

## From the A1

- Exit the A1 at the Angel of the North junction (with the A167 & B1296).
- Join the B1296 (Long Bank Road).
- Continue for 1 mile and at the mini roundabout turn left.
- At the next mini roundabout turn right.
- At the traffic lights turn left onto the High Street which runs into Old Durham Road.
- Continue for 1 mile and turn right onto Queen Elizabeth Avenue (Ambulance Station on right).
- The Hospital's main entrance is on the right-hand side.

## By Rail

- Take the Intercity service to Newcastle upon Tyne.
- A frequent service on the Metro light railway runs to Gateshead Interchange.

## By Coach/Bus

- Disembark at Gateshead Interchange.
- Taxis are available outside the Interchange.
- The Hospital is served by a number of local buses from the town centre's Interchange.
- For information for all local bus, metro and train services throughout the North East contact Traveline North East telephone 0870 608 2608.

## Car Parking

 Car Parking is available on site in pay and display car parks.

