



Mental Health Survey (Treatment Insights)

Dataset: 1,245 respondents

Tools: Excel, Tableau

Skills Shown: Data cleaning, data visualization, dashboard design, storytelling

This dashboard analyzes mental health treatment patterns across three key dimensions: **gender**, **age group**, and **company size**. It provides insight into how demographic and workplace factors influence the likelihood of seeking mental health treatment.

Key Findings

- **Gender:** Female respondents showed the highest proportion of treatment-seeking behavior.
- **Age Group:** The **25–34** age group had the highest number of “Yes” responses.
- **Company Size:** Medium-sized companies (**26–100** and **100–500**) had the greatest number of employees reporting treatment.

This project demonstrates the ability to clean data, structure insights, and communicate findings through a clear and intuitive dashboard suitable for HR, wellness, or organizational behavior analysis.