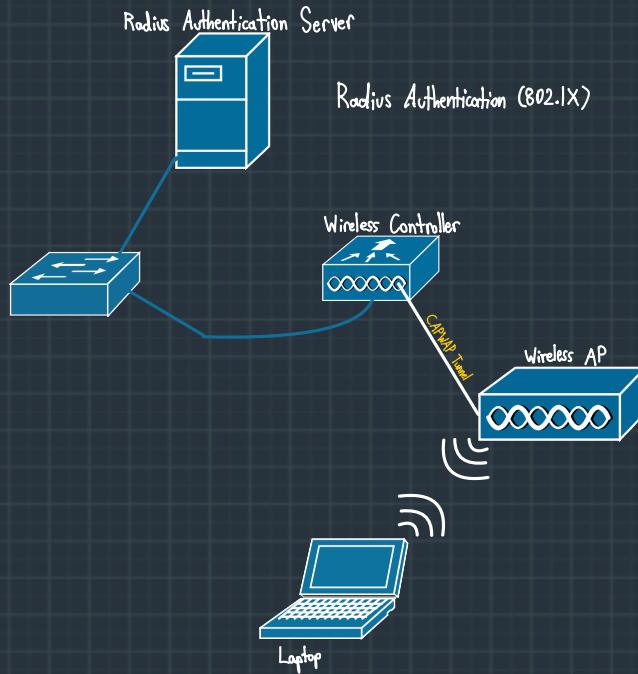


Wireless Notes:

Note: Page 1 copied from CBT Nuggets Notes

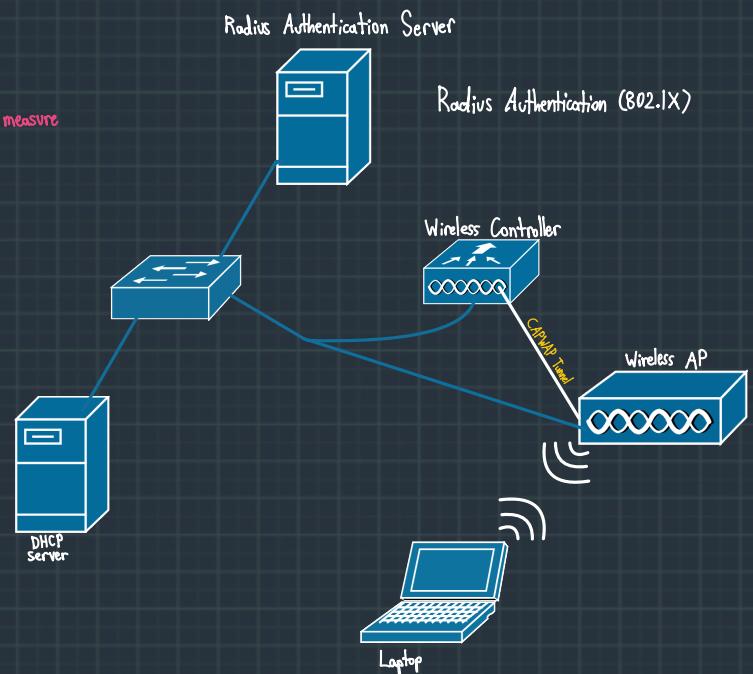
Cisco Wireless LAN Controllers:

- Autonomous Wireless Access Point (WAP): Standalone access point that does not need a controller to function, they have their own configuration interfaces
- Lightweight WAP: Designed to be controlled by a controller; essentially a robot that needs commands passed to it to function
 - A configuration set on the controller autopopulates the configuration to the lightweight WAPs it controls
- CAPWAP Tunnel: The communication tunnel between the WAP and the controller that it sends its data to
- WAPs have a split MAC design where the controller handles the MAC addresses of the devices on the network instead of the AP itself
 - This is because with a centralized location, the MAC addresses of devices can be synchronously logged and authorized on multiple WAPs at once; as a user roams across the network and connects to different WAPs over one session, their connection will not be dropped and reestablished
- Interfaces: Can be configured as management/service ports or distribution (LAG) ports



Wireless Security:

- WiFi Security options include:
 - Disabled/None/Open: Open network, anyone can connect can also use a vpn as a further security measure
 - WEP: Broken security via small key space
 - WPA: Broken security
 - WPA2: Better than WPA
 - WPA3: Better than WPA2, and backwards compatible
- Personal: Uses preshared Keys for authentication
- Enterprise: Uses a centralized AAA server for authentication (Radius/Kerberos)
- WPA2 PSK (password) used primarily in SOHO environments
- Autonomous AP: Access points off a switch
- Wireless Controllers: Overviewed above
- Implement WiFi devices with a PSK on Packet Tracer



Wireless Networking Deep Dive:

Wireless LAN Design Options:

- Ad Hoc: Wireless device to wireless device without any infrastructure or APs present
- Infrastructure Wireless LAN: An AP running to a switch to provide internet to the rest of the world
- Mesh Wireless LAN: Uses a mesh of WAPs to regenerate signal and coverage around an area

Wireless Communication Theory:

- Electromagnetic Spectrum: There is a tight relationship between electricity and magnetism, electricity creates magnetism and magnetism creates electricity

- When radio waves are sent, an electric field is broadcast vertically and the magnetic field is orthogonal to that

- Orthogonal: At right angles to (phase shifted 90°)

- Transverse Wave: The electromagnetic radiation produced by a radio wave from an antenna

- Antenna Theory: How can an electromagnetic wave be transferred outside an antenna

- A device generates positive and negative charges on 2 pieces of wire

- Dipole Antenna: A type of antenna used to radiates EM waves

- λ : Wavelength

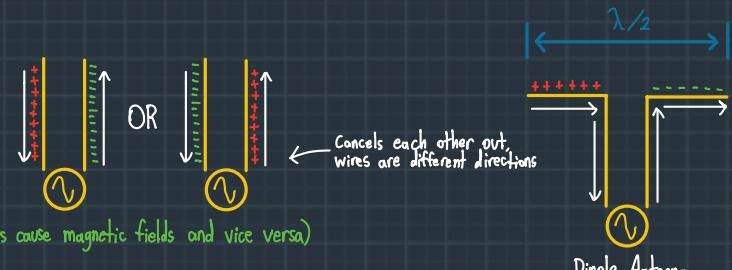
- Maxwell's Equations: Governs light and radio waves on the electromagnetic spectrum (how electric fields cause magnetic fields and vice versa)

$$-\nabla \times D = P$$

$$-\nabla \times B = 0$$

$$-\nabla \times E = -\frac{\partial B}{\partial t}$$

$$-\nabla \times H = J + \frac{\partial D}{\partial t}$$



Dipole Antenna

Wireless Communication Theory Terms:

- Frequency: The # of complete cycles per second (measured in Hertz)

- Cycle: One complete sinθ wave

- Hertz: The measurement of cycles per second (the measurement of the frequency)

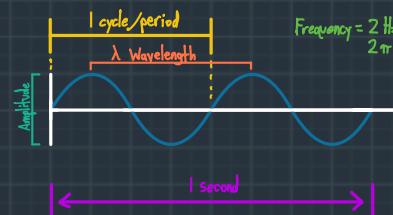
- Radio Frequency Range: Official Range within 3 kilohertz and 300 Gigahertz

- Wireless communication is found between 2 ranges:

- 2.4 GHz Band: 2.4-2.4835 GHz

- 5 GHz Band: 5.15-5.85 GHz

- Wireless Bands are subdivided into channels



λ and f are directly proportional: (inverse)

As $\lambda \uparrow f \downarrow$

$\lambda \downarrow f \uparrow$

Accordion

Same distance

Same amplitude

- WiFi Channels:

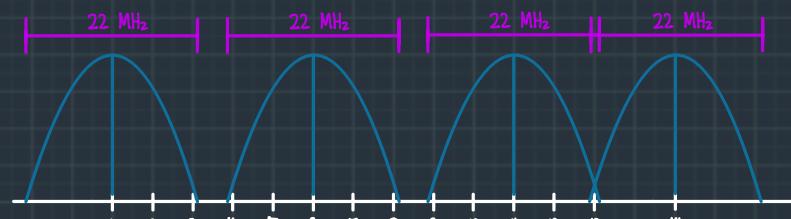
- 2.4 GHz:

- Usable channels in this range include: 1, 6, 11

- 5 MHz between channels (there is 12 MHz between channel 13 and 14)

- Channel 14 is only allowed in Japan with 802.11b

- A honeycomb design means no overlapping channels



- 5 GHz:

- Not channel restricted

- Wider channel ranges that won't overlap

- RF Signal Strength:

- Measured in decibel milliwatts (dBm)

- Transmitters range between 1-100 milliwatts (mW)

- Milliwatt (mW) = $\frac{1}{1000}$ of a watt

- mW to dBm relationship:

-1 mW = 0 dBm

-10 mW = 10 dBm

-100 mW = 20 dBm

-1 W = 1000 mW = 30 dBm

- Logarithmic scaling: $+10 \text{ dBm} = \times 10 \text{ mW}$

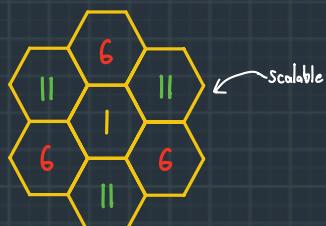
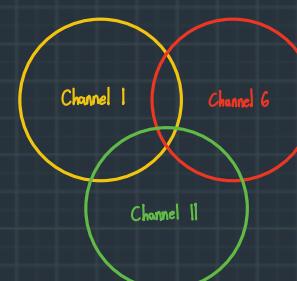
-10 dBm = $\div 10 \text{ mW}$

+3 dBm = $\times 2 \text{ mW}$

-3 dBm = $\div 2 \text{ mW}$

Transmit Power (TX) = Positive dBm

Receive Power (RX) = Negative dBm



- Signal to Noise Ratio: The difference in the background radio noise you have in an environment and the signal strength

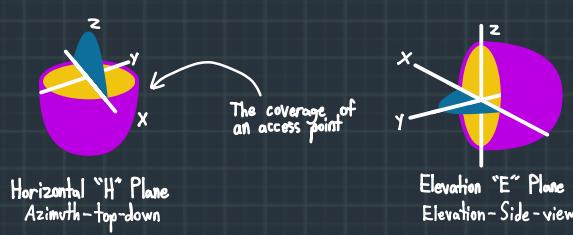
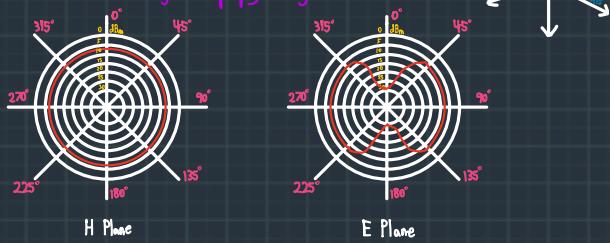
* -SNR = Received Signal-Noise Floor

- A good SNR is ≥ 25 for VoIP or streaming and ≥ 20 for regular traffic



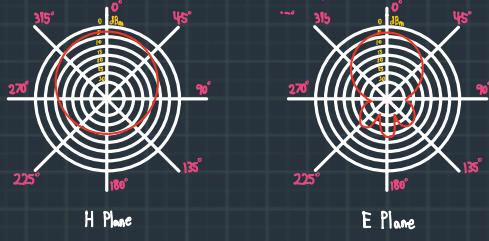
Antenna Types:

- Radiation Pattern: The measure of signal strength around an antenna
- Omnidirectional Antenna: Designed to propagate signal in all directions



- Directional Antenna: Designed to propagate in a specific direction

- Patch Antenna: Propagates signal primarily in one general direction

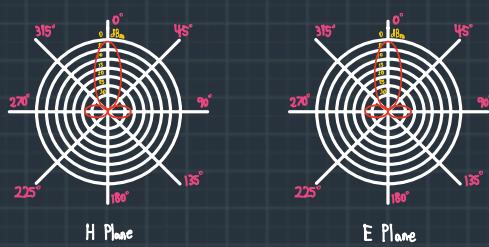


$$f = \frac{c}{\lambda}$$

$$\lambda = \frac{c}{f}$$

$$f = \frac{1}{T} \text{ period}$$

- Yagi Antenna: Hyper-focused, very directional antenna over "short" distances



- Dish/Parabolic Antenna: Same as Yagi but longer distance due to its unique shape, Hyper-focused, very directional antenna over "long" distances

Access Point Operation:

- AP steps are as follows:



- Boot State: LAP boots from local IOS image & receives addressing
- WLC Discovery State: LAP actively searches for a controller with CAPWAP discovery request messages

WLC Discovery Process:

- CAPWAP discovery request messages are sent out as broadcast messages on the local subnet over UDP port 5246
- DHCP Option 43 information used, if configured on DHCP server
- LAP attempts to resolve a DNS request to CISCO-CAPWAP-CONTROLLER.localdomain
- If no controller is found, the LAP will reboot and go through the discovery process again
- At the end of discovery, the LAP will have a list of available WLCs on the network

- CAPWAP Tunnel State: CAPWAP tunnels are established between LAP and WLC

- WLC Join State: CAPWAP message exchange authenticates and associates LAP and WLC

WLC Selection Process:

- Join a previous Known controller
- Join a master controller
- Join the least-loaded controller

- Image Download State: LAP compares local software image to the WLCs baseline image and updates if necessary

- Config Download State: LAP polls the WLC for configuration information

- Run State: LAP is fully operational and is providing network access via BSSID

- Reset State: LAP tears down CAPWAP tunnels, erases client associations, and restarts process



Wi-Fi Standards:

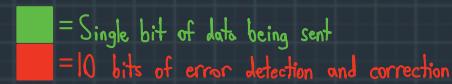
- Wi-Fi standards over the years are included in the table below

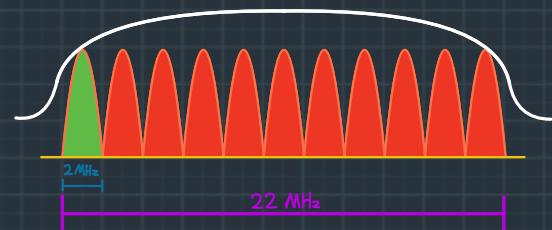
$$\text{Bandwidth} = f_u - f_l$$

Wi-Fi (Phy) Standards Table:

Standard	Year Released	Frequency Band	Maximum Bandwidth	Transmission Method
802.11	1997	2.4 GHz	1-2 Mbps	DSSS or FHSS
802.11a	1999	5 GHz	54 Mbps	OFDM
802.11b	1999	2.4 GHz	11 Mbps	DSSS
802.11g	2003	2.4 GHz	54 Mbps	OFDM
802.11n	2009	2.4 and 5 GHz	600 Mbps	OFDM
802.11ac	2013	5 GHz	6.93 Gbps	OFDM
802.11ax	2021	2.4, 5, and 6 GHz	9.68 Gbps	OFDMA

Note: WiFi 6E adds the 6 GHz band with 7 non-overlapping 160 MHz channels

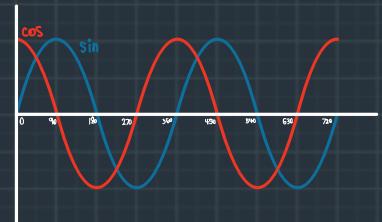




Transmission Methods:

Direct-Sequence Spread Spectrum:

- A single bit can be sent using a 2 MHz frequency range
- Using Barker 11 Coding, 1 bit is transmitted along with 10 extra bit (called "chips") which provide protection from interference
- A Symbol is the sequence of 11 bits being sent to encode a single bit
- Used in the older 802.11b wireless standard



Orthogonal Frequency Division Multiplexing:

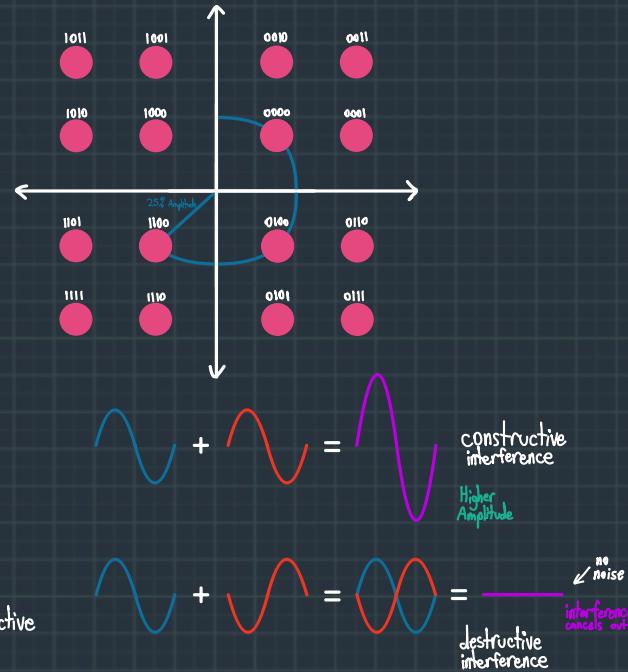
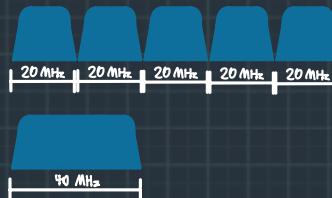
- Frequency Division Multiplexing: A 20 MHz band used to send 10 different bits of data at a time on 2 MHz subchannels
 - With all these subchannels directly adjacent, there is bound to be interference unless there is orthogonality
- Orthogonal: At right angles to (phase-shifted 90°)
- Definition: A data transmission technique that sends different signals using different subchannels (different frequencies), where adjacent subchannels are transmitted 90° to one another
 - When one wave is at peak power, the other is at 0 and vice versa so no interference will occur

Quadrature Amplitude Modulation:

- A form of being able to send more bits using a single 2 MHz subchannel
- 16-QAM: Identifies 16 different targets in a constellation, each of which represents 4 bits

Example Table of Constellation Targets

Amplitude	Phase	Data
25%	225 degrees	1100
75%	135 degrees	1001
25%	315 degrees	0100
75%	247 degrees	1110
25%	225 degrees	1100
75%	337 degrees	0110
25%	225 degrees	1100
75%	225 degrees	1111



Channel Bonding: Putting channels together to provide even more throughput

Beamforming: Using constructive and destructive interference to affect amplitude and noise

- Waves are overlaid each other, increasing or decreasing amplitude
- Changes the phases of waves to focus on a specific client, by creating constructive and deconstructive interference
- Introduced in IEEE 802.11n

Single-User Multiple Input Multiple Output (SU-MIMO): An access point can only talk to one user at a time (can only send one spatial stream (1 SS))

Multiple-User Multiple Input Multiple Output (MU-MIMO): An access point can send 4 downstream spatial streams at a time but can only receive one

Standard	QAM	Bits Represented	Supported Channel Width	Spatial Streams
802.11n	64-QAM	6 bits	20 MHz 40 MHz	1 Downstream
802.11ac	256-QAM	8 bits	20 MHz 40 MHz 80 MHz 160 MHz	4 Downstream
802.11ax	1024-QAM	10 bits	2.4 GHz Band: 8 Upstream & Downstream 5 GHz Band: 8 Upstream & Downstream	

Theoretical 8 spatial streams

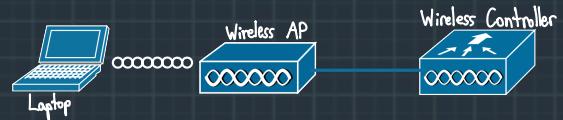
Orthogonal Frequency Division Multiple Access:

-Utilizes target wake time functionality to conserve power and minimize collisions, reduces further collisions caused by carrier sense multiple access with collision avoidance (CSMA/CA)

-Carrier Sense Multiple Access with Collision Avoidance:

-Wireless network need collision avoidance over collision detection because most of their signal strength is used to send the data

- To avoid collisions, the client will probe to sense if there are any other transmissions happening to that access point
- If no transmissions are sensed, the client will send the data to the AP and wait for an acknowledgement; If one is not received, it will attempt to transmit the data again
- If a transmission is sensed, the client will wait a random amount of time before probing again
- **Target Wake Time:** When an access point connects out to clients, they give each client a timeslot, scheduling communication with each device connected to it
 - Used by a 802.11ax AP to schedule when a client can send and receive, resulting in less latency and power saving (deterministic transmission)
 - Client devices might be configured to go into low power mode when not communicating with the AP
- **Basic Service Set Coloring:** Allows signals for one SSID on a specific channel to be distinguished from signals for a different SSID using the same channel by "coloring" the traffic



Pre-Shared Key Authentication:

- A way to set AP authentication for small deployment environments

Pre-Shared Key Theory:

- All WPA versions support personal mode (PSK) and enterprise mode (802.1x)
- In personal mode a PSK string must be configured on controller, APs, and clients

Temporal Key Integrity Protocol: Used by original WPA standard; Combines key string and SSID to generate unique encryption keys

Advanced Encryption Standard: Used by WPA2 and WPA3 as a more advanced encryption algorithm than TKIP, protecting against password attacks

Pre-Shared Key Benefits:

- Less complex than 802.1x deployments
- Legacy client support

Pre-Shared Key Limitations:

- Less secure
- More administrative burden
- Requires complex key creation

Extensible Authentication Protocol Authentication:

- 802.1x Authentication

- IEEE standard which defines port-based network control/security
- Uses EAP over LAN (EAPoL) to control access to the local area network
- 3 parts to a 802.1x network:
 - Supplicant: The endpoint requesting access
 - Authenticator: Network device controlling physical access to the network
 - Authentication Server: Performs the actual authentication of the endpoint

EAP Types:

- Native EAP Types:

- EAP-TLS:
 - One of the most secure EAP types
 - Uses X.509 certificates for mutual authentication
 - Highly regarded in BYOD deployments

- EAP-MD5:

- Hides credentials in a hash
- Common in IP phones

- EAP-MSCHAPv2:

- Credentials encrypted within an MSCHAPv2 session
- Simple transmission of credentials
- Ability to communicate with Active Directory

- EAP-GTC:

- Cisco Alternate to MSCHAPv2
- Enables more generic authentication

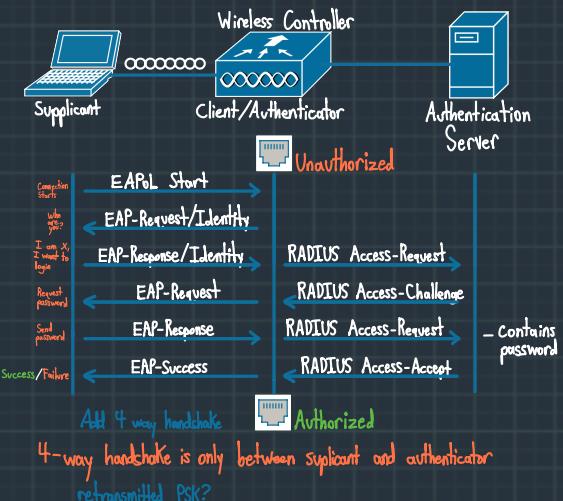
- Tunneled EAP Types:

- Protected EAP (PEAP):

- Originally proposed by Microsoft
- Uses X.509 certificates
- Uses an additional native EAP type for inner method

- EAP-Flexible Authentication via Secure Tunneling (EAP-FAST):

- Created by Cisco as a PEAP Alternative
- Faster re-authentication



-Faster wireless roaming

Wireless QoS: (802.11e)

-WiFi Multimedia (WMM)

-IEEE 802.1p markings map to WMM access categories

-Access category determines Interframe Space (IFS) and Random Backoff Timer

-To treat traffic with a higher priority differently there will be a more aggressive IFS, so traffic is sent closer together and the random backoff timer will be shorter

4 Access Categories	802.1D
AC_VO (Voice)	6 8 7
AC_VI (Video)	4 8 5
AC_BE (Best Effort)	0 8 3
AC_BK (Background)	1 8 2

Wireless Troubleshooting:

-Successful Client WLAN Association:

-Client must be within access point RF range

-Client must properly authenticate to the WLAN

-Client should receive a valid IP address on the subnet



Wireless Security & WiFi-Hacking:

Propagation: How the wave travels away from a source

Diffraction: How the wave gets wider as it travels away from a source

