



Department of
**PALLIATIVE
MEDICINE**
CMC VELLORE

0416-2283159

palcare@cmcvellore.ac.in



Palliative Care aims to:

- * Provide relief for pain and other symptoms
- * Provide emotional, spiritual and social support to patient and family
- * Coordinate and plan ongoing care
- * Improve quality of life
- * Identify patient and caregiver needs and priorities and support them

Who needs it?

All patients with any illness causing physical, psychosocial or spiritual suffering regardless of age, disease stage or ongoing treatment for the disease.

OUR SERVICES



Outpatient care



Inpatient care



Home care



Hospice care

*"The compassionate and loving care given by the team was outstanding!"
-A patient's son*



"Total care" provided by a multidisciplinary team of doctors, nurses, social workers, psychologists and chaplains.

OP DAYS

Town & Ranipet campus:

Monday, Tuesday, Thursday, Friday -
Full day

Wednesday - **Half day** (afternoon)

Doctor

Will assess the disease and symptoms you have and will suggest measures to relieve pain and other symptoms. They will discuss with you about the illness and address doubts and coordinate further plan and ongoing care in collaboration with other treating teams as needed.

Nurse

Will do an assessment, explain the role of different medications, how they need to be taken and clarify your doubts. They will also provide advice on diet, sleep, and other methods to reduce symptoms. They will provide advice to deal with swelling of your hands or legs, do dressings for ulcers or wound and equip you and your family to continue good care at home.

Total care provided by a multi-disciplinary team



Social worker

Will get information on the family structure, the key decision makers and caregivers to help in planning care. Guidance on education and training of children, access to government schemes will be provided as applicable.

Psychologist

Will listen to any concerns you or your family may have which you would like to share and support you through this journey. Will provide practical guidance and help as appropriate.

Chaplain

Available as and when needed to help you and your family members to provide spiritual support.

You can also make a difference!
Donate for medication subsidy:





Ida B. Scudder Hospice

Embracing the philosophy of holistic care, the 15-bedded center provides dedicated palliative care services including pain and symptom management, psychosocial and spiritual support to patients facing serious health-related suffering and their families.

"I have found God here." - Our first hospice patient

Address

Sneha Deepam,
46, National Highway,
Alamelumangapuram,
Vellore - 632009

Give to hospice:

