There are three major types of rock: igneous, sedimentary, and metamorphic. The rock cycle is an important concept in geology which illustrates the relationships between these three types of rock, and magma. When a rock crystallizes from melt (magma and/or lava), it is an igneous rock. This rock can be weathered and eroded, and then redeposited and lithified into a sedimentary rock, or be turned into a metamorphic rock due to heat and pressure that change the mineral content of the rock which gives it a characteristic fabric. The sedimentary rock can then be subsequently turned into a metamorphic rock due to heat and pressure and is then weathered, eroded, deposited, and lithified, ultimately becoming a sedimentary rock. Sedimentary rock may also be re-eroded and redeposited, and metamorphic rock may also undergo additional metamorphism. All three types of rocks may be re-melted; when this happens, a new magma is formed, from which an igneous rock may once again crystallize.

In the 1960s, a series of discoveries, the most important of which was seafloor spreading, showed that the Earth's lithosphere, which includes the crust and rigid uppermost portion of the upper mantle, is separated into a number of tectonic plates that move across the plastically deforming, solid, upper mantle, which is called the asthenosphere. There is an intimate coupling between the movement of the plates on the surface and the convection of the mantle: oceanic plate motions and mantle convection currents always move in the same direction, because the oceanic lithosphere is the rigid upper thermal boundary layer of the convecting mantle. This coupling between rigid plates moving on the surface of the Earth and the convecting mantle is called plate tectonics

The development of plate tectonics provided a physical basis for many observations of the solid Earth. Long linear regions of geologic features could be explained as plate boundaries. Mid-ocean ridges, high regions on the seafloor where hydrothermal vents and volcanoes exist, were explained as divergent boundaries, where two plates move apart. Arcs of volcanoes and earthquakes were explained as convergent boundaries, where one plate subducts under another. Transform boundaries, such as the San Andreas fault system, resulted in widespread powerful earthquakes. Plate tectonics also provided a mechanism for Alfred Wegener's theory of continental drift, in which the continents move across the surface of the Earth over geologic time. They also provided a driving force for crustal deformation, and a new setting for the observations of structural geology. The power of the theory of plate tectonics lies in its ability to combine all of these observations into a single theory of how the lithosphere moves over the convecting mantle.