**TITLE**

**Summary**

**Background**:

**Methods**:

**Results**:

**Conclusions:**

[250 words]

**Keywords**

**INTRODUCTION**

**METHODS**

**Study Sample**

**Confounding Factors**

**Accelerometry**

**Chronotype**

**Urbanisation**

**Statistical Analysis**

**RESULTS**

(Table 1 here)

(Figure 1 here)

(Figure 2 here)

(Figure 3 here)

(Table 2 here)

**DISCUSSION**

**Implications**

**Strengths and Limitations**

**Conclusions**

**ACKNOWLEDGEMENTS**

This research has been conducted using the UK Biobank resource. UK Biobank was established by the Welcome Trust, Medical Research Council, Department of Health, Scottish Government and the Northwest Regional Development Agency. It has also had funding from the Welsh Assembly Government and the British Heart Foundation.

**AUTHORS CONTRIBUTION**

**Supplementary Material**

S1 Tables

S2 Supplementary Methods

**REFERENCES**