

# The molecular electrometer and binding of cations to phospholipid bilayers

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Despite the vast amount of experimental and theoretical studies, the binding affinity of cations, especially the biologically relevant  $\text{Na}^+$  and  $\text{Ca}^{2+}$  ions, into a phospholipid bilayer is not agreed on in the literature. Here we show that the ion binding affinity can be directly compared between simulations and experiments by using the choline headgroup order parameters according to the 'molecular electrometer' concept. [1].

Our results strongly support the pre-2000 view that  $\text{Na}^+$  and other monovalent ions (bar  $\text{Li}^+$ ) do not specifically bind to phosphatidylcholine lipid bilayers with mM concentrations, in contrast to  $\text{Ca}^{2+}$  and other multivalent ions. Especially the  $\text{Na}^+$  binding affinity is overestimated by several molecular dynamics simulation models, leading to an artificially positively charged lipid bilayer. Qualitatively correct headgroup order parameter response is observed with  $\text{Ca}^{2+}$  binding in all the tested models, however, none of the tested models has sufficient quantitative accuracy to interpret the  $\text{Ca}^{2+}$ :lipid stoichiometry or the induced atomistic resolution structural changes.

*This work has been, and continues to be, progressed and discussed through the blog [nmrlipids.blogspot.fi](http://nmrlipids.blogspot.fi), through which everyone is invited to join the discussion and make contributions. The manuscript will be eventually submitted to an appropriate scientific journal. Everyone who has contributed to the work through the blog will be offered coauthorship. For more details see [nmrlipids.blogspot.fi](http://nmrlipids.blogspot.fi).*

## I. INTRODUCTION

Due to its high physiological importance — nerve cell signalling being the prime example — interaction of cations with phospholipid membranes has been widely studied via theory, simulations, and experiments. It is generally agreed that the relative binding affinities of different ions follow the Hofmeister series [2–10], however, consensus on the quantitative binding affinities is currently lacking. Two extensive reviews covering the field until 1990 [3, 4] demonstrate that until that time it was generally considered that while multivalent cations interact significantly with phospholipid bilayers, for monovalent cations (with the exception of  $\text{Li}^+$ ) the interactions are weak. This conclusion has since been further supported by contemporary studies showing that bilayer properties remain unaltered upon addition of millimolar concentrations of monovalent salt [5, 11, 12]. However, since 2000, another view, questioning the weakness of interactions between phospholipids

and monovalent cations and suggesting a much stronger binding especially for  $\text{Na}^+$ , has emerged [7–10, 13–19].

The pre-2000 view is supported by the experimental findings that (in contrast to significant effects by the presence of  $\text{CaCl}_2$  or other multivalent ions) millimolar concentrations of  $\text{NaCl}$  have a negligible effect on phospholipid infrared spectra [5], area per molecule [11], dipole potential [20], lipid lateral diffusion [12], and choline head group order parameters [21]. In addition, water sorption isotherms for a POPC/ $\text{NaCl}$  system and  $\text{NaCl}$  in pure water are very similar — indicating only weak interaction between ions and lipids [5].

The post-2000 view, which in contrast suggests strong  $\text{Na}^+$  binding, rests on experimental and simulational findings. The rotational and translational dynamics of fluorescent probes in lipid bilayers decrease with mM  $\text{NaCl}$  concentrations [8, 10, 13], and bilayer hardness and area per lipid measured with Atomistic Force Microscopy (AFM) change [15–19]. In addition, atomistic molecular dynamics (MD) simulations commonly predict binding of  $\text{Na}^+$  ions to phosphatidylcholine lipid bilayers, although the strength of binding depends on the specific model used [13, 14, 22–27]. Upon  $\text{Na}^+$  binding, some simulation studies reported a reduction in lipid lateral diffusion, *in agreement with the fluorescent probe measurements* [8, 10, 13]. Other simulations showed a reduction in area per lipid in the presence of  $\text{NaCl}$ , *in agreement with AFM experiments* [15–19]; *however, the reduction in area was observed at excessively low  $\text{Na}^+$  concentrations, compared to observations from scattering experiments* [11]. Predictions of electrophoretic mobility in the presence of  $\text{NaCl}$  yielded positive values, higher than in experiments; however, this could be explained by the behaviour of  $\text{Cl}^-$  ions [23, 28].

Some observables have been interpreted to favor both the pre- as well as the post-2000 views. For example, while the reduced lateral diffusion of fluorescent probes was interpreted to support the post-2000 view, reduction of lipid diffusion was not observed in noninvasive NMR experiments, suggesting that fluorescence results arise from  $\text{Na}^+$  interac-

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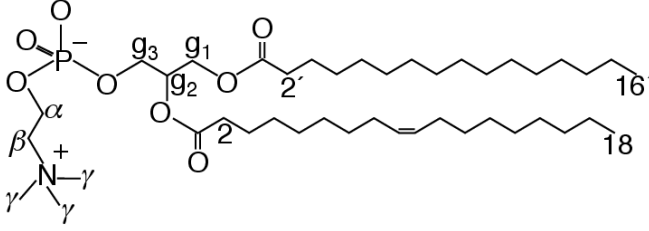


FIG. 1: Chemical structure of 1-palmitoyl-2-oleoylphosphatidylcholine (POPC).

tions with probes rather than with lipids [12]. And as the effect of monovalent ions (bar  $\text{Li}^+$ ) on the phase transition temperature is (compared to the effect of multivalent ions) small, it was initially interpreted as an indication that only multivalent ions and  $\text{Li}^+$  specifically bind to phospholipid bilayers [3]; however, more recently such small effect in calorimetric measurements was interpreted to indicate that also  $\text{Na}^+$  binds [9, 13]. Finally, in electrophoresis measurements on phosphatidylcholine vesicles, positive zeta potentials can be generally reached only with multivalent ions or  $\text{Li}^+$ , whereas  $\text{NaCl}$  increases the (initially negative) zeta potential to only about zero [2, 9, 15, 16, 29]. This lack of significant positive electrophoretic mobility in the presence of  $\text{NaCl}$  suggested weak binding of  $\text{Na}^+$ ; however, the same data has also been explained by an effect of the  $\text{Cl}^-$  ions [23, 28].

In the present work we set out to solve the apparent contradictions between the pre-2000 and post-2000 views by directly comparing the headgroup hydrocarbon segment  $\alpha$  and  $\beta$  (see Fig. 1) order parameters between simulations and experiments as a function of cation concentration. According to the 'molecular electrometer' concept, changes in order parameters of the  $\alpha$  and  $\beta$  carbons in the phospholipid head group can be used to measure the ion affinity to the phosphatidylcholine (PC) lipid bilayer [1, 21, 30, 31]. Order parameters can be accurately measured in experiments and straightforwardly compared to simulations [32], therefore the molecular electrometer allows the comparison of binding affinity between simulations and experiments. We show that the response of order parameters to penetrating cations is qualitatively correct in simulations, but the affinity of PC bilayers for  $\text{Na}^+$  ions is significantly overestimated in several MD simulation models. Moreover, we show that the accuracy of tested models does not allow for an interpretation of lipid- $\text{Ca}^{2+}$  interactions with atomistic resolution.

## II. RESULTS AND DISCUSSION

### A. Molecular electrometer concept in experiments

According to the molecular electrometer concept the binding of charged objects on PC bilayer interface induce systematic changes in choline  $\beta$  and  $\alpha$  segment order parameters. Thus, the changes of these order parameters can be used to determine binding affinities of the charged objects. The concept is originally based on experimentally observed changes in choline order parameters with bound cations [21, 30], see Fig. 2 for data as a function of ion concentration in solution.

Further quantification with various positively and negatively charged molecules showed that choline order parameters vary linearly with small amount of bound charge per lipid [1, 30, 31, 37–42]. The relation between bound charge per lipid  $X^\pm$  and choline order parameters can be then written as [43]

$$S_{\text{CH}}^i(X^\pm) = S_{\text{CH}}^i(0) + \frac{4}{3}\chi^{-1}m_iX^\pm, \quad (1)$$

where the quadrupole coupling constant  $\chi$  is approximately equal to 167 kHz,  $S_{\text{CH}}^i(0)$  is order parameter without bound charges,  $m_i$  is constant depending on the valency and position of bound charge, and  $i$  refers to either  $\alpha$  or  $\beta$ . The order parameter change respect to a bilayer without bound charges then becomes

$$\Delta S_{\text{CH}}^i = S_{\text{CH}}^i(X^\pm) - S_{\text{CH}}^i(0) = \frac{4}{3}\chi^{-1}m_iX^\pm. \quad (2)$$

Combination of atomic absorption spectra and  $^2\text{H}$  NMR experiments gave  $m_\alpha = -20.5$  and  $m_\beta = -10.0$  for  $\text{Ca}^{2+}$  binding in POPC bilayer in the presence of 100mM  $\text{NaCl}$  [30].

The quantification of  $\beta$  and  $\alpha$  segment order parameter changes with different cations have revealed that  $\Delta S_{\text{CH}}^\beta / \Delta S_{\text{CH}}^\alpha \approx 0.5$  for wide range of different cations (aqueous cations, cationic peptides, cationic anesthetics) [40, 42]. More specifically, the experimental data shown in Fig. 3 led to the relation  $\Delta S_{\text{CH}}^\beta = 0.43\Delta S_{\text{CH}}^\alpha$  for DPPC bilayer with various  $\text{CaCl}_2$  concentrations [21].

In original experiments the absolute values of order parameters increased for  $\beta$  and decreased for  $\alpha$  segment with bound positive charge and *vice versa* for negative charge [1, 21, 30, 31, 37, 42]. However, it is now known that  $\beta$  carbon order parameter is negative while  $\alpha$  carbon order parameter is positive [33–35]. Thus, we can conclude that  $\beta$  and  $\alpha$  segment order parameters decrease with bound positive charges and increase with bound negative charge. Consequently, values of  $m_i$  are negative for bound positive charges and *vice versa*. This can be rationalized by electrostatically induced changes in choline P-N dipole tilt [1, 31, 44] which is also seen in simulations [24, 25, 45]. This is in line with order parameter decrease related to the P-N vector tilting more parallel to membrane plane seen with decreased hydration levels [36].

The headgroup order parameter changes as a function of ion concentration in solution from  $\text{H}^2$  NMR experiments are shown in Fig. 2 for DPPC and POPC bilayers [21, 30]. In con-

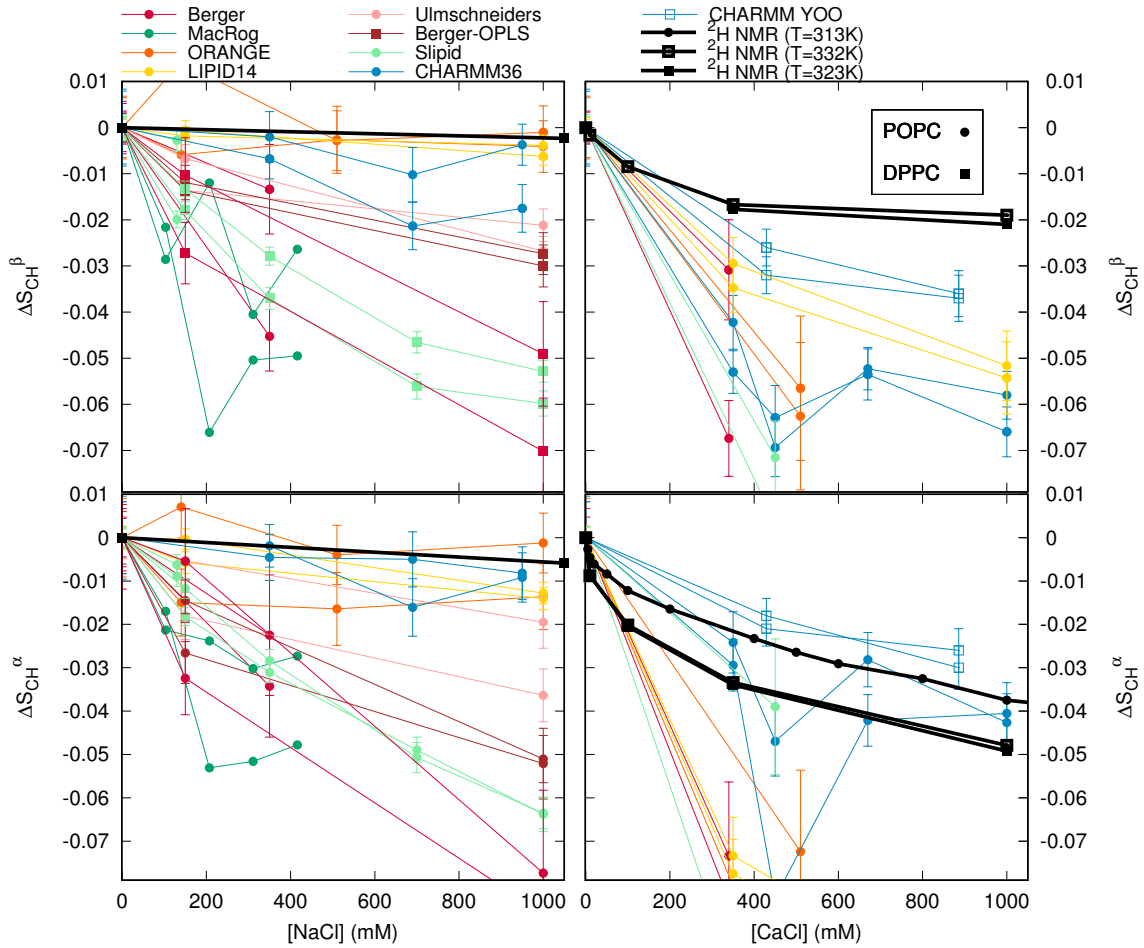


FIG. 2: The order parameter changes for  $\beta$  and  $\alpha$  segments as a function of NaCl (left column) and  $\text{CaCl}_2$  (right column) concentration, from simulations and experiments [21] (POPC with  $\text{CaCl}_2$  from [30]). The signs of the experimental order parameters, taken from experiments without ions [33–35], can be assumed to be unchanged with concentrations represented here [30, 32]. It should be noted that none of the models used here reproduces the order parameters within experimental error for pure PC bilayer without ions, indicating structural inaccuracies with varying severity in all models [36]. Note that the relatively large decrease in CHARMM36 with 450 mM  $\text{CaCl}_2$  arise from more equilibrated binding affinity due to long simulation times, see supplementary information.

trast to the response as a function of bound charge in Eq. 1, the changes in Fig. 2 are not linear. This can be explained by electrostatic repulsion between already bound Calcium ions and ions in solution [30]. Experimental data in Fig. 2 shows only minor changes in order parameter as a function of NaCl is solution, while the effect of  $\text{CaCl}_2$  is an order of magnitude larger. Thus, according to the molecular electrometer concept, monovalent  $\text{Na}^+$  ions have negligible affinity for PC lipid bilayers at concentrations up to 1 M, while binding of  $\text{Ca}^{2+}$  ions at the same concentration is significant [21, 30]. This conclusion is in agreement with several other experimental studies [3–5, 11, 12].

## B. Molecular electrometer concept in MD simulations

Figure 2 also reports order parameter changes calculated from MD simulations of DPPC and POPC lipid bilayers as a function of NaCl or  $\text{CaCl}_2$  concentrations in solution. Details of the simulated systems are reported in Table I and in Supplementary Information. It should be noted that none of the models used here reproduced the order parameters for pure PC bilayer without ions within experimental uncertainty in our previous study (Figure 2 in Ref. [36]), indicating structural inaccuracies with varying severity for all models [36]. On the other hand, the experimentally observed headgroup order parameter increase with dehydration was qualitatively reproduced by all the tested models [36]. Accordingly, the presence of cations in simulations leads to the decrease of choline order parameters in Fig. 2, which is in qualitative agreement with experiments. However, the changes are overestimated in most



FIG. 3: Relation between  $\Delta S_{CH}^{\beta}$  and  $\Delta S_{CH}^{\alpha}$  from experiments [21] and different simulation models. Solid line is  $\Delta S_{CH}^{\beta} = 0.43 \Delta S_{CH}^{\alpha}$  determined for DPPC bilayer from  $^2H$  NMR experiment with various  $CaCl_2$  concentrations [21].

simulation results in Fig 2.

According to the electrometer concept the order parameter changes are proportional to the amount of bound cations in bilayer, see Eq. 2. The order parameter changes as a function of bound charge from simulations are shown in Fig. 4. Roughly linear correlation between bound charge and order parameter change is found in all simulation models, which is in line with experiments [30]. However, there are some differences in the proportionality constants (i.e. slopes in Fig. 4) between different models; especially MacRog and Orange models give relatively steep slopes and CHARMM gives gentle slope for  $\alpha$  carbon. The quantitative comparison to experimental slopes ( $m_{\alpha} = -20.5$  and  $m_{\beta} = -10.0$  for  $Ca^{2+}$  binding in DPPC bilayer in the presence of 100mM NaCl in Eq. 1 [30]) is not straightforward since the simulation results depend on the definition used for bound ions.

The comparison of order parameter changes as a function of bound charge is more straightforward for systems with charged amphiphiles, which are fully associated in bilayer. In this case the amount of bound charge is explicitly known in both, simulations and experiment. Such comparison is done between previously published simulation data [46] and experiments [31, 47] in Supplementary Information. The overestimation of order parameter response to bound cations (i.e. slopes  $m_{\beta}$  and  $m_{\alpha}$ ) could not be ruled out in the Berger based model. In principle, this might explain the overestimated order parameter response to  $CaCl_2$  with Berger model, but not overestimated response to NaCl (see discussion in Supplementary Information). The more detailed comparison with different models is left for further studies.

The relation between  $\Delta S_{CH}^{\beta}$  and  $\Delta S_{CH}^{\alpha}$  from different simulation models is compared to experiments in Fig. 3. Almost all the tested models give larger  $\Delta S_{CH}^{\beta}/\Delta S_{CH}^{\alpha}$  ratio than in experiments [21]; only Lipid14 give values in agreement with

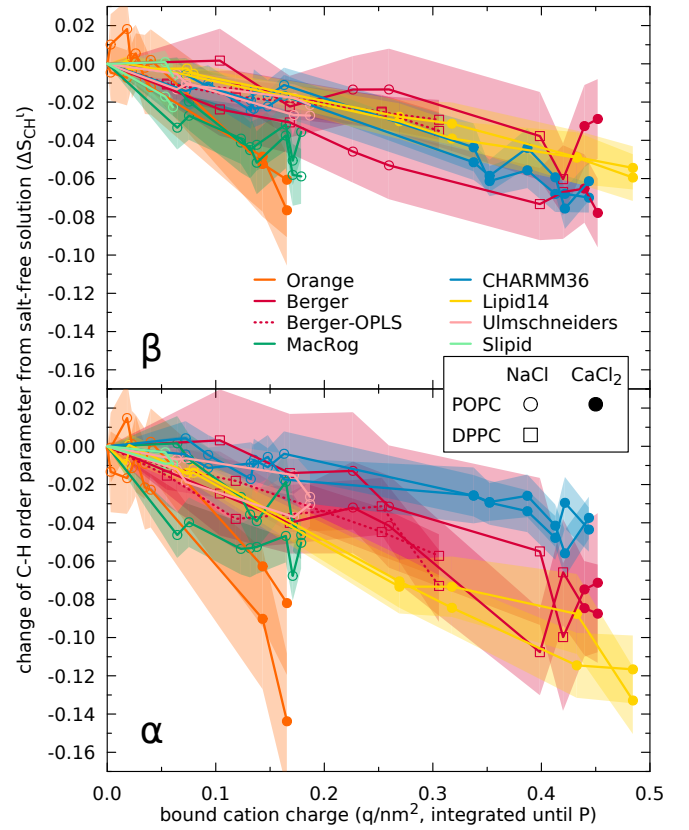


FIG. 4: Order parameters changes  $\Delta S_{CH}^{\beta}$  and  $\Delta S_{CH}^{\alpha}$  as a function of bound cations from different simulation models.

1. Results from long CHARMM and Slipids simulations to be added. Description of the calculation of bound charges to be described, probably in supplementary.

experimental ratio. Thus, in all the other tested simulation models  $\alpha$  order parameter decrease is underestimated in respect to  $\beta$  order parameter decrease with bound cations.

Figure 4 shows that order parameter decrease clearly correlates with the amount of bound cations also in simulations. This is also evident from Fig. 5 showing  $Na^+$  density profiles from the different simulation models. In the figure, simulation models are ordered according to the order parameter changes (reported Fig. 2), from the smallest to the largest. The  $Na^+$  density peaks are larger for models with larger changes in order parameters, in line with observed correlation between cation binding and order parameter decrease in Fig. 4.

In conclusion, the clear correlation between bound cations and order parameter decrease is observed in all the tested simulation models. However, quantitative responses of  $\alpha$  and  $\beta$  on bound cations do not generally agree with experiments because the  $\Delta S_{CH}^{\beta}/\Delta S_{CH}^{\alpha}$  ratio agrees with experiments only in Lipid14 model (Fig. 3). Thus, the observed overestimations of order parameter changes with cation concentrations may, in principle, arise from overbinding of ions or from too sensitive lipid headgroup response on bound cation (see also discussion in Supplementary Material). Consequently, the electrometer concept can be used to quantitatively compare the cation binding affinity between experiments and simulations, but careful

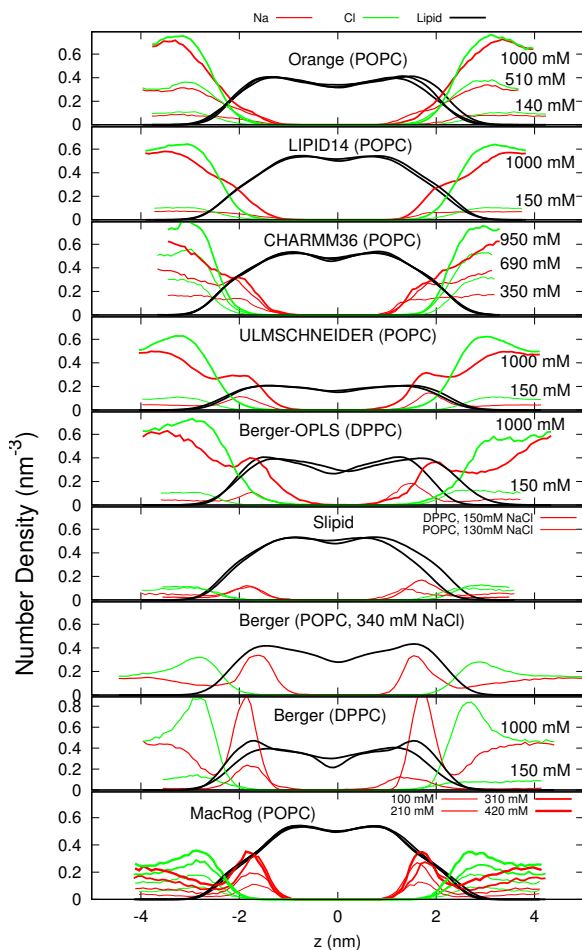


FIG. 5: Atom number density profiles along the membrane normal for lipids,  $\text{Na}^+$ , and  $\text{Cl}^-$  ions from simulations with different force fields and different NaCl concentrations. The force fields are ordered according to the order parameter changes reported Fig. 2, from the smallest (top panel) to the largest (bottom panel). The lipid densities are scaled by 100 (united atom) or 200 (all atom model) to improve readability. Figure discussed in [https://github.com/NMRLipids/lipid\\_ionINTERACTION/issues/4](https://github.com/NMRLipids/lipid_ionINTERACTION/issues/4).

analysis is required with current lipid models. Such analysis is performed in the next section.

### C. Cation binding in different simulation models

The order parameter changes and density distributions in Figs. 2 and 5 with added NaCl show significantly different  $\text{Na}^+$  binding affinities for different simulation models. The best agreement with experiments (i.e., lowest order parameter changes) is observed for the Orange, CHARMM36 and Lipid14 models (see Figs. 2). These also predict the lowest  $\text{Na}^+$  densities in the proximity of the membrane (see Fig. 5). On the other hand, the choline order parameter changes with NaCl are clearly overestimated in all the other tested mod-

els (see Fig. 2) which also show stronger  $\text{Na}^+$  binding affinity (see Fig. 5). Thus we conclude that the sodium binding affinity is overestimated in all the other models than Orange, CHARMM36 and Lipid14.

The order parameter changes with NaCl in the best three models are small (less than 0.02). Thus, with the achieved accuracy we cannot conclude which of these three models has the most realistic  $\text{Na}^+$  binding affinity, especially with physiological NaCl concentrations ( $\sim 150\text{mM}$ ) which is relevant for most applications. The overestimated binding on the other models raise questions on the quality of the predictions from these models when NaCl is present. **3. It has been suggested that we should add references here. The problem is that there are a lot of them and it is difficult to choose which ones to pick. Any opinions?** Especially interactions between charged molecules and lipid bilayer might be significantly affected by the strong  $\text{Na}^+$  binding which makes bilayer effectively positively charged.

As a function of  $\text{CaCl}_2$  concentration, almost all the tested models overestimate the order parameter decrease, as seen in Fig. 2. The exception is the CHARMM36 with recent ion model by Yoo et al. [72] which is a selected part of CU-FIX (Champaign-Urbana non-bonded FIX parameters for the CHARMM and AMBER force fields). According to the electrometer concept, the overestimated order parameter decrease indicates overestimated  $\text{Ca}^{2+}$  binding. This is the most likely scenario for the models where changes in both order parameters were overestimated, however, in the case of  $\text{CaCl}_2$  we cannot exclude the explanation that the headgroup response is too sensitive for bound cations, see Supplementary Information. In CHARMM36 with ion model by Yoo et al. the order parameter decrease is overestimated for  $\beta$  but underestimated for  $\alpha$ , in line with figure 3 where  $\Delta S_{\text{CH}}^{\beta} / \Delta S_{\text{CH}}^{\alpha}$  ratio is larger in CHARMM36 than in experiments. Since we do not know if  $\Delta S_{\text{CH}}^{\beta}$  or  $\Delta S_{\text{CH}}^{\alpha}$  is more realistic in CHARMM36, we cannot conclude if  $\text{Ca}^{2+}$  binding is too strong or weak in simulation with ion model by Yoo et al. [72]. This could be resolved by comparing CHARMM36 model to the experimental data with known amount of bound charge (e.g. experiments with amphiphilic cations [31, 47]), however, this is beyond the scope of the current work.

The ion density distributions with  $\text{CaCl}_2$  in Fig. 6 show significant  $\text{Ca}^{2+}$  binding in all models, however, some difference occur between different models. The Berger model predicts deeper penetration depth (density maxima close to  $\pm 1.8\text{ nm}$ ) compared to other models (density maxima close to  $\pm 2\text{ nm}$ ). The latter value is probably more realistic since  $^1\text{H}$  NMR and neutron scattering data indicates that  $\text{Ca}^{2+}$  interacts mainly with the choline group [3, 100–102]. In CHARMM36 model almost all  $\text{Ca}^{2+}$  ions present in simulation bind in bilayer indicating strongest binding affinity among the tested models. The difference is not as clear in Fig. 2 because  $\alpha$  carbon order parameters are least sensitive to bound charge in CHARMM36 (Fig. 4).

Significant  $\text{Ca}^{2+}$  binding affinity to a phosphatidylcholine bilayer at mM concentrations is agreed in the literature [3, 4, 21, 30], however, several details are yet under discussion. Simulations suggest that  $\text{Ca}^{2+}$  bind to lipid carbonyl oxygens with coordination number of 4.2 [14], while interpretation of



TABLE I: List of simulations performed in this work. The ion concentrations are calculated as  $[\text{ion}] = (N_{\text{ion}} \times [\text{water}]) / N_w$ , where  $[\text{water}] = 55.5\text{M}$ . These correspond the concentrations reported in the experiments by Akutsu et al. [21]. The lipid force fields are named as in our previous work [36].

Force field (lipid, ion)	lipid	[Ion] mM	<sup>a</sup> $N_l$	<sup>b</sup> $N_w$	<sup>c</sup> $N_{\text{Na}}$	<sup>d</sup> $N_{\text{Ca}}$	<sup>e</sup> $N_{\text{Cl}}$	<sup>f</sup> $T$ (K)	<sup>g</sup> $t_{\text{sim}}$ (ns)	<sup>h</sup> $t_{\text{anal}}$ (ns)	Files
Berger-POPC-07[48]	POPC	0	128	7290	0	0	0	298	270	240	[49]
Berger-POPC-07[48], ffgmx[50]	POPC	340 (NaCl)	128	7202	44	0	44	298	110	50	[51]
Berger-POPC-07[48], ffgmx[50]	POPC	340 (CaCl <sub>2</sub> )	128	7157	0	44	88	298	108	58	[52]
Berger-DPPC-97[53]	DPPC	0	72	2880	0	0	0	323	60	50	[54]
Berger-DPPC-97[53], ffgmx[50]	DPPC	150 (NaCl)	72	2880	8	0	8	323	120	60	[55]
Berger-DPPC-97[53], ffgmx[50]	DPPC	1000 (NaCl)	72	2778	51	0	51	323	120	60	[56]
BergerOPLS-DPPC-06[57]	DPPC	0	72	2880	0	0	0	323	120	60	[58]
BergerOPLS-DPPC-06[57], OPLS[59]	DPPC	150 (NaCl)	72	2880	8	0	8	323	120	60	[60]
BergerOPLS-DPPC-06[57], OPLS[59]	DPPC	1000 (NaCl)	72	2778	51	0	51	323	120	60	[61]
CHARMM36[62]	POPC	0	72	2242	0	0	0	303	30	20	[63]
CHARMM36[62], CHARMM36[64]	POPC	350 (NaCl)	72	2085	13	0	13	303	80	60	[65]
CHARMM36[62], CHARMM36[64]	POPC	690 (NaCl)	72	2085	26	0	26	303	73	60	[66]
CHARMM36[62], CHARMM36[64]	POPC	950 (NaCl)	72	2168	37	0	37	303	80	60	[67]
CHARMM36[62], CHARMM36	POPC	350 (CaCl <sub>2</sub> )	128	6400	0	35	70	303	200	100	[68]
CHARMM36[62], CHARMM36	POPC	450 (CaCl <sub>2</sub> )	200	9000	0	73	146	310	2000	100	[69]
CHARMM36[62], CHARMM36	POPC	670 (CaCl <sub>2</sub> )	128	6400	0	67	134	303	200	120	[70]
CHARMM36[62], CHARMM36	POPC	1000 (CaCl <sub>2</sub> )	128	6400	0	100	200	303	200	100	[71]
CHARMM36[62], Yoo[72]	DPPC	430 (CaCl <sub>2</sub> )	128	7760	60	0	120	323	200	170	todo
CHARMM36[62], Yoo[72]	DPPC	886 (CaCl <sub>2</sub> )	128	7520	120	0	240	323	200	170	todo
MacRog[73]	POPC	0	288	14400	0	0	0	310	90	40	[74]
MacRog[73], OPLS[59]	POPC	100 (NaCl)	288	14554	27	0	27	310	90	50	[75]
MacRog[73], OPLS[59]	POPC	210 (NaCl)	288	14500	54	0	54	310	90	50	[75]
MacRog[73], OPLS[59]	POPC	310 (NaCl)	288	14446	81	0	81	310	90	50	[75]
MacRog[73], OPLS[59]	POPC	420 (NaCl)	288	14392	108	0	108	310	90	50	[75]
Orange, OPLS[59]	POPC	0	72	2880	0	0	0	298	60	50	[76]
Orange, OPLS[59]	POPC	140 (NaCl)	72	2866	7	0	7	298	120	60	[77]
Orange, OPLS[59]	POPC	510 (NaCl)	72	2802	26	0	26	298	120	100	[78]
Orange, OPLS[59]	POPC	1000 (NaCl)	72	2780	50	0	50	298	120	80	[79]
Orange, OPLS	POPC	510 (CaCl <sub>2</sub> )	72	2802	0	26	52	298	120	60	[80]
Slipid[81]	DPPC	0	128	3840	0	0	0	323	150	100	[82]
Slipid[81], AMBER[83, 84]	DPPC	150 (NaCl)	600	18000	49	0	49	323	100	40	-
Slipid[81], AMBER[83, 84]	DPPC	350 (NaCl)	2.J. Melcr, please fill?	?	?	0	?	?	?	?	?
Slipid[81], AMBER[83, 84]	DPPC	700 (NaCl)	?	?	?	0	?	?	?	?	?
Slipid[81], AMBER[83, 84]	DPPC	1000 (NaCl)	?	?	?	0	?	?	?	?	?
Slipid[85]	POPC	0	128	5120	0	0	0	303	200	150	[86]
Slipid[85], AMBER[87]	POPC	130 (NaCl)	200	9000	21	0	21	310	105	100	[88]
Slipid[85], AMBER[59]	POPC	450 (CaCl)	200	9000	0	73	146	310	2000	100	[89]
Lipid14 [90], AMBER[59]	POPC	0	128	5120	0	0	0	298	205	200	[91]
Lipid14 [90], AMBER[59]	POPC	150 (NaCl)	128	5120	12	0	12	298	205	200	[92]
Lipid14 [90], AMBER[59]	POPC	1000 (NaCl)	128	5120	77	0	77	298	205	200	[93]
Lipid14 [90], AMBER[59]	POPC	350 (CaCl <sub>2</sub> )	128	6400	0	35	70	298	200	100	[94]
Lipid14 [90], AMBER[59]	POPC	1000 (CaCl <sub>2</sub> )	128	6400	0	100	200	298	200	100	[95]
Ulmschneiders [96], OPLS[59]	POPC	0	128	5120	0	0	0	298.15	205	200	[97]
Ulmschneiders [96], OPLS[59]	POPC	150 (NaCl)	128	5120	12	0	12	298.15	205	200	[98]
Ulmschneiders [96], OPLS[59]	POPC	1000 (NaCl)	128	5120	77	0	77	298.15	205	200	[99]

<sup>a</sup> The number of lipid molecules

<sup>b</sup> The number of water molecules

<sup>c</sup> The number of Na<sup>+</sup> molecules

<sup>d</sup> The number of Ca<sup>2+</sup> molecules

<sup>e</sup> The number of Cl molecules

<sup>f</sup> Simulation temperature

<sup>g</sup> The total simulation time



FIG. 6: Atom number density profiles along the membrane normal coordinate  $z$  for lipids,  $\text{Ca}^{2+}$  and  $\text{Cl}^-$  ions from simulations with different force fields. The profiles only with smallest available  $\text{CaCl}_2$  concentration are shown for clarity. Figure including all the available concentrations is shown in the Supplementary Information. The lipid densities are scaled with 100 (united atom) or 200 (all atom model) to make them visible with the used y-axis scale. The  $\text{Cl}^-$  density is scaled with 2 to equalize charge density of ions. Figure discussed in [https://github.com/NMRLipids/lipid\\_ionINTERACTION/issues/4](https://github.com/NMRLipids/lipid_ionINTERACTION/issues/4).

NMR and scattering experiments suggest that one  $\text{Ca}^{2+}$  interacts mainly with choline groups [100–102] of two phospholipid molecules [30]. Simulation model correctly reproducing the order parameter changes would resolve the discussion by giving atomistic resolution interpretation for the experiments.

The origin of inaccuracies in lipid-ion interactions and binding affinities in different models is far from clear. The potential candidates would be, for example, discrepancies in the ion models [103–105], incomplete treatment of electronic polarizability [106] or inaccuracies in lipid headgroup description [36]. Cordomi et al. [25] showed that  $\text{Na}^+$  binding affinity decreases when ion radius increases in the model, however, also the models with largest radius show significant binding in DPPC bilayer simulated with OPLS-AA force field [107]. In our results the Slipid model gives essentially similar bind-

ing affinity with ion parameters from Refs. [87] and [83, 84]. Further, the compensation of missing electronic polarizability by scaling ion charge [106, 108] reduced  $\text{Na}^+$  binding in Berger, BergerOPLS and Slipid models but not enough to be in agreement with experiments (see Supplementary Information). The charge scaled  $\text{Ca}^{2+}$  model [109] slightly reduced binding in CHARMM36 model but did not have significant influence on binding on Slipids model (see Supplementary Information). Significant reduction of  $\text{Ca}^{2+}$  binding was observed with ion model by Yoo et al [72], however, the CHARMM36 lipid model must be further analyzed to fully interpret the results.

On the other hand, also the lipid models may have significant influence on ion binding behaviour. For example, the same ion model and non-bonded parameters are used in the Orange and BergerOPLS [57] simulations, but while  $\text{Na}^+$  ion binding affinity is realistic in the Orange model, it is significantly overestimated in the BergerOPLS (Fig. 5). However, the realistic  $\text{Na}^+$  binding do not directly relate to realistic  $\text{Ca}^{2+}$  binding (see Orange, Lipid14 and CHARMM36 in Fig. 2) or realistic choline order parameter response in bound charge (see Orange and CHARMM36 in Fig. 3). It should be also noted that the low binding affinity of  $\text{Na}^+$  in CHARMM36 model is due to the additional repulsion added between sodium ions and lipid oxygens (NBFIX) [64] (see supplementary information). Altogether, our results indicate that probably both, lipid and ion force field parameters, need improvement to correctly predict the cation binding affinity.

### III. CONCLUSIONS

As suggested by the molecular electrometer concept [1, 21, 30, 31], the decrease in order parameters of  $\alpha$  and  $\beta$  carbons in the PC head group of lipids bilayers is related to cation binding in all tested simulation models, despite of inaccuracies in actual atomistic resolution structures [36]. The concept allows direct comparison of  $\text{Na}^+$  binding affinity between simulations and NMR experiments by using changes in the head group order parameter. The comparison reveals that most models overestimate the  $\text{Na}^+$  binding; only Orange, Lipid14, and CHARMM36 predict realistic binding affinity. None of the tested models has the required accuracy to interpret the  $\text{Ca}^{2+}$ /lipid stoichiometry or induced structural changes with atomistic resolution.

In general, our results support the traditional (pre-2000) view that  $\text{Na}^+$  and other monovalent ions (bar  $\text{Li}^+$ ) do not specifically bind to the phospholipid bilayer at mM concentrations, in contrast to  $\text{Ca}^{2+}$  and other multivalent ions [2–5, 11, 12, 20, 21, 29, 30]. Concerning contradictions in the MD simulation results, we reinterpret strong  $\text{Na}^+$  binding as an inaccuracy of several simulation models, for example the Berger model used in [13, 14]. Concerning experimental results, our work sustains the views of Cevc [3], suggesting that small transition temperature shift could be interpreted by other phenomena than  $\text{Na}^+$  binding, and the work of Filippov et al. [12] proving that the results of [8, 10, 13] could be alternatively interpreted by direct interactions between  $\text{Na}^+$

and fluorescent probes. Finally, it is questionable if resolution of AFM experiments [15–19] alone is sufficient to measure ion locations in fluidlike lipid bilayer systems.

The artificial specific  $\text{Na}^+$  binding in simulations may lead to doubtful results, since it effectively leads to positively charged phosphatidylcholine (PC) lipid bilayers even at physiological NaCl concentration. Such PC bilayer has distinctly different interactions with charged objects compared to the more realistic model without specific  $\text{Na}^+$  binding. Furthermore, the overestimation of  $\text{Na}^+$  binding affinity may extend also to other positively charged objects, e.g. membrane protein segments. This would affect lipid protein interactions and could explain, for example, contradicting results on electrostatic interactions between charged protein segments and lipid bilayer [110, 111]. In conclusion, more careful studies and model development on lipid bilayer–charged object interactions are needed to make molecular dynamics simulations directly usable in physiologically relevant electrostatic environment.

This work has been, and will be, progressed and discussed through the blog [nmrlipids.blogspot.fi](http://nmrlipids.blogspot.fi), through which everyone is invited to join the discussion and make contributions. The manuscript will be eventually submitted to an appropriate scientific journal. Everyone who has contributed to the work through the blog will be offered coauthorship. For more details see [nmrlipids.blogspot.fi](http://nmrlipids.blogspot.fi).

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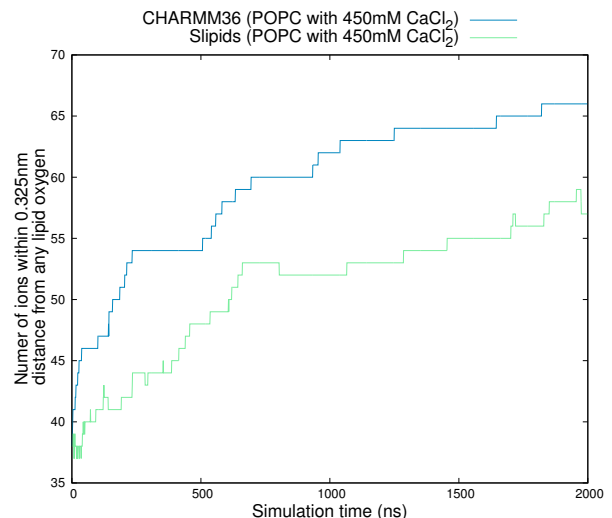


FIG. 7: Number of bound  $\text{Ca}^{2+}$  as a function of time from  $2 \mu$  long simulations with CHARMM36 and Slipids.

## SUPPLEMENTARY INFORMATION

### Appendix A: Ion binding equilibration times

Simulations containing 450 mM  $\text{CaCl}_2$  with CHARMM36 and Slipids were ran  $2 \mu\text{s}$  to estimate the times required to equilibrate amount of bound  $\text{Ca}^{2+}$  in lipid bilayer. The amount of the bound Calcium as a function of simulation time from these simulations are shown in Fig. 7. The results show clear increase in binding affinity up to 1000 ns and 700 ns in CHARMM36 and Slipids, respectively, and moderate increase even after this. This is also reflected to the CHARMM36 results in Fig. 2, where long CHARMM36 simulation with 450 mM  $\text{CaCl}_2$  show relatively lower order parameters than shorter simulations. This can be rationalized with higher and more equilibrated binding affinity in long simulations. The results suggest that in other simulations the binding affinity is underestimated due to the insufficient equilibration times. This should be taken into account in more careful studies, but do not interfere the conclusion in this work that  $\text{Ca}^{2+}$  binding is most likely overestimated in all the other models than in possibly in CHARMM36 with ion model by Yoo et al. [72].

### Appendix B: Headgroup response on charged amphiphiles

The order parameter changes as a function of bound charge cannot be straightforwardly compared between simulations and experiments from systems with ions because the results depend on the definition of bound ions in simulations. In systems with charged amphiphiles the situation is more straightforward since all the charges can be assumed to locate in bilayer in both, simulations and experiments. The order parameter changes as a function of charged amphiphiles, calculated



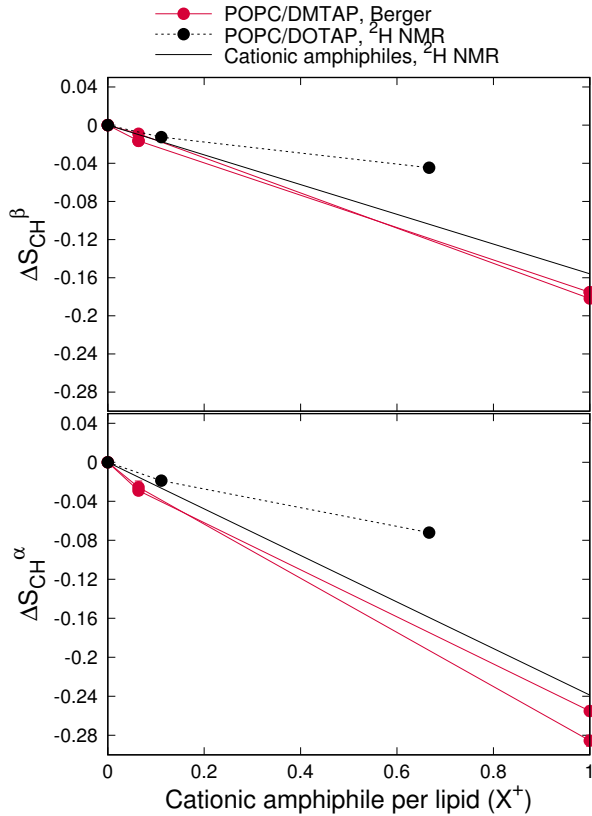


FIG. 8: Order parameter changes as a function of cationic amphiphiles from simulations [46, 112–114] and experiments [31, 47]. Experimental points for binary mixtures of POPC and 1,2-dioleoyloxy-3-(trimethylammonio)propane (DOTAP) are from [47]. Experimental lines are from  $\Delta S_{CH}^i = \frac{4}{3}\chi^{-1}m_i X^\pm$ , where  $m_i$  are taken as average for different amphiphiles measured in [31].

from previously published simulation data [46, 112–114] and experiments [31, 47], is shown in Fig 8.

The simulation data is from previously published binary mixture of cationic dimyristoyltrimethylammoniumpropane (DMTAP) and zwitterionic (neutral) dimyristoylphosphatidylcholine (DMPC) [46, 112–114], simulated with Berger based model. This is compared to experimental data from binary mixtures of POPC and various cationic amphiphiles [31, 47].

The order parameter changes from simulations are in good agreement with experimental line from various amphiphiles measured by Scherer et al. [31] but overestimate the changes measured from DMPC/DOTAP mixtures [47], especially with larger amphiphile concentrations. It is not clear if the overestimation comes from too sensitive headgroup, differences in the location of charge in bilayer or difference between DMTAP and DOTAP (DOTAP has two double bonds in acyl chains while DMTAP has two saturated chains). Assuming area per lipid  $0.68 \text{ nm}^2$  and estimating the maximum amount of bound charge per lipid in simulations from Fig. 4 ( $X_{\text{max}}^+ = 0.5 \frac{q}{\text{nm}^2} \cdot 0.68 \text{ nm}^2 = 0.34 \frac{q}{\text{lipid}}$ ) gives maximum

overestimations of  $\approx 0.04$  and  $\approx 0.06$  for  $\beta$  and  $\alpha$  order parameter changes, respectively, with largest amount of bound cations in simulations. The numbers are smaller with less amount of bound cations. In principle, these value could explain the overestimated order parameter change due to the presence of  $\text{CaCl}_2$  in Berger model but not in the presence of  $\text{NaCl}$  (see Fig. 2).

In conclusion, with the current data we cannot fully exclude the possibility that the overestimated order parameter response to the  $\text{CaCl}_2$  with Berger model arises from oversensitive headgroup response to bound cations. However, in the presence of  $\text{NaCl}$  the differences between responses in simulations and experiments in Fig. 2 are larger than the maximum estimated influence from oversensitivity of headgroup.

### Appendix C: Density distributions with different $\text{CaCl}_2$ concentrations

The density distributions with all simulated  $\text{CaCl}_2$  concentrations are shown in Fig. 9.

### Appendix D: Effect of ion model and polarization

It has been suggested that the missing electronic polarizability can be compensated by scaling the ion charge in simulations [106]. To test if this would improve the  $\text{Na}^+$  ion binding behaviour, we ran simulations with Berger-DPPC-97, BergerOPLS-DPPC-06 and Slipids with scaled  $\text{Na}^+$  and  $\text{Cl}^-$  ions. For Berger-DPPC-97 and BergerOPLS-DPPC-06 models the ion charge in systems listed in Table I was simply scaled with 0.7 and the related files are available at [115–118]). For simulations with Slipids the ion model by Kohagen et al. was used [108] and the related files are available at [119]. The simulation parameters were identical to those employed in the simulation of POPC with 130 mM  $\text{NaCl}$  (see Methods). The order parameter changes and  $\text{Na}^+$ -binding affinity are decreased by the charge scaling but yet overestimated with respect to the experiments as seen from Figs. 10 and 11. Thus the overestimated binding affinity cannot be fixed by only scaling charges.

The ion model for  $\text{CaCl}_2$  with scaled charges [109] was tested with CHARMM36 and Slipid models. The related files are available at [120] and [121], respectively, and the results are shown in Figs. 10 and 9. The results with scaled charges are slightly improved but yet far from experiments.

Figure 10 also compares CHARMM36 simulation with and without NBFIX [64] for  $\text{NaCl}$ . As expected, without NBFIX the order parameter decrease is more significant. **4.Discussion will be finished as soon as we have the density profiles. Citations to Zenodo repositories will be added, if available.**



FIG. 9: Number density profiles for lipids,  $\text{Ca}^{2+}$  and  $\text{Cl}^-$  ions from simulations with different force fields and different  $\text{CaCl}_2$  concentrations. The lipid densities are scaled with 100 (united atom) or 200 (all atom model) to make them visible with the used y-axis scale. The  $\text{Cl}^-$  density is scaled with 2 to equalize charge density of ions. Figure discussed in [https://github.com/NMRLipids/lipid\\_ionINTERACTION/issues/4](https://github.com/NMRLipids/lipid_ionINTERACTION/issues/4).

## Appendix E: methods

### 1. Simulated systems

All simulations are ran with a standard setup for planar lipid bilayer in zero tension with periodic boundary conditions with Gromacs (version numbers 4.5-X-5.0.X) [122, 123] or NAMD [124] software packages.

### 2. Analysis

The order parameters were calculated from simulation trajectories directly applying the equation  $S_{\text{CH}} = \langle \frac{3}{2} \cos^2 \theta - \frac{1}{2} \rangle$ , where  $\theta$  is the angle between a given C–H bond and the bilayer normal and average is taken over all lipids and time frames. For united atom models, the positions of hydrogen atoms were

calculated for each molecule in each frame *a posteriori* by using the *protonate* tool in Gromacs 4.0.2 [125]. The statistical error in the order parameter was estimated by calculating the average value separately for each lipid molecule, and then the average and standard error of the mean over the ensemble of lipids (as done also in previous work [36]). All the scripts used in analysis and the resulting data are available in the GitHub repository [126]

## 3. Simulation details

### a. Berger

**POPC** The simulation without ions is the same as in [127] and the files are available at [49]. The starting structures for simulations with ions is made by replacing water molecules with appropriate amount of ions (see Table I). The Berger force field was used for the POPC [128], with the dihedral potential next to the double bond taken from [129]. The ion parameters from ffgmx [50] were used. Timestep of 2 fs was used with leap-frog integrator. Covalent bond lengths were constrained with LINCS algorithm [130, 131]. Coordinates were written every 10 ps. PME [132, 133] with real space cut-off 1.0 nm was used for electrostatics. Plain cut-off was used for the Lennard-Jones interactions with a 1.0 nm cut-off. The neighbour list was updated every 5th step with cut-off 1.0 nm. Temperature was coupled separately for lipids, water and ions to 298 K with the velocity-rescale method [134] with coupling constant  $0.1 \text{ ps}^{-1}$ . Pressure was semi-isotropically coupled to the atmospheric pressure with the Parrinello-Rahman barostat [135].

**DPPC** The simulation without ions is the same as in [36] and the files are available at [54]. The initial configuration contained 72 DPPC lipids and 2880 SPC water molecules. The standard Berger DPPC force field was used [128] (simulations indicated as Berger-DPPC-97 in Table I). The electrostatics were handled with PME [132, 133], with real-space Coulomb cut-off set at 1.0 nm. Lennard-Jones potentials were cut off 1.0 nm. The neighborlist for all non-bonded interactions was updated every 10 steps. Temperature was set to 323K with the velocity-rescale method [134] using a coupling constant of  $0.1 \text{ ps}^{-1}$ . Semi-isotropic pressure coupling at 1 ATM was handled with the Parrinello-Rahman barostat [135] with 1 ps coupling constant. The time step was 4 fs, and coordinates were written every 10 ps. The total simulation time was 120 ns (without pre-equilibration) and last 60 ns was used in the order parameter analysis.

For simulations with added salt, the appropriate number of SPC water molecules were randomly replaced with ions. Ions were described by the ffgmx parameters [50]. In simulations with scaled charges, charge-scaling was applied by scaling the ion charges by a factor 0.7. Conditions in the ion simulations were as with the pure DPPC described above. The duration of the simulations was 120 ns (without pre-equilibration) and last 60 ns was used in the order parameter analysis.

All the simulation files for pure DPPC simulations can be found at [54] and for the simulations with ions at [55, 56]

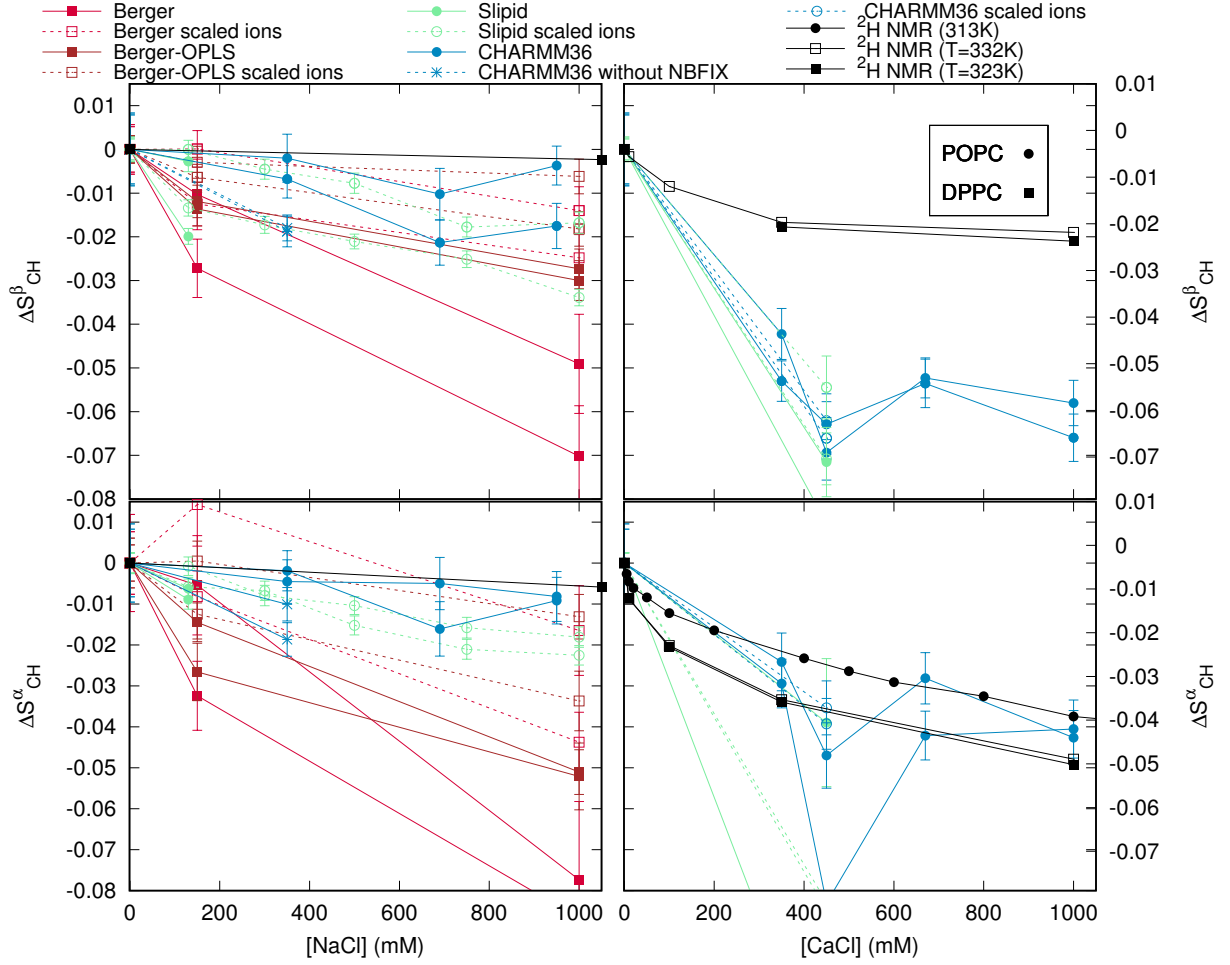


FIG. 10: The effect of charge scaling [106, 109] and NBFIX [64] on order parameter changes in simulations.

and with scaled ions at [115, 116].

#### b. BergerOPLS

For simulations without ions, the initial configuration contains 72 DPPC lipids and 2880 SPC water molecules. For simulations with added salt, the appropriate amount of SPC water molecules were randomly replaced with ions. The number of ions is reported in Table I. For the lipids, we used the same version of Berger force field as in previous simulations, described in [128]; for the ions, we used the qvist parameters [59] (commonly used within the OPLS-AA force field). Issues related to the compatibility between Berger and OPLS-AA force fields are described in ref. [57]. A set of simulations was carried out using reduced electrostatic charges on the ions; in this case, a charge of 0.7 e was used on the ions, as described in refs. [106, 108]. Except for the ion force field, all simulation parameters (for non-bonded interactions, integration time step, thermostat, etc.) were identical to the parameters used in the Berger DPPC simulations described above.

All simulation files can be found at [58] for pure DPPC simulations, at [60, 61] for simulations with ions, and at [117,

118] for simulations with ions with scaled charges.

#### c. CHARMM36

*POPC with NaCl* The simulation without ions is taken directly from [36, 63]. The starting structures for simulations with NaCl were made by replacing randomly located water molecules of the structure of pure POPC simulation with appropriate amount of ions. The force field for lipid were the same as in [36, 63]. The ion parameters with NBFIX by Venable et al. [64] were used. Simulations were ran with Gromacs 4.5.5 software [122]. Timestep of 2 fs was used with leap-frog integrator. Covalent bonds with hydrogens were constrained with LINCS algorithm [130, 131]. Coordinates were written every 5 ps. PME with real space cut-off 1.4 nm was used for electrostatics. Lennard-Jones interactions were switched to zero between 0.8 nm and 1.2 nm. The neighbour list was updated every 5th step with cut-off 1.4 nm. Temperature was coupled separately for lipids and solution to 303 K with the velocity-rescale method [134] with coupling constant 0.2 ps. Pressure was semi-isotropically coupled to the atmospheric pressure with the Berendsen method [136].

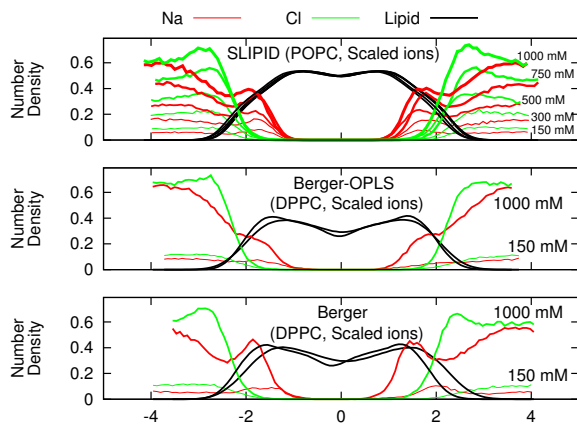


FIG. 11: Atom number density profiles along membrane normal coordinate  $z$  for lipids,  $\text{Na}^+$  and  $\text{Cl}^-$  ions from simulations using ion models with scaled charges. The lipid densities are scaled with 100 (united atom) or 200 (all atom model) to make them visible with the used y-axis scale.

Also simulation without NBFIX [64] was run to check its effect on  $\text{Na}^+$  binding. **5.J. Melcr, please add the details here**

**POPC with  $\text{CaCl}_2$**  The starting structures with varying amounts of  $\text{CaCl}_2$  ions were constructed using the CHARMM-GUI Membrane Builder (<http://www.charmm-gui.org/>) online tool [137]. All runs were performed with Gromacs 5.0.3 software package [123] and CHARMM36 additive force field parameters for lipids [62] and ions were obtained from CHARMM-GUI input files. Standard CHARMM-GUI mdp options were used. Particularly, h-bond lengths were constrained with LINCS [130, 131]. The temperatures of the lipids and the solvent were separately coupled to the Nose-Hoover [138, 139] thermostat with a target temperature of 303 K and a relaxation time constant of 1.0 ps. Semi-isotropic pressure coupling to 1 bar was obtained with the Parrinello-Rahman barostat [135] with a time constant of 5 ps. Equations of motion were integrated with the Verlet algorithm [140] using a timestep of 2 fs. Long-range electrostatic interactions were calculated using the PME [132, 133] method with a fourth order smoothing spline. A real space cut-off of 1.2 nm was employed with grid spacing of 0.12 nm in the reciprocal space. Lennard-Jones interactions were smoothly switched to zero between 1.0 nm and 1.2 nm. Verlet cutoff-scheme [140] were used with the long-range neighbor list updated every 20 steps. Coordinates were written every 10 ps. After energy minimization and an equilibration run of 0.5 ns, 200ns simulations were ran and the last 100ns of each simulation was employed for the analysis.

**DPPC with  $\text{CaCl}_2$  (Yoo model)** The systems contained 128 DPPC lipids and about 7600 TIP3P water molecules, and an appropriate amount of ions as indicated in Table I. We have used CHARMM36 additive force field parameters for lipids [62]. In the calcium model developed recently by Yoo et al. in [72], each cation is decorated by seven hydrating water molecules (with different charges from the usual TIP3P), which are constrained to remain in its

vicinity. The associated parameter files was available on <http://bionano.physics.illinois.edu/CUFIX>. The constraint on the Calcium-Oxygen distances was imposed by adding extra-bonds through a harmonic potential  $V(r) = k(r - r_0)^2$ , with  $r_0 = 2.25 \text{ \AA}$  and  $k = 10 \text{ kcal}\cdot\text{mol}^{-1}\cdot\text{\AA}^{-2}$ .

The starting configuration of hydrated lipidic bilayers were constructed using packmol package [141] with a large area par lipid ( $74 \text{ \AA}^2$ ). After a first energy minimization (5000 steps), varying amounts of  $\text{CaCl}_2$  ions were added by replacing water molecules, using the autoionize plugin of vmd package [142], mentioning explicitly the number of ions required. Ion placement is random, with the constraint of minimum  $5 \text{ \AA}$  between ions and lipids, as well as between any two ions. A second energy minimization was performed after inserting the ions.

All the minimizations and dynamics were conducted using the NAMD package developed by the Theoretical and Computational Biophysics Group at the University of Illinois at Urbana-Champaign [124]. The temperature of the whole system was controled thanks to a Langevin thermostat with a target temperature of 323 K and a relaxation time constant of 1 ps. The modified NAMD version of the NoseHoover barostat with Langevin dynamics (piston period of 0.1 ps and piston decay time of 0.05 ps) was used semi-isotropically to reach the averaged target pressure of 1 bar and an averaged zero surface tension. The ratio of the box length in  $x$ - and  $y$ - directions was kept fixed to avoid spurious box anisotropy. The equations of motion were integrated using the multiple time step Verlet r-RESPA algorithm [140] with a time step of 2 fs, and electrostatic forces calculated only every two timesteps. Covalent bonds between heavy and hydrogen atoms were constrained using SHAKE/RATTLE algorithm. Long-range electrostatic interactions were calculated using the PME [132, 133] method with a 4-th order smoothing spline and a grid spacing of about 0.1 nm. A cut-off of 1.2 nm was employed for the Lennard-Jones interactions, with a force-based switching function for distances beyond 1 nm. Neighbor lists with a radius of 1.4 nm were updated every 10 timesteps. Coordinates were written every 20 ps. After energy minimization, a run of 200 ns simulations was performed, and the last  $\sim 170$  ns of trajectory was employed for the analysis. Error bars are defined by  $\pm$  the standard error of the mean, taking into account the correlation time of the average order parameters (200 ps for 430 mM and 400 ps for 890 mM).

#### d. MacRog

The simulation parameters are identical to those employed in our earlier study [36] for the full hydration and dehydration simulations. The initial structures with varying amounts of  $\text{NaCl}$  were constructed from an extensively hydrated bilayer by replacing water molecules with ions using the Gromacs tool genion [143]. Even at the highest considered salt concentration, the amount of water molecules per lipid after this replacement process was still greater than 50.



### e. Orange

The systems contained 72 POPC lipids and 2880 SPC water molecules, and an appropriate amount of ions as indicated in Table I.

For the lipids, we used an unpublished force field coined Orange force field. Briefly, this includes most bonded interactions from Berger lipids [128], except for dihedrals which were derived via *ab initio* calculations on small model compounds. As in Berger lipids, Lennard-Jones parameters are from OPLS [144–148]. Partial charges were derived on the basis of *ab initio* calculations. In simulations with ions, the qvist parameters were used [59]. The electrostatics were handled with PME [132, 133], with real-space Coulomb cut-off set at 1.8 nm. Lennard-Jones potentials were cut off at 1.8 nm. The neighborlists for the calculation of non-bonded forces were updated every 5 steps.

Temperature was set to 298K with the velocity-rescale thermostat [134] using a coupling constant of  $0.1 \text{ ps}^{-1}$ , and the pressure was set to 1 bar using the Berendsen weak coupling algorithm [136] (compressibility of  $4.5 \cdot 10^{-5} \text{ bar}^{-1}$ , time constant of 1 ps), coupling separately the x-y dimension and the z dimension to obtain a tensionless system. A time step of 2 fs was used for the integration (with the leap-frog algorithm), coordinates were written every 100 ps, and the total simulation time was 60 ns.

Simulation files for pure lipid simulations are found at [76] and for the simulations with ions at [77–80].

### f. Slipids

**DPPC** The simulation without ions from [36], available at [82] was used. For the simulations with ions, the starting DPPC lipid bilayer, which was built with the online CHARMM-GUI [137] (<http://www.charmm-gui.org/>), contained 600 lipids, 30 water molecules/lipid,  $\text{Na}^+$  and  $\text{Cl}^-$  ions (150 mM NaCl). The TIP3P water model was used to solvate the system and ion parameters by Roux [83, 84] were used. the GROMACS software package version 4.5.5 [122] and the Stockholm lipids (Slipids) force field parameters for phospholipids were used. After energy minimization and a short equilibration run of 50 ps (time step 1 fs), 100 ns production runs were performed using a time step of 2 fs with leap-frog integrator. All covalent bonds were constrained with the LINCS [130, 131] algorithm. Coordinates were written every 100 ps. PME [132, 133] with real space cut-off at 1.0 nm was used for Coulomb interactions. Lennard-Jones interactions were switched to zero between 1.0 nm and 1.4 nm. The neighbour lists were updated every  $10^{\text{th}}$  step with a cut-off of 1.6 nm. Temperature was coupled separately for upper and bottom leaflets of the lipid bilayer, and for water to one of the temperatures reported above with the Nosé-Hoover thermostat [138, 139] using a time constant of 0.5 ps. Pressure was semi-isotropically coupled to the atmospheric pressure with the Parrinello-Rahman [135] barostat using a time constant of 10 ps. **6.J. Melcr; please add description of the new data**

**POPC** The simulation without ions from [36], available at

[86] was used.

**POPC with NaCl** A POPC bilayer consisting of 200 lipids, hydrated with 45 water molecules per lipid, was simulated in the presence of 130 mM NaCl. The Slipids model [81, 85] was employed for lipids, the tip3p model [149] for water, and the ion parameters by Smith and Dang [87] for NaCl. The system was first equilibrated for 5 ns with a time step of 1 fs after which a 100 ns production run was performed using a time step of 2 fs. Trajectories were written every 100 ps. The system was kept in a tensionless state at 1 bar using a semi-isotropic Parrinello–Rahman barostat [135] with a time constant of 1 ps. The temperature was maintained at 310 K with the velocity rescaling thermostat [134]. The time constant was set to 0.5 ps for both lipids and solvent (water and ions) which were coupled separately. Non-bonded interactions were calculated within a neighbor list with a radius of 1 nm and an update interval of 10 steps. The Lennard-Jones interactions were cut-off at 1 nm, whereas PME [132, 133] was employed for long-range electrostatics. Dispersion correction was applied to both energy and pressure. All bonds were constrained with the LINCS [130, 131]. algorithm.

**POPC with  $\text{CaCl}_2$**  A POPC bilayer consisting of 200 lipids, hydrated with 45 water molecules per lipid, was simulated in the presence of 450 mM  $\text{CaCl}_2$ . The system was ran 2000 ns and the last 100 ns was used for analysis. Other details are as in POPC with NaCl. **7.M. Javanainen, please check that this is correct**

### g. Lipid14

The starting structures with varying amounts of ions were constructed using the CHARMM-GUI Membrane Builder (<http://www.charmm-gui.org/>) online tool [137]. The GROMACS compatible force field parameters generated in [36] and available at [150] were used. The TIP3P water model [149] was used to solvate the system and Åqvist [59] parameters were used for ions. All runs were performed with Gromacs 5.0.3 software package [123] and LIPID14 force field parameters for POPC [90].

H-bond lengths were constrained with LINCS [130, 131]. The temperatures of the lipids and the solvent were separately coupled to the Nose-Hoover [138, 139] thermostat with a target temperature of 298.15 K and a relaxation time constant of 0.1 ps. Semi-isotropic pressure coupling to 1 bar was obtained with the Parrinello-Rahman barostat [135] with a time constant of 2 ps. Equations of motion were integrated with the Verlet algorithm [140] using a timestep of 2 fs. Long-range electrostatic interactions were calculated using the PME [132, 133] method with a fourth order smoothing spline. A real space cut-off of 1.0 nm was employed with grid spacing of 0.12 nm in the reciprocal space. Lennard-Jones potentials were cut-off at 1 nm, with a dispersion correction applied to both energy and pressure. Verlet cutoff-scheme [140] were used with the long-range neighbor list updated every 20 steps. Coordinates were written every 10 ps.

After energy minimization and an equilibration run of 5 ns, 200ns production runs were performed and analysed. In case of the  $\text{CaCl}_2$  systems only the last 100ns of each simulation



was employed for the analysis.

#### *h. Ulmschneiders*

The starting structures with varying amounts of ions were constructed using the CHARMM-GUI Membrane Builder (<http://www.charmm-gui.org>) online tool [137]. The force field parameters were obtained from Lipidbook [151]. The TIP3P water model [149] was used to solvate the system. Additionally, the simulations of ion-free bilayer were repeated with both Verlet and Group cutoff-schemes [97]. There was no significant difference in head-group or glycerol backbone order parameters between these cutoff-schemes. All runs were performed with Gromacs 5.0.3 software package [123]. The glycerol backbone order parameters without ions were not the same as reported in the previous study [36]. The origin of discrepancy was located to the different initial structures which was taken from CHARMM-GUI in this work and from Lipidbook in the previous work. Since the order parameters with the initial structure from CHARMM-GUI are closer to the experimental values, the results indicate that the structure available from Lipidbook is stuck to a state with incorrect glycerol backbone structure, for more discussion see [https://github.com/NMRLipids/lipid\\_ionINTERACTION/issues/8](https://github.com/NMRLipids/lipid_ionINTERACTION/issues/8).

All-bond lengths were constrained with LINCS [130, 131]. The temperatures of the lipids and the solvent were separately coupled to the Nose-Hoover [138, 139] thermostat with a target temperature of 298.15 K and a relaxation time constant of 0.1 ps. Semi-isotropic pressure coupling to 1 bar was obtained with the Parrinello-Rahman barostat [135] with a time constant of 2 ps. Equations of motion were integrated with the Verlet algorithm [140] using a timestep of 2 fs. Long-range electrostatic interactions were calculated using the PME [132, 133] method with a fourth order smoothing spline. A real space cut-off of 1.0 nm was employed with grid spacing of 0.12 nm in the reciprocal space. Lennard-Jones potentials were cut-off at 1 nm, with a dispersion correction applied to both energy and pressure. Verlet cutoff-scheme [140] were used with the long-range neighbor list updated every 20 steps. Coordinates were written every 10 ps. After energy minimization and an equilibration run of 5 ns, 200ns simulations were ran and the last 100ns of each simulation was

employed for the analysis.

#### **Appendix F: Author Contributions**

*Andrea Catta*

*Mykhailo Girych* ran and analyzed several simulations. Discussed the project actively with OHSO.

*Matti Javanainen* provided data with several lipid and ion models. Discussed the project actively with OHSO. Supervised the work of JT.

*Claire Loison* provided results for CHARMM36 DPPC+CaCl<sub>2</sub> with Yoo's model.

*Josef Melcr*

*Markus S. Miettinen*

*Luca Monticelli*

*Jukka Määttä*

*Vasily S. Oganessian*

*O. H. Samuli Ollila* co-designed the project with MSM and managed the work. Ran and analyzed several simulations. Wrote the manuscript.

*Joona Tynkkynen*

*Sergey Vilov* provided results for CHARMM36 DPPC+CaCl<sub>2</sub> with Yoo's model.

#### **TODO**

	<b>P.</b>
1. Results from long CHARMM and Slipids simulations to be added. Description of the calculation of bound charges to be described, probably in supplementary. . . . .	4
3. It has been suggested that we should add references here. The problem is that there are a lot of them and it is difficult to choose which ones to pick. Any opinions?	5
2. J. Melcr, please fill . . . . .	6
4. Discussion will be finished as soon as we have the density profiles. Citations to Zenodo repositories will be added, if available. . . . .	9
5. J. Melcr, please add the details here . . . . .	12
6. J. Melcr, please add description of the new data . . .	13
7. M. Javanainen, please check that this is correct . . .	13

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