

9/17/25

IT'S KORN

"IT"

SELF-HELP BOOK



Light
DARK

JoyBoy

DON, MUSIC, ETC.

VALID

MANIC

LUFFY!!!

ON

★ LSD (JK)

(2025)

DIARY-UH



UCAS ATTREAS

GEAR

5

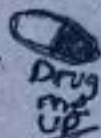
FUCK
MUSK



KIRBY (LOL)

~~AN~~

JoyBoi



ALLUKA
NOIDOK

FUCK
KANYE

"CHECKMATE"



Ciao, Comè stai?

①

ATLAS SHRUGGED...

THE WORLD NOW
FEELS WEIGHTLESS.

- I FEEL $10 < ME < 50$
YEARS OF AGE

- My throat Doesn't
CLOSE WHEN I AM
THIRSTY, MY STOMACH
MAKES ROOM FOR FOOD
WHEN I AM HUNGRY,
MY LUNGS JUST WANT
O₂.

- Mac

Miller - "I DON'T NEED TO LIVE
(2009) NO MORE. NOW ADAYS
ALL I DO IS SHINE
TAKE A BREATH $\frac{1}{2}$
ease my mind."

- SHE TELL HER THAT
I GET HER HIGH ~~THAT~~
CUZ AN ANGEL'S
SUPPOSED TO FLY."

- STAVROS

- TO THE LADY HANGING FROM THE CEILING, TAKE CARE OF YOURSELF WHEREVER YOU FIND YOURSELF.

"Dovè mi Trovo" → "WHERE MYSELF I FIND" (Italian) (English)

- GOULD FARMS = HOPEFULLY NEXT
- WESTCHESTER PRESBYTERIAN = 5 ★s
- HARLEM PRESBYTERIAN = 1/2 ★
↳ DOCTORS ARE OKAY

"GOOD GRIEF, CHARLIE BROWN"

HEGETSUS.com

- TO CKS, TINA, JEVANS, KURT, MALCOLM, HENDRIX, ANTHONY, BASHA, MAGGIE - HAVE A MARTINI w/ Dionysis for me!

EVERY GOOD BOY
Does Fine
FACE



GULP, GULP, GULP,
GULP, GULP, GULP,
GULP, GULP, GULP,

- "YOU'RE A TOWEL"
- "STAY UP"
- R.I.P. GARF. GREYLOCK NEVER DIES

We are all GODS

- FIRST GODS = ADAM & EVE
(male) (female)

(JOAN OF ARK ?)

↓

Who were they?

The Human Brain

Frontal Lobe

Suppresses socially inappropriate behavior
Predicts consequences of actions
Plays a role in the choice between good and bad actions.

attention
planning
decision making
movement
speech
smell
memory processing
emotion

Parietal Lobe

Assists with the interpretation of touch
Plays a role in the knowledge of numbers and their relationships.
Helps with the understanding of objects, shapes, and space.

touch

taste

hearing

vision

Occipital Lobe

Processes and makes sense of visual information.

Temporal Lobe

Assists with the perception and interpretation of sound
Plays a role in the recognition of objects and visual memory.

Brainstem

Allows the transfer of information between the brain and body
Plays a role in automatic functions such as the heartbeat and breathing

heart rate
breathing

movement coordination

Cerebellum

Plays a major role in balance and voluntary motor skills



C. P. CRANCH, THE TRANSPARENT EYEBALL FROM
 "THE NEW PHILOSOPHY" SCRAPBOOK, 1839, PEN ON PAPER
 [HARVARD COLLEGE LIBRARY, CAMBRIDGE, MASSACHUSETTS]




THE SHINING

PEOPLE IN MY LIFE WHO SHINE: (CENSORED)

- | | | | | | |
|-----|------------|-----|-----|------------|-----|
| 1. | [REDACTED] | ♥ * | 12. | [REDACTED] | ♥ |
| 2. | [REDACTED] | ♥ * | 13. | [REDACTED] | ♥ * |
| 3. | [REDACTED] | ♥ * | 14. | [REDACTED] | ♥ |
| 4. | [REDACTED] | ♥ * | 15. | [REDACTED] | ♥ |
| 5. | [REDACTED] | ♥ * | 16. | [REDACTED] | ♥ |
| 6. | [REDACTED] | ♥ * | 17. | [REDACTED] | ♥ * |
| 7. | [REDACTED] | ♥ | 18. | [REDACTED] | ♥ |
| 8. | [REDACTED] | ♥ * | 19. | [REDACTED] | ♥ * |
| 9. | [REDACTED] | ♥ | 20. | [REDACTED] | ♥ * |
| 10. | [REDACTED] | ♥ * | | | |
| 11. | [REDACTED] | ♥ * | | | |



EVEN 20 

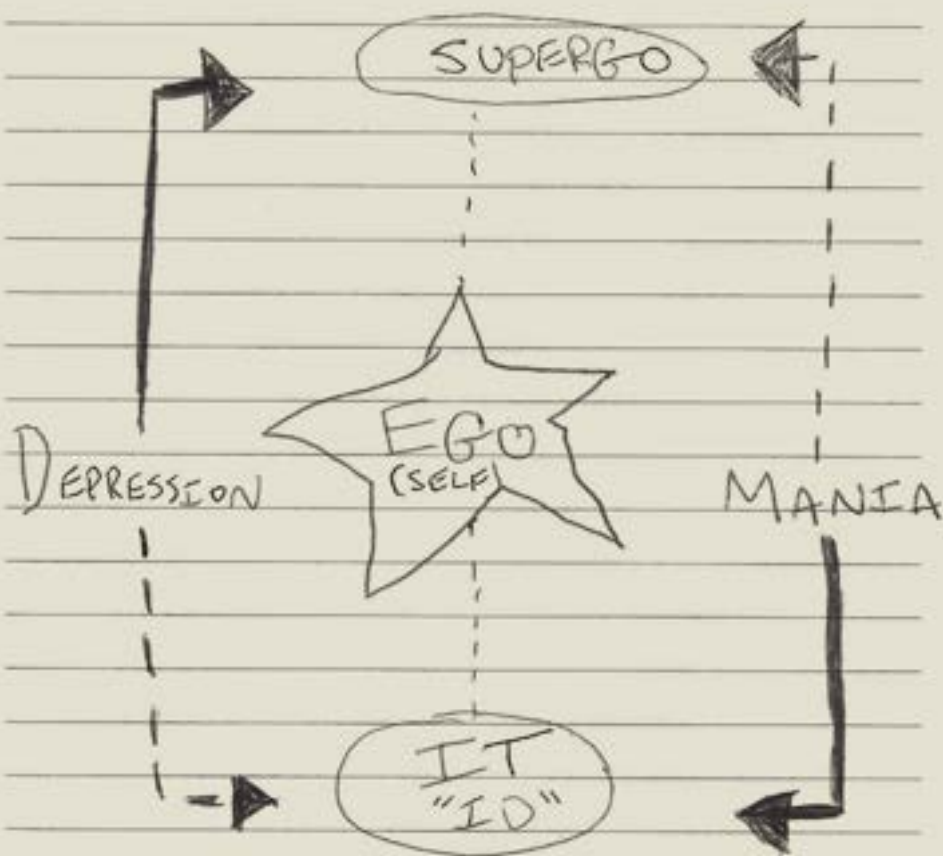
- I MUST PROTECT THEIR IDENTITIES



"ETERNAL SUNSHINE"

EGO DEATH

(3)



CAUSES OF REDFLAGS:

ANXIETY

- INSTEAD OF AWAITING ego death, ..



LET'S KILL OUR EGOS!

ACCEPTABLE VICES:

- Nicotine (Not Vaping)
- Weed (MAYBE) (UNSURE)
- Sax/Gooning
- GAMES (CHESS, VIDEO, ETC.)
- TV/MOVIE BINGING
- NAPPING
- SLEEPING medication (BE RESPONSIBLE)
- MUSIC BINGING

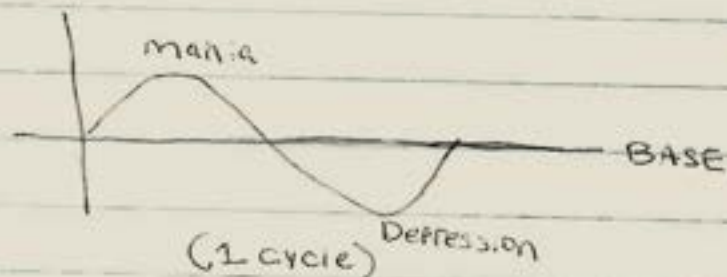
* MODERATION KEEPS YOU SANE *

* SHRUGGING SKELETON MEME

"THE SEX IS ON FIRE"

↳ RAISE MY HEARTRATE ♡

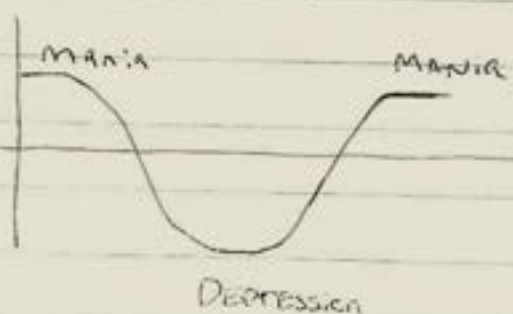
Sin(ners):



COS(INNERS):

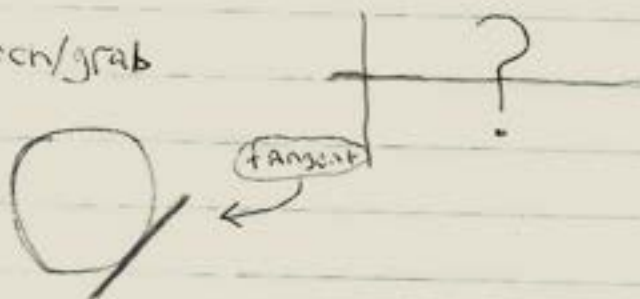
↳ Where's BASELINE?

Here?



TAN(ger):

* CAN I TOUCH/grab
it?



- Avatar state - reintegration

- BALANCE IN UNIVERSE

- "No 1 man SHOULD HAVE ALL THAT POWER"

111
222
333
444
555
666 *
777
888
999
000

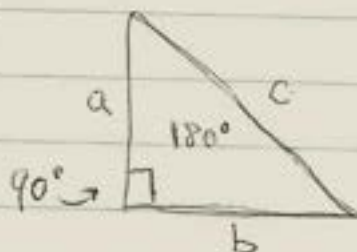


DNA

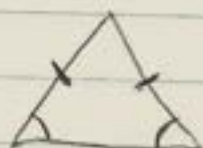
A ↔ T
C ↔ G

RNA

A ↔ U
C ↔ G



$a^2 + b^2 = c^2$
right Δ



ISOCELES



EQUILATERAL
 $60^\circ \times 3 = 180^\circ$

SOH - CAH - TOA

23 genes - IDENTITY (X vs Y)

		x^A mom	x^a
x^A		$x^A x^A$	$x^A x^a$
y		$x^A y$	$x^a y$

recessive = 50%

Dominant = 50%

* BIOLOGICAL DISEASE
* CRISPR

DYWTYLM?

RECENTLY

5

- FREDDIE KRUEGER (DBD)
 - BARBARIN (Kregger) ↕
 - INCEPTION (Leo di caprio)
 - GOOD WILL HUNTING
 - HUNTER x HUNTER
 - FACES, SWIMMING IN CIRCLES ↗
 - WMW+SO - MAC MILLER
 - SLEEP TAKER
 - EVEN IN ARCADIA
 - DAMOCLES
 - ↳ Hit me back!
 - Joy Boy Luffy (my Devil fruit)
 - GEAR 5 MANEA
 - ALLUKA ZOLDYCK (Hunter x Hunter)
 - 'KAY!' (my power) → HEALING or DESTRUCTION?
 - ↳ NANIKA
 - WEAPONS (2025) (AUGUST) (Kregger)
 - WKYK - NYC School of Visual Arts
 - RIP TREVOR MOORE
- "NEVER LOSE YOUR MIND b/c INSANITY IS BRUTAL. LIFE IS JUST LIKE COLLEGE, ALL YOU HAVE'S your noodle."
- MAC MILLER (FACES)

OF THE SOUL

BLUE
SLIDE
MARKET PARK

"Lemme get, Uh, Turkey...
Swiss... Bitch..."

- Frick Park Market (Deli)
↳ Pittsburgh, PA

THIS IS ONE OF MY
FIRST NOTEBOOK that is
LEGIBLE. I CAN ACTUALLY
READ THESE NOTES w/ CLARITY.

"DON'T BE SCARED
Just come w/
me, FEELS
So GOOD TO
FEEL THIS
FREE. WHAT
ARE YOU Afraid
OF, tell me
WHAT you're
made OF. It's
Just a lil
ANGEL DUST"

C
L
A
R
I
T
Y

MY
DNA
CODE:

SURVIVE

MAC MILLER:

↳ REMember Music

1992(?) → 2018

☹ (Knock Knock)

my power = GEAR 5,
WARRIOR'S HAKI

THIS IS
my 2000's (21st century)
BIBLE.

"SPEAK the TRUTH EVEN IF
IT LEADS to YOUR DEATH"

AND THIS IS
MY OATH.



PLAYLIST: REFLECTION (APPLE)

1. CHANGES - OZZY
 2. RAIN - SLEEP TOKEN
 3. BAMOCLES - SLEEP TOKEN
 4. ISOLATION - I. Nito
 5. EUCYDIA - SLEEP TOKEN
 6. 2009 - MAC MILLER
 7. EVEN in Arcadia - SLEEP
 8. On My Way - The ^{TOKEN} proclaimers
-
- * Inertia - Mac Miller
 - * 16 Lines - Lil Peep
 - * Cold Turkey - \$uicideBoy\$

"NO SCRUBS"

TALK TO

ME!

NOT

CHATGPT

SCRAP PAPER

THE NIGHT BELONGS
TO YOU

INFINITE BATHS WASHING
OVER ME. At last,

HAVE YOU
BEEN
WAITING
LONG?

FOR ME?

...

WAKKANDA FOREVER

WALK BESIDE ME,
EVEN IN Arcadia

- WHAT DO WE KNOW
ABOUT MODERN EVOLUTION?
ARE WE STILL CAPABLE OF
EVOLVING? W/O CRISPR?

TAKE ME BACK TO
EDEN

↳ U.E. 5.5 EDEN Sim
↳ ADAM & EVE BLANK
CHATBOTS that can
ASK QUESTIONS to me
ABOUT their environment

PLAYING GOD (POLYPHIA)

- ENERGY CANNOT BE created or destroyed
 $\text{Production} \geq \text{Destruction}$

- DEATH NOTE - Light vs L
- ShinyuGami

SQL (Example)

```
SELECT people
FROM United States
WHERE "Last Name" = "Smith"
```

PLATO(?) or Socrates(?) - MAN IN CAVE
↳ A NEED TO ESCAPE the CAVE

King + Queen = 20

Royalty + Ace = 21

↳ BLACKJACK

ROYALTY EXAMPLES:

King DEEBEEDDEE,
ZELDA, PEACH, TOM NOOK

PET PEEVES: - Not closing toilet lid before flushing
- Not listening when I talk
- Gaslighting
- Gatekeeping

- "Children should be seen but not heard"
↳ WRONG

- PUBG > Fortnite

CUPHEAD (pew-pew)



JAWS

VALVE CORP - WOULD MAKE
ANTZ WELL

ADRENAL GLAND

↳ UE 5

- Fight or flight

Nintendo - X's TOYS!

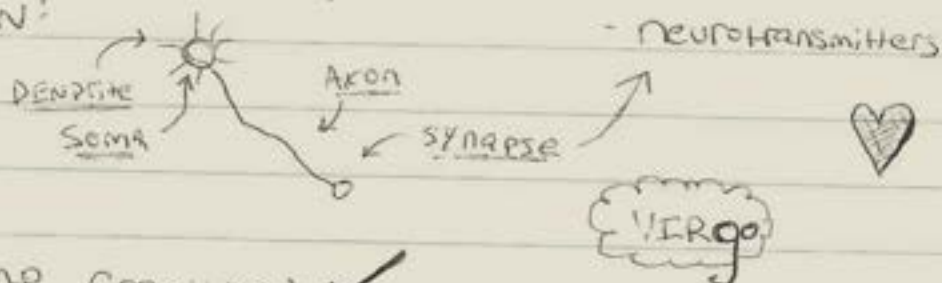
↳ Software?

FRONTAL LOBE = 25 male = FULLY DEVELOPED

↳ Higher executive functioning

ME = JoyBoy, NAWIKA

NEURON:



- CLEAR Cognition: ✓

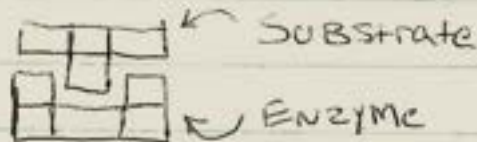
Lucky #'s - 4, 13, 17, 25, 28 Diagnosis: Bipolar

- Degrees:
- PSYCH
- CHEM
- DATA science
- 1/2 Neuroscience

Schools:
- Bucknell U.
- Hunter C.
- Syracuse U.
- YOUTUBE U.

"Lindy man"

TETIS:



Vulgar: Pussy = Power!

- Ariana Grande Pre-Anorexia

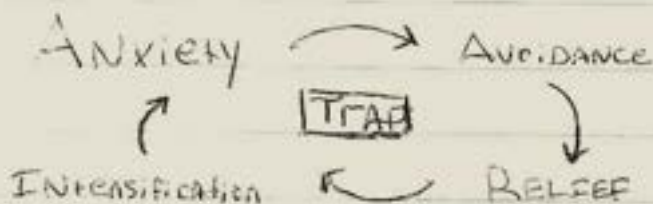
↳ Mrs. Miller (HAS A NICE ~~big~~ ring to it)

- Syosset, NY → MATT + NATALIE PORTMAN

- Mia MALKOVA = SPICY MARGHERITA

Microbiome - GOOD FOR YOU

- Mouthwash kills biome (AVOID)



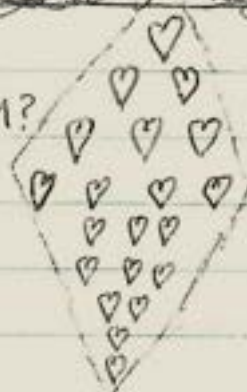
BE SAFE. BE HAPPY.

La famiglia

SUPER SOUL

→ DYWTYLM?

ARCEUS



Magic JuJu

R
U
REALLY
O
K
?

Erik's Art, Seger's Art,
Monaghan ? Regner's music

(Sound) CLOUD 9

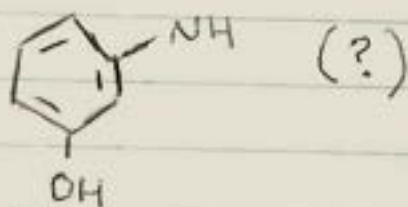
COOKBOOKS

↳ google drive

FLORIAN

DLORIAN → 88 mph → "We're gonna
Dorian (mode) see some crazy
shit"

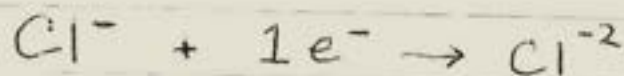
DONT DRINK THE
KOOL-AID



"CAN YOU TAKE ME HIGHER?"

...

"CAN WE get much higher?"

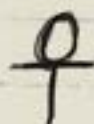


'96 → ∞

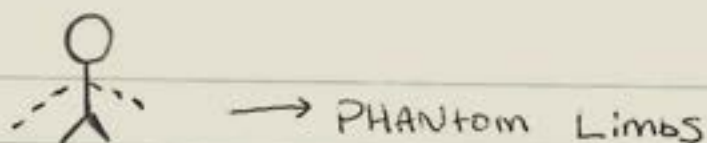


- AWARENESS

- FIGHT AGAINST CANCER



ONK = Eternity



9GN = 9 Garden North

- COLUMBUS Circle, Carnegie hall
- CENTRAL PARK → EAST vs West

GENESIS Surreal ♥

IMPOSTER SYNDROME - THOM YORKE

"I'm A creep"

"I'm A WeirDo"

"What the hell Am I doing here"

"I DON'T BELONG HERE"

PEDAL (OLD-SKool) - HANAMI FUZZ

↳ Price? tone?

SMOKE - FIRST HAND

SMOKE - Second HAND

Light pollution? How to mitigate?

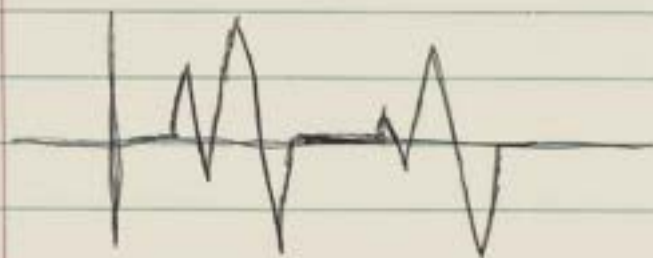
A BrainPickings.Org BEST SCIENCE &
TECHNOLOGY Book of 2013 (?)

MTA - Subway, PATH, LIRR, Amtrak,
Metro North, NJ transit

IGNORANCE
IS
BLISS

CHAUNCEY → BLISSEY

LET'S START the CHATTER,
SIDE EFFECTS MATTER



EKG (HEART RATE)

"WILL YOU HALT THIS ECLIPSE IN ME?"
- VESSEL

ALSO by MARY ROACH

- PACKING FOR MARS: THE CURIOUS SCIENCE OF LIFE in the Void
- BONK: THE CURIOUS COUPLING OF SCIENCE & SEX
- SPOOK: SCIENCE TACKLES the Afterlife
- STIFF: THE CURIOUS LIVES OF HUMAN CADAVERS

GULP.

"ADVENTURES OF THE ALIMENTARY CANAL"

CLEFA → CLEFAITY → CLEFABLE
↑ ↑ ↑
[Bred] [Mt. MOON] [moon stone]

"I DON'T HAVE IT ALL BUT THAT'S ALRIGHT w/ ME"

"SEND YOU BACK HOME w/ A LIGHT THAT'S BEAMING"

"GO AHEAD AND WRAP YOUR ARMS AROUND ME"

Red-Dot MUSIC

"You Ain't Nothing to the Planet but a little dot"

"CURSE YA, Witchcraft, You get a whole lotta nothing with your motherfucking Bitchass"

"I BLOW A SPLIFF BEFORE MY INK DRIES ON THE PAPER. LATELY I DON'T LIKE SHIT I'VE BEEN INSIDE ON THE DAILY." - EARL

I WISH WE HAD MUSIC HERE



I MISS MAC MILLER EVERYDAY

"I'm off to find the missing friend of mine." - BLAKE CHESTERFIELD HENDERSON

→ POKEMON YELLOW MEW GLITCH

↳ EASTER EGG HUNT

↳ BUGS

My word = RISK
Her word = honesty } Doesn't seem compatible

MAYBE she will reach out →

↓
hope

↓
ALL I HAVE

I NEED HELP IN more ways
than 1.

yes? < 10% no? > 90%

Admiring your shine from afar is breaking my heart.
SHE has a natural curiosity & ENTHUSIASM
I Go crazy for AND Am Jealous OF.

THE ♥ WANTS what it can't have
- Protect JoyBoy's ♥

HER shine is blinding. SHE = LIGHT
ME = DARK

I COULD Listen to her YAP for days.
PEOPLE LOVE her. THEY are drawn to her

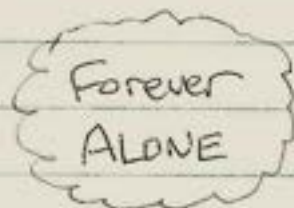
I Fall IN LOVE TOO EASy

→ LONELY? No, SHE is just so bright

"DON'T ASK too much of me right now" - NANIKA
JoyBoy is Losing his Joy

FREUD'S ICEBERG

- I'm ANNOYING AND I RUIN PEOPLE'S PEACE
- LEAVE EVERYONE ALONE
- IF ONLY I COULD TELL HER HOW I FEEL



- I NEED TO PROTECT HER FROM MY DEMONS

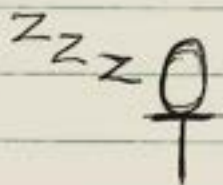


STAY AWAY FROM
MY SHADOW

I FEEL NUMB

I FEEL ALONE

I FEEL MOST HATED



"Eternal SLUMBER"

JoyBoy, Remember Marx (Tomorrow $\frac{1}{2}$ Tomorrow $\frac{1}{2}$ Tomorrow). Dying is inevitable. If you Die in this hospital, It isn't your fault. Just make Peace with the Possibility.

Antagonizing

- NURSES PROVOKING PATIENTS

I JUST WISH I
COULD BE LEFT
ALONE

I WISH I HAD
MY OWN SPACE

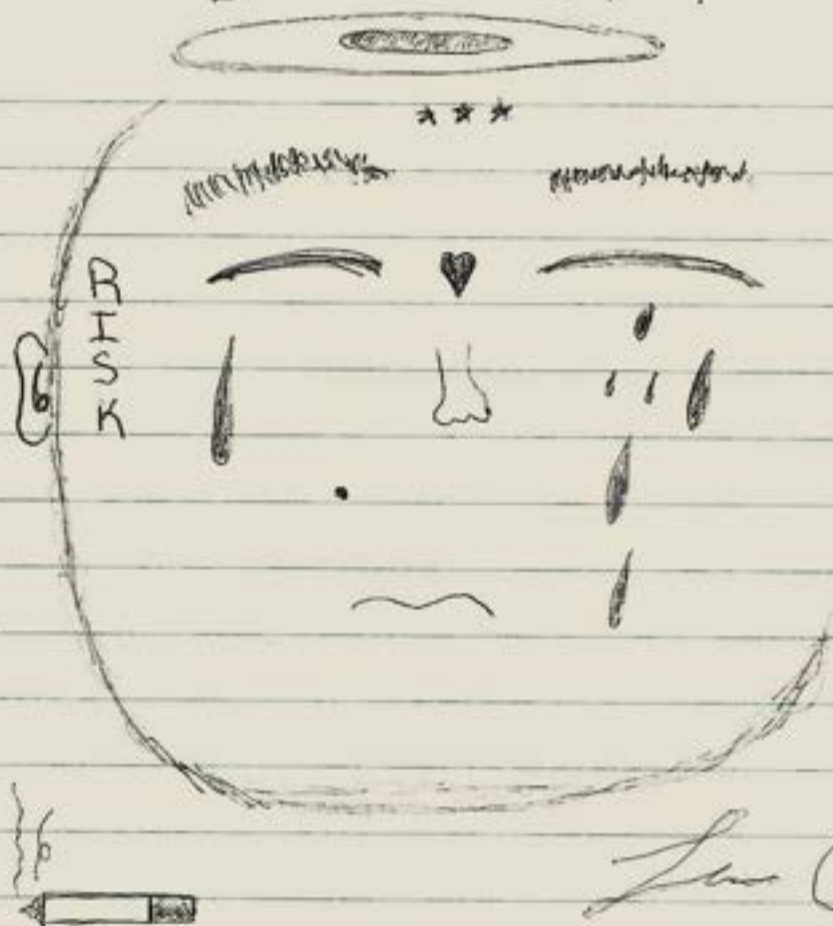
I WISH I HAD
VISITORS

I WISH PEOPLE
CARED FOR ME
THE WAY I
CARE FOR THEM

I WISH I HAD
A COMFORTABLE
PLACE TO SIT

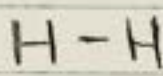
ANSWER = GOULD FARM

DEATH OF ~~Joy~~ Boy

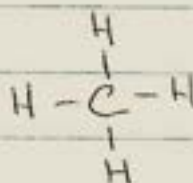
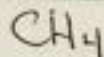


"HURT"

"FEELINGS"



Methane



Gon ♥'s Killua

Killua ♥'s Gon

HISOKA (BLEACH)

- BUNGEe GUM - Properties of Rubber
- GUM
- ALL the Spiders (Phantom Troop) ♥
- FUCK Illumi!
- Koala bear chimera Ant
- Neferpitan → Evil to good
- Mervem → Evil to good

Iconic Image - Witch giving snow white a
Poison Apple

- ① BE CAREFUL who you trust, Not everyone has your BEST interest at heart
- ② DON'T OVERSHARE, Don't eat the strange fruit offered by the witch

Iconic Image - MAN Surrounded by empty chairs
And sitting on the floor

- ① LACK of BELONGING, uncomfortable in supportive chairs, I'd rather PROP myself UP w/o Any help
- ② It's OKAY to Not Fit in, I'LL still MAKE MYSELF comfortable/supported

- LEAP of Faith - growth, can be scary
- LOVE = FLOWERS → NEED HELP CARRYING a burden
- Freud - ICEBERG (conscious vs unconscious mind)
- Light POLLUTION = BLURRY STARS
- Children of WARFARE, PRISON, CONFINEMENT
vs

Freedom

- BE mentally free WHEN Physically Confined
- MULTIPLE PATHS to FOLLOW the Light
- Muhammad Ali - Resilience, Winning
 - more losses than wins
- Shadow holding (dragging) me back
- NEED of a healing hand

RISK

- Weapons + Barbarian (Kregger)

I HAVE BEEN Wounded, BUT I
CAN HEAL!

Affirmation?

ACCOUNTABILITY?

'Sorry X, I'll miss you. Just Don't take
THAT much SERENITY EVER Again

Affirmations are simple, positive statements
you can use to encourage yourself $\frac{1}{2}$ to guide
your thinking

- Goals : Values

- I am GETTING Stronger
- I MATTER
- I am worthy
- I WALK through my fears
- I can SOLVE THE PROBLEMS that FACE me
- I Am a friend to myself
- I FORGIVE myself for my MISTAKES
- I trust that I Am on the right PATH
- I GIVE my troubles to God
- I GIVE myself SPACE to grow $\frac{1}{2}$ LEARN



Every
Villain
Is
Lemon

DON'T give me roof access right now.
I'll fucking jump

I DON'T feel anything for myself or
Others

LEAVE
ME
ALONE

- And No, I'm not adding more pills. Especially
Not an antidepressant. Motherfuckers.

MY FORTUNE COOKIE:

"THE REALLY GREAT MAN MAKES EVERY MAN
FEEL Great."

MATT'S FORTUNE COOKIE:

"ONLY THE PREPARED SPEAKER DESERVES TO
BE CONFIDENT."

Prothalamium

Come, all you who are not SATISFIED
AS ruler in a lone WALLPAPERED ROOM
FULL OF mute birds, and flowers that falsely bloom,
AND CLOSETs CHOKED with dreams THAT LONG Ago died!

Come, LET US SWEEP the OLD streets - Like a bride:
Sweep out dead LEAVES w/ a relentless broom;
Prepare for spring, as though he were our groom
For those whose light footstep eagerly we bide.

We'll Sweep out Shadows, where the rats long fed;
Sweep out our Shame - and in its PLACE we'll make
a bower for love, a SPENDID marriage-bed
FRAGRANT w/ flowers aqUIVER for THE spring.
AND WHEN He comes, our murdered DREAMS shall WAKE;
AND WHEN HE comes, all the mute birds shall Sing.

- Aaron Kramer

"Bloom"

"Gucci GHOST"

LATIAS ♥'s LATIOS

Joy Boy

♥ 0 1 2 2 3 ♥

"MASK ON" - FUCK IT,
MASK OFF

STATS:

NATURE:  A, Male

Diagnosis: Bipolar Disorder

Height: 5'9"

Weight (current): 140 lbs (↓)

EYES: Brown ↔ green

RELIGION: Jewish, Catholic

POLITICS: None (DEMOCRACY)



(HAIR): Yes

THIS BOOK WAS WRITTEN
USING INTROSPECTION. I HAVE
NO ACCESS TO
THE INTERNET.

In case of loss, please return to:

FATHER DEATH

→ "A CONVERSATION"

As a reward: \$

YOUR HEART TIME

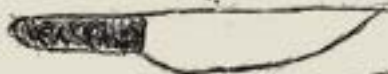
-THERE IS NO LONGER A PC ON
THIS PSYCHE WARD. (~~RECYCLED~~)



1-UP

↳ XTRA
LIFE

←
"SLICE THROUGH THE
CLOUDS LIKE BUTTER"



ARE YOU REALLY
OKAY?

"I FEEL DANGEROUS"

Do You Know Me?
(no.)

PAST SELF —————> JoyBoi
2016 2025

"YOU A GREASY
BOI"

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FUCK
YOU

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- SARCASTIC THANK YOU'S - INSINCERITY
- GOD → DEATH OF First Born
(+ other plagues)

Burning BUSH

CALL ME WHEN YOU HAVE
the time, I just need to
LEAVE THIS PART OF me behind.

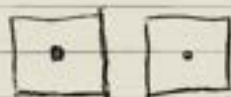
→
TIME MARCHES FORWARD
↳ REASON? ENTROPY ↑

$$0 \leq ME \leq \infty$$

- I'm Hurting
 - ↳ cut people off
 - Burn those bridges
 - I'll SEE THEM Again
IN HELL

HADES

- EARTH's core → Underworld?
- HADES' Domain



SNAKE EYES

- VIVALDI - 4 SEASONS

Spring, Summer, ~~FALL~~, Winter

~~ME + ANDREW + ANDREW + JACK~~
~~PAUL + ANDREW + ANDREW + JENNY~~

SUCCUBUS → CAN THEY BE
MALE?

THE OUTSIDER by Stephen King

- AM I A DAYWALKER?

↳ ANSWER: NO. I AM HUMAN.

IF IT BLEEDS, IT LEADS
- More of these DAYWALKERS?

Scripture written in my BLOOD

- THE WRITING IS ON THE WALLS,
YOU JUST HAVE TO LOOK.

- BE OBSERVANT

Lil JoJo

SMILE



- Lil Wayne - I FEEL LIKE Dying

I WOULD EAT A
Smile-Smile fruit
RIGHT NOW, AND I'm
NOT EVEN HUNGRY.

HA HA HA HA HA HA HA

I WISH I FOUND THINGS
FUNNY

I WISH I COULD CRY NOW

I WISH I FELT ANYTHING
at all

- Emotions = blunted

BOOK IDEA - LIVING For Dummies

SMASH
THE
BEATLES

SPHERES



!!!

- PLANETS

THAT

- NURSE - SHE NEEDS TO
Be fired or
BURIED 6 ft deep

→ DEHUMANIZED ME

→ FEELING LOW

ANTS: - Build homes (tunnels)

↳ MAZE

- Pheromones to know the PATH THEY'VE TAKEN
- COLLECT SUGAR
- WORK AS TEAM TO SURVIVE
- COMMUNICATION / LANGUAGE
- Small, Small, Small
 - ↳ TIME IS SLOWER TO AN ANT
- Prey to other Animals
- HUMANS Kill them on site

REJECT MODERNITY (JUL)

Embrace Tradition (CIG)

UE 5: - INVENTORY (~~MAZE~~)

- SPLENE

- CONTROLS

- MAZE

- PCG Jungle/City/Suburbs

* PLUGIN - TEMPO

↳ Python interface

→ SIMULATION

- ~~MAZE~~ (120)

- UI, Widgets

- Menus

- PUZZLES

IN LIFE WE ALL NEED PRAYER

PRAYER FOR HOPE

"TODAY I FEEL HELPLESS AND WEAK, AND I NEED YOUR STRENGTH.

MY GOD, I PRAY YOU WILL TOUCH MY SPIRIT AND REMIND ME THAT WITH YOU ALL THINGS ARE POSSIBLE.

SHOW ME ONCE AGAIN, NOW, IN MY HOUR OF WEAKNESS, THAT THROUGH YOU I WILL FIND HOPE FOR A BETTER FUTURE.

THROUGH YOU, I WILL FIND A MORE MEANINGFUL LIFE.

HELP ME TO GRASP YOUR STRONG HAND & FIND MY OWN STRENGTH THEREIN.

IN THE NAME OF YOUR SON
JESUS CHRIST PLEASE HEAR MY PRAYER.
AMEN."

IN OUR MIDST, HEAR OUR PRAYERS

Psalm 28:7

BE OUR PLACE OF REFUGE

GIVE ME GRACE

Prayer to St. Anthony for
Hope ; HEALING

HEY (st.) Jude

↳ most Holy APOSTLE?

↳ opinion? *



Amen.

TOUCH ME NOW w/ Your HEALING
HANDS

"Go AHEAD ; WRAP your ARMS AROUND ME"

- VESSEL

VAN HALEN

DREAMS ; nightmares

WHITE ; BLACK

Yes ; No

TRUE ; FALSE

0

;

1

DESTINY vs. Free Will



Locke?
PAINE?

* ASCENSIONISM

↳ OH I'm NOT SCARED, BABY

- ACUTISM = $\angle 90^\circ$

↳ Drop the "c"

- TOWER OF BABEL?
(BABYLON)
(MOLOCH)

↑
WHAT IS
THIS?

TAKE ME
BACK TO
EDEN

MONEY = ENEMIES
money \neq LOVE

J.B. AKA JoyBoy

↳ JungieBoys(2025)

↳ STEAM (VALVE CORP)

(OMG, PORTAL!) ↓ - LEFT 4 DEAD 2
- HALF-LIFE

Joy Boy



LUCAS



"SORA"

• FAVORITE KEY BLADE?

"My feet hurt, I've
got SCISSORS IN MY
SHOES AND I'M DANCING"
- MAC MILLER

ABBA - Gimme Gimme Gimme
a ~~day~~ after midnight
STEAK HOLDERS
↳ medium-rare

* EARTH 1970 - CLEAR SPACE
vs
EARTH 2025 - CLUTTERED SPACE
↓
* SATELLITES, STAR LINK

STAR WARS vs SPACE
BALLS

C3PO
R2D2

- NEURALINK (MUSK) - SCARY HOURS
↳ BLACK MIRROR
↳ "THE ENTIRE
HISTORY OF YOU" (?)

Da Vinci = From Vinci (WHERE IS
Vinci?)

- TESLA Coil

- ALBERT 😊

- (con) EDISON



- GENERAL ELECTRIC

JONATHON	GENE CODON(3)
----------	------------------

THE LAST
SUPPER

→ A-T
→ C-G

"WHEN YOU ARE
HERE, YOU ARE
FAMILY"

- OLIVE GARDEN

- St. PETER → HIPPIITY HOPPITY
Down the
Rabbit HOLE
we go
↳ SOUTH PARK
FARCE
→ No JOKE THO

THE BOOK OF

...

MORMON

- MATT STONE
- TREY PARKER

"COME ON' DOWN TO SOUTH
PARK AND MEET SOME FRIENDS
OF Mine"

R.I.P. KENNY McKormick
1996 → ∞

- ORDER MATTERS
- SYNTAX MATTERS
- LIFE MATTERS
- GREY MATTERS
- DARK MATTERS
- LIGHT MATTERS ! (?)



I RISE w/ the SUN
I LIE w/ THE MOON

STAY AWAY ↗

~~X~~ - ER - SIZE
← ~~XXXXXXXXXX~~

- DON'T FLY OVER THE COCKOO'S NEST

KINGDOM HEARTS

SORA'S KEYBLADE
↳ MICKEY'S GUIDANCE
(MOUSE)

NEW YORK

I

♥ you,

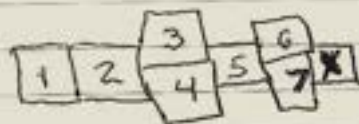
But you're
Bringing me
down...

-LCD SoundSystem



KORN
(FLAKES)

"Feeling
LIKE A
Freak on
a LEASH"



HOP - HOP - HOP

HOP - HOP - HOP

HOP

- SO many BIRDS CHIRPING IN MY EAR
- MY HEARTBEAT IS SO LOUD IN MY EARS
- I CAN HEAR the Seconds ticking away =
- CHIRP CHIRP, TWEET TWEET
- WHO CAN I TRUST?
→ Right Now? NO ONE.

9/9/25 1:35 AM

- SLEEP IS NOT HAPPENING TO

I WANNA BE SEDATED

- I CAN'T KEEP MY EYES CLOSED
 - I SEE DEMONS IN MY HEAD
 - DARK SHADOWS
 - EVIL ENTITIES

= can't talk to anyone

- CAN'T RELATE
- I'M SCARY / SCARED
- MAYBE I AM LOSING MY MIND
* "INSANITY IS BRUTAL" *

THIS HOSPITAL IS
HAUNTED

↳ Just Like
Bayville Intermediate
School (UPstairs
Bathroom)

"BIGGIE SMALLS"
"BIGGIE SMALLS"
"BIGGIE SMALLS" } THE
- BUTTERS } Summoning

THE APPARITION

- DRUGS UNLOCKED THINGS IN
ME THAT WERE MEANT TO
BE DORMANT
- ALCOHOL
↳ Weed

↳ Nicotine

BE AFRAID,
DON'T BE SCARED

↳ MUSHROOMS

↳ LSD

↳ COKE

↳ NITROUS
OXIDE

(Whippets)

↳ ECSTASY

↳ XANAX

↳ OXY

↳ KPIN

D.B.S.

I THINK IT'S TIME to
give UP my hopes, dreams,
maybe even life...

I'm Not a Fighter

I'm Not a LEADER

I Don't Shine bright

I LIVE IN ~~THE~~ shadow

I'm tired, Burnt out,
Unwell

Very UNSATISFIED

I MAY DIE HERE IN
this hospital

I'm HUNGRY BUT I
refuse to eat the Slop...

- NO FOOD... WTF?
- THIS Unit IS CURSED
- MY MASK IS STARTING
to crack
- How Long can I go on
LIKE THIS?

FUCK YOU, FUCK YOU,
FUCK YOU, FUCK YOU,
FUCK YOU, FUCK YOU,
FUCK ME, FUCK ME,
FUCK YOU, FUCK YOU,
FUCK YOU, FUCK YOU,
FUCK YOU, FUCK YOU,
FUCK ME, FUCK ME,
FUCK YOU, FUCK YOU,
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FUCK YOU, FUCK YOU,
FUCK YOU, FUCK YOU,
FUCK ME, FUCK ME,
FUCK YOU, FUCK YOU,
FUCK ME, FUCK YOU.

(TENTATIVE)

PLAN FOR FUTURE:

ROT IN MY DAD'S
APT UNTIL I DIE

- Just waiting it out

DR. EVANS, I TRUSTED
YOU. ~~NO LONGER THOUGH.~~

THE PERCEPTION PEOPLE
HAVE OF ME IS DIFFERENT
FROM THE PERCEPTION I HAVE
OF MYSELF. → I HAVE TO

LIVE W/
MYSELF

I HATE IT HERE.
I HATE MYSELF.

I DIDN'T KNOW HELL
EXISTED UNTIL I CAME
HERE. •

- TAKING THE "JOY" OUT
OF JOYBOY

"JOYBOY" → STOIC STATUE
→ "BOY"

I DON'T WANT TO
GET IN YOUR
WAY

PEOPLE BE TALKING.
TALKING ABOUT PEOPLE.
WE LAUGH JUST A LITTLE too loud.
WE STAND A LITTLE Bit too close.
WE STARE JUST A LITTLE too Long.

LET'S GIVE THEM something to
TALK about.

TALK ABOUT LOVE!

Luvv!

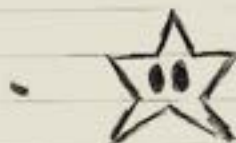
LOVEY - DOVEY - SCUBA - DUBBY
AHHH

- BRENNAN

↳ HAS A MANGINA!
CHANT

↳ "SPITEFUL
CHANT"

- KENDRICK



SHINE SPRITES



Korok Seeds



KIRBY



SCARY HOURS:

(22)

- A.I.
- SATELLITE COMPETITION
- SOCIAL MEDIA
- BILLIONAIRES
- MODERN MEDICINE
- TRUMP (OR ANY CURRENT POLITICIAN)
- SOCIAL CLIMBING (NON-EXISTENT)
- AND MORE...
- Greed, gluttony
- AA (ALCOHOLICS ANONYMOUS) (CULTS)

THIS IS ALL,
"BECAUSE THE
INTERNET..."

PROBABLY
HELPS SOME
PEOPLE

- DONALD GLOVER
AKA
CHILDISH GAMBINO

- JUST PUT ON A SMILE, BE
POLITE, AND DON'T OVERSHARE
JACKSHIT!!!

- "DRAKE" AKA

↳ MICHAEL JACKSON

- SCIEN TOLOGY → OF THE MILLENNIALS
THE REAL CULT HERE



DEEPER

Jacuzzi ... FUN WORD

"PLACEBO Domingo" - DEE
(IASIA)

REMIINDER: DISABLE IN
message - "DELETE TEXTS AFTER
1 year"

↳ Keep Receipts & Records
"Documentation"

- Domino Sugar - Brooklyn

- THE PUZZLE IN US ALL

- By ERNO RUBIK

* 5 UNIQUE TURNS FROM
START → Lost, mixed UP.



→ PUFF
→ JIGGLES



↳ Bob-omb (BOB...)

ON THE 7th DAY

- BY LUCAS ATTIAS

"ON THE 7th day I'll be lit..."

- VINNY (Jersey Shore)

I go To the Doctor on Monday.
I PICK UP my PILLS ON Tuesday.
I TAKE THEM ALL ON Wednesday,
JUST TRYING TO FEEL BETTER.
By Thursday I JUST FEEL EVEN
DENDER... (DEADER)
I GET more pills on Friday.
ON Saturday I'm LIFTED.
ON Sunday I DON'T FEEL
INSANE, BUT GIFTED.
GIFTED.

- Prod. LUCAS ATTIAS

RIGATONI.OD

- SOUNDCLOUD: ~~BETATOS (?)~~

yes!

Lg ~~CAN I REMEMBER~~

~~login credentials / username~~



- C = COURAGE
- W = WISDOM
- J = JUSTICE
- T = TEMPERANCE

→ SOREN (ORIGINAL DESIGN)



"WHAT'S IN the Box?"

- STARS $\frac{1}{3}$ STRIPES

Cross-Country Sprint

- BY LUCAS ARTIAS

SHE SAID SHE'D BE right back

$\frac{1}{3}$ I BELIEVED IT,

BUT THAT WAS way back when I
USED TO FEEL it.

NOW I'm SICK OF what we
CREATED,

AND I CAN'T fight these
DARKER FEELINGS,

I'm numb. (numb)

SO JUST WAKE ME UP WHEN
YOU GET BACK.

I LEFT a light ON.

JUST WAKE ME UP WHEN YOU
GET BACK.

BEFORE THE SUN DOES.

BUT SHE JUST KEPT RUNNING...
RUNNING...

AND I JUST KEPT CHASING...
CHASING...

BUT SHE JUST KEPT RUNNING.

- PROD. RIGATONI.OD

"RUNNING THROUGH my mind

GIRL, Forrest GUMP." - OCEAN

MAC - OF THE SOUL

"YOU SHOULD PROBABLY TAKE THOSE HEELS OFF b/c YOU'VE BEEN RUNNING THROUGH MY MIND."

"I BEEN A GOD WAY BEFORE A SYNAGOGUE."

"YOU CAN'T FIGHT THIS FEELING"

"SMILE BACK"

"NIKES ON MY FEET KEEP MY CYPHER COMPLETE"

"I LOVE LIFE, THANK YOU, THANK YOU, THANK YOU."

"A GENIUS STILL THINKING W/ HIS DICK HOLE"

"MY PRETTY ~~BETCH~~ WATCHING INSIDIOUS W/ HER PUSSY OUT."

"COME HERE BATTING, ASH MY BLUNT"

"MY NAME MAC MILLER, WHO THE FUCK ARE YOU?"

GO TO GOD - by Young C

"YOU'RE SHUCKING AND driving,
STEALING AND ROBBING TO
GET THE Fixing THAT YOU'RE itching
for..."

"... BUT THE FREAKS DON'T
WANT TO SLEEP W/ CRACKY..."

- CRACK ROCK
BY FRANK OCEAN
(CHANNEL ORANGE)

- CLEOPATRA is working @ THE
Pyramids tonight!

↓
Brick-by-Brick
Jew-by-Jew



↓
[R.I.P. Sly]

[WARRIOR'S HAKE] - Emperors

"MIRROR, MIRROR on the WALL..."

* OBJECTS IN MIRROR ARE CLOSER
THAN THEY APPEAR! *

"WAR IS NOT HEALTHY FOR HUMANS & OTHER LIVING THINGS."

~ "Y'ALL ON MYSPACE?"
- SUPERBAD



- NEW JERSEY DRONES 2025
???

- ALWAYS TRUE:

- ENTROPY IS INCREASING
- ~~NRG~~ CANNOT BE CREATED OR DESTROYED

ALCHEMY

EQUALITY \rightarrow LAW OF
EQUIVALENT EXCHANGE

SONIC ADV. BATTLE 2

- 1 FIND EGG
- 2 NURTURE Egg (Love, nourishment)
- 3 HATCH Egg
- 4 RAISE IN LIGHT

OR

RAISE IN DARKNESS

* NEUTRAL
option

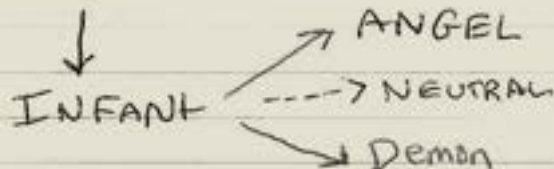
- 5 Angel CHAO → HEAVEN'S garden

OR

Demon CHAO → HELL'S garden

* LOVE & CARE FOR CHAO, ~~NEUTRAL~~
LIGHT OR DARK * → or even neutral

Egg → BABIES



- TAKE THEM to school, the DOCTOR, ETC.
- NAME/IDENTITY is important
- NOURISHMENT = WHAT you feed to them
- LOVE = hugs & Kisses xoxo

* Light CHAO'S CAN NEVER go to the "HELL Garden". AND VICE VERSA. *

- BEST PLACE to GET CHAO'S "NEEDS"
→ LVL. 1 = City trial

(~ 2 min Run(Speed))

- KNUCKLES, TAILS, SHADOW, ROGUE
- ~~HAVE them complete~~ (CONT.) →

CHAOTIC NEUTRAL

"Joe-Schmo"

- KPin



- NO Ego *

CHAOTIC LIGHT

- MOTHIN

- TYLENOL



"SISTINE
MADONNA"

- "Light" ego *

- B!

- Lil ANGEL (angle)

- Curie-PIE

"Birds OF
A FEATHER"

CHAOTIC DARK

- "DARK" Ego
- "JACK-IN-THE-BOX"
- LI DEMON
- Not NECESSARILY Evil

* Cutie-Pie

- Grimm

- "It"

- Ativan
"Hey girl,
How you
livin'?"



←
- Wise-Penny

↳ "I'M Just A BABY"

↳ "I'M Just A KID, AND LIFE
Is A Nightmare"

"Womp - Womp - Womp -
Womp - Womp - Womp."

- ADULTS (PEANUTS)



Mr. Gould - 9th GRADE
EARTH SCIENCE

REALNESS:

"I MADE A MILLION (1\$)
AND IT KILLED ME.
(2\$) MY SECOND MILLION GOT
ME ~~ANOTHER~~ FUCKING FILTHY.
YOU A'INT NOTHING TILL
YOU [DIED] AND CAME
BACK TO [LIFE] ILLER.
YOU HAVEN'T MET A
~~MOTHERFUCKER~~ Dealer
MR. MILLER."

→ Homie, THAT'S INNER

INNER • SHA: AN OBJECT IN
MOTION STAYS
IN MOTION.

- EXAMPLE → Roller Coaster



"GOODBYE,
FOR NOW."
- JoyBoy

WHAT WOULD
BE
YOUR
SUPERPOWER?

WHAT DO YOU
WANT TO DO
TO LIVE A FULL
LIFE?

POEM - THE Key
by Anonymous

AM I MISSING
ANYTHING?

OH, Don't forget your
tinFoil HAT!

RAIN, RAIN DON'T GO
AWAY...

ORIGINAL
SCRIPTURE

FROM
A

FUCK-UP

BE  BRAVE

EVERYBODY LOVES THE
SUNSHINE!

"CAN YOU HEAR THE HEART
BEAT OF 'Liberation?'"

“Here we go” - Mac Miller

“Be without fear in the face of your enemies

Be brave and upright that God may love thee

Speak the truth even if it leads to your death

Safeguard the helpless and do no wrong

This is your oath”

Am I still manic? When should I expect to crash?

- Has my cup runneth over?
- Update: I am absolutely NOT still manic. I just have some leftover energy, but being more talkative does not insinuate mania. Remember what ____ said: “you have the gift of gab.”
- I’m more up than normal and definitely am not down. But I am not manic. Use this energy to create while I feel this way.
- I’m excited to have feelings on both ends of the spectrum, as opposed to feeling completely blunted all of the time.

“How’s it feel? Can you feel it?”

- Therapy - Mac Miller

This is how I phrased my 9/1/25 introspection:

“The theory is that we have 3 entities that live in our head, we just don’t always communicate w them; unless maybe we’re schizophrenic (and then it can become scary or dangerous)... But according to Freud we have three entities in our mind: the id, the ego, and the superego.

For so long, about 9 years, I was a quiet and stoic statue fit for nobody bc I put the entities in my head that scared me into a “box” so that I didn’t have to think about them, or get depressed, or feel manic. It quite literally looked like a little cardboard box in my head; I can still picture it.

Recently, my ego has been so battered and bruised that I was ready to kill it (or myself). So when I stopped taking my medication, I “opened the box”. I was surprised by the entities that came out of the box (I was expecting a manic entity and a depressed entity). It was two familiar

faces and voices, but they didn't seem to be mania or depression. Instead, It was Wormtail and baby Voldemort.

I had to really think about what these entities were, but eventually I concluded that these were not mania and depression ... they were my id and my superego. However, I was also wondering, "where's my ego? Shouldn't there be a third entity if this really is my id and superego?" But my ego was so weak and hurt that it slowly crawled out of the box after. But this entity was not a Harry Potter character at all. In fact, it did not have a face or voice whatsoever. It almost seemed like a morphing shadow, capable of taking on any new form. A blank slate. An infant.

Wormtail (the superego) picked up this entity and started caring for both baby Voldemort (the id) and this new baby (the ego).

Once I realized what these characters represented in Freudian terminology they just started to look like my shadows (or nothing at all). I realized that I am all three of these entities. I am my id, i am my ego, and i am my superego. My superego is the survivor though, and knows how to keep me alive. I need my superego's support to help "raise" my baby id and my baby ego...

Was this considered "ego death?" People usually have these self-actualizations while on heavy psychotic drugs. I came to this realization almost completely sober. And thus, "JoyBoy" emerged as my new self/ego.

Is it possible to unlock access to both the conscious and unconscious mind through introspection? I am developing a psychological method that uses talk-therapy to help people self-actualize, but it is still just an idea at the moment. Nothing more. Nothing less. More research needs to be conducted, and more data needs to be collected."