

The Formula for a Meaningful Life™

Rather than just giving you the formula and hoping you will use it, we assist you in creating the power to implement the formula into your life.

The foundation to all lasting change, inner confidence, and a truly meaningful life, is gratitude; *a deep genuine and sincere choice to appreciate and acknowledge the goodness that's around you.*

The Formula for a Meaningful Life™

GRATITUDE
and
DESIRE
to give you
HOPE

HONESTY
to make the
CHOICE

ACTION
so choice becomes
CHANGE

INTEGRITY
to bring lasting
FREEDOM

SERVICE
to create real
MEANING

To begin creating
a life of freedom and meaning,

or

to get answers to your individual questions
or for more information call:

801-867-3550

or visit:

www.pathwaysrealliferecovery.com



Pathways
the power to change

Reaching **True Recovery**
and **Lasting Change**

through Gratitude,
Honesty and Choice



Do you want deep inner confidence?

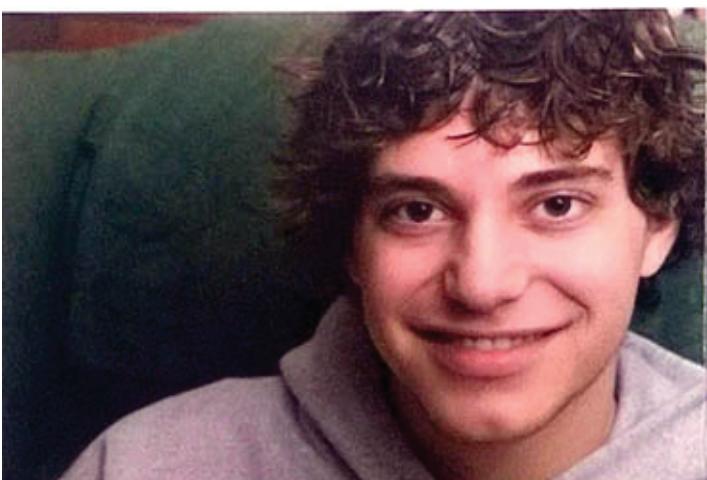
The most powerful gift we can give is the gift of confidence. True confidence gives hope in overcoming the many challenges that life throws at us.

Pathways trains the individual to find strength and confidence from within, from above, and from those around them. This confidence opens your heart and mind to multiple pathways that lead you out of darkness, frustration and discouragement into a life of change, freedom and meaning.

Recovery in the Real World

Rather than taking a person out of the world into the sterile environment of a treatment facility and hoping they will make the adjustment back into their life, with Pathways they make those changes in their home along with their family. Then the individual and their loved ones all get training, guidance and support to make these changes together.

The family, now understanding and implementing principles of change and growth, becomes a support network for the individual. This kind of support does not end when the program is completed. It lasts throughout their lifetime.



the power to change

Enabling versus Empowering

One of the greatest challenges in life is being the spouse, parent, companion or loved one of someone struggling with addiction or other destructive behavior.

Such loved ones are forced to rely on love and instinct alone. But, without proper training, the love of parents or companions often enhances (known as "enabling") the negative behavior they are yearning to prevent. This creates gut-wrenching guilt and despair, often paralyzing the natural guidance and positive power they would otherwise instill.

Pathways provides the in-home training and support needed for parents and companions to stop the destructive cycle of enabling and begin the empowering process of change.

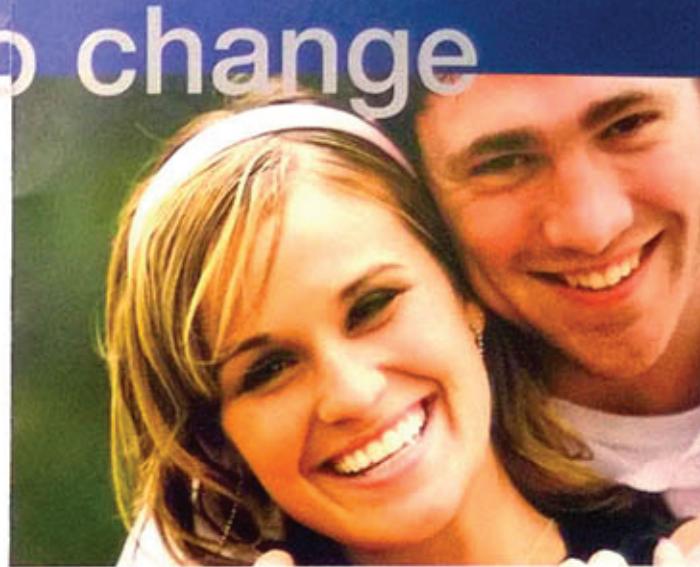
Do you want true lasting recovery?

Can you *really* become free from addiction? YES!

Whatever the pitfall they are facing, they *can* change. There are many pathways to freedom from addiction and other limiting behaviors. It is a matter of confidence, honesty and choice.

As a **Free Agent™**, they have the power to choose a different path. Their personal Pathways Coach, other professionals and a loved one who becomes their **Support Agent™**, will assist them through every step of the way. Those close to them are also trained to become genuine support and change agents in their life.

Through Pathways, they and their loved ones create a source of light, strength, confidence and peace. This is the key to true, lasting recovery.



Do you want a life of freedom and meaning?

More than just a Recovery Program

Through Pathways, a person goes beyond recovery and freedom from addictive and limiting behavior, to create a life of true, lasting meaning. A person living **The Formula for a Meaningful Life™** does more than recover. They share their freedom, peace and confidence with others through service to create real meaning.

Success Stories

"I spent 25 years addicted to Marijuana and Cocaine. I wanted help and needed to find a new way. In just 25 days with Pathways I had a new life, a new path. I am now 7 months drug free and the strong woman I always knew I could be. This is a path worth taking."

Pathways Free Agent™

"Fear had overtaken my life and nothing was ever good enough for my parents or for me. After finding Pathways, I now know that I am worthy and valued by myself and others."

Pathways Free Agent™

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