

What I Wish I Had Known

My Final Gift to CCI

Dr. Xin Zhou

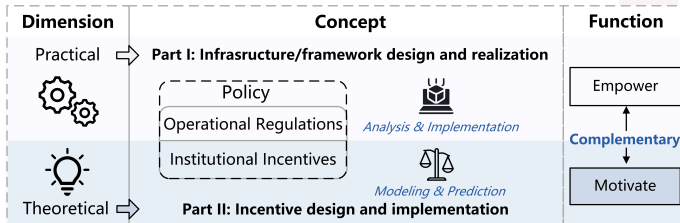
University of Amsterdam

June 28, 2024



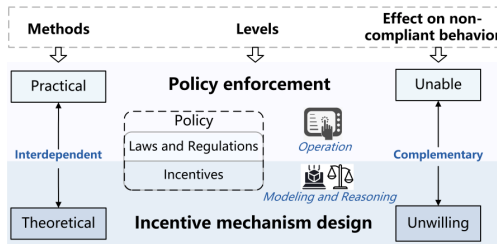
Stages

- Stage1 Define your research framework
- Stage2 Define research questions and conduct
- Stage3 Publishing ⇒ The enlightenment I get in writing science
- Stage4 Prepare your defense



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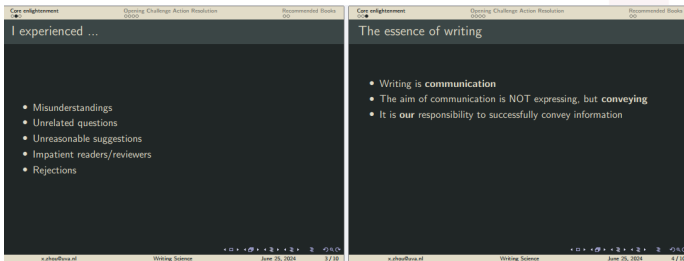


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- Start from reproducing
- Join seminars (Find potential collaborators)
- Keep taking courses that interest you

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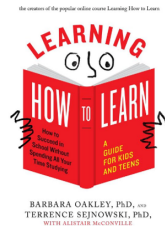
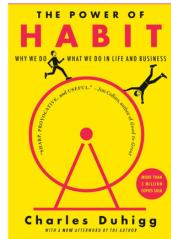
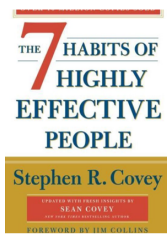
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Lack of Motivation



- Break big tasks into small ones + Todo list
- Do presentations regularly \Rightarrow Beamer Template
 - Productivity, critical thinking, networking
- Use the power of habit
- Just have a break

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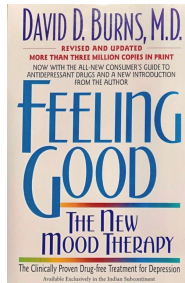
Stress and Anxiety



• Measures

- Workout regularly
- Eat healthy
- Arrange leisure time into your schedule
- Seek help from friends, colleagues, and supervisors
- Seek professional help ⇒ [UvA Psychologists](#)

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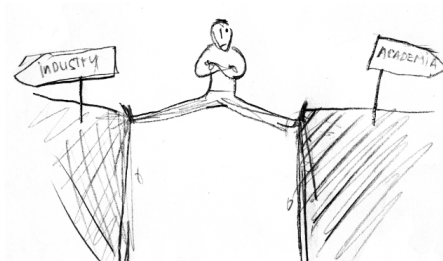
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 - Discouraging comments & toxic relationships
 - Social media & short videos

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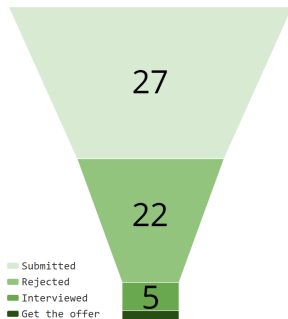
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Where to Go?



- Facts
 - Both are competitive
 - My personal experience

Where to Go?



Facts

- Both are competitive
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Where to Go?



- Facts
 - Both are competitive
 - My personal experience
- Prepare yourself
 - Networking \Leftarrow You have something
 - Internship \Leftarrow Project experience / Github

Every Thing You Need

- From thesis writing to defense arrangement
- Thesis template
- Summarize your thesis in one sheet

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