45 minutes and combine cardio exercises with strength training, which helps me not only burn calories but also build muscle. What I find particularly motivating is that the streamer often **interacts with viewers**, offering words of encouragement and answering questions in real-time. This interactive aspect makes the experience much more engaging than simply following a pre-recorded video.

One of the main reasons I enjoy exercising this way is that it fits easily into my schedule. I can join the live stream whenever it's convenient for me, and if I miss a session, I can always watch the recording later. Plus, the **variety of workouts** keeps things interesting. The streamer mixes things up by incorporating different types of exercises, like yoga stretches or core workouts, so it never feels monotonous.

I've noticed significant benefits since I started these workouts. I've become more **energetic**, and my **endurance** has improved considerably. Additionally, it's been great for my **mental health**, especially when I've had a long, stressful day. Following along with someone who's both knowledgeable and enthusiastic really helps me stay consistent and motivated.

In the future, I'd like to explore other fitness routines, but for now, **following this online streamer** is definitely my favorite way to stay fit. It's practical, effective, and, most importantly, enjoyable.

1. How do children and old people keep fit and healthy?
2. What do people normally do to keep fit and healthy in your country?
3. How can parents help and guide their kids to keep healthy?
4. Do you think it is good for governments to utilize popular celebrities to help build health awareness?
5. How can we use technology to keep fit?
6. Should schools provide physical education to students? Why and how?

### 2.2.35 (35) 安静的地方

Describe a quiet place you like to go

You should say:

Where it is

How you knew it

How often you go there

What you do there

And explain how you feel about the place

Ok, so today I'd like to talk about a place in my city where I can see some wildlife. It's a mountainous area on the outskirts of my city called Laohe Shan. I first went there a few years ago when I was feeling pretty stressed with schoolwork and just needed to clear my head (清空大脑). Since then, it's become my go-to spot (首选地点) whenever I need a break from the hustle and bustle of daily life (需要从日常的喧嚣与繁忙之中抽空休息一下).

Laohe Shan is not a well-known tourist destination (不是一个知名的旅游地点). It's peaceful, with only a few tourists or locals during the week. The reason I love going to this place is **the sense of tranquility** (宁静之感) it gives me. It's the perfect spot for unwinding and recharging (放松与充电).

In terms of wildlife, there's a lot to see. You can find/ spot (发现) all sorts of birds, from colorful songbirds (鸣禽) to bigger ones like owls and hawks (猫头鹰和山鹰). One time, I even saw a wild squirrel running across the trail (横穿小路), which was a nice surprise. There are also tons of insects, especially butterflies in the spring and summer. The area is full of plant life too, with lots of different types of trees and wildflowers (野花).

安静的地方替换上面 wildlife 一段: (As I walk along the mountain's shaded paths, I can hear nothing but the rustle of leaves and birds chirping. The air is incredibly fresh, and the scent of pine trees and wildflowers is everywhere. On the top of the mountain, I can overlook a remote lake, surrounded by willow trees reflected in the calm, mirror-like water. It feels like I am stepping back in time to a simpler, more relaxed era.)

The best part for me is just how connected I feel to nature when I'm there. I love sitting under the shade of a tree (坐在树荫下), watching the birds or even reading a good book. Sometimes, I'll just close my eyes and take in (感受、吸收) the sounds of the forest; it's incredibly calming. I love this place. Thank you!

1. Is it easy to find quiet places in your country? Why?
2. How do people spend their leisure time in your country?
3. How does technology affect the way people spend their leisure time?
4. Do you think only old people have time for leisure?
5. Why do old people prefer to live in quiet places?
6. Why are there more noises made at home now than in the past?

### 2.2.36 (36) 坏掉又修好的东西

Describe something that was broken in your home and then repaired

You should say

What it is

How it was broken

How you got it repaired

And how you felt about it

I'd like to talk about a time when the **kitchen tap** in our home broke, and I managed to fix it on my own. It wasn't anything too complicated, but it was definitely a challenge at first, especially since I had never attempted any plumbing repairs before.

One day, while I was washing dishes, I noticed that the tap was leaking, and water kept dripping even after turning it off completely. This was not only wasteful but also pretty annoying, so I decided to take matters into my own hands. At first, I thought about asking my parents to call a plumber, but then I figured it would be a good learning experience to try and fix it myself.

The first thing I did was watch a couple of **tutorial videos** online to understand the basics of how a tap works and what might be causing the issue. After some research, I realized that the problem was most likely a **worn-out washer** inside the tap. Luckily, we had a set of basic tools and some spare washers at home.

I turned off the water supply and carefully **unscrewed the tap handle**. I was a bit nervous at first, worried that I might make the problem worse, but I managed to remove the faulty washer and replace it with a new one. Once I put everything back together and turned on the water supply again, I was thrilled to see that the leak had stopped!

Honestly, fixing the tap gave me a real sense of accomplishment. It wasn't just about saving the cost of hiring a professional, but also about gaining the confidence to handle small repairs around the house. Plus, it felt good to be able to contribute to maintaining our home, especially since I'm usually not very handy with tools.

In conclusion, what started as a minor household inconvenience turned into a valuable learning experience. It made me realize that with the right resources and a bit of patience, even a teenager like me can handle simple repairs.

1. Are IT-related jobs valued more by society?
2. Is the quality of products worse than before?
3. What kinds of things do people like to repair by themselves?
4. Why do people like to get their mobile phones repaired in specialized stores?
5. Do you think luxury products are of better quality?
6. What kinds of things are easily repaired?

### 2.2.37 (37) 不喜欢并想要改变的规则

Describe a rule that you dislike and would like to change in the future

You should say:



What it is

What it is for

Why you don't like it

And explain why you would like to change it

One rule that I strongly disagree with and would love to change is the annual physical fitness test that all students in Chinese universities are required to take, except for those with physical disabilities. This rule mandates that every student must meet a certain fitness standard in order to graduate, and I find it not only unreasonable but also counterproductive in some ways.

First of all, the idea of having a unified fitness standard for all students is simply unrealistic. Every individual's health condition and fitness level are different, and this rule fails to take that into account. For example, I myself am not particularly good at physical activities due to issues with my respiratory system. During physical exercises, I often experience significant pain and discomfort, especially when I engage in endurance activities like running. This makes it extremely hard for me to meet the required fitness benchmarks. On the other hand, there are students who are naturally more athletic and enthusiastic about sports, and for them, this test might even feel like a fun challenge. The idea of applying the same standard to everyone is, in my opinion, unscientific and unfair.

Furthermore, I believe that this physical fitness test erodes students' quality of life and freedom. University life should be about personal growth and exploration, but the pressure to meet an arbitrary fitness standard can lead to unnecessary stress. Instead of encouraging a healthy lifestyle, it often forces students into routines that may not be suitable for their individual needs. For students like me, who may have physical discomfort during strenuous activities, this rule can lead to feelings of inadequacy or even worsen their health problems. In the long run, it may also contribute to the development of negative attitudes towards fitness.

The rule also seems outdated in today's world, where universities are increasingly focusing on personalized education and promoting mental well-being alongside physical health. Instead of imposing a one-size-fits-all fitness test, I believe universities should take a more individualized approach. For instance, students could be given a choice to take fitness assessments that align with their personal health conditions or interests, such as offering alternative activities like yoga, swimming, or even mental health workshops for those who struggle with physical challenges.

In conclusion, I strongly feel that the fitness test rule in Chinese universities needs to be reformed or replaced with a more flexible and personalized approach that considers students' unique needs and capabilities. This would not only improve the students' physical and mental well-being but also allow them to focus more on their academic goals and overall development.

1. What are the rules students should follow at school?
2. Are the rules at school good or bad? Why?

3. What rules should children follow at home?
4. How are people punished when parking at a wrong spot?
5. When is it okay to break the rules?
6. Do you know anyone who has broken the law? How?

### 2.2.38 (38) 有趣城市

Describe a city that you think is interesting

You should say:

Where it is

What it is famous for

How you knew this city

And explain why you think it is very interesting

Today, I'd like to talk about an **interesting city** worth visiting — **Shanghai**. It is located on the eastern coast of China. Shanghai is not only one of the largest cities in the world but also one of the most vibrant and diverse. It seamlessly blends **traditional Chinese culture** with modern, cutting-edge development, making it a truly fascinating place to explore.

One of the things that immediately struck me about Shanghai is its **iconic skyline**, especially the area known as the **Bund**. On one side, you have historic colonial-era buildings, and on the other, the futuristic skyscrapers of **Pudong**, like the **Oriental Pearl Tower** and the **Shanghai Tower**, which is one of the tallest buildings in the world. At night, the cityscape lights up with colorful displays, creating a breathtaking view.

What I find most interesting about Shanghai is its unique blend of **old and new**. For instance, you can visit the ancient **Yu Garden**, which dates back to the Ming Dynasty, and within minutes, you can find yourself in the bustling, high-tech shopping district of **Nanjing Road**. It's a city where tradition and modernity coexist harmoniously, offering a rich cultural experience.

Another thing I absolutely love about Shanghai is its **diverse food scene**. Whether you're sampling street food like the famous **xiaolongbao**, which are juicy soup dumplings, or dining at upscale restaurants, there's something for every *palate*. The city is also known for its vibrant nightlife, with trendy bars and rooftop lounges that offer stunning views of the cityscape.

Beyond its sights and cuisine, what makes Shanghai truly captivating is its **dynamic energy**. The city never seems to sleep, and there's always something happening, whether it's a cultural festival, an art exhibition, or a live music performance. It's a place that attracts people from all over the world, making it a melting pot of different cultures and ideas.

Personally, I find Shanghai inspiring because it's constantly evolving while still preserving its rich cultural heritage. It's a city that reflects China's rapid modernization but also honors its past. It's a place that leaves a lasting impression and makes you want to return again and again. For anyone looking to experience the best of what a modern metropolis can offer, Shanghai is definitely a must-visit destination.

1. What advantages can tourism bring to a city?
2. Why do some young people like to live in cities?
3. Do most elderly people live in the city or in the countryside?
4. Do you think well-developed tourism will have negative effects on local people?
5. What are the benefits of urbanization?
6. Do you think the big cities in China today will become even larger in the future?

### 2.2.39 (39) 别人讲述的故事

Describe a story someone told you and you remember

You should say:

What the story was about

Who told you this story

Why you remember it

And how you feel about it

Today, I'd like to share a story that my mom told me while I was away at school. It's about our **French Bulldog**, Gama, and his funny encounters with the neighborhood **cats**. It was really funny that I couldn't stop laughing when hearing it!

So, here's what happened. Gama is a curious little guy—full of energy and always eager to explore. One day, my mom took him out for his usual walk around our neighborhood. As they were strolling down a street, they came across a group of **three or four cats** lounging in the sun.

Now, Gama, being his usual friendly self, decided to approach them. He perked up (振奋) his little **stubby tail**, wiggling 扭动 his entire backside in excitement as he tried to greet them. However, the cats, being aloof 冷淡的 as they often are, weren't too impressed with Gama's enthusiasm. According to my mom, one of the cats even **gave a warning hiss**. But instead of getting scared, Gama just tilted his head, almost like he was trying to figure out why they weren't as happy to see him.

My mom was a bit nervous that the situation might **escalate**, but instead of attacking, the cats just stared at Gama, clearly perplexed. Eventually, one of the cats, probably the leader, cautiously approached him, gave him a quick sniff, and then walked off as if to say, "You're not worth my time."

What I found most **hilarious** 极其滑稽的 about this story is that Gama, despite his confident attitude, ended up looking so puzzled when the cats ignored him. My mom described how he kept tilting his head from side to side with his big watery eyes, trying to make sense of what had just happened. It was like he was expecting some sort of grand interaction, but got a cold shoulder.

This story really stuck with me because it perfectly captures Gama's personality—he's always so enthusiastic and eager to make friends, even if the other animals don't quite reciprocate. Hearing my mom describe it so vividly made me feel like I was right there with them, and it reminded me of how much I miss those little moments with Gama when I'm away.

1. Do young children like the same stories as older children?
2. How has technology changed story telling?
3. How do people tell stories to children?
4. Why do children like stories?
5. Will smart devices affect the relationship between children and parents?
6. Which do you think is better, paper books or e-books?

#### 2.2.40 (40) 见过一面想要了解的人

Describe a person you only met once recently and want to know more about

You should say

Who he/she is

When you met him/her

Why you want to know more about him/her

And explain how you feel about him/her

I'd like to talk about a girl I met recently at my friend's dinner party. It was a gathering where I got the chance to meet a lot of new people, and this particular girl, who sat next to me, really stood out. We started talking almost immediately, and from the very first conversation, I could tell that we clicked. She was incredibly friendly, outgoing, and easy to talk to, and it felt like we were on the same wavelength. We just "got" each other, and the conversation flowed effortlessly.

What really intrigued me about her was that she was a professional traveler, and at the time, she had already traveled to over 40 different countries. She shared some of the most fascinating travel stories I'd ever heard. I could tell she was a great storyteller because I was completely captivated by everything she said. Her stories weren't just about the places she visited; they were filled with details about the people she met, the cultures she experienced, and the unique moments that made each trip memorable. I was absolutely engaged throughout our conversation, and I couldn't help but feel inspired by her adventures.

I really enjoyed talking to her because, first of all, I'm someone who loves traveling too, so we had that in common. I found her experiences both exciting and educational. She was also incredibly knowledgeable about the world in general, not just travel. It was clear that she had a deep understanding of different cultures, global issues, and various ways of life. This made her very charismatic, as she didn't just talk about herself, but also shared insights and interesting facts about the world.

What I appreciated the most about her, though, was how humble she was. Despite having traveled so much and experienced so many things, she didn't **come across as** pretentious or self-centered at all. It's common to meet people who have had extensive life experiences and for them to be a bit arrogant or always turn the conversation back to themselves. But she was the complete opposite. She was a great listener and was genuinely interested in what I had to say. I felt like she cared about my stories, too, and that made me admire her even more.

Since we only met that once, I've been really curious to get to know her better. I would love to hear more about her travels and learn from her perspectives on life, as she seemed so open-minded and wise. I also think she could teach me a lot about staying humble and grounded, despite achieving so much. So, I definitely hope to see her again and continue our conversation.

1. How do people make friends in China?
2. On what occasions do people like to make friends?
3. Is it important to have the same hobbies and interests when making friends?
4. What qualities make true friends?
5. What can we do to leave a good impression on people we meet for the first time?
6. What should we not talk about when we meet a person for the first time?

#### 2.2.41 (41) 印象深刻的课程

Describe a course that impressed you a lot

You should say:

What the course was about

Where you took the course

And explain why it impressed you a lot

One course that left a lasting impression on me was actually a **physical education class** I took a while ago, rather than a traditional academic lesson. It was a team-building exercise that was both fun and incredibly insightful. The highlight of this class was a game called "**Tongxin Drum**," which translates to "United Drum." This activity was designed to enhance our teamwork and collaboration skills.

The setup was quite **simple yet challenging**. We were divided into groups of eight, with each person positioned at a different point around a large, circular drum. The drum was suspended in the air by eight ropes, each held by one of us. In the middle of the drum, there was a ball, and our task was to move together in perfect coordination to bounce the ball continuously without letting it fall off. The goal was to see how many times we could bounce the ball in a row.

What impressed me the most about this class was how it forced us to **work together seamlessly**. At first, it seemed like a straightforward task, but it turned out to be much more challenging than we expected. Each of us had to maintain just the right amount of tension on our ropes, and even the slightest movement by one person would affect the entire drum. We quickly realized that in order to succeed, we needed to **communicate clearly and synchronize our movements**. It was an excellent way to understand the importance of teamwork because if even one person was out of sync, the ball would fall off almost immediately.

This course not only improved our physical coordination but also taught us valuable lessons about collaboration and trust. I remember feeling a great **sense of accomplishment** when we finally managed to keep the ball bouncing for more than 30 times in a row. It required **patience, quick thinking, and a lot of encouragement** from each other. The experience was both fun and rewarding, and it brought us closer as a group.

What made this class particularly memorable was how it combined physical exercise with practical life skills. It was **a refreshing break from the usual sports activities**, and it showed me that even something as simple as moving in sync with others can teach us a lot about teamwork, trust, and communication. To this day, I remember that lesson whenever I'm working in a group setting because it reminded me how crucial it is to listen, adapt, and support each other.

Overall, the "Tongxin Drum" game during that PE class was a unique and impactful experience. It was not only a great workout but also a valuable lesson in how to collaborate effectively with others, making it one of the most impressive courses I've ever attended.

1. Why do some people have a better memory than others?
2. Do people like things of memorial significance?
3. Which can help people remember things better, words or photos?
4. Can technology help people remember things better? How?
5. What do people need to remember in their daily lives?

## 6. What can we learn from history?

### 2.2.42 (42) 想要共度时光的人

Describe someone you really like to spend time with

You should say

Who this person is

How you knew him/her

What you usually do together

And explain why you like to spend time with him/her

Ok, so, today I'd like to talk about an interesting old person I met at my grandma's dinner party. She's my grandma's good friend, Mrs. Li.

At that dinner, Mrs. Li was sitting right next to me, therefore, naturally we started talking to each other. Surprisingly, despite the age difference, we had a lot of things in common (尽管年龄不同, 有很多共同之处). For example, we both loved traveling, watercolour painting and yoga! That's why we hit it off (投机) right away, which was incredible.

She was a professional traveler (职业旅行家), and she had traveled to more than 40 different countries at that time. She shared with me a lot of fascinating stories. She was indeed a great story teller. I was so engaged (听故事时被深深吸引).

I really enjoyed the conversation with her, because, first off, I love traveling. I loved listening to her traveling stories. She was a very open, chatty and charismatic person, at the same time, very knowledgeable with the world (对全世界的知识很博学多闻). So, I really admired her. And secondly, she was 0 pretentious (装逼的) or self-centred (自我为中心). You know how sometimes people who have seen and done a lot in life tend to be very arrogant and ego-centric (傲慢且自我), and they make everything about themselves (一切话题都是关于他们的)? Mrs. Li was not like that at all. On the contrary, she was a great listener (善于倾听), and she cared about my stories. She was humble and down-to-earth.

So, yeh, that's the person I met at a dinner party. Thank you!

1. What kinds of people are easy to get along with?
2. How do leaders get along with their subordinates?
3. Do people have time for themselves nowadays?
4. Do you like talking with older people? Why?
5. Do you think it's important to spend some time alone?
6. Do you think it is important for us to get along with different kinds of people?



### 2.2.43 (43) 送朋友的礼物

Describe a gift you would like to buy for your friend

You should say:

How you knew your friend

How long you have known him/her

How you would choose a gift for him/her

And explain why you would choose that gift for him/her

If I were to buy a gift for my friend Anna, I would choose a DIY wooden assembly model, specifically one called chocolate factory. Anna has always been someone who loves DIY projects and is incredibly **crafty**, so I think this would be the perfect gift for her. She enjoys hands-on activities that allow her to build or create something from scratch, and this model would definitely **capture her interest**.

The chocolate factory model is a unique and intricate design. It's made from high-quality wood, and the pieces are laser-cut, which makes it very precise and easy to assemble. The model actually has **moving parts**. Once completing the assembly, we can see marbles, served as chocolate beans, roll through the structure, mimicking the process of chocolate being made in a factory. There are little gears and mechanisms that make the marbles move along a track, and when it's all put together, the factory **comes to life in a fun and charming way**.

I think Anna would absolutely love this gift for several reasons. First, she enjoys **working with her hands**, so assembling this model would be a fun challenge for her. The fact that it's a chocolate factory theme would also appeal to her because she has a **sweet tooth**, and the idea of creating something that's related to chocolate is quite fitting. Secondly, I know that she appreciates gifts that are **thoughtful and personalized**, and this one would show that I understand her hobbies and interests.

Moreover, this model would serve as both a **relaxing activity** and a **decorative** piece once it's completed. It's the kind of thing that she could proudly **display** on her shelf, and every time she looks at it, she'd remember the fun process of building it. I can imagine her spending hours working on it, and I'm sure she'd enjoy every step of the journey, from the assembly to watching the marbles roll.

Overall, I think a DIY wooden chocolate factory assembly model would be a wonderful gift for Anna. It's not only creative and fun, but it also aligns perfectly with her interests. I'm sure she'd appreciate the thoughtfulness behind it and enjoy the experience of building it.

1. When do people normally send gifts to others?

2. Is it hard to choose a gift?

3. Will people feel happy when receiving an expensive gift?
4. Which do people give on traditional festivals, red envelopes or other kinds of gifts?
5. What do people usually consider when buying gifts?
6. Are there any unlucky things that people should not buy as gifts in your country?

#### 2.2.44 (44) 对社会有贡献的人

Describe a person who contributes to the society

You should say:

Who this person is

How you knew him/ her

What type of work he/ she does

And explain why you think he/ she contributes to the society

Today, I'd like to talk about **Zhang Guimei**, a truly inspiring individual who has made a remarkable impact on society. Zhang is a Chinese educator and the founder of the **Huaping High School for Girls**, which was the first free high school exclusively for girls in China. Her dedication to education, especially for underprivileged girls in rural areas, is nothing short of extraordinary.

Zhang Guimei has spent **over two decades** working tirelessly in the remote, mountainous regions of Yunnan province, where many families face economic difficulties. The area she chose to work in is incredibly impoverished, and girls there are often forced to drop out of school due to financial constraints or societal expectations. What's truly commendable about her work is that she not only focuses on providing free education but also **personally visits** families to persuade them to allow their daughters to attend school. In some cases, she even uses her own limited income to help pay for students' expenses.

Her efforts have **transformed countless lives**. Many of her students, who would have otherwise been confined to a life of hardship, have gone on to pursue higher education and secure stable careers. Zhang's selflessness has not only empowered individual girls but also uplifted entire families and communities.

What I find most inspiring about Zhang Guimei is her relentless **commitment to social equality**. Despite battling health issues, including cancer, she continues to devote her life to ensuring that girls from impoverished backgrounds have access to education. She firmly believes that education is the key to breaking the cycle of poverty, and her actions reflect that belief.

In recognition of her contributions, she has received numerous national awards, including being named one of the **"People's Role Models"** in China. However, I think what truly sets her apart is her genuine compassion and her willingness to **sacrifice her own well-being for the greater good**.

To sum up, Zhang Guimei is a true inspiration and a shining example of how one person's dedication and hard work can change society for the better. Her story reminds us that, with enough passion and determination, we can all make a positive difference in the world.

1. What jobs are well-paid?
2. What are the changes in working conditions?
3. What are the impacts of the epidemic on the work environment?
4. Do you think younger people should be lower-paid than older people?
5. What skills should be taught at school to improve students' ability to find jobs?
6. What kinds of jobs are not paid fairly?

#### 2.2.45 (45) 用手机做重要的事

Describe a time you used your cellphone/smartphone to do something important

You should say:

What happened

When it happened

How important the cellphone/smartphone was

And explain how you felt about the experience

I'd like to talk about a time when I used my smartphone to do something really important. This happened just a few months ago during an offline academic lecture. It was an important session for one of my courses, and I was relying on my laptop to take notes. But, unfortunately, halfway through the lecture, my laptop suddenly ran out of battery. I hadn't realized it was so low, and I didn't have my charger with me at that moment.

At first, I panicked because I didn't want to miss any critical information from the lecture. It was a session led by a guest lecturer, so I knew it wasn't something that would be easily repeated. That's when I decided to use my smartphone to salvage the situation. I quickly took out my phone, using the notes app to jot down key points.

What really surprised me was how effective my phone turned out to be for taking notes. Of course, the screen was much smaller than my laptop's, but the phone's keyboard was responsive, and I was able to type relatively quickly. I even found it convenient to use voice typing for some parts, which allowed me to capture information even faster. Additionally, I could switch between apps seamlessly to check references and details the lecturer mentioned during the talk.

In the end, I managed to take detailed notes without missing much of the lecture, which was **a huge relief**. I was actually proud of myself for staying calm and adapting to the situation. I realized that my phone is more than just a device for communication or entertainment; it's a powerful tool that can be incredibly useful in unexpected situations.

After that experience, I made it a habit to keep my phone fully charged during important events, and I've even started using it more often for taking notes or accessing online resources when I'm on the go. It was a lesson in being resourceful and making the most of what I had at the moment. It might have been a small incident, but it definitely left a lasting impression on how versatile smartphones can be for academic purposes.

1. What do you usually do with a cellphone?
2. What are the differences between young people and old people when using a cellphone?
3. Which one is more important, using a cellphone to make phone calls or to read messages?
4. Do you think there should be a law to stop people from making phone calls in public?
5. What can be done to stop cellphone addiction?
6. Do you think it is too late to call others at 11 or 12 o'clock at night?

#### 2.2.46 (46) 向长者学习的技能

Describe a skill that you learned from older people

You should say:

What the skill is

Who you learned it from

How you learned it

And how you feel about it

One skill that I learned from an older person is **how to make rice dumplings**, which I learned from my grandmother. In my culture, rice dumplings, or "zongzi" as we call them, are traditionally made to celebrate the Dragon Boat Festival, and it's a skill that's been passed down through generations.

I first learned this skill a few years ago when I visited my grandmother during one of my school holidays. Growing up, I had always been fascinated by how she would so effortlessly wrap the dumplings with bamboo leaves, filling them with sticky rice, red beans, and pieces of marinated meat. So, one day, I asked her to teach me how to make them, and she was more than happy to pass on her knowledge.

The process was much more **challenging** than I had anticipated. First, my grandmother showed me how to **soak the sticky rice overnight** (将糯米浸泡一夜) and prepare the fillings, making sure they were well-seasoned (把馅料调味好). The most difficult part, though, was **folding the bamboo leaves into a neat triangular shape** and securing them with string. My initial attempts were clumsy; the leaves would slip, and the filling would **spill out**. However, my grandmother was very patient. She guided me step by step, demonstrating how to fold the leaves tightly and tie the string so that the dumplings wouldn't fall apart during boiling.

What I really appreciated about learning this skill from my grandmother was not just mastering the technique but also hearing the **stories and traditions** behind it. She shared how her mother taught her, and how, back in the day, families would gather to make these dumplings together, turning it into a cherished tradition. It made me realize that making rice dumplings isn't just about the food itself, but also about **family bonding and preserving cultural heritage**.

Since learning this skill, I've tried making rice dumplings on my own a few times, especially during the Dragon Boat Festival, to share with friends and family. Although I'm not nearly as skilled as my grandmother, I've definitely improved. What makes me happiest is seeing the smiles on people's faces when they taste the dumplings I've made—it's a small way for me to **keep our family tradition alive**.

Looking back, I'm grateful for the time I spent with my grandmother learning this skill. It's not just a practical cooking technique but also a **connection to my roots** and a way to honor the past. I hope to continue making rice dumplings and maybe one day pass on this skill to younger members of my family.

1. What can children learn from their parents?
2. What knowledge can children learn from their grandparents?
3. What kind of help do you think older people need?
4. What skills can young people learn from older people?
5. What new skills can old people learn?
6. Do you think many old people in your country feel lonely?

#### 2.2.47 (47) 去过的乡村

Describe a countryside that you have been to

You should say:

Where it is

When and why you went there

Who you went there with

And explain how you felt about it

I'd like to talk about a trip I once took to the countryside outside of St. Petersburg, Russia. It was during the summer a few years ago when I had the opportunity to visit this serene and picturesque area.

The place I visited was a small village called Pavlovsk. It's famous for its stunning imperial park and palace, which were once the summer residence of the Russian Tsars. The village itself had an old-world charm, with quaint wooden houses, gardens bursting with colorful flowers, and narrow, winding roads. It was such a refreshing change from the busy and bustling city life of St. Petersburg.

What struck me most about the countryside there was how peaceful and quiet it was. As I walked along the park's shaded paths, I could hear nothing but the rustle of leaves and birds chirping. The air was incredibly fresh, and the scent of pine trees and wildflowers was everywhere. A lake in the park is surrounded by tall birch trees reflected in the calm, mirror-like water. It felt like I was stepping back in time to a simpler, more relaxed era.

I also had the chance to interact with some of the locals, who were warm and welcoming. They even invited me to try some traditional Russian dishes, like blini and borscht, made from fresh ingredients grown in their gardens. This experience made the trip even more memorable because it gave me a glimpse into their way of life, which is so deeply connected to nature.

Overall, visiting the countryside near St. Petersburg was a truly unforgettable experience. It gave me a much-needed break from the city's fast-paced environment and allowed me to immerse myself in the natural beauty and history of the area. I would love to go back one day, especially in autumn when the leaves change color, as I imagine it would be even more breathtaking.

1. Do people in your country like to go hiking?
2. Do most people prefer to live in big cities or in the countryside?
3. Do people go to the countryside to travel or to live?
4. What kind of people would like to stay in the countryside?
5. What are the advantages and disadvantages of living in the countryside?
6. What are the differences between the city and the countryside?

#### 2.2.48 (48) 免费物品

Describe something you received for free

You should say:

What it was

Who you received it from

Where you received it

And how you felt about it

1. Why do customers like to receive free gifts from companies?
2. Is it good or bad for people to have free education in the future?
3. Why should everyone have access to basic healthcare?
4. Is it necessary to provide free public transportation?
5. Will people be happy when they receive free things?
6. What kinds of free service should be provided by the government?

### 2.2.49 (49) 造福社会的工作

Describe a job that is useful to the society

You should say:

What job it is

How you know about this job

What types of people do this job

And explain why you think this job is useful to the society

1. What kind of jobs are well-paid in your country?
2. What kind of jobs receive a low income?
3. What kind of jobs deserve a high salary?
4. Do you think doctors should be well-paid?
5. Who should receive a higher salary, young people or older people?
6. Do you think schools should provide career advice to students?

### 2.2.50 (50) 去过且推荐的宜居之地

Describe a place you have been to and would like to recommend others to live there (not your hometown)

You should say:

Where it is



What the place is like

When you visited there

Who you went there with

And explain why you would recommend this place to others

Hangzhou

1. Why do people move from one place to another?
2. What should people prepare before they move to a different city?
3. What kinds of place do people in your country prefer to live in?
4. What are the benefits of living close to one's workplace?
5. What factors make a city liveable?
6. Why do many people choose to move to big cities?

### 2.2.51 (51) 改变世界的发明

Describe an invention that has changed the world in a positive way

You should say

What it is

What benefits it has brought

How it influences people of different ages

And explain how it changed people's lives

1. What is the most helpful innovation at home?
2. What household appliances make us lazy?
3. What kinds of inventions can be used at school?
4. Do you think AI will replace human teachers? Why?

## 2.3 【9月新题】（25道）

### 2.3.1 （1）学到新东西的网络视频

Describe an online video in which you learned something new

You should say:

When and where you watched it

What it was

Why you watched it

And explain what you have learned from it

1. What kinds of videos are most popular in your country?
2. Are there many people who watch online videos a lot?
3. Do you think people spend too much time watching short videos? Why?
4. Why are so many young people obsessed with short videos?
5. What are the advantages of online learning?
6. Do you think online learning will replace face-to-face learning?

### 2.3.2 （2）固执己见的人

Describe a person who has strong opinions

You should say:

Who this person is

How you knew him/ her

What kinds of strong opinions this person has

And explain why you think he/ she is a person who has strong opinions

1. What do young people have strong opinions about?
2. What do old people have strong opinions about?
3. Are there many young people who have strong opinions in our lives?
4. Which is more important, listening to others or persuading others?
5. Do you think we should only say something after thinking it through?

6. Do you think it is good to have strong opinions?

### 2.3.3 (3) 在公共场所接陌生人电话

Describe a time when you answered a phone call from someone you didn't know in a public place

You should say:

When and where it happened

Who called you

What he/ she said

How you corresponded

And explain how you felt about the experience

1. Do most people mind others talking on the phone in public places?
2. What are the differences between sitting next to someone who talks on the phone and sitting next to people who talk to each other while traveling by train?
3. Why do some people not care about their actions in public?
4. Should parents teach their children to behave well in public?
5. Is it acceptable to talk on the phone in public?
6. Should people be banned from talking aloud in public places?

### 2.3.4 (4) 重新联络的老朋友

Describe an old friend you had lost touch with and got in contact with again

You should say:

Who he/ she is

How you knew each other

Why you lost contact

How you got in contact again

And explain how you felt after getting in contact again

1. Is it better to have a lot of friends than just a few friends?
2. Would having just a few friends limit your horizons?
3. Do you think you are good at maintaining good relationships with others?

4. Why do old friends lose touch with each other?
5. Why do people need to make new friends?
6. Why do we have to give up some old friends?

### 2.3.5 (5) 文化之地

Describe a cultural place that you would like to learn the culture there (e.g. a library, museum, theatre)

You should say:

Where it is

How you knew this place

What it is like

And explain how the place is related to culture

1. How does the internet affect culture?
2. How is a culture formed?
3. What kind of culture is popular among young people?
4. How do young people learn about different cultures?
5. Which is more important in terms of culture, literature or music?
6. Does the culture of the past have an impact on today's culture?

### 2.3.6 (6) 给建议的人

Describe a person from whom others like to ask for advice

You should say:

Who this person is

Why people like to ask for his/ her advice

What kind of advice he/ she often gives

And explain how you felt about the person

1. Who should people ask for advice on big issues, family members or friends?
2. Do people often ask for advice from professional people, like a lawyer?
3. Do you follow the advice of your family member?
4. Do you think the advice parents give their children is always good?

5. Why do some people like to ask others for advice on almost everything?
6. Are professional consultancy services expensive in your country?

### 2.3.7 (7) 拥挤地方

Describe a crowded place you went to

You should say:

Where it was

When you went there

Who you went there with

What you did there

And how you felt about it

1. Which cities are overcrowded in your country?
2. Will there be more or less green space in cities in the future?
3. Will people use bikes more or less in cities in the future?
4. Why do people go to crowded places?
5. Do you think there are some people who enjoy crowded places?
6. Do you think it is a good trend to have more big cities?

### 2.3.8 (8) 理想房屋

Describe an ideal and perfect place where you would like to stay, e.g. a house or an apartment

You should say:

Where it would be

What it would look like

What special features it would have

Whether it would be big or small

And explain why it would be an ideal place for you

1. What are apartments like in your country?
2. Why are apartments welcome in some places while not in other places?
3. What would people normally consider when they rent or buy a house or an apartment?
4. Do different people have different preferences for houses or apartments?
5. Why do some people choose to live in the city center?
6. What do you think buildings will be like in the future?

#### 2.3.9 (9) 近期观影

Describe a movie you watched and enjoyed recently

You should say:

When and where you watched it

Who you watched it with

What it was about

And explain why you watched this movie

1. What kinds of movies do you think are successful in your country?
2. Do Chinese people prefer to watch domestic movies or foreign movies?
3. Do you think only well-known directors can create the best movies?
4. Why do people prefer to watch movies in the cinema?
5. What are the factors that make a successful movie?
6. Do you think successful movies should have well-known actors or actresses in leading roles?

#### 2.3.10 (10) 帮助亲人

Describe an occasion when you helped a family member/ relative with something

You should say:

When it happened

Who you helped

How you helped

And explain how you felt about the experience

1. How can children help their parents at home?

2. Should parents always help their children with everything?
3. What can children learn by helping others?
4. Do neighbours often help each other in your country?
5. How do people know that their neighbours might need help?
6. Should parents reward their children when they help others?

### 2.3.11 (11) 医疗人士

Describe a person you know who has chosen a career in the medical field (e.g. a doctor, a nurse)

You should say:

Who he/ she is

What he/ she does

Why he/ she chose this career

And explain how you feel about him/ her

1. Do you think doctors and nurses are very important?
2. Who plays a more important role, doctors or nurses?
3. Do you think that doctors and nurses are not paid enough?
4. Do you think it is necessary to learn first aid skills?
5. What are the differences between the work of a doctor and a nurse?
6. Can a hospital function effectively without nurses?

### 2.3.12 (12) 丢失的贵重物品

Describe a time when you lost a valuable item

You should say:

When and where it happened

What it was

How important and valuable it was

How you lost it

And explain how you felt about the experience



1. Is it important for students to be organised ?
2. What are some common items that people tend to lose easily?
3. What are the reasons why people often misplace or lose things?
4. What do people often do after losing things?
5. What should parents do to teach their children not to lose things?
6. Are there any good ways to remind us not to forget or lose things?

### 2.3.13 (13) 令你自信的事

Describe something in your study/ work that has made you feel confident

You should say:

When it happened

What it was

Why it made you feel confident

And explain how you felt about it

1. What can teachers do to help their students become more confident?
2. How can teachers help their students become more confident by rewarding them for studying?
3. What can teachers do to make studying more interesting?
4. Do you think that children of confident parents are also confident?
5. Why do so many people lack confidence these days?
6. How can a person become more confident?

### 2.3.14 (14) 获奖

Describe a prize you have received recently (e.g.money, something valuable, a medal)

You should say:

What it was

When you received it

What you did to receive it

And explain how you felt about it

1. Do you think competition is all about the prize?
2. What prizes should schools set for students?
3. What criteria should be set for students to win a particular prize?
4. Why do many companies offer prizes to their customers?
5. Why should we set prizes for competitions?
6. Why do some companies encourage employees to compete with each other?

### 2.3.15 (15) 遇到困难挑战

Describe a challenge you faced that you thought was rather difficult

You should say:

What it was

When and where you faced it

Why you thought it was a difficult challenge

And explain how you felt at the time

1. What do children often do when they face a challenge?
2. Is it easy for children to overcome a challenge?
3. Do most people choose to face a challenge alone or with others?
4. What activities do you think would make children feel challenged? Why?
5. What challenges would people face when learning new sports?
6. Why do some people enjoy doing extreme sports?

### 2.3.16 (16) 读书迷

Describe a person who likes to read a lot

You should say:

Who this person is

How you knew him/ her

What he/ she likes to read

And explain why you think he/ she likes to read a lot

1. Why are many people so keen on reading?
2. Do you think parents should help their children develop the reading habit from an early age?
3. Is reading for fun or for work?
4. What reading topics are popular in your country?
5. What are the differences between paper books and movies?
6. Do you think people of all ages need to read?

### 2.3.17 (17) 喜欢做手工的人

Describe a person who likes to make things by hand (e.g. toys, furniture)

You should say:

Who this person is

What he/ she makes

Why he/ she likes to make things by hand

And explain how you feel about the person

1. Are traditional handicrafts important to tourism?
2. What are the benefits for students to learn to make things by hand?
3. Why do many children like to make things by hand?
4. Is it reasonable to charge a high price for handmade things?
5. How does modern technology change the handicraft industry?
6. Are there any traditional handicrafts in your hometown?

### 2.3.18 (18) 喜欢和亲友去的地方

Describe a place in your hometown/ city that is different from other places and that you enjoy visiting with your parents/ friends

You should say:

Where it is

What it is like

What you often do there

Who you often go there with

And explain why you think it is different

1. What are the differences between big cities and small cities?
2. Where do people in your hometown like to go?
3. What are the differences between the places young people like to go and the places old people like to go?
4. What do young people like to do in their leisure time?
5. Do you think it is necessary to visit the same place many times?
6. What factors attract people to go to visit other places other than their hometown?

### 2.3.19 (19) 公园/花园

Describe a public park or garden

You should say:

Where it is

What it is like

How often you go there

What you often do there

And explain how you feel about it

1. Is it necessary to have public parks in cities?
2. What facilities are needed in a park?
3. What are the differences between a garden and a natural area?
4. Why do people like to visit tourist attractions?
5. What tourist attractions are popular in China?
6. How can we encourage young people to go to parks more often?

### 2.3.20 (20) 传统节日的食物

Describe your favourite food at a traditional festival or a special event in your country

You should say:

What it is

At which festival/ event you eat it

How it is made

And explain why you like it

1. Do people in your country grow plants at home?
2. What plants can people grow in cities?
3. Are there any difficulties when people grow plants in cities?
4. Do most people prefer vegetables bought from the supermarket or grown at home?
5. Why do people like to have a big meal at traditional festivals or big events?
6. Is it bad behavior for people to look at their phones during a meal?

### 2.3.21 (21) 别人家的房间

Describe someone else's room you enjoy spending time in

You should say:

When you visited there

Whose room it is

What it is like

What you can do in it

And explain why you enjoy spending time there

1. Do you like to invite your friends to your home?
2. Why do people often take gifts with them when they visit others' homes?
3. Who likes to stay at home more, young people or old people?

4. Do you think old people will be able to keep up with the pace of technology in 50 years?
5. Do most people visit other people's houses during the Spring Festival?
6. What are the most enjoyable parts of having a meal together with your family?

### 2.3.22 (22) 看到野生动物的地方

Describe a place in your city you have been to where you can see wildlife (e.g. animals, birds, insects)

You should say:

Where it is

What kind of wildlife people can see there

Whether people like to go there

And explain how you feel about it

1. Why are most children interested in wild animals?
2. Should parents take their children to the zoo to see wild animals?
3. Are wild animals easy to spot in your country?
4. Are there many wildlife documentaries produced in your country?
5. What impact does only seeing wild animals in zoos have on children's understanding of these animals?
6. Which is the better way to see wildlife, watching documentaries or going into the wild?

### 2.3.23 (23) 优质服务

Describe a time when you received good service from a staff member in a shop

You should say:

Where the shop is

When you went to the shop

What service you received from the staff

And explain how you felt about the service

1. Why should companies react quickly when customers have difficulties?
2. What are the advantages and disadvantages of shopping in small shops?
3. Why do some people dislike shopping in small shops?

4. What are the differences between online shopping and in-store shopping?
5. What are the advantages and disadvantages of shopping online?
6. Can consumption drive economic growth?
7. Why are shopping malls so popular in China?

#### 2.3.24 (24) 生活精彩有趣的老人

Describe an old person you know who has had an interesting life

You should say:

Who this person is

Where he/ she lives

What he/ she has done in his/ her life

And explain how you feel about him/ her

1. What do old people often do in their daily lives?
2. Why do some people live with old people?
3. Can old people and their grandchildren learn from each other when they live together?
4. What are the benefits of elderly people living alone?
5. Do old people prefer to stay at home or go outside? Why?
6. Do you think old people's life will improve with the development of technology?

#### 2.3.25 (25) 向小辈展示新东西

Describe a time that you showed something which was new to a person who was younger than you

You should say:

When it was

What it was

Who you showed it to

How you showed it



Why you showed it

And explain how you felt about it

1. What skills should children learn?
2. What are the differences between the things adults learn and the things that children learn?
3. Why are some people not willing to ask for help from others while studying?
4. What skills do you think children should learn before going to school?
5. How can young people be motivated to learn new things?
6. Is it possible for a person to achieve something without motivation?

## 2.4 【9月保留题】(28道)

### 2.4.1 (1) 年轻人的偶像

Describe someone (a famous person) that you think is a good role model for young people

You should say:

Who he/ she is

How you know him/ her

What he/ she has done

And explain why he/ she is a good role model for young people

1. What kinds of people are likely to be the role models for teenagers?
2. Is it important for children to have a role model?
3. Are there any differences between today's famous people and those of the past?
4. What qualities do famous people have?
5. What kinds of people are likely to become famous?
6. Do people tend to choose the best people as their role models?

### 2.4.2 (2) 一张照片/画

Describe a picture/ photograph of you that you like

You should say:

Where it was taken/ drawn

When it was taken/ drawn

Who took/ drew it

And explain how you felt about it

1. Why do people take so many photos?
2. What do people use to take photos these days, cameras or phones?
3. Is it difficult for people to learn how to take good photos?
4. How do people keep their photos?
5. What photos do people often hang on the wall at home?
6. Is it necessary for students to learn art?

### 2.4.3 (3) 别人做的特殊一餐

Describe a special meal that someone made for you

You should say:

Who did it

When and how he/ she cooked

What and Why he/ she cooked for you

And explain how you felt about the meal

1. Should students learn to cook at school?
2. Do you think people's eating habits change as they get older?
3. Do people in your country like to learn to cook from TV programmes?
4. What kinds of fast food are popular in China?
5. Are there any people who wouldn't eat meat for their whole lives?
6. What do you think about vegetarians?

### 2.4.4 (4) 宜居之城

Describe a place (city/ town) that is good for people to live in

You should say:

Where it is

How you knew this place

What it is like

And explain why it is better than other places to live in

1. What are the differences between cities and towns?
2. What has happened to towns and villages in recent years in your country?
3. What are the differences between big cities and small ones?
4. What factors will contribute to whether a place is good to live in or not?
5. What are the major changes that have happened in your city?
6. How different is life in the countryside to life in the city?

#### 2.4.5 (5) 喜欢买便宜货的人

Describe a person who likes to buy goods with low prices

You should say:

Who this person is

What this person likes to buy

Where this person likes to buy things

And explain why this person likes cheap goods

1. What are the differences between shopping in a shopping mall and in a street market?
2. Which is more commonly visited in China, shopping malls or street markets?
3. Is advertising important?
4. What are the disadvantages of shopping at a street market?
5. How do you buy cheap products?
6. Do you think things are more expensive in big shopping malls?

#### 2.4.6 (6) 经常拍照的地方

Describe a place where you have taken photos more than once

You should say:

Where the place is

When you took the photos

What special features the photos taken there have

And explain why you have been there more than once to take photos

1. Do you like to take photos?
2. Where do people often like to take photos?
3. Who likes to take photos more often, young people or older people?
4. Would you pay a lot of money to hire a photographer?
5. Do you think being a photographer is a good job?
6. On what occasions do people need formal photos?

#### 2.4.7 (7) 昂贵地方

Describe a place you have been to where things are expensive

You should say:

Where the place is

What the place is like

Why you went there

What you bought there

And explain why you think things are expensive there

1. Why do some people still use cash?
2. Will the payment be paperless in the future?
3. What do you think of the view that time is as important as money?
4. Is it more important to choose a job with a high salary or with more time off?
5. How important is it to have a variety of payment options?
6. Why are things more expensive in some places than in others?

#### 2.4.8 (8) 历史建筑

Describe a historical building you have been to

You should say:

Where it is

What it looks like

What it is used for now

What you learned there

And how you felt about this historical building

1. Why do people visit historical buildings?
2. Do Chinese people like to visit historical buildings?
3. Do most people agree with the government's funding to protect historical buildings?
4. Is it necessary to protect historical buildings?
5. What factors do people often consider when buying a house or an apartment?
6. What are the differences between today's houses and those in the past?

#### 2.4.9 (9) 穿最好的衣服

Describe an occasion you wore the best clothes

You should say:

When it was

What you wore

Why you wore it

And how you felt about it

1. Do you think people need to wear formally in the workplace?
2. Why do some people like to wear traditional clothes?
3. Will traditional clothes disappear in the future?
4. Do old people change their style of dressing?
5. Why do some people like to wear expensive clothes?
6. Who wears formal clothes more often, young people or old people?

#### 2.4.10 (10) 音乐爱好者

Describe a person who thinks music is important and enjoys music

You should say:

Who this person is

How you knew him/her

What music he/she likes

Why he/she thinks music is important

And explain how you feel about him/her

1. What do you think about playing music for children in class?
2. Why do many teachers incorporate music into the classroom?
3. Do you think there are any advantages to a shop with music playing?
4. Would people's shopping behaviour be affected in a shop with music? How?
5. What do you think the effect of background music is in a film?
6. Why are musical movies so popular?

#### 2.4.11 (11) 重要植物

Describe an important plant in your country

You should say:

What it is

Where you see it

What it looks like

And explain why it is important

1. What are the features of living in the countryside?
2. Should schools teach children how to grow plants?
3. Why do some people prefer to live in the countryside?
4. Have new kinds of plants been grown in your city recently?
5. Why do some people like to keep plants at home?
6. Are there many trees in your city?
7. Is it important to protect green areas?
8. Why do some people like growing vegetables?

#### 2.4.12 (12) 学习之地

Describe an indoor or outdoor place where it is easy for you to study

You should say:

Where it is

What it is like

When you go there

What you study there

And explain why you like to study in this place

1. Where do people like to study in your country?
2. What's the difference between learning face-to face with teachers and learning by yourself?
3. Do you prefer to study at home or study in other places?
4. What are the benefits of gaining work experience while studying?
5. Do most people need peace and quiet when they study?
6. What are the advantages and disadvantages of studying with other people?

#### 2.4.13 (13) 迟到

Describe a time when you missed or were late for an important meeting/event/

可能的其他问法： Describe a time when you were late for something important

You should say:

When and where it happened

What you were late for

Why you were late

And explain how you felt about being late for this important thing

1. Are you a punctual person?
2. Do you think it is important to be on time?
3. Do you always avoid being late?
4. Why are people often late for meetings or appointments?/ What are some common reasons why people are late for things?
5. Are people in your country often late for meetings?
6. How important is it for people to be on time in your country?
7. What problems can happen when a person is late for something?
8. What can people do to help manage their time?
9. Do you think people are born with time management skills or can they develop them?



#### 2.4.14 (14) 想换掉的东西

Describe something you own that you want to replace

You should say:

What it is

Where it is

How you got it

And explain why you want to replace it

1. Does consumption have any impact on the environment?
2. Why do people always want to buy new things to replace old ones?
3. Why do you think some people replace things more often than others?
4. Why do young people change things more often than old people?
5. Why do some people like to buy expensive things?
6. Why do some people prefer to buy things in the supermarket rather than online?

#### 2.4.15 (15) 新法律

Describe a new law you would like to introduce

You should say

What law it is

What changes this law has

Whether this new law will be popular

How you came up with the new law

And explain how you feel about this new law

1. What rules should students follow at school?
2. Do people in your country usually obey the law?
3. What kinds of behavior are considered as good behavior?
4. Do you think children can learn about the law outside of school?
5. What are the benefits for people if they obey the rules?
6. How can parents teach children to obey rules?

#### 2.4.16 (16) 愉快的公共交通之旅

Describe an enjoyable journey by public transport

You should say

Where you went

Who you were with

What you did

And how you felt about it

1. Why do people choose to travel by public transport?
2. Why do more and more people like to travel by plane?
3. Do you think offering free public transport will solve traffic problems in the city?
4. What are the disadvantages of traveling by public transport?
5. What do you think are the cheapest and most expensive means of transport?
6. What are the difficulties that commuters face during rush hours?

#### 2.4.17 (17) 看过并想尝试的运动

Describe a sport you watched and would like to try

You should say

When and where you watched it

Why you watched it

Who you watched it with

Whether you will do it in the future

And explain how you felt about it

1. Why do many people like to buy expensive sportswear for playing ball games?
2. What kinds of sports games do young and old people like to watch in your country?
3. Why do so many people like to watch sports games?
4. Do you think that international sports events are more about money these days?/ Do you think that international sports games are for money?
5. Many advertisers like to use sports stars' endorsements. What do you think are the reasons?

6. Do you think sportspeople actually use the sports gear promoted in their commercials?

#### 2.4.18 (18) 很开心认识的人

Describe a person who you are happy to know

You should say.

Who this person is

How you know this person

What he or she is like

And explain why you are happy to know him/her

1. How can children feel happy?

2. What's the difference between adults' and children's happiness?

3. Do you think everyone shares a similar definition of happiness?

4. Some people say that living in a happy city is boring. What do you think?

5. Which do you think is more important in the workplace, happiness or high salaries?

6. How can companies improve employee happiness?

#### 2.4.19 (19) 收到想要物品

Describe a time when someone gave you something that you really wanted

You should say.

Who this person was

What this person gave you

Why you wanted this thing

And explain how you felt when you got this thing

1. What kinds of things do young people like to spend money on in your country?

2. Why do people often buy things they don't really need?

3. Is it necessary to advertise in today's economy?

4. What's the reason why owning material possessions is important to people?

5. Should employees have their own goals?

6. How should bosses reward employees?

7. What kinds of gifts do young people like to receive as rewards?
8. How should children spend their allowance money?
9. Why do people like shopping more now than in the past?
10. Do you think shopping is good for a country's economy?

#### 2.4.20 (19) 鼓励你达成目标的人

Describe a person who encouraged you to achieve your goal

You should say:

Who the person is

How he/she encouraged you

What goal you achieved

And explain how you feel about this person

1. Do you think children are more likely to achieve their goals if they are encouraged?
2. What should parents do if their children don't want to study?
3. Who do you think should set goals for children?
4. Who plays a more important role in children's education, parents or teachers?
5. Is money the only motivation for people to work hard?
6. Which is more important, competition or cooperation?

#### 2.4.21 (20) 少人去的景点

Describe a tourist attraction that very few people visit but you think is interesting

You should say:

What the place is

What people can see there

Why only very few people visit there

And explain why you think it is interesting

1. Why do people visit tourist attractions?
2. What makes a tourist attraction famous?
3. Do local people like to visit local tourist attractions?

4. Do you think tourism causes environmental damage?
5. Should all tourist attractions be free to the public?
6. How can people prevent the environmental damage caused by tourism?

#### 2.4.22 (21) 有趣的老人

Describe an interesting old person you met

You should say:

How you met him/her

Who the person is

What kind of person he/she is

And explain why you think this old person is interesting

1. Do you think old people and young people can share interests?
2. What can old people teach young people?
3. Are there benefits of young people being interested in old people?
4. Is it easy for young people and old people to make friends with each other?
5. Do you think people are more selfish or self-centered now than in the past?
6. What benefits can people get if they are self-centered?

#### 2.4.23 (22) 和朋友去的有趣地方

Describe an interesting place you have been to with a friend

You should say:

What the place is

Who you went with

When you went there

And explain why you think it is interesting

1. How do you communicate with friends?
2. Can talking with people improve social skills?
3. Does technology help people communicate better with others?
4. Do you prefer to go out with a group of friends or just with a few close friends?

5. Why don't some people like to socialise?

6. Why do people need friends?

#### 2.4.24 (23) 冒风险

Describe a risk you took that you thought would lead to a terrible result but ended up with a positive result

You should say:

When you took the risk

Why you took the risk

How it went

And explain how you felt about it

1. How should parents teach their children what a risk is?

2. Why do some people like to watch movies where the characters take risks?/Why do some people like to watch risk-taking movies?

3. Why do some people enjoy dangerous sports?

4. Who is more interested in taking risks, the young or the old?

5. What risks should parents tell their children to avoid?

6. What kinds of sports are dangerous but exciting?

#### 2.4.25 (24) 嘈杂地

Describe a noisy place you have been to

You should say:

Where it is

When you went there

What you did there

And explain why you feel it's a noisy place

1. Do you think it is good for children to make noise?

2. Should children not be allowed to make noise under any circumstances?

3. What kinds of noises are there in our life?

4. Which is exposed to more noise, the city or the countryside?
5. How would people usually respond to noises in your country?
6. How can people consider others' feelings when chatting in public?

#### 2.4.26 (25) 自然之地

Describe a natural place (e.g. park, mountain)

You should say:

Where this place is

How you knew this place

What it is like

And explain why you like to visit it

1. What kind of people like to visit natural places?
2. What are the differences between a natural place and a city?
3. Do you think that going to the park is the only way to get close to nature if you live in a city?
4. Are there any wild animals in the city?
5. Do you think it is a good idea to let animals stay in local parks for people to visit?
6. What can people gain from going to natural places?

#### 2.4.27 (26) 聚会

Describe a party that you enjoyed

You should say:

When and where the party was held

Who attended the party

What kind of party it was

What you did in the party

And explain why you enjoyed this party

1. Why do people like parties?
2. Why do some people not like going to parties?
3. Do you think music and dancing are a must at a party?

4. What would you do if you were disturbed by a neighbour's party?
5. What are the differences between holding a party at home and in a public place?
6. Do you think those who tend to stay at home are less healthy than those who often attend parties?

#### 2.4.28 (27) 别人做的好决定

Describe someone you know who made a good decision recently

You should say:

Who he/she is

When he/she made the decision

What decision he/she made

Why it was a good decision

And explain how you felt about the decision

1. Should parents make decisions for their children?
2. Do you think parents are the best people to make decisions about their children's education?
3. At what age do you think children can be allowed to make decisions by themselves?
4. Why do most children find it difficult to make decisions?
5. Should parents interfere in children's decision-making?
6. How should parents help their children make decisions?

#### 2.4.29 (28) 难用的科技产品

Describe a piece of technology that you find difficult to use

You should say:

What you use it for

When you got it

How often you need to use it

And explain why you find this piece of technology difficult to use

1. What technology do people currently use?
2. Why do big companies introduce new products frequently?



3. Why are people so keen on buying iPhones even though they haven't changed much from one to the next?
4. Why do technology companies keep upgrading their products?
5. What changes has the development of technology brought about in our lives?
6. Does the development of technology affect the way we study? How?