

# 8TH NATIONAL MASTERS GAMES-2026

PUNE-MAHARASHTRA (27TH - 31ST JAN.2026)

## ATHLETIC SCHEDULE (27<sup>TH</sup> TO 31<sup>ST</sup> JANUARY 2026)

27 <sup>th</sup> Jan. 2026	REPORTING	10:00 A.M.	Chest Numbers & ID Cards will be issued on reporting day.
	OPENING CEREMONY	04:00 P.M.	All participants mandatory to join the March Past.
Opening & Reporting at Hegdewar Krida Shankul, Near Masulkar Colony, Pimpri-Pune			
28 <sup>th</sup> Jan. 2026	FIRST DAY	TRACK	Sant Dyaneshwar Sports Complex, Indryani Nagar, Bhosari, Pune
08:00 A.M.	5000 MTR RACE	WOMEN	ALL AGE GROUPS
08:45 A.M.	3000 MTR RACE	WOMEN	ALL AGE GROUPS
09:15 A.M.	5000 MTR RACE	MEN	ALL AGE GROUPS
10:00 A.M.	3000 MTR RACE	MEN	ALL AGE GROUPS
10:30 A.M.	100 MTR RACE	WOMEN	85+,80+,75+,70+,65+,60+,55+
11:00 A.M.	100 MTR RACE	WOMEN	50+,45+,40+,35+,30+
12:00 P.M.	100 MTR RACE	MEN	85+,80+,75+,70+,65+,60+,55+
LUNCH BREAK		01:00 P.M. TO 02:00 P.M.	
02:00 P.M.	100 MTR RACE	MEN	50+,45+,40+,35+,30+
03:30 P.M.	800 MTR RACE	MEN	50+,45+,40+,35+,30+
04:15 P.M.	800 MTR RACE	MEN	85+,80+,75+,70+,65+,60+,55+
05:00 P.M.	4 X 100 MTR MIX RELAY		120 <159, 160 <199, 200 <239, 240 <

28 <sup>th</sup> Jan. 2026	FIRST DAY	FIELD	Sant Dyaneshwar Sports Complex, Indryani Nagar, Bhosari, Pune
09:00 A.M.	LONG JUMP	MEN	85+,80+,75+,70+,65+,60+,55+
10:00 A.M.	LONG JUMP	MEN	50+,45+,40+,35+,30+
10:00 A.M.	HIGH JUMP	WOMEN	85+,80+,75+,70+,65+,60+,55+
10:30 A.M.	HIGH JUMP	WOMEN	50+,45+,40+,35+,30+
10:00 A.M.	DISCUSS THROW	WOMEN	85+,80+,75+,70+,65+,60+,55+
11:00 A.M.	DISCUSS THROW	WOMEN	50+,45+,40+,35+,30+
LUNCH BREAK		01:00 P.M. TO 02:00 P.M.	
02:00 P.M.	HIGH JUMP	MEN	85+,80+,75+,70+,65+,60+,55+
02:30 P.M.	HIGH JUMP	MEN	50+,45+,40+,35+,30+
02:30 P.M.	JAVELIN THROW	MEN	ALL AGE GROUPS

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29 <sup>th</sup> Jan. 2026	SECOND DAY	TRACK	Sant Dyaneshwar Sports Complex, Indryani Nagar, Bhosari, Pune
08:00 A.M.	10000 MTR RACE	MEN	55+,50+,45+,40+,35+,30+
08:30 A.M.	10000 MTR RACE	WOMEN	45+,40+,35+,30+
10:00 A.M.	400 MTR RACE	WOMEN	ALL AGE GROUPS
11:30 A.M.	400 MTR RACE	MEN	ALL AGE GROUPS
12:30 P.M.	110 MTR HRD	MEN	45+,40+,35+,30+
LUNCH BREAK		01:00 P.M. TO 02:00 P.M.	
02:00 P.M.	100 MTR HRD	MEN	65+,60+,55+,50+
03:30 P.M.	100 MTR HRD	WOMEN	45+,40+,35+,30+
04:00 P.M.	80 MTR HRD	MEN	80+,75+,70+
04:30 P.M.	80 MTR HRD	WOMEN	60+,55+,50+
05:00 P.M.	800 MTR RACE	WOMEN	50+,45+,40+,35+,30+
05:30 P.M.	800 MTR RACE	WOMEN	80+,75+,70+,65+,60+,55+
06:00 P.M.	4 X 400 MTR RELAY	MEN & WOMEN	120 <159, 160 <199, 200 <239, 240 <

29 <sup>th</sup> Jan. 2026	SECOND DAY	FIELD	Sant Dyaneshwar Sports Complex, Indryani Nagar, Bhosari, Pune
09:00 A.M.	SHOT PUT	MEN	80+,75+,70+,65+,60+,55+
10:00 A.M.	SHOT PUT	MEN	50+,45+,40+,35+,30+
10:00 A.M.	JAVELIN THROW	WOMEN	80+,75+,70+,65+,60+,55+
11:00 A.M.	HAMMER THROW	MEN	ALL AGE GROUPS
12:00 P.M.	JAVELIN THROW	WOMEN	50+,45+,40+,35+,30+
LUNCH BREAK		01:00 P.M. TO 02:00 P.M.	
02:00 P.M.	DISCUSS THROW	MEN	50+,45+,40+,35+,30+
02:30 P.M.	LONG JUMP	WOMEN	ALL AGE GROUPS
03:30 P.M.	DISCUSS THROW	MEN	80+,75+,70+,65+,60+,55+
04:30 P.M.	SHOTPUT	WOMEN	ALL AGE GROUPS

# 8TH NATIONAL MASTERS GAMES-2026

PUNE-MAHARASHTRA (27TH - 31ST JAN.2026)

30 <sup>th</sup> Jan. 2026	THIRD DAY	TRACK	Sant Dyaneshwar Sports Complex, Indryani Nagar, Bhosari, Pune
08:00 A.M.	5 KM RACE WALK	WOMEN	ALL AGE GROUPS
09:30 A.M.	5 KM RACE WALK	MEN	ALL AGE GROUPS
10:30 A.M.	200 MTR RACE	WOMEN	ALL AGE GROUPS
11:30 A.M.	200 MTR RACE	MEN	ALL AGE GROUPS
LUNCH BREAK		01:00 P.M. TO 02:00 P.M.	
02:00 P.M.	1500 MTR RACE	WOMEN	ALL AGE GROUPS
02:45 P.M.	1500 MTR RACE	MEN	ALL AGE GROUPS
03:30 P.M.	300 MTR HRD	MEN	80+,75+,70+,65+
04:00 P.M.	300 MTR HRD	WOMEN	70+,65+,60+,55+,50+
04:30 P.M.	400 MTR HRD	MEN	60+,55+,50+,45+,40+,35+,30+
05:15 P.M.	400 MTR HRD	WOMEN	45+,40+,35+,30+
06:00 P.M.	4 X 100 MTR RELAY	MEN & WOMEN	120 <159, 160 <199, 200 <239, 240 <

30 <sup>th</sup> Jan. 2026	THIRD DAY	FIELD	Sant Dyaneshwar Sports Complex, Indryani Nagar, Bhosari, Pune
08:00 A.M.	TRIPLE JUMP	WOMEN	80+,75+,70+,65+,60+,55+
09:00 A.M.	TRIPLE JUMP	WOMEN	50+,45+,40+,35+,30+
10:00 A.M.	TRIPLE JUMP	MEN	80+,75+,70+,65+,60+,55+
11:00 A.M.	TRIPLE JUMP	MEN	50+,45+,40+,35+,30+
09:00 A.M.	HAMMER THROW	WOMEN	80+,75+,70+,65+,60+,55+
10:00 A.M.	HAMMER THROW	WOMEN	50+,45+,40+,35+,30+

ORGANIZING COMMITTEE HAS THE RIGHT TO MAKE CHANGES ACCORDING TO SITUATION

NOTE	
1.)	ALL TRACK EVENTS WILL BE CONDUCTED AS TIME TRIALS
2.)	IN RELAY EVENTS ONE TEAM WILL BE PERMITTED FROM ONE STATE
3.)	NO SPOT ENTRIES AND CHANGE OF EVENT WILL BE ALLOWED

  
**Vinod Kumar**

Chief Executive Officer  
Super Masters Games & Sports Federation

