

The Running Tig ~ Volume 1, Edition 24, March 27th

Important Information

Hope everyone had an excellent spring break! A few things to share.

The baseball concession originally scheduled for this Tuesday has been moved to **this Wednesday, March 29th**. An email will be sent out to the concession team with further details.

Our service project with Pendleton Elementary has been going strong this semester. In fact, it has been going so well...we are adding another school next year! While the details aren't finalized on the second school, we do know that registration is coming up soon, so if you are interested in helping out in the fall, we recommend structuring classes to have either Thursday afternoon or Monday/Wednesday afternoon open (or both so you can help at both schools!). We will pass along further details as soon as plans are finalized.

Racing Corner

Your Tigs are the 2017 Palmetto 200 Relay AND Palmetto 70 Relay Champions!!! The 200 team fought through much adversity and numerous lead changes to overcome Van on the Run and secure the victory, while the 70 team was able to throw down and control right out of the start. Congrats and thank you to all the team members who participated!

Nationals is right around the corner. Currently, we have the following members signed up. If you are interested in competing, please let us know by **this Thursday, March 30th**.

Half Marathon - Daria, Gracie, Matthew, Michael, Nick, Rosa Marie, Sydney
4x800m - Alex, Christian, Robbie, Casey
800m - Christian
1500m - Alex, Casey, Robbie
5000m - Casey

This Week at Practice

The weather predictors are calling for rain, rain, rain this week, so be sure to bring some flotation devices. Monday and Tuesday will likely be short and easy as the Palmetto racers figure out how to move their legs again. Wednesday will have no practice due to concessions. Thursday will be determined later in the week depending on the weather - even though Thunderstorm Trail Thursday may be an alliteration, it's not one that club sports would like....however your favorite alliteration will resume this Friday with Fike Field Frisbee Friday!

A Look Ahead

March 29 - Baseball Concessions
April 8-9 - NIRCA Half Marathon and Track Championships
April 10 - Monthly Meeting
April 11 - Baseball Concessions (feat. Kyle, Desi, and Michael, the best popcorn makers in the south)

Weekly Wisdom

[Victory](#) and [victory](#).

Happy running, and as always, go tigs!