

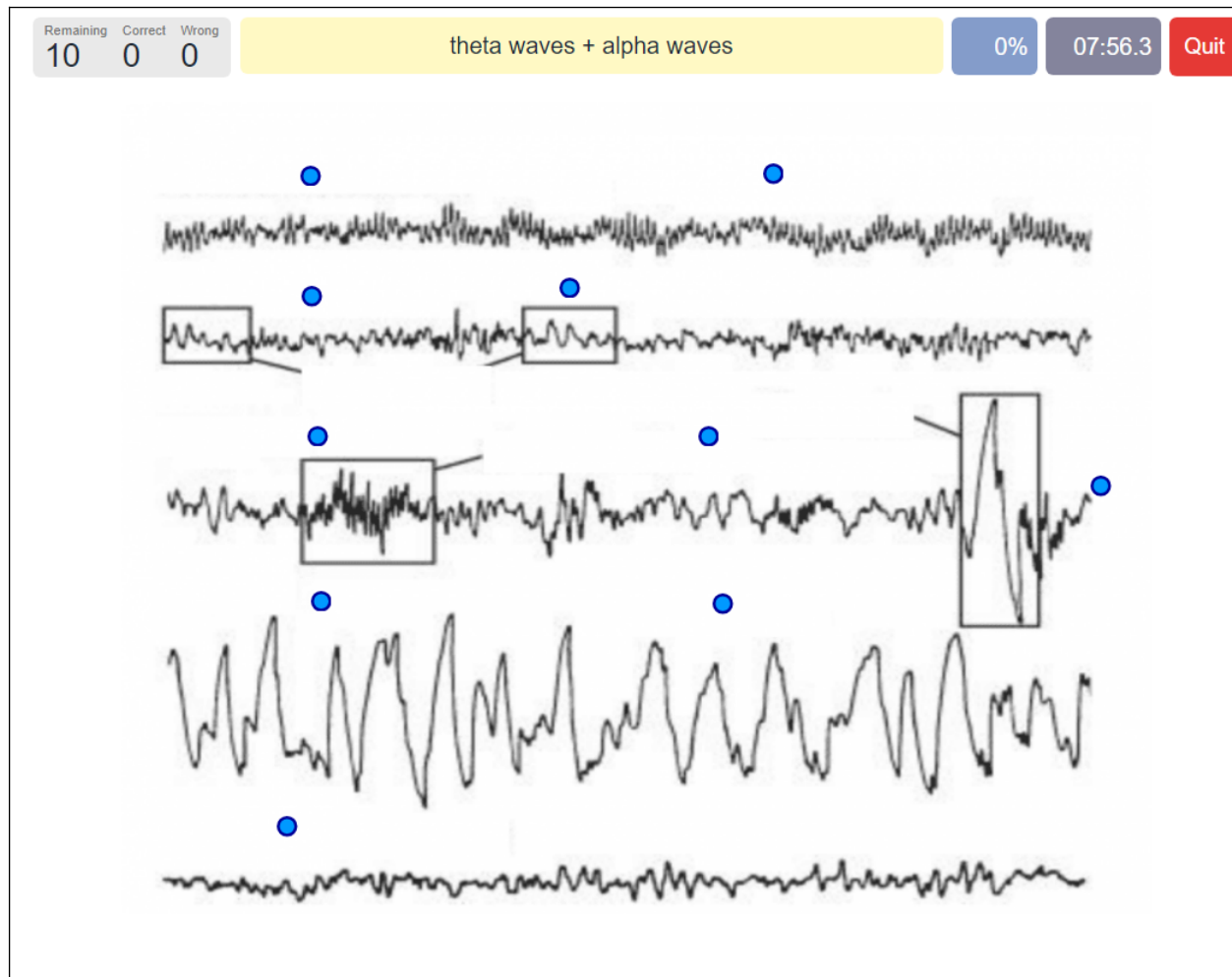
Assignments and Activities - 10

Task 1: Test your understanding

Question 1: Sleep seems to be a behavior of every species of mammal, bird, and reptile. Does this mean that sleep performs a function essential for the life of these higher vertebrates? If you do not think so, what might be an explanation for the abundance of sleep?

Question 2: An EEG during REM sleep is very similar to an EEG when awake. How do the brain and body in REM sleep differ from the brain and body when awake?

Task 2: Sleep stage and wave labeling game

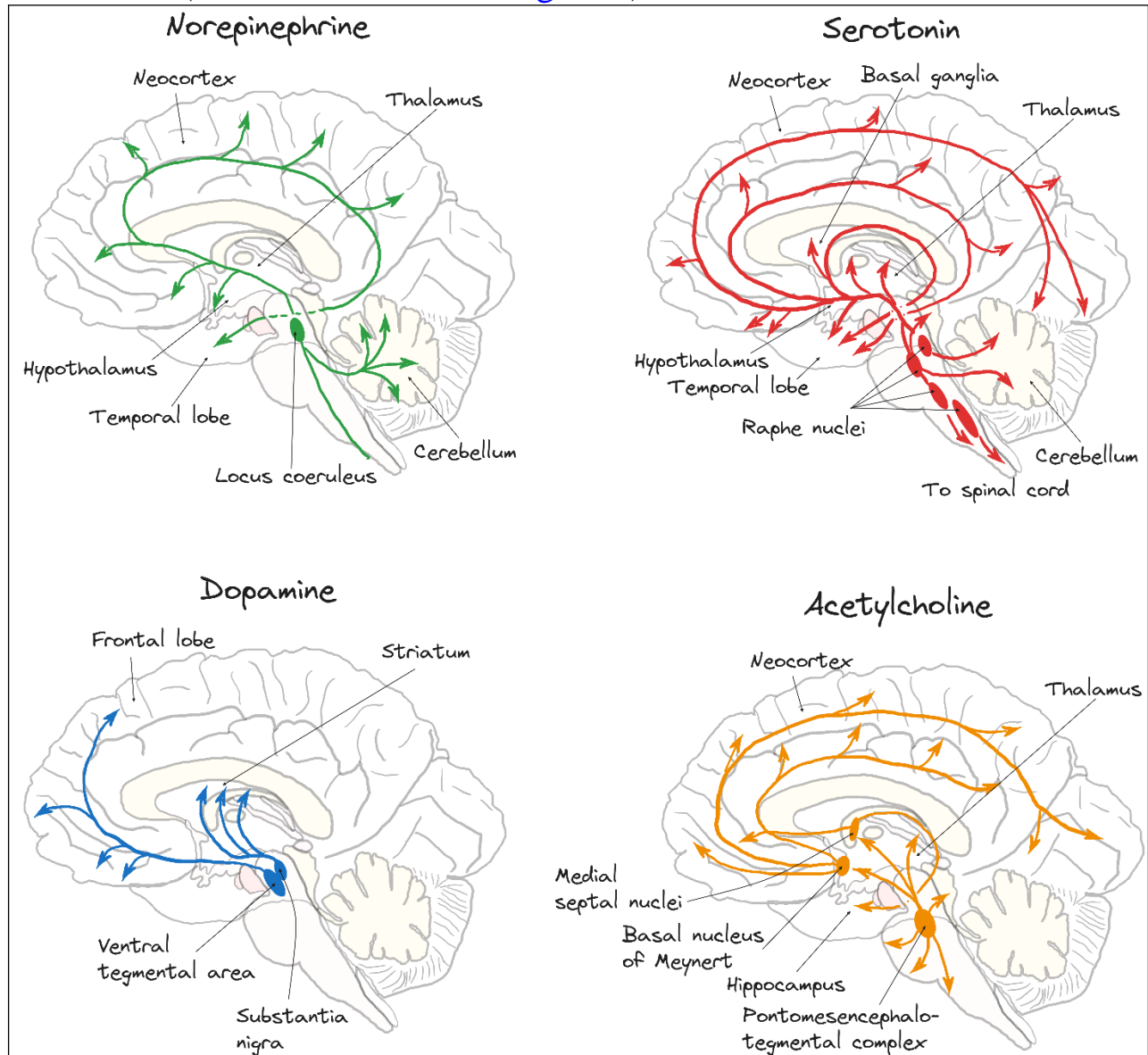


Access the game at: <https://www.purposegames.com/game/sleep-stage-and-wave-labeling>

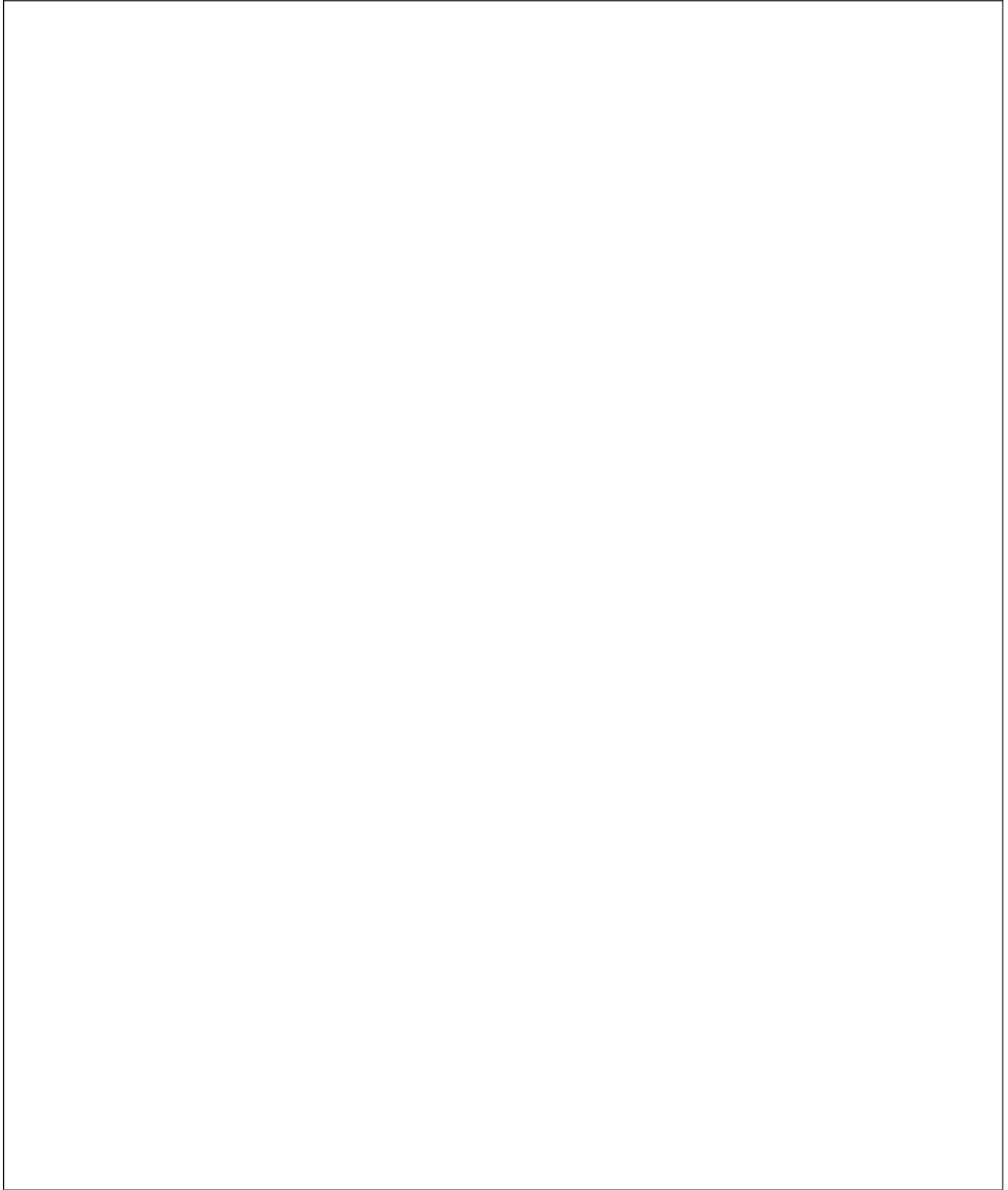
Obtain a score of over 50% and screen shot your achievement!

Task 3: Draw me a Brain Ep. 10

Draw this ([link to editable drawing here](#)):



Your turn:

A large, empty rectangular box with a thin black border, occupying the majority of the page below the 'Your turn:' text. It is intended for a drawing or a written response.