



Stony Brook  
University

Are you  
**READY** TO BE A  
**SEAWOLF?**





## Campus Life

**Stony Brook has more than 350 clubs and organizations you can join**, such as the Quidditch Club, Ballroom Dance Team, Gamer's Guild, Speech and Debate Society, and Pocket Theatre. Fraternities and sororities offer loads of opportunities for community service, trips and friendship.

You can work at the campus radio station (WUSB 90.1 FM), audition for SB Idol, take in a movie, or write for one of Stony Brook's student newspapers (*The Statesman* or *The Press*). Get involved in Undergraduate Student Government to have a voice on campus.

Cultural organizations celebrating music, dance, fashion and food abound on campus. Our diverse student body includes more than 16,000 high-achieving undergraduates from nearly all 50 states and more than 100 countries.

## Traditions

**Building a boat out of cardboard, duct tape and paint is a challenge in itself.** Just try navigating it across the pond! Roth Pond, that is, in our annual Roth Pond Regatta.

Our many fun traditions include Earthstock (in honor of Earth Day), Diversity Day, an annual duck race down the Brook, the Festival of Lights, Shirley Strum Kenny Arts Festival, Strawberry Fest, and Homecoming — also known as Wolfstock, in honor of our mascot, Wolfie.

And Seawolves wear red on Fridays. Pride in our University is a widespread tradition among students, faculty and staff, turning the campus into a sea of red.

## Undergraduate Colleges

**As a freshman, you'll belong to one of six Undergraduate Colleges (UGC)**, where you'll explore a broad academic theme beyond your major through two one-credit seminars, field trips and social events. The popular Battle of the Undergraduate Colleges runs throughout the academic year and allows your UGC to earn points in categories such as school spirit, community service, and athletic and academic teamwork.

Commuter students can be paired with a Commuter Assistant for a personalized introduction to Stony Brook. The Office of Commuter Student Services offers a variety of other resources, such as monthly breakfast get-togethers, a newsletter — *The Roads Scholar* — and fall and spring commuter festivals.

Students who live on campus can take an active role in running and planning activities by joining their building's Hall Council, or take on a leadership role by joining the Residence Hall Association.







## Athletic Events

**Our 20 NCAA Division I Seawolves teams** — baseball, football, softball and volleyball, plus men's and women's basketball, cross country, lacrosse, soccer, swimming\* and diving,\* tennis, and indoor and outdoor track and field — compete in state-of-the-art facilities, including the new Stony Brook University Arena opening in 2014. The Seawolves captured nine conference championships, won three national postseason games and boasted seven All-American student-athletes in 2012–13.

## Creative and Performing Arts

**Our Staller Center for the Arts is home to the world's finest performers** in music, dance and theater. Students get discounted tickets to all performances — and your first ticket is on us!

Free faculty and student recitals are presented throughout the year. No reservations required — just pop in. And the best in independent films are screened at Staller each summer during the Stony Brook Film Festival.

## Dining Options

**We have lots of delicious choices**, everything from the ever-popular pizza, pasta and salad bars to a glatt kosher deli, Halal cuisine, Mexican, vegan/vegetarian options, Asian fusion, sushi, gourmet salads, bagels, comfort foods, Starbucks, Wendy's, Dunkin' Donuts, Red Mango, smoothies, paninis and wraps.

Many dining locations are open extended hours — some until 3 am —for late-night snacks.

Campus Dining also hosts special events such as Midnight Breakfast, Strawberry Fest and Chinese New Year.

## Getting Around

**Walk it, bus it, rail it or bike it to get where you want to go.** Our classrooms, residence halls, library and dining spots are all within easy walking distance on campus.

Stony Brook's free buses take you around campus and to nearby shopping areas seven days a week. You can also borrow a bike free for campus use with our new Wolf Ride Bike Share program. A Long Island Rail Road station is located right on campus, offering convenient transportation to New York City.

We also have seven miles of wooded bike trails and are located on the North Shore of Long Island. Go ahead, bike to West Meadow Beach — just three miles away.

\*On hiatus during pool renovation







## Staying Fit

Our new **three-story, 85,000-square-foot Recreation Center** has expansive areas where you can work out and take classes in yoga, tai chi and dance.

Features include a three-court gymnasium for basketball, volleyball and badminton; three group-fitness studios; a 17,000-square-foot weight/fitness room; indoor track; Multi-Activity Court; equipment rental; two lounges; and wireless Internet access.

Or you can get moving through intramurals or our more competitive sports clubs. Stony Brook offers intramurals in softball, badminton, flag football, beach volleyball, squash and many other activities. Sports clubs include boxing, ice hockey, fencing, golf, martial arts, lacrosse, archery, crew and an equestrian team. Kumdo, anyone?



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For more information, call (631) 632-6868

[stonybrook.edu/admissions](http://stonybrook.edu/admissions)