

Cecilia Wong

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Profile

Curious, focused and positive individual with proven excellent communication skills. My years as self employed and in managing positions have afforded me maturity and taught me to manage my time efficiently.

I am currently enrolled in a bootcamp by the pop-up school Technigo, studying JavaScript and React and aspiring to become a front end developer.

Selected education

technigo.io pop-up school: November 2017 - February 2018.

First graduating class of a highly intensive bootcamp for frontend development focused on **Javascript (with framework React), CSS3, HTML5 and Node.js**.

The programme is structured as an **agile environment** with two week sprints for group assignments, as well as daily individual assignments..

Stockholm University, Sweden 2009 - 2010

Student of the Elementary Education programme, focusing on the Swedish language and Swedish as a Second Language learners.

University of Toronto, Canada 2008 - 2009

Program designed for students with an academic background from outside Canada. Recipient of the Evelyn Cotter Prize for best essay of the 2008 programme.

Selected experience

Owner, Cecilia Wong Yoga, Stockholm, Sweden – 2012–Present

As self-employed I worked as a yoga teacher, teacher trainer and workshop facilitator on consultant basis. I regularly **created and facilitated workshops** and courses on topics such as “Teaching prenatal yoga” and various anatomy / bio mechanics related subjects.

Clients included reputable studios such as Yogayama and Atmajyoti, corporations such as Stockholmshem, as well as American yoga corporation Yoga Works.

Web designer, self employed, Stockholm, Sweden 2013 to 2017

I designed, set up and maintain the Wordpress site of yoga teachers and other health professionals in Stockholm.

<http://www.saragranstrom.se/>

<http://www.beyoga.se/>

<http://www.insituosteopathy.com/>

Project Manager & administrator, YogiYogini, Stockholm, Sweden – 2013 to present.

On consultant basis, I maintain the company e-commerce site based on Shopify. Planning and adding content to the site and social media. **Project management** for public events and photoshoots.

Manager, Another Story Bookshop, Toronto, Canada, 2005 - 2009

Managed staff training, scheduling and recruitment in an independent bookshop, focused on equity and social justice.

Organised in store events including author events and book releases.

Maintained and managed inventory.

Coordinated external events with school boards and private organisers.

Associate Manager, Caban by Club Monaco, Toronto, Canada, 2003–2005

Managed daily operations in the flagship store of the Club Monaco home concept Caban.

Duties included staff training, scheduling and recruitment, managing and coaching staff to reach and exceed sales goals. The store hosted public events for the Toronto International Film Festival for which I organised staff presence.

Skills

Teaching, public speaking, great communication skills.

Fluent in english, both spoken and written.

Volunteer experience Chair, Födelsebyrå, Stockholm Sweden 2014 - present.

The agency works for equal care and ensures that concrete solutions are developed where all patients' positions, rights and needs are at the center of pregnancy and birth healthcare.