

# Zhenyuan Zhang

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Nationality: China | Gender: Male

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## Education

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| <b>2/2023 – Present</b> | <b>Ph.D. candidate in Sport Biomechanics</b><br>Liverpool John Moores University, Liverpool, UK<br>Supervisors: Prof. Mark Lake, Dr. Mark Robinson, Dr. Jasper Verhuel<br>Research scopes: Human movement biomechanics, wearable technology, musculoskeletal modelling.  |
| <b>9/2020 – 11/2021</b> | <b>Master of Science in Sport and Clinical Biomechanics</b><br>Liverpool John Moores University, Liverpool, UK<br>Grade: Distinction (72%, GPA equivalent to 3.81/4.0)<br>Supervisor: Prof. Mark Lake<br>Master's thesis: The effect of footwear midsole thickness on foot strike patterns and running biomechanics. |
| <b>9/2016 – 7/2020</b>  | <b>Bachelor of Education in Human Movement Science</b><br>Chengdu Sport University, Chengdu, China<br>Supervisor: Dr. Guohui Liu<br>Bachelor's dissertation: A kinematic analysis of basketball breakthrough movement for professional high school basketball players.   |

## Grants and Scholarships

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| <b>4/2023</b> | <b>Industrial Research Grant</b><br>Sponsor: SportScientia Ltd, UK<br>Value: GBP £60,636<br>Duration: 4 years   |
| <b>4/2023</b> | <b>Postgraduate Research Scholarship</b><br>Awarder: Research Institute for Sport and Exercise Science (RISES), Liverpool John Moores University, UK<br>Value: GBP £<br>Duration: 3 years |
| <b>9/2020</b> | <b>Postgraduate International Achievement Scholarship</b><br>Awarder: Liverpool John Moores University, Liverpool, UK<br>Value: GBP £3,000<br>Duration: 1 year                            |

## Research Experience

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**3/2022 – 6/2022**

**Graduate Research Assistant**

Biomechanics Laboratory, Liverpool John Moores University, UK  
& New Balance Athletics, Inc., USA

Principal Investigator: Prof. Mark Lake

Assisted in a commercial project to investigate the effect of systematically modified running footwear with different carbon fiber plates and EVA foam layers inserted at midsole on the stability of human movement.

**11/2021 – 3/2022**

**Graduate Research Assistant**

Biomechanics Laboratory, Liverpool John Moores University, UK  
& SportScientia Ltd., UK

Principal Investigator: Prof. Mark Lake

Assisted in a pilot project to develop a smart footwear insole for athletic shoes and its validation using inertia measurement units (IMUs), optical motion capture and instrumented treadmill.

**7/2021 – 11/2021**

**Graduate Research Assistant**

Biomechanics Laboratory, Liverpool John Moores University, UK  
& New Balance Athletics, Inc., USA

Principal Investigator: Prof. Mark Lake

Assisted in a commercial project in collaboration with New Balance Athletics, USA, investigating the effect of different football boot studs on the performance of football-related tasks.

**3/2021 – 9/2021**

**Master's Research Project**

Biomechanics Laboratory, Liverpool John Moores University, UK  
& New Balance Athletics, Inc., USA

Supervisor: Prof. Mark Lake

Undertook a major research project for the master's thesis focusing on how the footwear with systematically modified midsole thickness affect the human running biomechanics and neuromuscular adaptations in lower limb joint stiffness.

**10/2019 – 5/2020**

**Undergraduate Internship**

Sport Biomechanics Research Group, Chengdu Sport University, China  
Participated in developing a marker-less motion capture program named "3D-Pose" using MATLAB and Python.

## Teaching and Mentoring

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**4/2023 – Present**

**Research Project Supervisor**

School of Sport and Exercise Science, Liverpool John Moores University, UK

- Alex Reeves (Undergraduate, 2023): The biomechanical effect of carrying weight on soldiers during prolonged running.
- Georgina Gregory (Master, 2023): Effects of fatigue on lower limb injuries, pre and post netball match.

**11/2021 – Present**

**Graduate Teaching Assistant**

School of Sport and Exercise Science, Liverpool John Moores University, UK

- 5103SPOSCI: Biomechanical Principles.
- 6100SPOSCI: Major Project in Sport and Exercise Science.
- 7112SPOSCI: Technical Training in Biomechanics.
- 7116SPOSCI: Clinical Gait Analysis.
- 7111SPOSCI: Current Issues in Biomechanics.

## Peer-Reviewed Publications

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**Journal Articles**

**Zhang, Z.** and Lake, M. (2022). A re-examination of the measurement of foot strike mechanics during running: the immediate effect of footwear midsole thickness. *Frontiers in Sports and Active Living* 4:824183. DOI: [10.3389/fspor.2022.824183](https://doi.org/10.3389/fspor.2022.824183). PMID: [35557980](https://pubmed.ncbi.nlm.nih.gov/35557980/). PMCID: [PMC9086850](https://pubmed.ncbi.nlm.nih.gov/PMC9086850/).

**Conference Papers**

**Zhang, Z.** and Lake, M. (2022). A comparison of unmatched and matched filtering approach for knee joint stiffness calculation during running. Oral presentation at *40<sup>th</sup> conference of International Society of Biomechanics in Sports (ISBS)*, 19 – 23 July 2022, Liverpool, UK. Available at: <https://commons.nmu.edu/isbs/vol40/iss1/195>.

**Zhang, Z.** and Lake, M. (2023). Rate of knee flexion at the instant of landing during running can influence initial knee joint stiffness estimates due to running shoe cushioning. *50<sup>th</sup> congress of International Society of Biomechanics (ISB)*, 31 July – 3 August 2023, Fukuoka, Japan (submitted).

## Professional Membership & Certificates

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<b>1/2023 – Present</b>	Member of International Society of Biomechanics
<b>1/2023 – Present</b>	Member of International Society of Biomechanics in Sports
<b>9/2021</b>	Certificate of ‘3is’ Training Program for Teaching in Higher Education, Liverpool John Moores University, UK
<b>7/2020</b>	The Awards of Excellent Graduates, Chengdu Sport University, China

## Academic References

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**Mark Lake, Ph.D.**  
Professor of Biomechanics  
Liverpool John Moores University  
Email: [m.j.lake@ljmu.ac.uk](mailto:m.j.lake@ljmu.ac.uk)

**Mark Robinson, Ph.D.**  
Assoc. Professor of Biomechanics  
Liverpool John Moores University  
Email: [m.a.robinson@ljmu.ac.uk](mailto:m.a.robinson@ljmu.ac.uk)