

Welcome to the Personalized Care Program!

Patient Guide



Why? Better Care for You

Your doctor has invited you to a new health program! It keeps you well which saves taxpayer dollars.



Program Benefits

A personal health manager (registered nurse) keeps you connected to your care team from the comfort of home.



The Program is Covered

Your insurance covers the program and most supplemental insurance cover the co-pay.

HOW IT WORKS



1

Enroll at Doctor's Office

Your doctor and staff explain the program and benefits during your visit

2

Get a Simple Care Plan

A customized care plan is sent to you via mail or e-mail



3

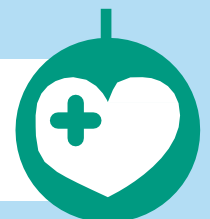
Care Coach Check-ins

Registered nurses make check-in calls once or twice monthly to provide support, answer questions and see how you're doing

4

Improved Health

Feel better knowing we're only a phone call away



For program questions, please call (916) 568-7199.

For billing questions, please call your doctor's office.

