Childhood Obesity

- Impacts children started at age 1.
- Sugar or glucose intake
- Bad habits
- Parenting
- Lack of Activity



Childhood Obesity



- Very Common
- The Cycle can start at Birth
- Childhood obesity can lead to diabetes, high blood pressure, and high cholesterol.
- There may be no symptoms other than weight that's above normal.
- Improving the entire family's diet and exercise habits is one of the best ways to achieve a healthy weight in the child.