STATE-COUNTY LEVEL FILES

Census County Transformation

https://www2.census.gov/programs-surveys/popest/datasets/2010-2019/counties/totals/co-est2019-alldata.csv

FIPS – composed of 4-5 digits, first 1-2 are State designators, last 1-3 are County. In complete FIPS, County designators are "padded" with zeros (0) to give 3 digits.

Formula is " = (State * 1000) + County

For first row in Excel
Formula is " = (D2 * 1000) + E2 "

County name – often suffixed with "County" or "Parish" (LA) or "city" VA or "Municipality" (AK)

Formula is " =SUBSTITUTE(H2, " County", "") "
Formula is " =SUBSTITUTE(I2, " Parish", "") "
"city" is left alone
"Municipality" (Anchorage, Skagway) is removed manually
"Doña Ana" is changed to "Dona Ana"

Added rows
Sum_Level, Region FIPS, Division_FIPS, State_FIPS, County_FIPS, FIPS, State, County, Pop_Est_2019

(30, 2, 4, 29, 380, 2938000, "Missouri", "Kansas City" , 491918)
(30, 1, 2, 36, 510, 3651000, "New York", "New York City", 8336817)
(10, 0, 0, 0, 0, 0, "USA" , "USA" , 328239523)

ZIP-Code LEVEL FILES

ME ZIP-code Demographic Files (2019)

www.https://www.maine-demographics.com/zip_codes_by_population

US Zip-code Demographic Files (2015 IRS Estimated)

www.https://www.maine-demographics.com/zip_codes_by_population

ZIP-code "shapefile"

https://www2.census.gov/geo/tiger/TIGER2019/ZCTA5/tl_2019_us_zcta510.zip