## Greenworks on the Ground

















### ACCESSIBLE FOOD AND DRINKING WATER

All Philadelphians have access to healthy, affordable, and sustainable food and drinking water

Greenworks is the city's sustainability plan to improve quality of life for all Philadelphians. We've developed guides to show individuals, communities, and institutions how they can help make the Greenworks visions a reality. All of the guides are available at www.phila.gov/green or by calling 215-686-3495.

# What Individuals Can Do

### **FOOD**

- ☐ **Grow your own food:** Start or join a community garden.
  - Pennsylvania Horticultural Society Garden Tenders:
    - http://phsonline.org/programs/garden-tenders
  - Vacant Land 215 Toolkit:
    - http://tiny.cc/VacantLand215
- ☐ Learn about healthy eating: Take advantage of local, sustainable food to improve your own health and the health of the environment.
  - PennState Extension Nutrition Resources:
    - http://tiny.cc/PSUnutrition
- ☐ Reduce food waste: Use all the food you buy, and compost your scraps.
  - https://www.refed.com
- ☐ Support local, sustainable, and fair food: Shop at farmer's markets, join a food co-op, or sign up for a communitysupported agriculture program.
  - Co-ops in Philadelphia area:
    - https://philadelphia.coop/phillycoops/
  - Farmers market list:
    - http://tiny.cc/PhillyMarkets

### WATER

- ☐ Drink tap water: Carry a reusable water bottle and drink Philadelphia's high quality tap water.
- ☐ Maintain your water infrastructure: Make sure your plumbing and lateral, which connects your house to the water main, are in good, safe condition to ensure drinking water quality.
  - · Homeowners' Emergency Loan Program



http://tiny.cc/PWDHelp



215-685-4901

- ☐ Protect our waterways: Keep litter, oils, medicine, and other hazardous materials out of sinks and storm drains to protect our waterways that provide our drinking water.
- ☐ Read the Philadelphia Water Department's water quality report: Learn more about what's in your water.



http://tiny.cc/PWDQuality



Find locations and hours of operations for farmers markets, senior meals, food pantries, and other resources through the

PHILLY FOOD FINDER (www.phillyfoodfinder.org) or by calling the Coalition Against Hunger SNAP Hotline (215-430-0556). Do you see a resource that's missing? You can add it on the Philly Food Finder website.







