**Assignments and Activities - 10**

**Task 1: Test your understanding**

**Question 1:** Sleep seems to be a behavior of every species of mammal, bird, and reptile. Does this mean that sleep performs a function essential for the life of these higher vertebrates? If you do not think so, what might be an explanation for the abundance of sleep?

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**Question 2:** An EEG during REM sleep is very similar to an EEG when awake. How do the brain and body in REM sleep differ from the brain and body when awake?

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**Task 2: Sleep stage and wave labeling game**

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Access the game at: <https://www.purposegames.com/game/sleep-stage-and-wave-labeling>

Obtain a score of over 50% and screen shot your achievement!

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**Task 3: Draw me a Brain Ep. 10**

Draw this ([link to editable drawing here](https://github.com/ClaudiuPapasteri/DrawMeABrain/tree/main/DMAB-10)):

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Your turn:

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