

# The molecular electrometer and binding of cations to phospholipid bilayers

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Despite the vast amount of experimental and theoretical studies, the binding affinity of cations, especially the biologically relevant  $\text{Na}^+$  and  $\text{Ca}^{2+}$  ions, into a phospholipid bilayer is not agreed on in the literature. Here we show that the ion binding affinity can be directly compared between simulations and experiments by using the choline headgroup order parameters according to the 'molecular electrometer' concept. Our results strongly support the traditional view that  $\text{Na}^+$  ions and other monovalent ions (bar  $\text{Li}^+$ ) do not specifically bind to phosphatidylcholine lipid bilayers with mM concentrations, in contrast to  $\text{Ca}^{2+}$  and other multivalent ions. Especially the  $\text{Na}^+$  binding affinity is overestimated by several molecular dynamics simulation models, leading to an artificially positively charged lipid bilayer. Qualitatively correct headgroup order parameter response is observed with  $\text{Ca}^{2+}$  binding in all the tested models, however, none of the tested models has sufficient quantitative accuracy to interpret the  $\text{Ca}^{2+}$ :lipid stoichiometry or the induced atomistic resolution structural changes.

*This work has been, and continues to be, progressed and discussed through the blog [nmrlipids.blogspot.fi](http://nmrlipids.blogspot.fi), through which everyone is invited to join the discussion and make contributions. The manuscript will be eventually submitted to an appropriate scientific journal. Everyone who has contributed to the work through the blog will be offered coauthorship. For more details see [nmrlipids.blogspot.fi](http://nmrlipids.blogspot.fi).*

## I. INTRODUCTION

The interaction of cations with phospholipid membranes is important in many physiological processes, nerve cell signalling being the prime example. For this reason such interactions have been widely studied via experiments, simulations, and theory. While it is generally agreed that the relative binding affinity of different ions follows the Hofmeister series [1–9], no consensus emerges from the literature on the quantitative binding affinities of different ions to phospholipid bilayers. Two extensive reviews covering work done prior to 1990 [2, 3] concluded that monovalent cations interact only weakly with phospholipid bilayers (with the exception of  $\text{Li}^+$ ), while for multivalent ions the interactions are significant. This conclusion has been supported by further studies showing that bilayer properties remain unaltered upon addition of millimolar concentrations of monovalent salt [4, 10, 11]. On the other hand, the weakness of interactions between phospholipids and monovalent ions has been

questioned in several experimental and molecular dynamics simulation studies [6–9, 12–18] suggesting stronger binding especially for  $\text{Na}^+$  ions.

More specifically, millimolar concentrations of NaCl have a negligible effect on the choline head group order parameters [19], area per molecule [10], dipole potential [20], and lipid lateral diffusion [11]; in contrast, these properties are significantly affected by the presence of  $\text{CaCl}_2$  or other multivalent ions. In addition, water sorption isotherms are very similar for POPC/NaCl system and NaCl in pure water — indicating only weak interaction between ion and lipids [4]. Further, only minor changes in POPC infrared spectra are observed in the presence of NaCl, while changes are significant in the presence of  $\text{Ca}^{2+}$  and other multivalent ions, also confirming that interaction between  $\text{Na}^+$  and lipids are weak [4]. In contrast, the decrease in rotational and translational dynamics of fluorescent probes in lipid bilayers with mM NaCl concentrations suggests significant  $\text{Na}^+$  binding [7, 9, 12]. However, the reduced lateral diffusion is not observed in non-invasive NMR experiments, suggesting that fluorescence results arise from  $\text{Na}^+$  interactions with probes rather than with lipids [11]. Also the interpretation of calorimetric measurements has been controversial. The effect of monovalent ions (bar  $\text{Li}^+$ ) on phase transition temperature is small, compared to the effect of multivalent ions; this was initially interpreted by Cevc as an indication that only multivalent ions and  $\text{Li}^+$  specifically bind to phospholipid bilayers [2]; however, more recently such small effect was interpreted as an indication that also  $\text{Na}^+$  binds to lipid membranes [8, 12]. In electrophoresis measurements on phosphatidylcholine vesicles, NaCl increases the (initially negative) zeta potential to about zero; however, positive zeta potentials can be generally reached only with multivalent ions or  $\text{Li}^+$  [1, 8, 14, 15, 21]. The lack of significant positive electrophoretic mobility in the presence of NaCl suggests weak binding of  $\text{Na}^+$ ; however, the same data can also be explained by the effect of  $\text{Cl}^-$  ions [22, 23]. Finally, changes in bilayer hardness and area per lipid measured with Atomistic Force Microscopy (AFM) were inter-

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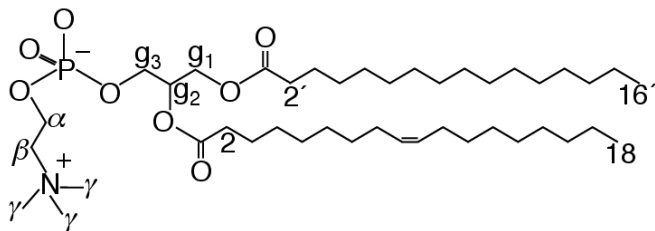


FIG. 1: Chemical structure of 1-palmitoyl-2-oleoylphosphatidylcholine (POPC).

preted as  $\text{Na}^+$  binding to phospholipids [14–18].

Atomistic molecular dynamics (MD) simulations are a powerful tool to interpret experimental data in terms of atomic-level interactions. In atomistic MD simulations, the majority of commonly used models predicts binding of  $\text{Na}^+$  ions to phosphatidylcholine lipid bilayers, but the strength of binding depends on the specific model used [12, 13, 22, 24–27]. Some simulation studies confirmed a reduction in lipid lateral diffusion due to  $\text{Na}^+$  binding, in agreement with fluorescent probe measurements [7, 9, 12] but in contrast with NMR experiments [11]. Other simulations showed a reduction in area per lipid in the presence of NaCl, in agreement with AFM experiments [14–18]; however, the reduction in area was observed at excessively low  $\text{Na}^+$  concentrations, compared to observations from scattering experiments [10]. Predictions of electrophoretic mobility in the presence of NaCl yielded positive values, higher than in experiments; however, this could be explained by the behaviour of  $\text{Cl}^-$  ions [22, 23].

In the present work we set out to solve the apparent contradictions by directly comparing the headgroup hydrocarbon segment  $\alpha$  and  $\beta$  (see Fig. 1) order parameters between simulations and experiments as a function of cation concentration. According to the ‘molecular electrometer’ concept, changes in order parameters of the  $\alpha$  and  $\beta$  carbons in the phospholipid head group can be used to measure the ion affinity to the phosphatidylcholine (PC) lipid bilayer [19, 28–30]. Order parameters can be accurately measured in experiments and straightforwardly compared to simulations [31], therefore the molecular electrometer allows the comparison of binding affinity between simulations and experiments. We show that the response of order parameters to penetrating cations is qualitatively correct in simulations, but the affinity of PC bilayers for  $\text{Na}^+$  ions is significantly overestimated in several MD simulation models. Moreover, we show that the accuracy of tested models does not allow for an interpretation of lipid- $\text{Ca}^{2+}$  interactions with atomistic resolution.

## II. RESULTS AND DISCUSSION

The idea of molecular electrometer is originally based on the measured increase of  $\beta$  and decrease of  $\alpha$  segment order parameter absolute values with bound cations [19, 28–30]. However, more recent experiments assigned negative sign to the order parameter of the  $\beta$  carbon, and positive to the  $\alpha$  carbon [32–34]; thus both order parameter values are actually decreasing as the concentration of cations increases [31]. Figure 2 shows the head group order parameter values from  $\text{H}^2$  NMR measurement for DPPC and POPC bilayers [19, 28], with correct signs [32–34], as a function NaCl and  $\text{CaCl}_2$  concentration. Only minor decreases are measured in the presence of NaCl, while the effect of  $\text{CaCl}_2$  is an order of magnitude larger. Thus, according to the molecular electrometer concept, monovalent  $\text{Na}^+$  ions have negligible affinity for PC lipid bilayers at concentrations up to 1 M, while binding of  $\text{Ca}^{2+}$  ions at the same concentration is significant [19, 28]. This conclusion is in agreement with several other experimental studies [2–4, 10, 11].

Figure 2 also reports order parameters calculated from MD simulations of DPPC and POPC lipid bilayers in the presence of NaCl or  $\text{CaCl}_2$ . Details of the simulated systems are reported in Table I and in Supplementary Information. First of all, it should be noted that none of the models used here reproduces the order parameters within experimental uncertainty for pure PC bilayer without ions, indicating structural inaccuracies with varying severity for all models [35].

**1.MONTICELLI:** *hmm, I see a little problem here: the absolute values for the order parameters are not reported here, so how can we notice that they don't match the experiment? Is it worth having another figure? If not, then I will rephrase this bit above, I don't think it's very clear.*

**OLLILA:** *This is shown in the reference, i.e. in NMRlipids I paper. There is some discussion in the GitHub issue if we should have figure showing the order parameter without ions or not. Second, all simulation models tested here show a decrease of choline order parameters, hence the structural response of the lipid head groups to the presence of  $\text{Na}^+$  is qualitatively correct in all simulation models. Third, the order parameters in Fig. 2 with added NaCl show significantly different behavior for different simulation models, and such different behavior is related to differences in ion binding affinities. We can clarify the relationship between order parameters and  $\text{Na}^+$  binding affinities by calculating  $\text{Na}^+$  density profiles from the different simulation models (see Fig. 3). In the figure, simulation models are ordered according to the order parameter changes (reported Fig. 2), from the smallest to the largest. The  $\text{Na}^+$  density peaks are larger for models with larger changes in order parameters, indicating a strong correlation between  $\text{Na}^+$  binding affinities and choline order parameters and therefore supporting the validity of the molecular electrometer in simulations [19, 28–30].*

Let us now examine more in detail the response to the presence of NaCl predicted by the different simulation models tested here. The best agreement with experiments (i.e., lowest order parameter changes) is observed for the Orange, CHARMM36 and Lipid14 models (see Figs. 2). These also predict the lowest  $\text{Na}^+$  densities in the proximity of the membrane (see Fig. 3). While the predicted changes in order pa-

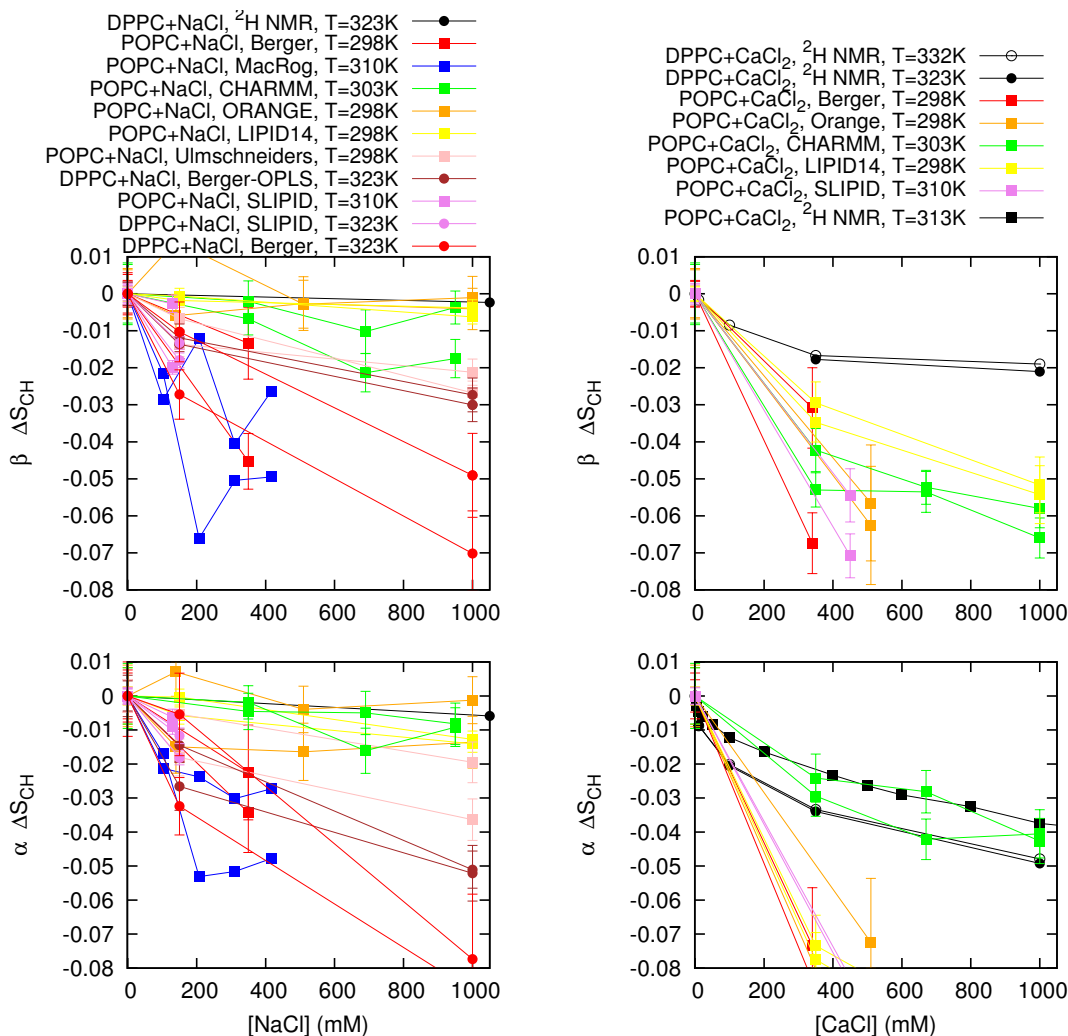


FIG. 2: The order parameter changes for  $\beta$  and  $\alpha$  segments as a function of NaCl (left column) and  $\text{CaCl}_2$  (right column) concentration, from simulations and experiments [19] (POPC with  $\text{CaCl}_2$  from [28]). The signs of the experimental order parameters, taken from experiments without ions [32–34], can be assumed to be unchanged with concentrations represented here [28, 31]. It should be noted that none of the models used here reproduces the order parameters within experimental error for pure PC bilayer without ions, indicating structural inaccuracies with varying severity in all models [35]

rameters for these three models are very similar, the ion density profiles show differences in  $\text{Na}^+$  affinity, Orange having lowest affinity and CHARMM36 the highest. With the achieved accuracy for the order parameters we are not able to conclude which of these three models has the most realistic  $\text{Na}^+$  binding affinity, especially with physiological NaCl concentrations ( $\sim 150\text{mM}$ ) which is relevant for most applications. **2.I DID NOT GET THIS:**

On one hand, it is clear that models in better agreement with experimental data on order parameters show low  $\text{Na}^+$  binding affinity, as reported in a number of experiments. On the other hand, differences in ion binding affinities raise questions on the quantitative application of the molecular electrometer in molecular simulations.

IF YOU ARE REFERRING TO THE DIFFERENCES BETWEEN THE BEST THREE MODELS, I THINK THE PROBLEM TO DISINGUISH IS TOO LARGE ERROR BARS IN SIMULATIONS, NOT THE ELECTROMETER CONCEPT ITSELF (WHICH MAY BE THE SAME WHAT IS MENT HERE). ANYWAY,

**I THINK THAT THESE SENTENCES ARE NOT NEEDED, UNLESS I HAVE MISSED SOMETHING IMPORTANT? Sorry about writing capitals. SAMULI**

We notice that the choline order parameter changes with NaCl are clearly overestimated in all other tested models (see Fig. 2), related to unrealistically strong  $\text{Na}^+$  binding affinity to the bilayer (see Fig. 3). **3.SUGGESTED ADDITION:**

Such observation raises questions on the quality of the predictions reported in a number of simulation papers... [complete with examples] I THINK THE PROBLEM IS THAT THERE ARE DOZENS, IF NOT HUNDREDS, OF THESE PAPERS, THUS WE CANNOT LIST THEM ALL. ON THE OTHER HAND, IT WOULD BE VERY DIFFICULT TO CHOOSE WHICH ONES TO FAIRLY POINT OUT. FOR THIS REASON MY OPINION IS THAT THE GENERAL STATEMENT IN THE LAST PARAGRAPH OF CONCLUSIONS WITH CITATIONS TO RECENT PAPERS IN HIGH IMPACT JOURNALS IS ENOUGH. ON THE OTHER HAND, WE SHOULD NOT BE TOO LAME EITHER SO MAYBE SOME MENTION TO HERE COULD BE CONSIDERED. Sorry about writing capitals. SAMULI

TABLE I: List of simulations performed in this work. The ion concentrations are calculated as  $[\text{ion}] = (N_{\text{ion}} \times [\text{water}]) / N_w$ , where  $[\text{water}] = 55.5\text{M}$ . These correspond the concentrations reported in the experiments by Akutsu et al. [19]. The lipid force fields are named as in our previous work [35].

Force field (lipid, ion)	lipid	[Ion] mM	<sup>a</sup> N <sub>l</sub>	<sup>b</sup> N <sub>w</sub>	<sup>c</sup> N <sub>Na</sub>	<sup>d</sup> N <sub>Ca</sub>	<sup>e</sup> N <sub>Cl</sub>	<sup>f</sup> T (K)	<sup>g</sup> t <sub>sim</sub> (ns)	<sup>h</sup> t <sub>anal</sub> (ns)	Files
Berger-POPC-07[36]	POPC	0	128	7290	0	0	0	298	270	240	[37]
Berger-POPC-07[36], ffgmx[38]	POPC	340 (NaCl)	128	7202	44	0	44	298	110	50	[39]
Berger-POPC-07[36], ffgmx[38]	POPC	340 (CaCl <sub>2</sub> )	128	7157	0	44	88	298	108	58	[40]
Berger-DPPC-97[41]	DPPC	0	72	2880	0	0	0	323	60	50	[42]
Berger-DPPC-97[41], ffgmx[38]	DPPC	150 (NaCl)	72	2880	8	0	8	323	120	60	[43]
Berger-DPPC-97[41], ffgmx[38]	DPPC	1000 (NaCl)	72	2778	51	0	51	323	120	60	[44]
BergerOPLS-DPPC-06[45]	DPPC	0	72	2880	0	0	0	323	120	60	[46]
BergerOPLS-DPPC-06[45], OPLS[47]	DPPC	150 (NaCl)	72	2880	8	0	8	323	120	60	[48]
BergerOPLS-DPPC-06[45], OPLS[47]	DPPC	1000 (NaCl)	72	2778	51	0	51	323	120	60	[49]
CHARMM36[50]	POPC	0	72	2242	0	0	0	303	30	20	[51]
CHARMM36[50], CHARMM36[52]	POPC	350 (NaCl)	72	2085	13	0	13	303	80	60	[53]
CHARMM36[50], CHARMM36[52]	POPC	690 (NaCl)	72	2085	26	0	26	303	73	60	[54]
CHARMM36[50], CHARMM36[52]	POPC	950 (NaCl)	72	2168	37	0	37	303	80	60	[55]
CHARMM36[50], CHARMM36	POPC	350 (CaCl <sub>2</sub> )	128	6400	0	35	70	303	200	100	[56]
CHARMM36[50], CHARMM36	POPC	670 (CaCl <sub>2</sub> )	128	6400	0	67	134	303	200	120	[57]
CHARMM36[50], CHARMM36	POPC	1000 (CaCl <sub>2</sub> )	128	6400	0	100	200	303	200	100	[58]
MacRog[59]	POPC	0	288	14400	0	0	0	310	90	40	[60]
MacRog[59], OPLS[47]	POPC	100 (NaCl)	288	14554	27	0	27	310	90	50	[61]
MacRog[59], OPLS[47]	POPC	210 (NaCl)	288	14500	54	0	54	310	90	50	[61]
MacRog[59], OPLS[47]	POPC	310 (NaCl)	288	14446	81	0	81	310	90	50	[61]
MacRog[59], OPLS[47]	POPC	420 (NaCl)	288	14392	108	0	108	310	90	50	[61]
Orange, OPLS[47]	POPC	0	72	2880	0	0	0	298	60	50	[62]
Orange, OPLS[47]	POPC	140 (NaCl)	72	2866	7	0	7	298	120	60	[63]
Orange, OPLS[47]	POPC	510 (NaCl)	72	2802	26	0	26	298	120	100	[64]
Orange, OPLS[47]	POPC	1000 (NaCl)	72	2780	50	0	50	298	120	80	[65]
Orange, OPLS	POPC	510 (CaCl <sub>2</sub> )	72	2802	0	26	52	298	120	60	[66]
Slipid[67]	DPPC	0	128	3840	0	0	0	323	150	100	[68]
Slipid[67], AMBER[69, 70]	DPPC	150 (NaCl)	600	18000	49	0	49	323	100	40	-
Slipid[71]	POPC	0	128	5120	0	0	0	303	200	150	[72]
Slipid[71], AMBER[73]	POPC	130 (NaCl)	200	9000	21	0	21	310	105	100	[74]
Slipid[71], AMBER[75]	POPC	450 (CaCl)	200	9000	0	73	146	310	600	100	[76]
Lipid14 [77], AMBER[47]	POPC	0	128	5120	0	0	0	298	205	200	[78]
Lipid14 [77], AMBER[47]	POPC	150 (NaCl)	128	5120	12	0	12	298	205	200	[79]
Lipid14 [77], AMBER[47]	POPC	1000 (NaCl)	128	5120	77	0	77	298	205	200	[80]
Lipid14 [77], AMBER[47]	POPC	350 (CaCl <sub>2</sub> )	128	6400	0	35	70	298	200	100	[81]
Lipid14 [77], AMBER[47]	POPC	1000 (CaCl <sub>2</sub> )	128	6400	0	100	200	298	200	100	[82]
Ulmschneiders [83], OPLS[47]	POPC	0	128	5120	0	0	0	298.15	205	200	[84]
Ulmschneiders [83], OPLS[47]	POPC	150 (NaCl)	128	5120	12	0	12	298.15	205	200	[85]
Ulmschneiders [83], OPLS[47]	POPC	1000 (NaCl)	128	5120	77	0	77	298.15	205	200	[86]

<sup>a</sup> The number of lipid molecules

<sup>b</sup> The number of water molecules

<sup>c</sup> The number of Na<sup>+</sup> molecules

<sup>d</sup> The number of Ca<sup>2+</sup> molecules

<sup>e</sup> The number of Cl molecules

<sup>f</sup> Simulation temperature

<sup>g</sup> The total simulation time

<sup>h</sup> Time frames used in the analysis

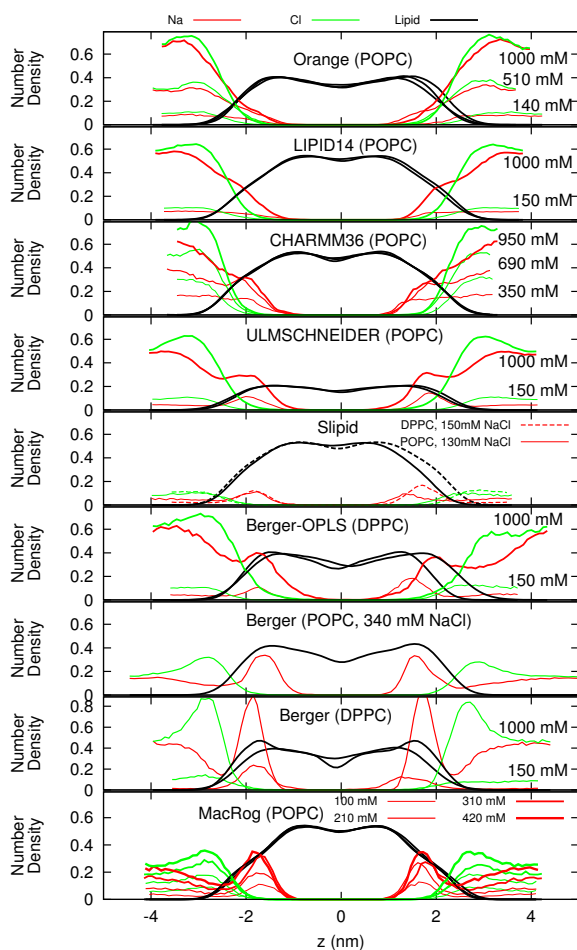


FIG. 3: Atom number density profiles along the membrane normal for lipids,  $\text{Na}^+$ , and  $\text{Cl}^-$  ions from simulations with different force fields and different NaCl concentrations. The force fields are ordered according to the order parameter changes reported Fig. 2, from the smallest (top panel) to the largest (bottom panel). The lipid densities are scaled by 100 (united atom) or 200 (all atom model) to improve readability. Figure discussed in

[https://github.com/NMRLipids/lipid\\_ionINTERACTION/issues/4](https://github.com/NMRLipids/lipid_ionINTERACTION/issues/4).

The overestimated  $\text{Na}^+$  binding may originate, e.g., from incorrect choline structure [35], lack of polarizability [87], other discrepancies in the ion models [88–90] or from combination of these and other issues. Interestingly, the same ion model and non-bonded parameters are used in the Orange and BergerOPLS [45] simulations, but while  $\text{Na}^+$  ion binding affinity is realistic in the Orange model, it is seriously overestimated in the BergerOPLS (Fig. 3). This shows that the binding affinity significantly depends on the used lipid parameters. On the other hand,  $\text{Na}^+$  binding with Berger, BergerOPLS and Slipid models is reduced but not yet in agreement with experiments when charges on the ions are reduced (to compensate for the lack of electronic polarizability [87, 91], see Supplementary Information). Further, the Slipid model gives similar binding affinity with two different ion parameters. Altogether,

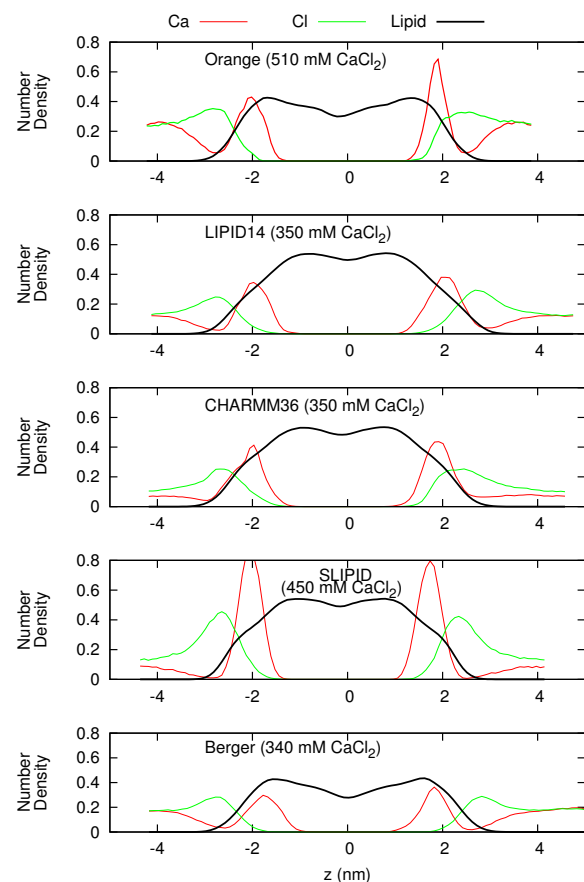


FIG. 4: Atom number density profiles along the membrane normal coordinate  $z$  for lipids,  $\text{Ca}^{2+}$  and  $\text{Cl}^-$  ions from simulations with different force fields. The profiles only with smallest available  $\text{CaCl}_2$  concentration are shown for clarity.

Figure including all the available concentrations is shown in the Supplementary Information. The lipid densities are scaled with 100 (united atom) or 200 (all atom model) to make them visible with the used y-axis scale. Figure discussed in [https://github.com/NMRLipids/lipid\\_ionINTERACTION/issues/4](https://github.com/NMRLipids/lipid_ionINTERACTION/issues/4).

these results indicate that at least lipid models need improvement to correctly predict the  $\text{Na}^+$  binding affinity.

In contrast to  $\text{Na}^+$ ,  $\text{Ca}^{2+}$  binding and related order parameter decrease is seen in experiments [2, 3, 19, 28] and in all tested simulation models, see Figs. 2 and 4. While the significant  $\text{Ca}^{2+}$  binding affinity to a phosphatidylcholine bilayer at mM concentrations is agreed in the literature, the estimations for lipid/ $\text{Ca}^{2+}$  stoichiometry vary between 17 and 0.24 [13, 21, 28]. The smallest number (0.24) indicating that one  $\text{Ca}^{2+}$  ion binds roughly four lipid molecules originates from simulation with Berger model [13]. **4. There is something wrong in these stoichiometry numbers.** The direct comparison of order parameters between different simulation models and experiments in Fig. 2 shows that  $\text{Ca}^{2+}$  binding induced changes are overestimated in all tested models. In contrast to  $\text{Na}^+$ , clear correlation between  $\text{Ca}^{2+}$  binding affinity and order parameter changes is not found, thus the overestimation of order

parameter change may arise, e.g. from overestimated binding, incorrect headgroup response to penetrating divalent cation or penetration depth. The ion model having scaled charges [75] used with CHARMM36 did not improve the results, see Supplementary Information.

The Berger model predicts deeper penetration depth (density maxima close to  $\pm 1.8$  nm) compared to other models (density maxima close to  $\pm 2$  nm, see Fig. 4). The latter value is probably more realistic since  $^1\text{H}$  NMR and neutron scattering data indicates that  $\text{Ca}^{2+}$  interacts mainly with the choline group [2, 92–94]. Further, the  $^1\text{H}$  NMR experiments suggest that the N- $\beta$ - $\alpha$ -O dihedral is only in gauche-conformation in the absence of ions, but in the presence of multivalent ions also anti-conformations would occur [93, 95]. However, in the tested simulation models the glycerol backbone and head-group atomistic resolution structures and their changes are not reproduced within experimental error [35], thus model development is needed before  $\text{Ca}^{2+}$  binding affinity, lipid/ion stoichiometry and concomitant structural changes can be interpreted. **5. The P-N vector tilting analysis should be considered**

### III. CONCLUSIONS

As suggested by the molecular electrometer concept [19, 28–30], the decrease in order parameters of  $\alpha$  and  $\beta$  carbons in the PC head group of lipids bilayers is related to cation binding in all tested simulation models, despite of inaccuracies in actual atomistic resolution structures [35]. The concept allows direct comparison of  $\text{Na}^+$  binding affinity between simulations and NMR experiments by using changes in the head group order parameter. The comparison reveals that most models overestimate the  $\text{Na}^+$  binding; only Orange, Lipid14, and CHARMM36 predict realistic binding affinity. None of the tested models has the required accuracy to interpret the  $\text{Ca}^{2+}$ /lipid stoichiometry or induced structural changes with atomistic resolution.

In general, our results support the traditional (pre-2000) view that  $\text{Na}^+$  and other monovalent ions (bar  $\text{Li}^+$ ) do not specifically bind to the phospholipid bilayer at mM concentrations, in contrast to  $\text{Ca}^{2+}$  and other multivalent ions [1, 4, 10, 11, 19–21, 28]. The contradicting results from previous molecular dynamics simulations [12, 13], fluorescent probe dynamics [7, 9, 12], calorimetry [8, 12] and AFM [14–18], suggesting stronger  $\text{Na}^+$  binding, can be explained by simulation artefacts, direct interactions between  $\text{Na}^+$  and fluorescent probes [11], alternative interpretations of the significance of small phase transition temperature shifts [2], and insufficient resolution of AFM.

The artificial specific  $\text{Na}^+$  binding in simulations may lead to doubtful results, since it effectively leads to positively charged phosphatidylcholine (PC) lipid bilayers even at physiological NaCl concentration. Such PC bilayer has distinctly different interactions with charged objects compared to the more realistic model without specific  $\text{Na}^+$  binding. Furthermore, the overestimation of  $\text{Na}^+$  binding affinity may extend also to other positively charged objects, e.g. membrane protein segments. This would affect lipid protein interac-

tions and could explain contradicting results on electrostatic interactions between charged protein segments and lipid bilayer [96, 97]. In conclusion, more careful studies and model development on lipid bilayer-charged object interactions are needed to make molecular dynamics simulations directly usable in physiologically relevant electrostatic environment.

This work has been, and will be, progressed and discussed through the blog [nmrlipids.blogspot.fi](http://nmrlipids.blogspot.fi), through which everyone is invited to join the discussion and make contributions. The manuscript will be eventually submitted to an appropriate scientific journal. Everyone who has contributed to the work through the blog will be offered coauthorship. For more details see [nmrlipids.blogspot.fi](http://nmrlipids.blogspot.fi).

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## SUPPLEMENTARY INFORMATION

### Appendix A: Effect of ion model and polarization

It has been suggested that the missing electronic polarizability can be compensated by scaling the ion charge in simulations [87]. To test if this would improve the  $\text{Na}^+$  ion binding behaviour, we ran simulations with Berger-DPPC-97, BergerOPLS-DPPC-06 and Slipids with scaled  $\text{Na}^+$  and  $\text{Cl}^-$  ions. For Berger-DPPC-97 and BergerOPLS-DPPC-06 models the ion charge in systems listed in Table I was simply scaled with 0.7 and the related files are available at [98–101]). For simulations with Slipids the ion model by Kohagen et al. was used [91] and the related files are available at [102]. The simulation parameters were identical to those employed in the simulation of POPC with 130 mM NaCl (see Methods). The order parameter changes and  $\text{Na}^+$ -binding affinity are decreased by the charge scaling but yet overestimated with respect to the experiments as seen from Figs. 5 and 6. Thus the overestimated binding affinity cannot be fixed by only scaling charges.

We also tested the effect of charge scaling in the case of  $\text{CaCl}_2$  with CHARMM36 model. The ion model by Kohagen et al. [75] was used and the related files are available at [103]. Figures 5 and 7 show that the scaling does not improve the  $\text{CaCl}_2$  binding behaviour respect to the experiments. The same scaled model with Slipid in the main text also overestimated the  $\text{CaCl}_2$  effect. However, the effect of scaling cannot be analyzed in this case since Slipid simulation was not ran with non-scaled  $\text{CaCl}_2$  model.

### Appendix B: Density distributions with different $\text{CaCl}_2$ concentrations

The density distributions with all simulated  $\text{CaCl}_2$  concentrations are shown in Fig. 7.

### Appendix C: methods

#### 1. Simulated systems

All simulations are ran with a standard setup for planar lipid bilayer in zero tension with periodic boundary conditions with Gromacs software package (version numbers 4.5-X-5.0.X).

#### 2. Analysis

The order parameters were calculated from simulation trajectories directly applying the equation  $S_{\text{CH}} = \langle \frac{3}{2} \cos^2 \theta - \frac{1}{2} \rangle$ , where  $\theta$  is the angle between a given C–H bond and the bilayer normal and average is taken over all lipids and time frames. For united atom models, the positions of hydrogen atoms were calculated for each molecule in each frame *a posteriori* by using the *protonate* tool in Gromacs 4.0.2 [104]. The statistical

error in the order parameter was estimated by calculating the average value separately for each lipid molecule, and then the average and standard error of the mean over the ensemble of lipids (as done also in previous work [35]). All the scripts used in analysis and the resulting data are available in the GitHub repository [105]

### 3. Simulation details

#### a. Berger

**POPC** The simulation without ions is the same as in [106] and the files are available at [37]. The starting structures for simulations with ions is made by replacing water molecules with appropriate amount of ions (see Table I). The Berger force field was used for the POPC [107], with the dihedral potential next to the double bond taken from [108]. The ion parameters from ffgmx [38] were used. Timestep of 2 fs was used with leap-frog integrator. Covalent bond lengths were constrained with LINCS algorithm [109, 110]. Coordinates were written every 10 ps. PME [111, 112] with real space cut-off 1.0 nm was used for electrostatics. Plain cut-off was used for the Lennard-Jones interactions with a 1.0 nm cut-off. The neighbour list was updated every 5th step with cut-off 1.0 nm. Temperature was coupled separately for lipids, water and ions to 298 K with the velocity-rescale method [113] with coupling constant  $0.1 \text{ ps}^{-1}$ . Pressure was semi-isotropically coupled to the atmospheric pressure with the Parrinello-Rahman barostat [114].

**DPPC** The simulation without ions is the same as in [35] and the files are available at [42]. The initial configuration contained 72 DPPC lipids and 2880 SPC water molecules. The standard Berger DPPC force field was used [107] (simulations indicated as Berger-DPPC-97 in Table I). The electrostatics were handled with PME [111, 112], with real-space Coulomb cut-off set at 1.0 nm. Lennard-Jones potentials were cut off 1.0 nm. The neighborlist for all non-bonded interactions was updated every 10 steps. Temperature was set to 323K with the velocity-rescale method [113] using a coupling constant of  $0.1 \text{ ps}^{-1}$ . Semi-isotropic pressure coupling at 1 ATM was handled with the Parrinello-Rahman barostat [114] with 1 ps coupling constant. The time step was 4 fs, and coordinates were written every 10 ps. The total simulation time was 120 ns (without pre-equilibration) and last 60 ns was used in the order parameter analysis.

For simulations with added salt, the appropriate number of SPC water molecules were randomly replaced with ions. Ions were described by the ffgmx parameters [38]. In simulations with scaled charges, charge-scaling was applied by scaling the ion charges by a factor 0.7. Conditions in the ion simulations were as with the pure DPPC described above. The duration of the simulations was 120 ns (without pre-equilibration) and last 60 ns was used in the order parameter analysis.

All the simulation files for pure DPPC simulations can be found at [42] and for the simulations with ions at [43, 44] and with scaled ions at [98, 99].

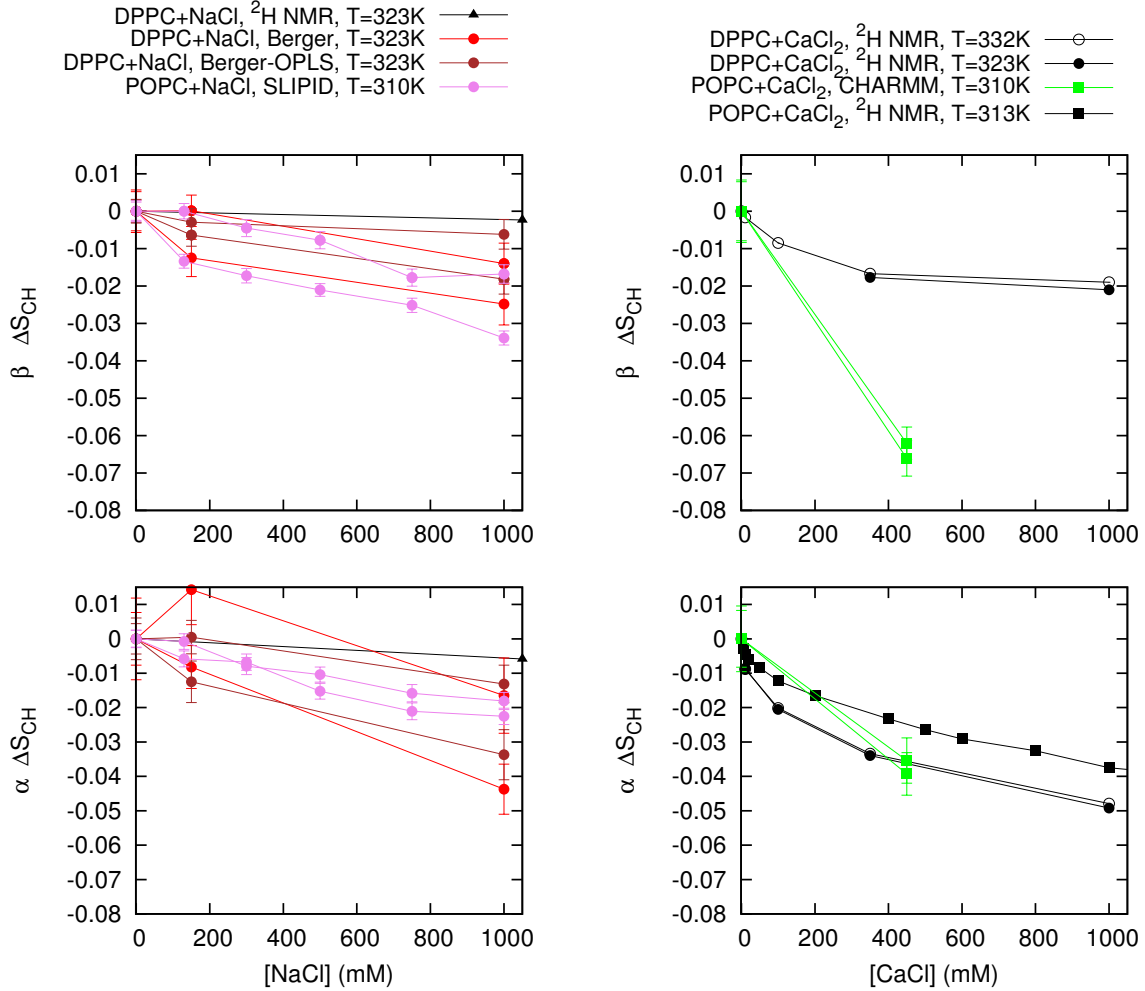


FIG. 5: Order parameter changes in simulations using ion models with scaled charge.

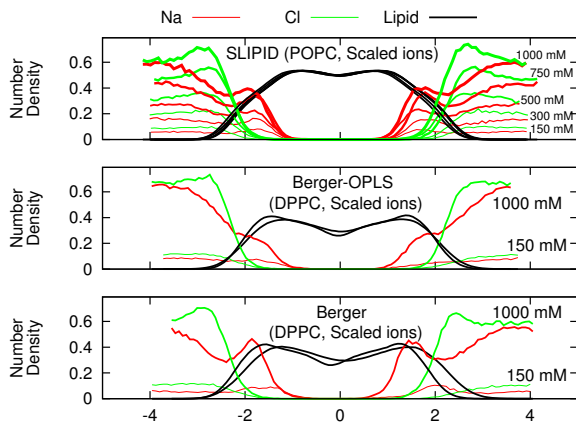


FIG. 6: Atom number density profiles along membrane normal coordinate  $z$  for lipids,  $\text{Na}^+$  and  $\text{Cl}^-$  ions from simulations using ion models with scaled charges. The lipid densities are scaled with 100 (unit atom) or 200 (all atom model) to make them visible with the used y-axis scale.

#### b. BergerOPLS

For simulations without ions, the initial configuration contains 72 DPPC lipids and 2880 SPC water molecules. For simulations with added salt, the appropriate amount of SPC water molecules were randomly replaced with ions. The number of ions is reported in Table I. For the lipids, we used the same version of Berger force field as in previous simulations, described in [107]; for the ions, we used the qvist parameters [47] (commonly used within the OPLS-AA force field). Issues related to the compatibility between Berger and OPLS-AA force fields are described in ref. [45]. A set of simulations was carried out using reduced electrostatic charges on the ions; in this case, a charge of 0.7  $e$  was used on the ions, as described in refs. [87, 91]. Except for the ion force field, all simulation parameters (for non-bonded interactions, integration time step, thermostat, etc.) were identical to the parameters used in the Berger DPPC simulations described above.

All simulation files can be found at [46] for pure DPPC simulations, at [48, 49] for simulations with ions, and at [100,



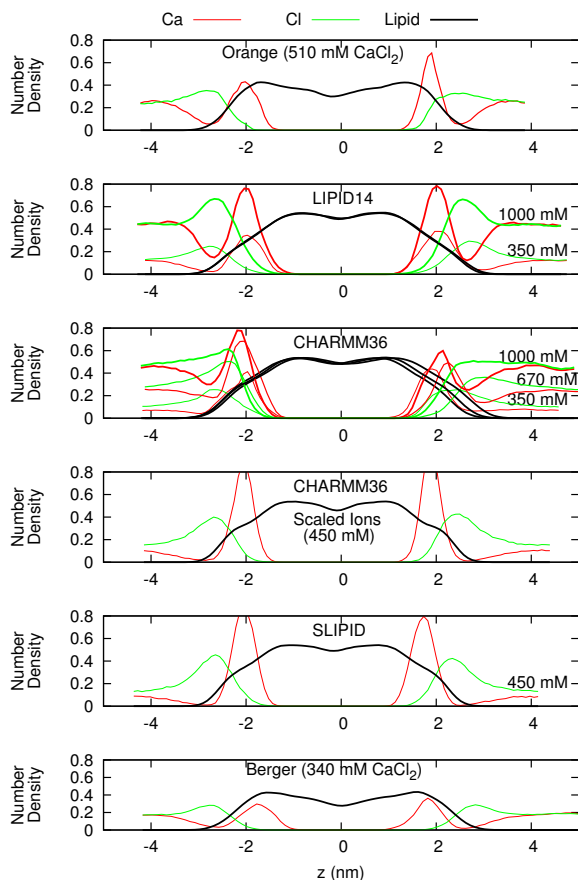


FIG. 7: Number density profiles for lipids,  $\text{Ca}^{2+}$  and  $\text{Cl}^-$  ions from simulations with different force fields and different  $\text{CaCl}_2$  concentrations. The lipid densities are scaled with 100 (united atom) or 200 (all atom model) to make them visible with the used y-axis scale. Figure discussed in [https://github.com/NMRLipids/lipid\\_ionINTERACTION/issues/4](https://github.com/NMRLipids/lipid_ionINTERACTION/issues/4).

101] for simulations with ions with scaled charges.

#### c. CHARMM36

**POPC with NaCl** The simulation without ions is taken directly from [35, 51]. The starting structures for simulations with NaCl were made by replacing randomly located water molecules of the structure of pure POPC simulation with appropriate amount of ions. The force field for lipid were the same as in [35, 51]. The ion parameters with NBFIX by Venable et al. [52] were used. Simulations were ran with Gromacs 4.5.5 software [115]. Timestep of 2 fs was used with leap-frog integrator. Covalent bonds with hydrogens were constrained with LINCS algorithm [109, 110]. Coordinates were written every 5 ps. PME with real space cut-off 1.4 nm was used for electrostatics. Lennard-Jones interactions were switched to zero between 0.8 nm and 1.2 nm. The neighbour list was updated every 5th step with cut-off 1.4 nm. Temperature was coupled separately for lipids and solution to 303 K with the

velocity-rescale method [113] with coupling constant 0.2 ps. Pressure was semi-isotropically coupled to the atmospheric pressure with the Berendsen method [116].

**POPC with  $\text{CaCl}_2$**  The starting structures with varying amounts of  $\text{CaCl}_2$  ions were constructed using the CHARMM-GUI Membrane Builder (<http://www.charmm-gui.org/>) online tool [117]. All runs were performed with Gromacs 5.0.3 software package [118] and CHARMM36 additive force field parameters for lipids [50] and ions were obtained from CHARMM-GUI input files. Standard CHARMM-GUI mdp options were used. Particularly, h-bond lengths were constrained with LINCS [109, 110]. The temperatures of the lipids and the solvent were separately coupled to the Nose-Hoover [119, 120] thermostat with a target temperature of 303 K and a relaxation time constant of 1.0 ps. Semi-isotropic pressure coupling to 1 bar was obtained with the Parrinello-Rahman barostat [114] with a time constant of 5 ps. Equations of motion were integrated with the Verlet algorithm [121] using a timestep of 2 fs. Long-range electrostatic interactions were calculated using the PME [111, 112] method with a fourth order smoothing spline. A real space cut-off of 1.2 nm was employed with grid spacing of 0.12 nm in the reciprocal space. Lennard-Jones interactions were smoothly switched to zero between 1.0 nm and 1.2 nm. Verlet cutoff-scheme [121] were used with the long-range neighbor list updated every 20 steps. Coordinates were written every 10 ps. After energy minimization and an equilibration run of 0.5 ns, 200ns simulations were ran and the last 100ns of each simulation was employed for the analysis.

#### d. MacRog

The simulation parameters are identical to those employed in our earlier study [35] for the full hydration and dehydration simulations. The initial structures with varying amounts of NaCl were constructed from an extensively hydrated bilayer by replacing water molecules with ions using the Gromacs tool genion [122]. Even at the highest considered salt concentration, the amount of water molecules per lipid after this replacement process was still greater than 50.

#### e. Orange

The systems contained 72 POPC lipids and 2880 SPC water molecules, and an appropriate amount of ions as indicated in Table I.

For the lipids, we used an unpublished force field coined Orange force field. Briefly, this includes most bonded interactions from Berger lipids [107], except for dihedrals which were derived via *ab initio* calculations on small model compounds. As in Berger lipids, Lennard-Jones parameters are from OPLS. ;; (A) Jorgensen et al, JACS (1984), 106, 6638-6646; ;; (B) Jorgensen, JPC (1986), 90, 1276-1284; ;; (C) Jorgensen et al, JPC (1986), 90, 2174-2182; ;; (D) Jorgensen et al, JACS (1988), 110, 1657-1666; ;; (E) Briggs et al, JPC (1991), 95, 3315-3322. Partial charges were derived on the

basis of *ab initio* calculations. In simulations with ions, the qvst parameters were used [47]. The electrostatics were handled with PME [111, 112], with real-space Coulomb cut-off set at 1.8 nm. Lennard-Jones potentials were cut off at 1.8 nm. The neighborlists for the calculation of non-bonded forces were updated every 5 steps.

Temperature was set to 298K with the velocity-rescale thermostat [113] using a coupling constant of  $0.1 \text{ ps}^{-1}$ , and the pressure was set to 1 bar using the Berendsen weak coupling algorithm [116] (compressibility of  $4.5 \cdot 10^{-5} \text{ bar}^{-1}$ , time constant of 1 ps), coupling separately the x-y dimension and the z dimension to obtain a tensionless system. A time step of 2 fs was used for the integration (with the leap-frog algorithm), coordinates were written every 100 ps, and the total simulation time was 60 ns.

All the simulation files for pure lipid simulations are found at [?] and for the simulations with ions at [?].

#### f. Slipids

**DPPC** The simulation without ions from [35], available at [68] was used. For the simulations with ions, the starting DPPC lipid bilayer, which was built with the online CHARMM-GUI [117] (<http://www.charmm-gui.org/>), contained 600 lipids, 30 water molecules/lipid,  $\text{Na}^+$  and  $\text{Cl}^-$  ions (150 mM NaCl). The TIP3P water model was used to solvate the system and ion parameters by Roux [69, 70] were used. the GROMACS software package version 4.5.5 [115] and the Stockholm lipids (Slipids) force field parameters for phospholipids were used. After energy minimization and a short equilibration run of 50 ps (time step 1 fs), 100 ns production runs were performed using a time step of 2 fs with leap-frog integrator. All covalent bonds were constrained with the LINCS [109, 110] algorithm. Coordinates were written every 100 ps. PME [111, 112] with real space cut-off at 1.0 nm was used for Coulomb interactions. Lennard-Jones interactions were switched to zero between 1.0 nm and 1.4 nm. The neighbour lists were updated every  $10^{\text{th}}$  step with a cut-off of 1.6 nm. Temperature was coupled separately for upper and bottom leaflets of the lipid bilayer, and for water to one of the temperatures reported above with the Nosé-Hoover thermostat [119, 120] using a time constant of 0.5 ps. Pressure was semi-isotropically coupled to the atmospheric pressure with the Parrinello-Rahman [114] barostat using a time constant of 10 ps.

**POPC** The simulation without ions from [35], available at [72] was used. Additionally, a POPC bilayer consisting of 200 lipids, hydrated with 45 water molecules per lipid, was simulated in the presence of 130 mM NaCl. **6.Details from the simulation with CaCl** The Slipids model [67, 71] was employed for lipids, the tip3p model [123] for water, and the ion parameters by Smith and Dang [73] for NaCl. The system was first equilibrated for 5 ns with a time step of 1 fs after which a 100 ns production run was performed using a time step of 2 fs. Trajectories were written every 100 ps. The system was kept in a tensionless state at 1 bar using a semi-isotropical Parrinello-Rahman barostat [114] with a time constant of 1 ps. The tem-

perature was maintained at 310 K with the velocity rescaling thermostat [113]. The time constant was set to 0.5 ps for both lipids and solvent (water and ions) which were coupled separately. Non-bonded interactions were calculated within a neighbor list with a radius of 1 nm and an update interval of 10 steps. The Lennard-Jones interactions were cut-off at 1 nm, whereas PME [111, 112] was employed for long-range electrostatics. Dispersion correction was applied to both energy and pressure. All bonds were constrained with the LINCS [109, 110]. algorithm.

#### g. Lipid14

The starting structures with varying amounts of ions were constructed using the CHARMM-GUI Membrane Builder (<http://www.charmm-gui.org/>) online tool [117]. The GROMACS compatible force field parameters generated in [35] and available at [124] were used. The TIP3P water model [123] was used to solvate the system and Åqvist [47] parameters were used for ions. All runs were performed with Gromacs 5.0.3 software package [118] and LIPID14 force field parameters for POPC [77].

H-bond lengths were constrained with LINCS [109, 110]. The temperatures of the lipids and the solvent were separately coupled to the Nose-Hoover [119, 120] thermostat with a target temperature of 298.15 K and a relaxation time constant of 0.1 ps. Semi-isotropical pressure coupling to 1 bar was obtained with the Parrinello-Rahman barostat [114] with a time constant of 2 ps. Equations of motion were integrated with the Verlet algorithm [121] using a timestep of 2 fs. Long-range electrostatic interactions were calculated using the PME [111, 112] method with a fourth order smoothing spline. A real space cut-off of 1.0 nm was employed with grid spacing of 0.12 nm in the reciprocal space. Lennard-Jones potentials were cut-off at 1 nm, with a dispersion correction applied to both energy and pressure. Verlet cutoff-scheme [121] were used with the long-range neighbor list updated every 20 steps. Coordinates were written every 10 ps.

After energy minimization and an equilibration run of 5 ns, 200ns production runs were performed and analysed. In case of the CaCl<sub>2</sub> systems only the last 100ns of each simulation was employed for the analysis.

#### h. Ulmschneiders

The starting structures with varying amounts of ions were constructed using the CHARMM-GUI Membrane Builder (<http://www.charmm-gui.org/>) online tool [117]. The force field parameters were obtained from Lipidbook [125]. The TIP3P water model [123] was used to solvate the system. Additionally, the simulations of ion-free bilayer were repeated with both Verlet and Group cutoff-schemes [84]. There was no significant difference in head-group or glycerol backbone order parameters between these cutoff-schemes. All runs were performed with Gromacs 5.0.3

software package [118]. The glycerol backbone order parameters without ions were not the same as reported in the previous study [35]. The origin of discrepancy was located to the different initial structures which was taken from CHARMM-GUI in this work and from Lipidbook in the previous work. Since the order parameters with the initial structure from CHARMM-GUI are closer to the experimental values, the results indicate that the structure available from Lipidbook is stuck to a state with incorrect glycerol backbone structure, for more discussion see [https://github.com/NMRLipids/lipid\\_ionINTERACTION/issues/8](https://github.com/NMRLipids/lipid_ionINTERACTION/issues/8).

All-bond lengths were constrained with LINCS [109, 110]. The temperatures of the lipids and the solvent were separately coupled to the Nose-Hoover [119, 120] thermostat with a target temperature of 298.15 K and a relaxation time constant of 0.1 ps. Semi-isotropic pressure coupling to 1 bar was obtained with the Parrinello-Rahman barostat [114] with a time constant of 2 ps. Equations of motion were integrated with the Verlet algorithm [121] using a timestep of 2 fs. Long-range electrostatic interactions were calculated using the PME [111, 112] method with a fourth order smoothing spline. A real space cut-off of 1.0 nm was employed with grid spacing of 0.12 nm in the reciprocal space. Lennard-Jones potentials were cut-off at 1 nm, with a dispersion correction applied to both energy and pressure. Verlet cutoff-scheme [121] were used with the long-range neighbor list updated every 20 steps. Coordinates were written every 10 ps. After energy minimization and an equilibration run of 5 ns, 200ns simulations were ran and the last 100ns of each simulation was employed for the analysis.

#### Appendix D: Author Contributions

*Andrea Catte*

*Mykhailo Grych*

*Matti Javanainen* provided data with several lipid and ion models. Discussed the project actively with OHSO. Supervised the work of JT.

*Markus S. Miettinen*

*Luca Monticelli*

*Jukka Määttä*

*Vasily S. Oganesyan*

*O. H. Samuli Ollila* co-designed the project with MSM and managed the work. Ran and analyzed several simulations. Wrote the manuscript.

*Joona Tynkkynen*

#### TODO

#### P.

1. MONTICELLI: hmm, I see a little problem here: the absolute values for the order parameters are not reported here, so how can we notice that they don't match the experiment? Is it worth having another figure? If not, then I will rephrase this bit above, I don't think it's very clear. OLLILA: This is shown in the reference, i.e. in NMR-lipids I paper. There is some discussion in the GitHub issue if we should have figure showing the order parameter without ions or not. . . . . 2
2. I DID NOT GET THIS: On one hand, it is clear that models in better agreement with experimental data on order parameters show low Na<sup>+</sup> binding affinity, as reported in a number of experiments. On the other hand, differences in ion binding affinities raise questions on the quantitative application of the molecular electrometer in molecular simulations. IF YOU ARE REFERRING TO THE DIFFERENCES BETWEEN THE BEST THREE MODELS, I THINK THE PROBLEM TO DISINGUISH IS TOO LARGE ERROR BARS IN SIMULATIONS, NOT THE ELECTROMETER CONCEPT ITSELF (WHICH MAY BE THE SAME WHAT IS MENT HERE). ANYWAY, I THINK THAT THESE SENTENCES ARE NOT NEEDED, UNLESS I HAVE MISSED SOMETHING IMPORTANT? Sorry about writing capitals. SAMULI 3
3. SUGGESTED ADDITION: Such observation raises questions on the quality of the predictions reported in a number of simulation papers... [complete with examples] I THINK THE PROBLEM IS THAT THERE ARE DOZENS, IF NOT HUNDREDS, OF THESE PAPERS, THUS WE CANNOT LIST THEM ALL. ON THE OTHER HAND, IT WOULD BE VERY DIFFICULT TO CHOOSE WHICH ONES TO FAIRLY POINT OUT. FOR THIS REASON MY OPINION IS THAT THE GENERAL STATEMENT IN THE LAST PARAGRAPH OF CONCLUSIONS WITH CITATIONS TO RECENT PAPERS IN HIGH IMPACT JOURNALS IS ENOUGH. ON THE OTHER HAND, WE SHOULD NOT BE TOO LAME EITHER SO MAYBE SOME MENTION TO HERE COULD BE CONSIDERED. Sorry about writing capitals. SAMULI . . . . . 3
4. There is something wrong in these stoichiometry numbers. . . . . 5
5. The P-N vector tilting analysis should be considered 6
6. Details from the simulation with CaCl . . . . . 10

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