

Common Diseases and Symptoms

1. Common Cold

- Symptoms: Runny nose, sneezing, sore throat, mild fever, coughing, nasal congestion, fatigue
- Category: Viral Infection

2. Influenza (Flu)

- Symptoms: High fever, chills, body aches, fatigue, dry cough, sore throat, runny nose, headache
- Category: Viral Infection

3. COVID-19

- Symptoms: Fever, dry cough, loss of taste or smell, fatigue, body aches, difficulty breathing
- Category: Viral Infection

4. Diabetes

- Symptoms: Increased thirst, frequent urination, weight loss, fatigue, blurry vision, slow healing wounds
- Category: Chronic Disease

5. Hypertension

- Symptoms: Often asymptomatic, headaches, shortness of breath, nosebleeds
- Category: Chronic Disease

6. Asthma

- Symptoms: Shortness of breath, wheezing, chest tightness, coughing (especially at night or early morning)
- Category: Chronic Disease

7. Pneumonia

- Symptoms: Fever, chills, chest pain, difficulty breathing, productive cough (with phlegm), fatigue
- Category: Bacterial/Viral

8. Tuberculosis (TB)

- Symptoms: Persistent cough (lasting weeks), weight loss, night sweats, fever, coughing up blood
- Category: Bacterial

9. Malaria

- Symptoms: High fever, chills, sweating, headache, nausea, vomiting, muscle pain, fatigue
- Category: Parasitic

10. Dengue Fever

- Symptoms: High fever, severe headache, pain behind eyes, joint and muscle pain, skin rash, fatigue
- Category: Viral Infection

11. Chickenpox

- Symptoms: Itchy, blister-like rash, fever, fatigue, loss of appetite
- Category: Viral Infection

12. Measles

- Symptoms: Fever, cough, runny nose, inflamed eyes, small white spots in mouth, skin rash
- Category: Viral Infection

13. Depression

- Symptoms: Persistent sadness, loss of interest, fatigue, difficulty concentrating, changes in appetite
- Category: Mental Health

14. Migraine

- Symptoms: Severe headache (usually one-sided), sensitivity to light and sound, nausea, visual disturbances
- Category: Neurological

15. Bronchitis

- Symptoms: Persistent cough (with mucus), wheezing, shortness of breath, chest discomfort
- Category: Respiratory Disease

16. Sinusitis

- Symptoms: Nasal congestion, facial pain/pressure, headache, post-nasal drip, fever
- Category: Respiratory Disease

17. Strep Throat

- Symptoms: Sore throat, difficulty swallowing, fever, swollen lymph nodes, red or white patches in the throat
- Category: Bacterial Infection

18. Hepatitis A

- Symptoms: Fatigue, nausea, abdominal pain, jaundice (yellowing of skin/eyes), dark urine, light-colored stool
- Category: Viral Infection

19. Hepatitis B

- Symptoms: Fever, fatigue, loss of appetite, jaundice, abdominal pain, joint pain
- Category: Viral Infection

20. Hepatitis C

- Symptoms: Often asymptomatic, fatigue, jaundice, nausea, loss of appetite, dark urine
- Category: Viral Infection

21. Anemia

- Symptoms: Fatigue, weakness, pale skin, dizziness, shortness of breath, cold hands and feet
- Category: Blood Disorder

22. Appendicitis

- Symptoms: Sudden severe abdominal pain (lower right side), nausea, vomiting, fever, loss of appetite
- Category: Acute Condition

23. Gallstones

- Symptoms: Sudden intense pain in the abdomen, nausea, vomiting, back pain, indigestion

- Category: Digestive Disorder

24. Irritable Bowel Syndrome (IBS)

- Symptoms: Abdominal pain, bloating, diarrhea, constipation, mucus in stool
- Category: Digestive Disorder

25. Celiac Disease

- Symptoms: Abdominal pain, bloating, diarrhea, fatigue, weight loss, anemia
- Category: Autoimmune Disorder

26. Rheumatoid Arthritis

- Symptoms: Swollen joints, morning stiffness, joint pain, fatigue, fever, weight loss
- Category: Autoimmune Disorder

27. Lupus

- Symptoms: Fatigue, joint pain, skin rash (often on the face), fever, hair loss, sensitivity to sunlight
- Category: Autoimmune Disorder

28. Psoriasis

- Symptoms: Red, scaly skin patches, itching, joint pain (in psoriatic arthritis), thickened nails
- Category: Autoimmune Disorder

29. Gout

- Symptoms: Intense joint pain (often in big toe), redness, swelling, limited joint mobility
- Category: Metabolic Disorder

30. Parkinson's Disease

- Symptoms: Tremors, muscle stiffness, slow movement, balance issues, changes in speech
- Category: Neurological

31. Epilepsy

- Symptoms: Seizures, loss of awareness, confusion, uncontrollable movements, staring spells

- Category: Neurological

32. Multiple Sclerosis (MS)

- Symptoms: Muscle weakness, vision problems, fatigue, numbness/tingling, difficulty walking
- Category: Autoimmune Disorder

33. Chronic Obstructive Pulmonary Disease (COPD)

- Symptoms: Shortness of breath, wheezing, chronic cough, fatigue, frequent respiratory infections
- Category: Respiratory Disease

34. Peptic Ulcers

- Symptoms: Abdominal pain (worse when stomach is empty), bloating, nausea, vomiting, black stools
- Category: Digestive Disorder

35. Kidney Stones

- Symptoms: Severe pain in the back or side, painful urination, pink/red/brown urine, nausea, frequent urination
- Category: Urological Disorder

36. Hypothyroidism

- Symptoms: Fatigue, weight gain, cold sensitivity, dry skin, hair thinning, depression
- Category: Hormonal Disorder

37. Hyperthyroidism

- Symptoms: Rapid heartbeat, weight loss, sweating, tremors, anxiety, increased appetite
- Category: Hormonal Disorder

38. Meningitis

- Symptoms: Severe headache, neck stiffness, fever, sensitivity to light, nausea, confusion
- Category: Bacterial/Viral

39. Food Poisoning

- Symptoms: Nausea, vomiting, diarrhea, stomach cramps, fever
- Category: Digestive Disorder

40. Allergic Rhinitis

- Symptoms: Sneezing, runny nose, itchy eyes, nasal congestion, post-nasal drip
- Category: Allergic Reaction

41. Lyme Disease

- Symptoms: Fever, headache, fatigue, skin rash (bull's-eye pattern), joint pain
- Category: Bacterial Infection