

Nicole Wong Wynaar

39 Tenth Street

Derby, CT 06418

(917) 577-5850

Nicolewongwynaar6@gmail.com

Objective: To obtain a part -time position as Nutrition Health lifestyle Coach/Counselor.

Experience

2009- 2020 **Personal Touch Home Care, New York, NY**
Field Supervisor/

- My duties include daily unannounced visits to clients homes to verify that Care plans are being met. I also train the caretakers in meal preparation to ensure that clients' dietary needs are being met, including observation for any kind of abuse to clients.
- Supply home care workers with time sheets, gloves and masks.

2005-2008 **FLIK / Restaurant – Chef**

- Preparing daily menus in high paced kitchen to meet standard expectations of the company.
- Follow all my food safety guidelines, clean and Sanitize kitchen equipment.

Community Service & Awards

- Six weeks of internship at CASA EL SEPARANSA (cooking for seniors)
- Ten months of cooking classes to the Parents (after school program)
- Treasurer at my son's H.S.
- Awarded a NYCDOE Parent Leadership Award by Mayor Bill De Blasio and Chancellor Richard A Carranza.

Education

2021 - The science of wellbeing

Yale Certificate

2021 - Major Depression in the Population Johns Hopkins University Certificates

2017 - Nutrition & Health Workshop Series Cornell University Certificate

2015 - Institute for Integrative Nutrition Certificate

2005 - Food Protection Certificate

2005 - CAP Culinary Art Program Certificate (IIN)

1992 - Wulfhing High School Suriname Diploma

