which is to be maximised w.r.t. parameters
$$P(t \mid k)$$
 and then also $P(k \mid d)$,

 $\sum_{d=1}^{N} \log P(d) = \sum_{d=1}^{N} \sum_{t=1}^{T} X(t,d) \log \sum_{k=1}^{K} P(t \mid k) P(k \mid d)$

which is to be maximised w.r.t. parameters
$$P(t \mid k)$$
 and then also subject to the constraints that $\sum_{k=1}^{T} P(t \mid k) = 1$ and $\sum_{k=1}^{K} P(k \mid d) = 1$.