

# Human-Computer Interaction

COMS30029

aka #HCI\_Theory

Oussama Metatla and Dan Bennett

Week 2: First Wave

Chunk 1: Introduction

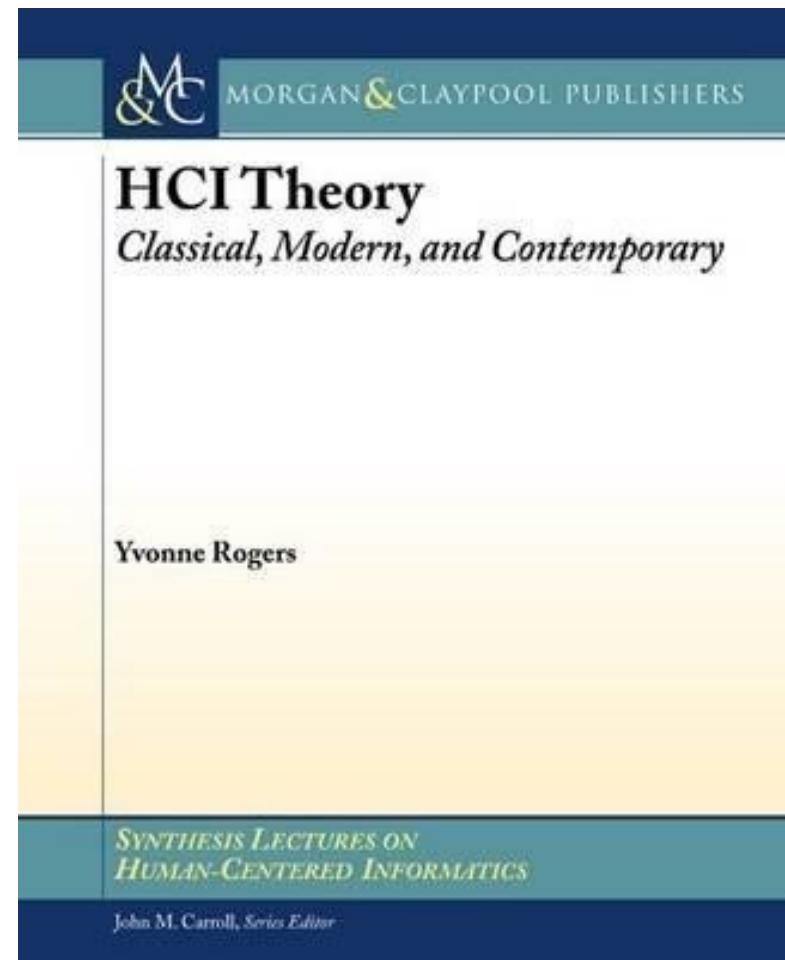
# Week 2: First Wave

## Chunk 1: Introduction

How did people think in the early days of HCI?

# Reading

## Chapter 4:



Rogers, Y. (2012).  
**HCI theory: classical, modern, and contemporary.**  
*Synthesis lectures on human-centered informatics*, 5(2), 1-129.

## PLUS: Choose at least one of...

### A more in-depth look at Fitts' Law

A nice interactive explanation of Fitts' Law and why it matters

<https://timmarco.com/fitts/>

### Meta theory: discussion of theory use in design

Beck & Stolterman: *Examining Practical, Everyday Theory Use in Design Research* (2016) – in the reading folder

### Seminal account of why HCI should move past purely “hard” science perspectives (tougher read)

Carroll & Campbell: *Softening Up Hard Science: reply to Newell and Card* (1986) – in the reading folder

# First wave of HCI

- 1980s-1990s
- HCI as an **applied science**, grounded in **lab research**
- An **information processing** perspective, from cognitive psychology
- **Still influential today** (though often using more advanced models)

# Broad theoretical approaches in the first era

**Paradigm:** Scientific, grounded in lab based cognitive psychology.  
Computational, centralized, symbol processing view

**Goal:** How do *individuals* make use of computational technologies,  
and  
*how can technologies be designed to be more usable, and useful.*

## Main Approaches to Theory:

1. Using Isolated Ideas from basic science disciplines
2. Applying theories from basic science disciplines
3. Developing new HCI-specific theory, grounded in lab science disciplines

# 1. Using Isolated Ideas from basic science research

THE MAGICAL NUMBER SEVEN, PLUS-OR-MINUS TWO  
or

SOME LIMITS ON OUR CAPACITY FOR  
PROCESSING INFORMATION

George A. Miller

My problem, ladies and gentlemen, is that I have been persecuted by an integer. For seven years this number has followed me around, has intruded in my most private data and has assaulted me from the pages of our most public journals. This number assumes a variety of disguises, being sometimes a little larger

- 5-9 top level menu items?
- 5-9 function types?
- 5-9 colours on screen?

- Easy to remember
- Lacks detail and discrimination
- Not clear how to develop further

# 1. Using Isolated Ideas from basic science disciplines



## 2. Applying theories from basic science disciplines

**Paired associate theory**  
used understand how to select command names:

Command names should be **familiar** and have some **natural link** with the invoked process



A screenshot of a terminal window on a dark background. The title bar shows "swapnil@ubuntu: ~". The window displays the Vim help menu. The text in the window reads:

```
VIM - Vi IMproved
version 7.3.429
by Bram Moolenaar et al.
Modified by pkg-vim-maintainers@lists.alioth.debian.org
Vim is open source and freely distributable

      Become a registered Vim user!
type :help register<Enter>    for information
type :q<Enter>                  to exit
type :help<Enter> or <F1>       for on-line help
type :help version?<Enter>      for version info

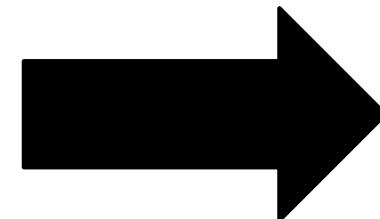
0,0-1          All
```

The approach is specific and allows us to refine our approach by reference to the theory

## 2. Applying theories from basic science disciplines

### Paired associate theory

Command names should be **familiar** and have some **natural link** with the invoked process



Many experiments later

Neat, generalisable rule for design

The Effect of Humour and Mood on Memory Recall ☆

Tunku Saraa-Zawayah Tunku Badli, Mariam Adawiah Dzulkifli ↗✉

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<https://doi.org/10.1016/j.sbspro.2013.10.230> ↗

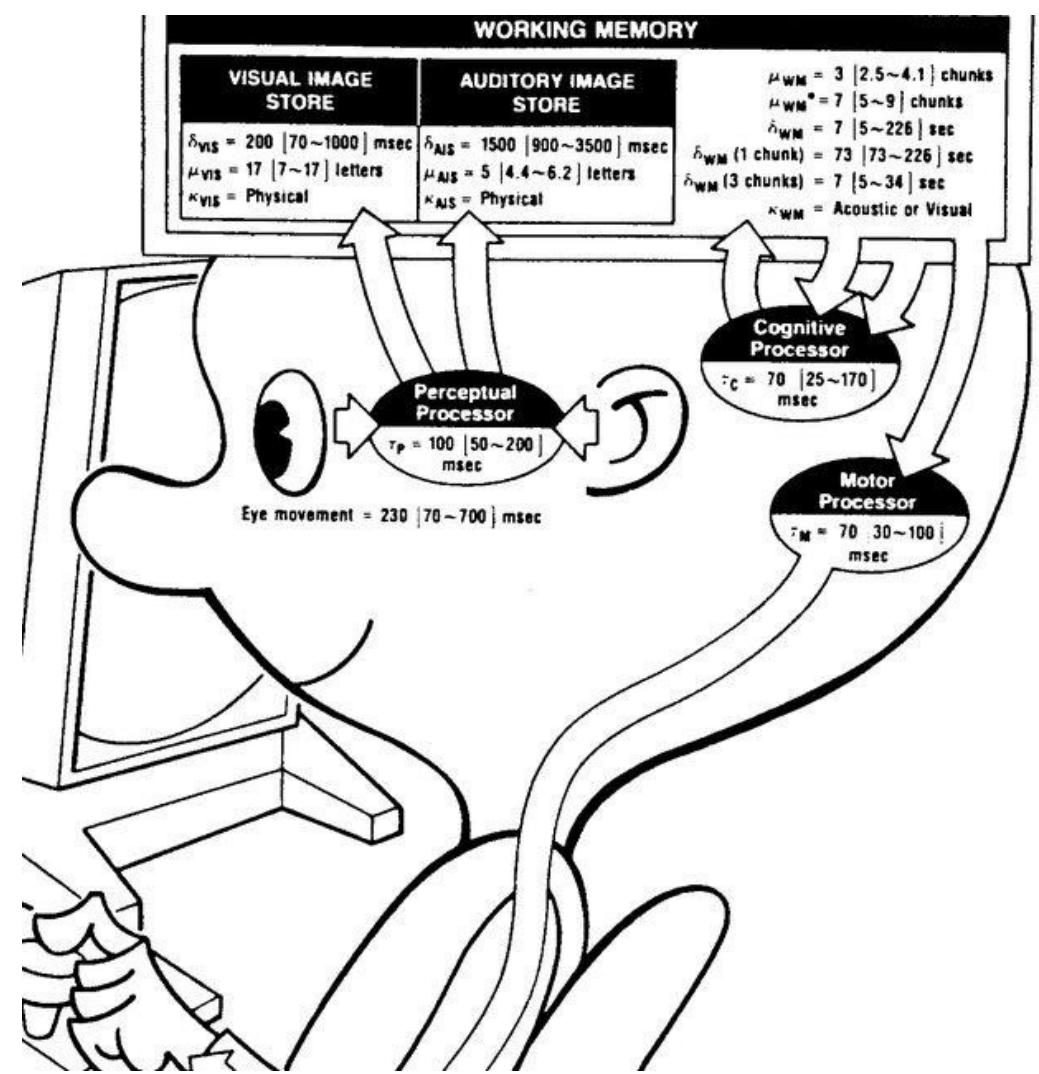
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Various factors may affect memorability of command names in different contexts

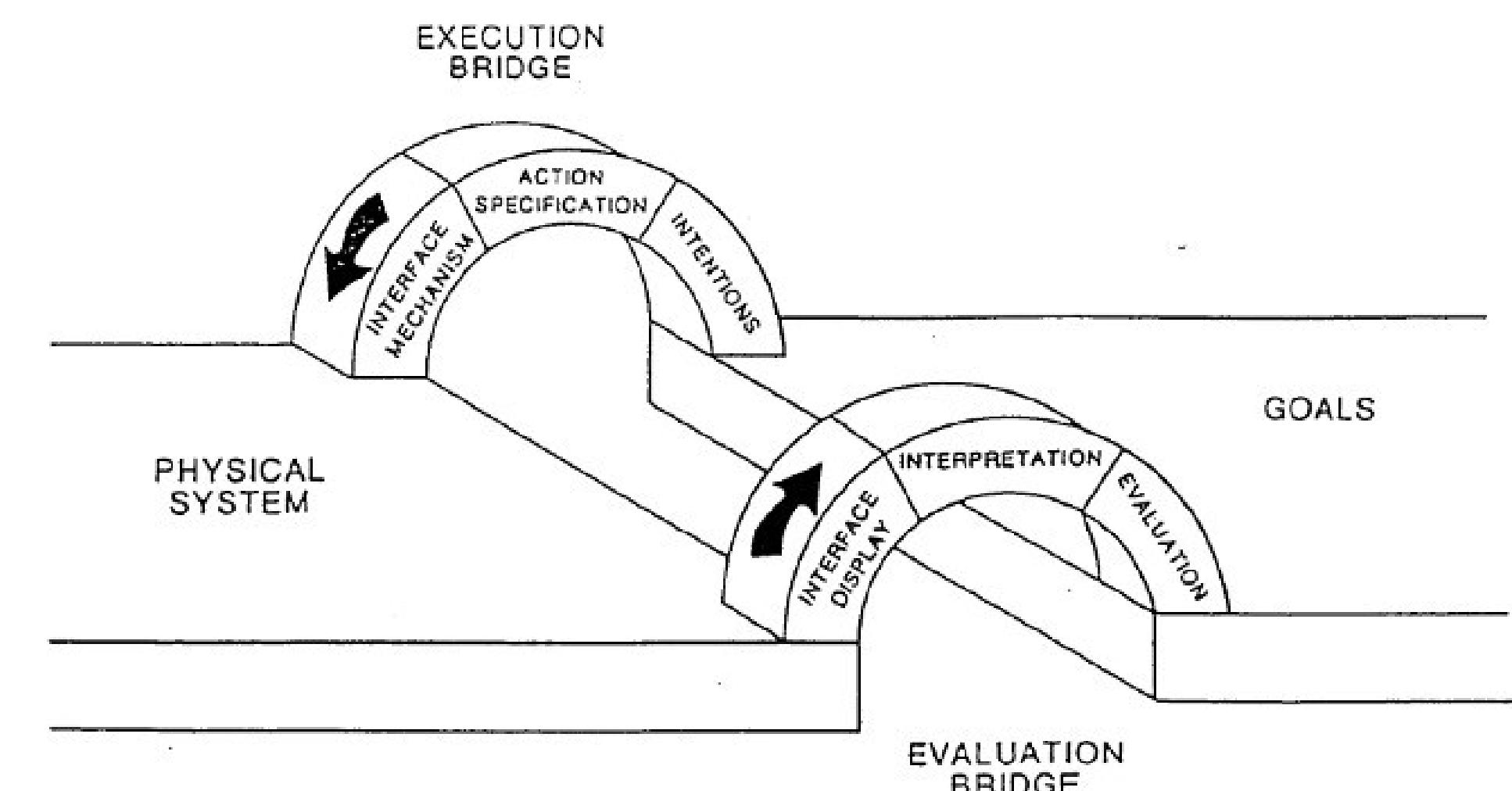
Complex, specific data which is hard to apply

# 3. Developing new HCI-specific theory, grounded in lab science disciplines

Cognitive modelling of interaction scenarios



GOMS



Gulfs of Execution and Evaluation

# Week 2: First Wave

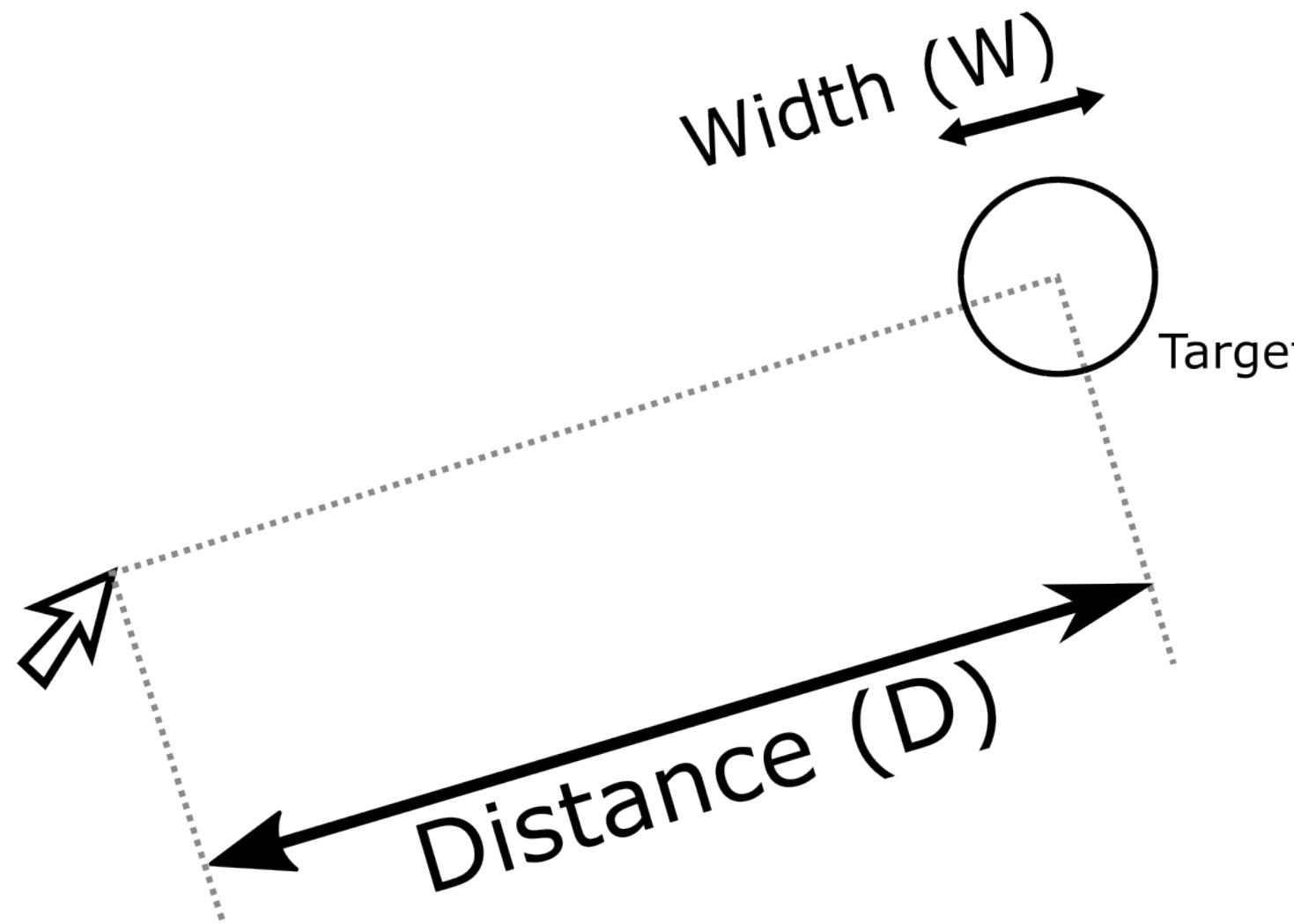
## Chunk 2: GOMS and Fitts' Law

Mathematical models of user behaviour

# GOMS and Fitts' Law

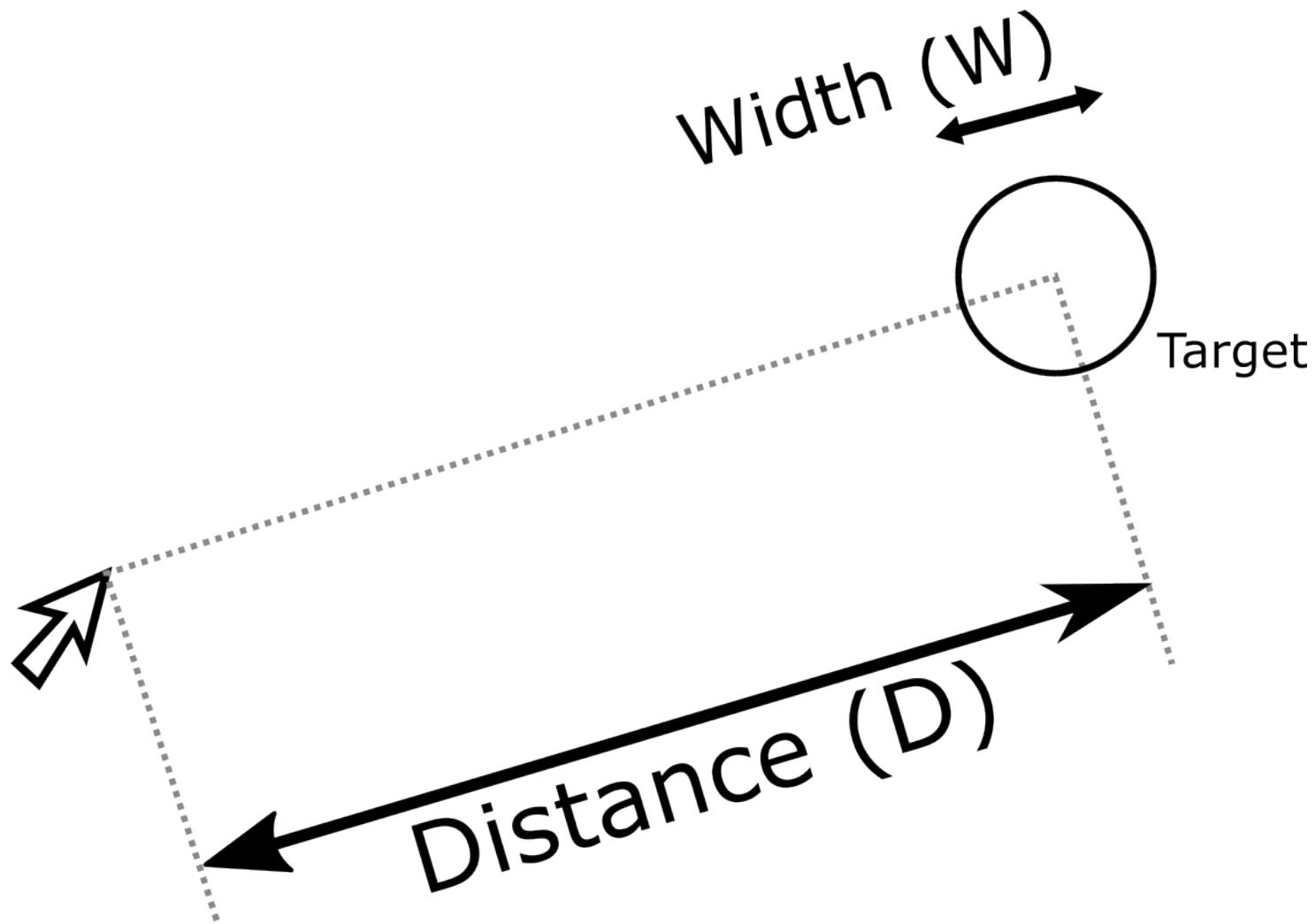
- **Fitt's Law**: predicting performance on mouse tasks
- **GOMS**: predicting performance on a range of input tasks  
**(Goals, Operators, Methods and Selection rules)**
- Both grounded in **cognitive psychology**
- Both **expanded and developed in HCI**
- **Narrow, and precise**, and focused on particular phenomena

# Fitts' Law:



- Originally developed to understand pointing with a finger
- HCI adopted and extended to understand mouse, touchscreen use, and other examples of cursor control
- Posits a speed-accuracy trade-off in movement towards a target, and quantifies this

# Fitts' Law:



time

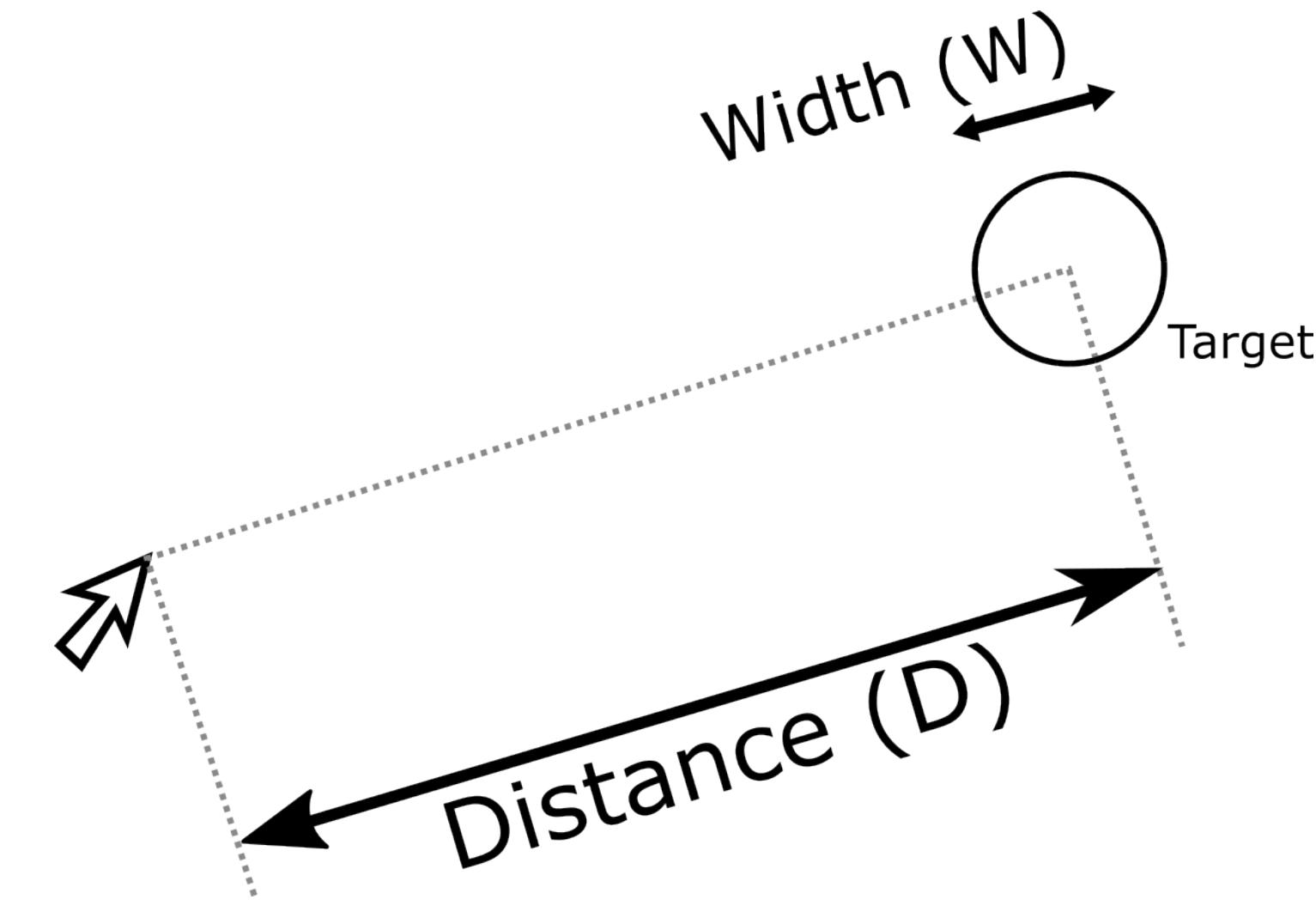
$$T = a + b \log_2(2D / W)$$

"delay"

Index of difficulty

"acceleration"

# Fitts' Law:



time

Index of difficulty

$$T = a + b \log_2(2D / W)$$

"delay"

"acceleration"

## Three ways to use Fitt's Law

1. High Level qualitative-quantitative engagement
2. Mathematical Engagement with the model
3. Further Theory Building

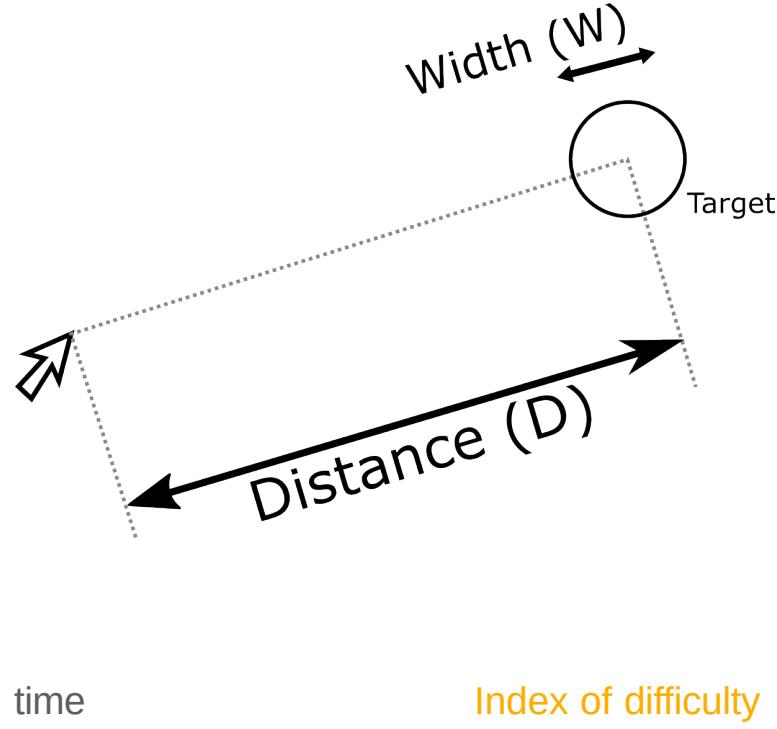
# Fitts' Law:

## 1. High Level qualitative-quantitative engagement

**Further = harder / slower**

So:

- Minimise length of mouse moves
- Control the user's mouse-path



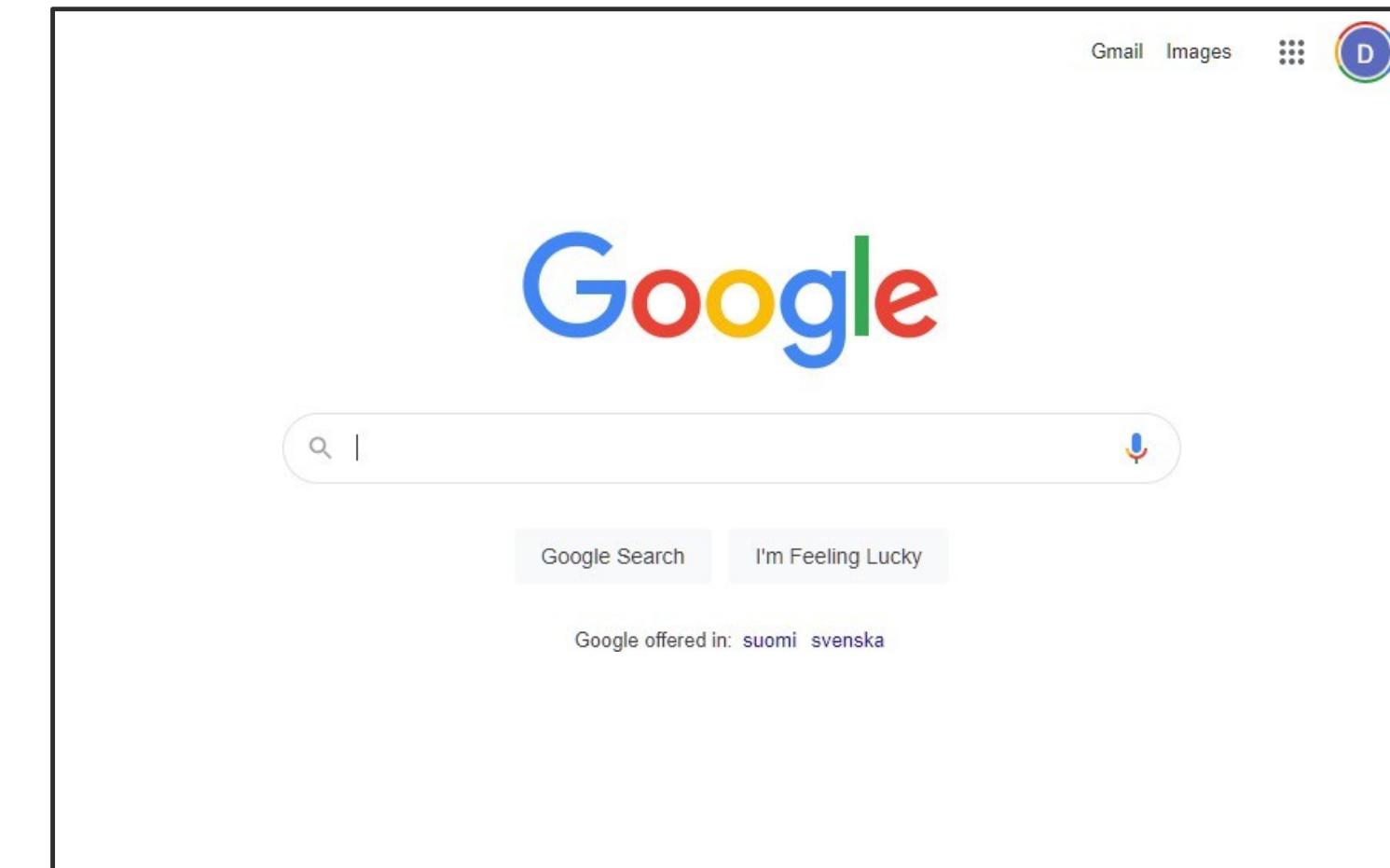
time

Index of difficulty

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1

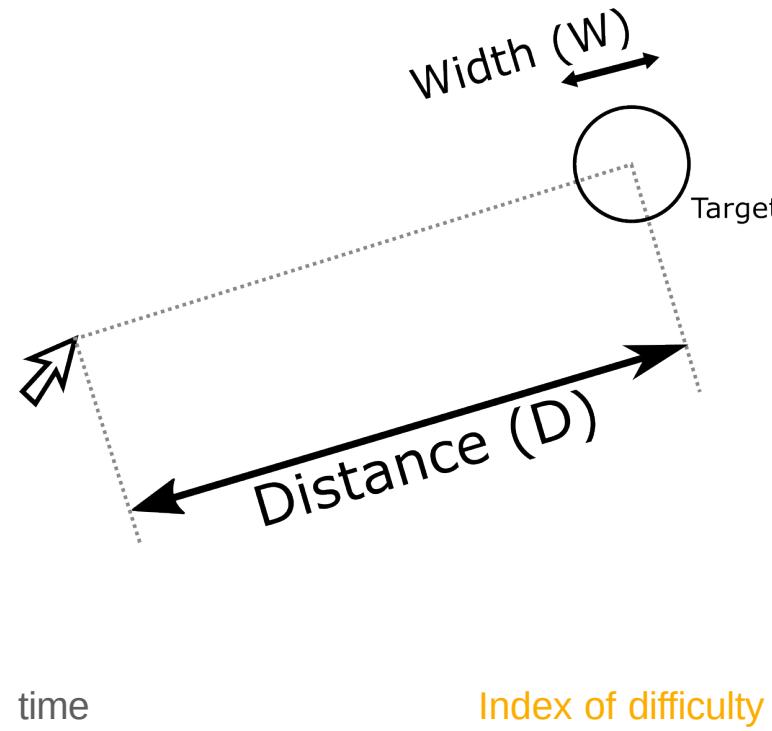
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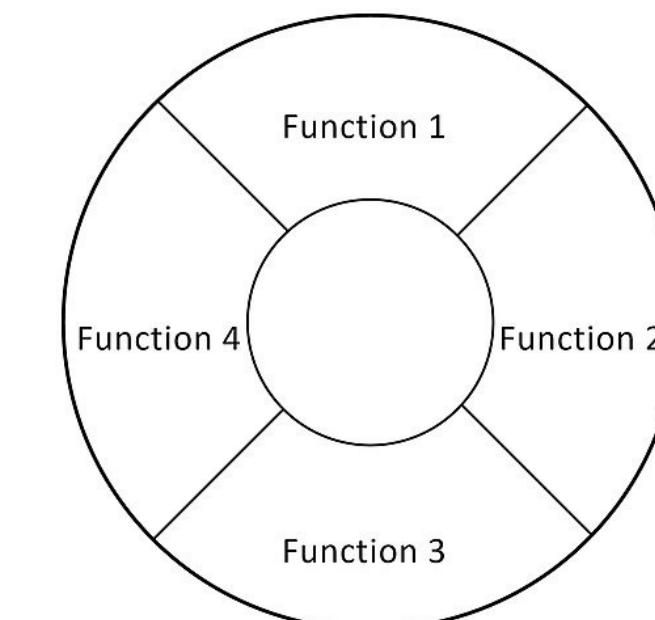
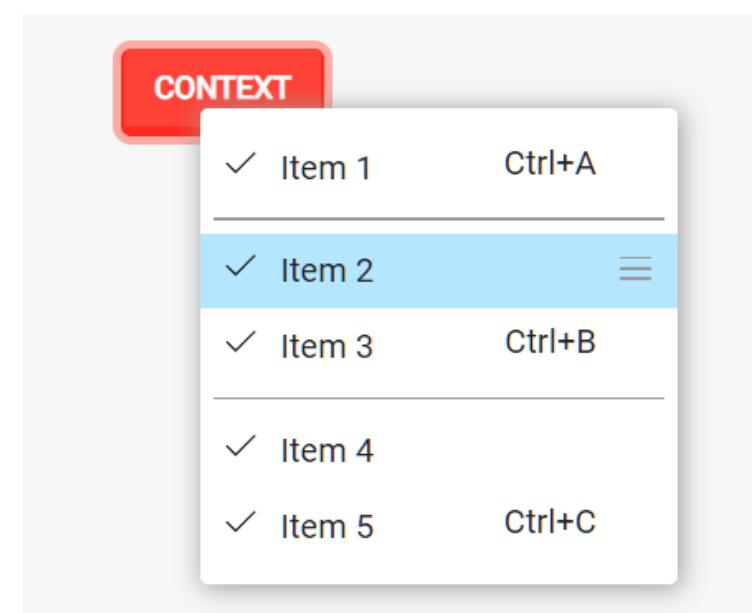
- Minimise length of mouse moves
- Control the user's mouse-path
- Spawn controls close to mouse position



$$T = a + b \log_2(2D / W)$$

"delay"

"acceleration"



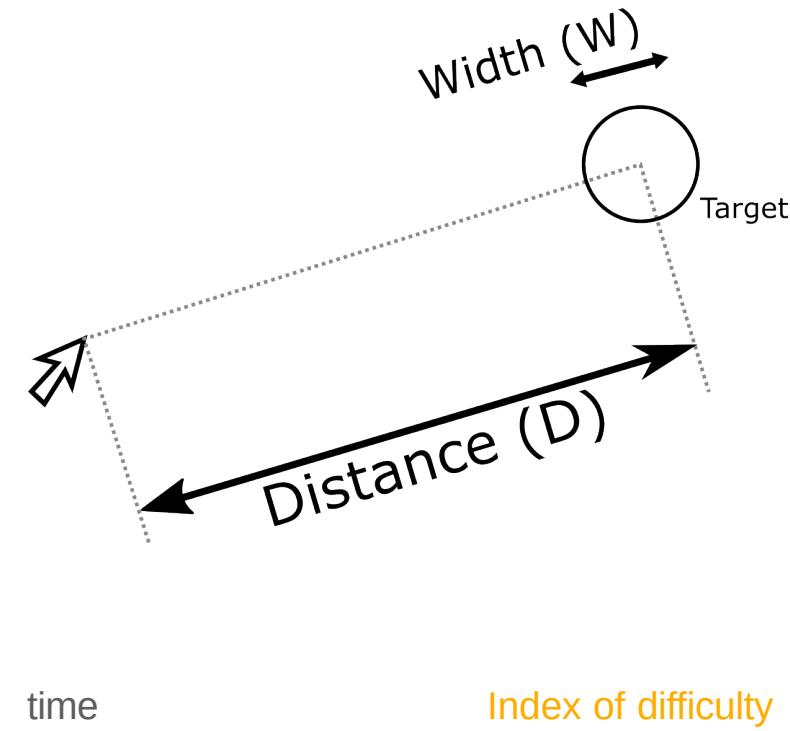
# Fitts' Law:

## 1. High Level **qualitative-quantitative** engagement

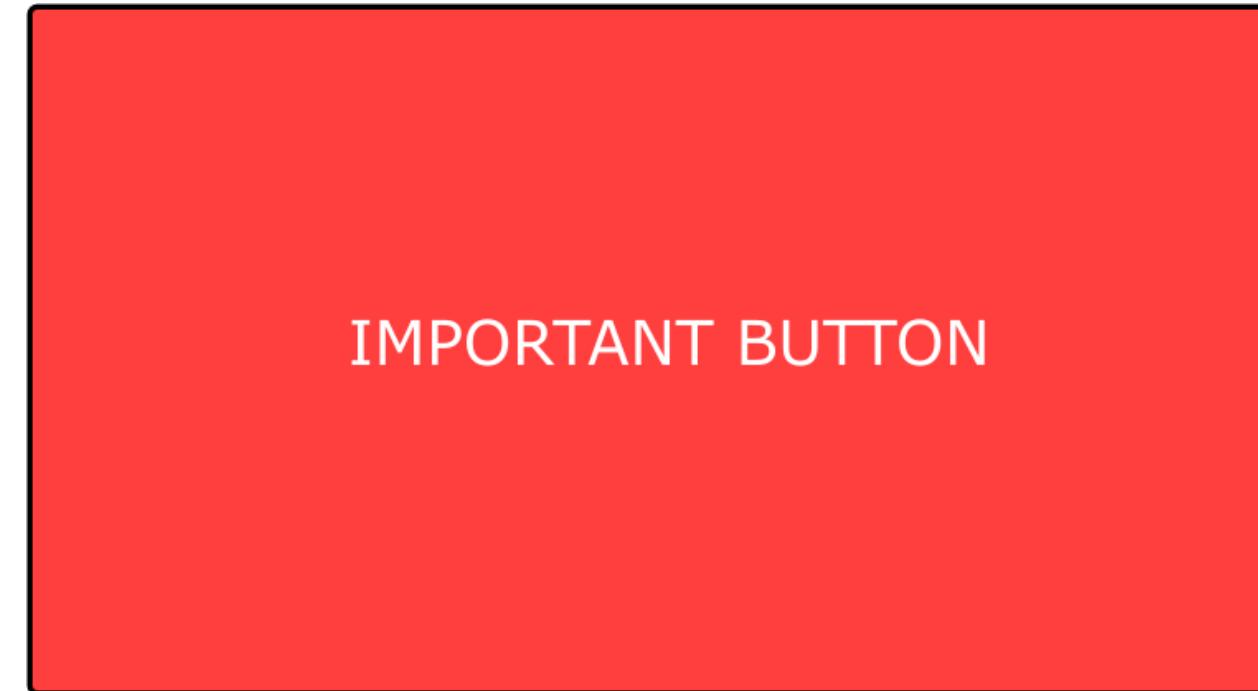
**bigger = easier**

So:

- Make UI elements bigger when time pressure, or risk of error are high



$$T = a + b \log_2(2D / W)$$



"delay"

"acceleration"

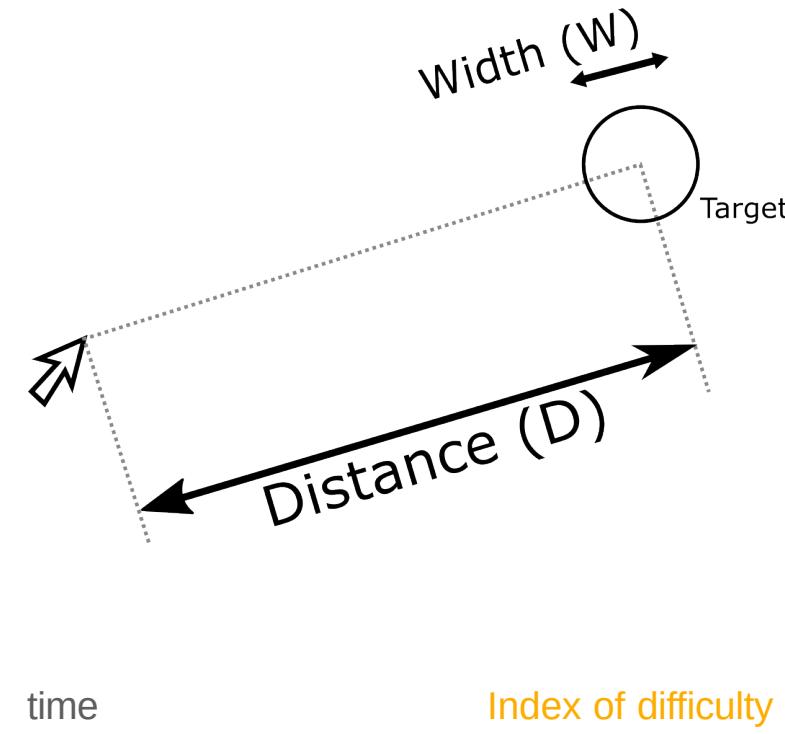
# Fitts' Law:

## 1. High Level qualitative-quantitative engagement

**Alerting the designer to high error rates**

- Minimise cost of error

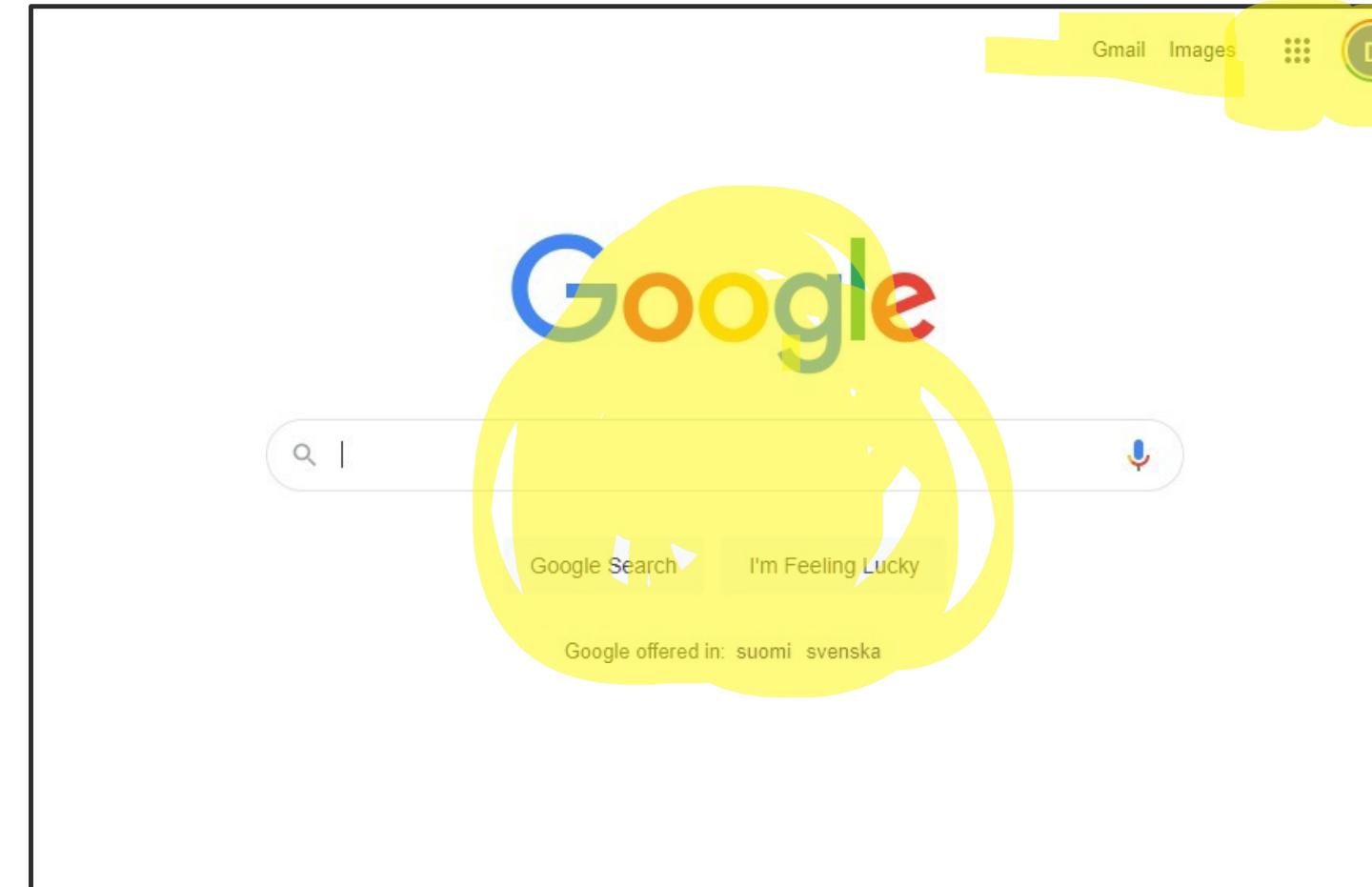
**Edges and Corners Are Special: infinite width**



$$T = a + b \log_2(2D / W)$$

"delay"

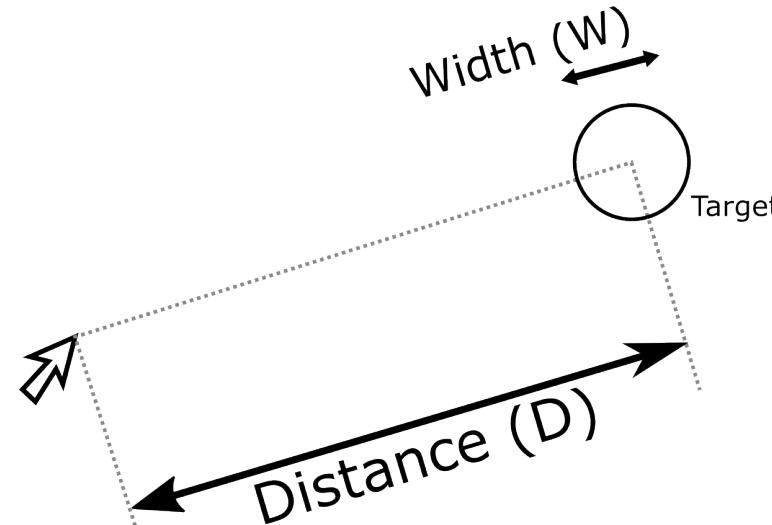
"acceleration"



# Fitts' Law:

## 2. Mathematical Engagement

- Build tools to analyse layouts and guide design
- Analyse use of nested vs flat menus
- Calculate times for paths through website
- Create adaptive interfaces?



time

Index of difficulty

$$T = a + b \log_2(2D / W)$$

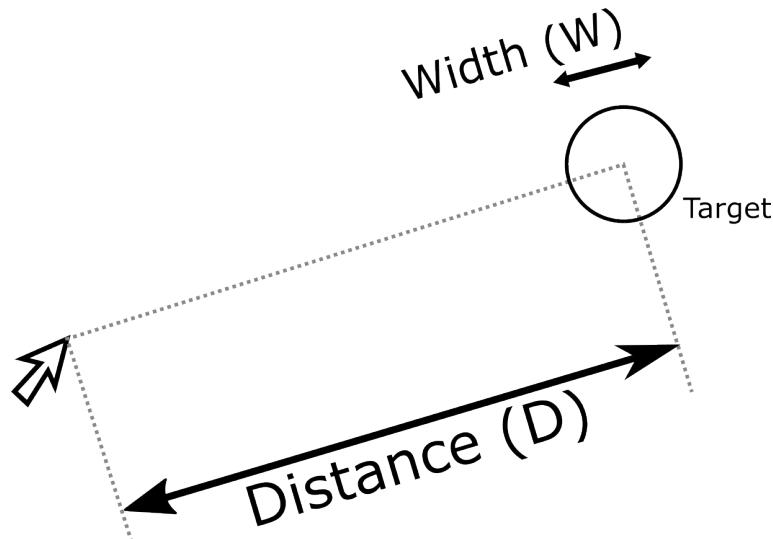
"delay"

"acceleration"

# Fitts' Law:

## 3. Further Theory Building

- Does mouse-path efficiency nudge behaviour?
  - Easier: encourage purchases?



time

Index of difficulty

$$T = a + b \log_2(2D / W)$$

"delay"

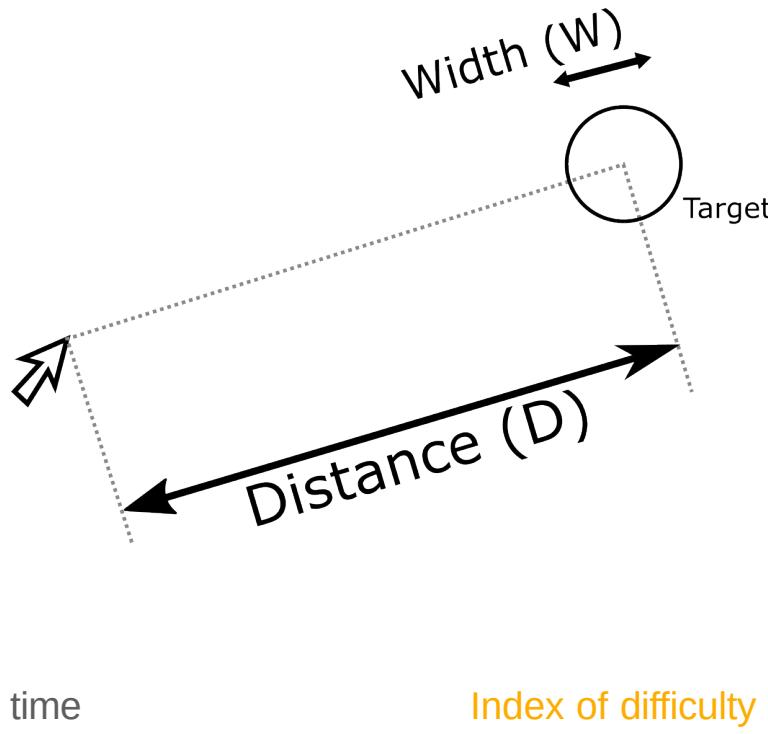
"acceleration"

The image contains two screenshots of a product page for "MyEggs". The top screenshot shows a standard "BUY" button. The bottom screenshot shows a modified button where the word "BUY" is placed closer to the center of the button, creating a narrower target area. Both screenshots include the text "A GREAT PRODUCT" and a shopping cart icon.

# Fitts' Law:

## 3. Further Theory Building

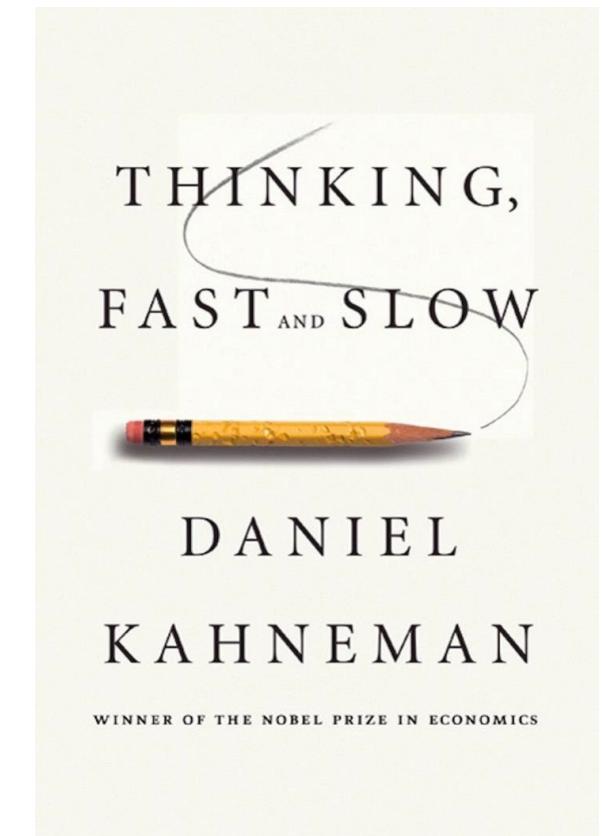
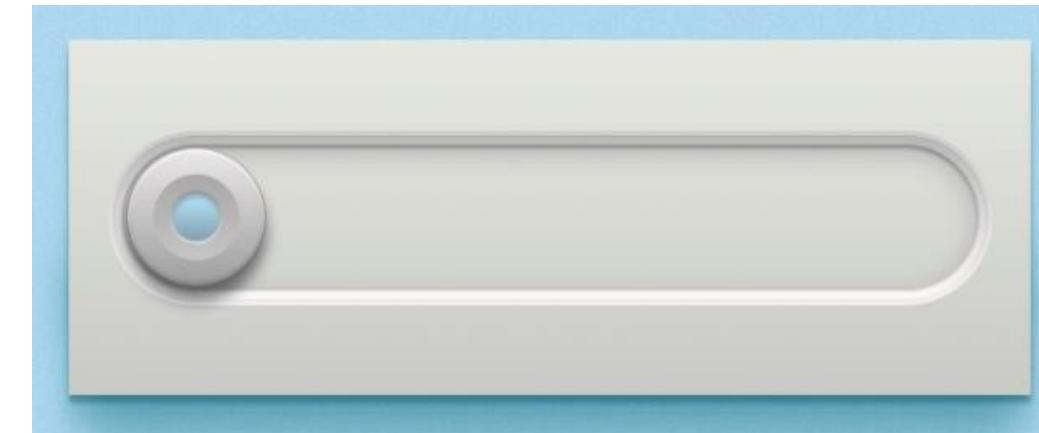
- Does mouse-path efficiency nudge behaviour?
  - Easier: encourage purchases?
  - Harder: increase thoughtfulness?



$$T = a + b \log_2(2D / W)$$

"delay"

"acceleration"



# **READING:**

## **READING OPTION 1:**

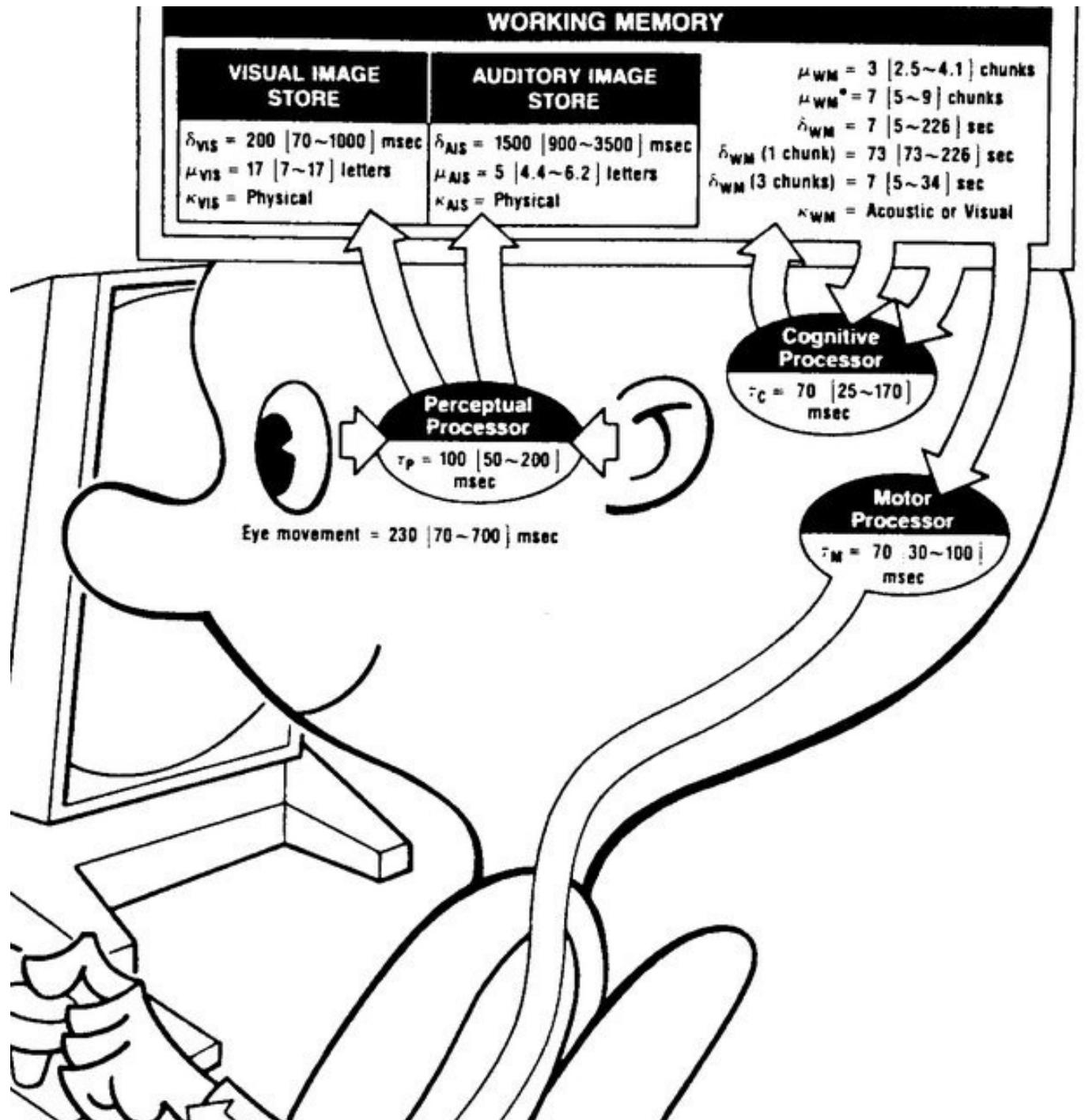
**A Deep Dive Into Fitts' Law**

**<https://timmarco.com/fitts/>**

# **NEXT:**

**GOMS: Goals Operators Methods and Selection rules**

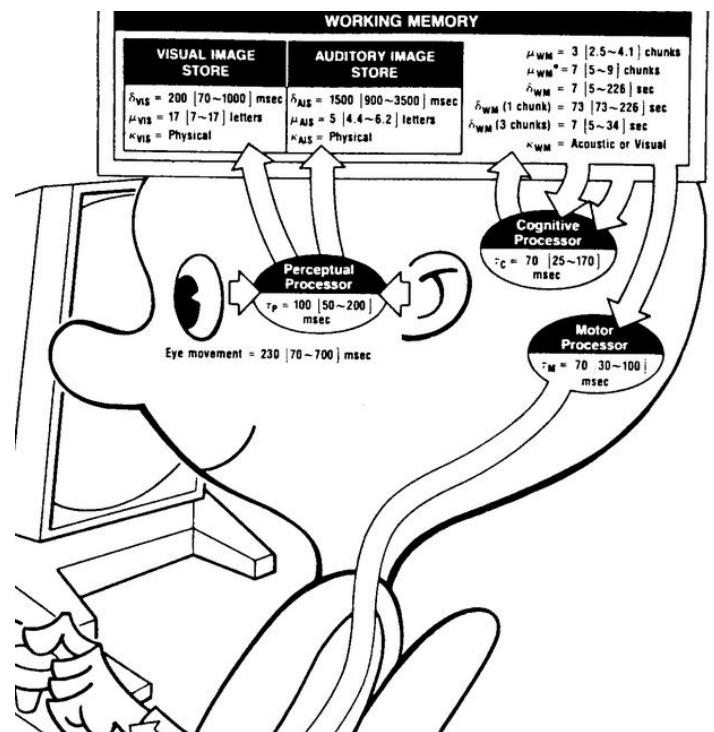
# GOMS: Goals Operators Methods and Selection



- Analyse times for input tasks for a skilled user
- Again, grounded in information processing models from cognitive psychology
- Aims to be easy for designers to apply

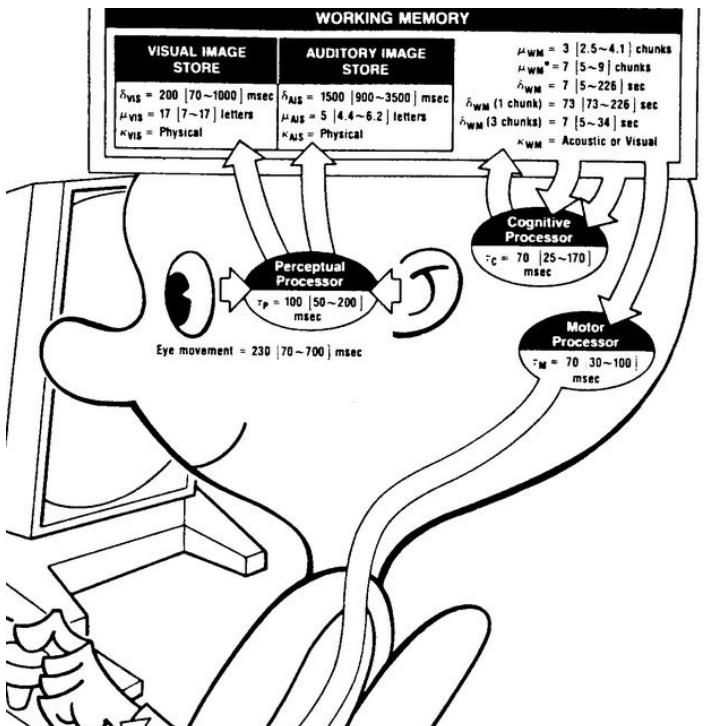
# GOMS: Goals Operators Methods and Selection

- Decomposes tasks into atomic actions (operators) and assigns times
- Various versions of varying complexity
- Simple: KLM-GOMS
- Complex: CPM-GOMS



# GOMS: Goals Operators Methods and Selection

- **GOALS:** what the user wants to do
- **OPERATORS:** individual actions
- **METHODS:** how to combine actions to achieve the goal



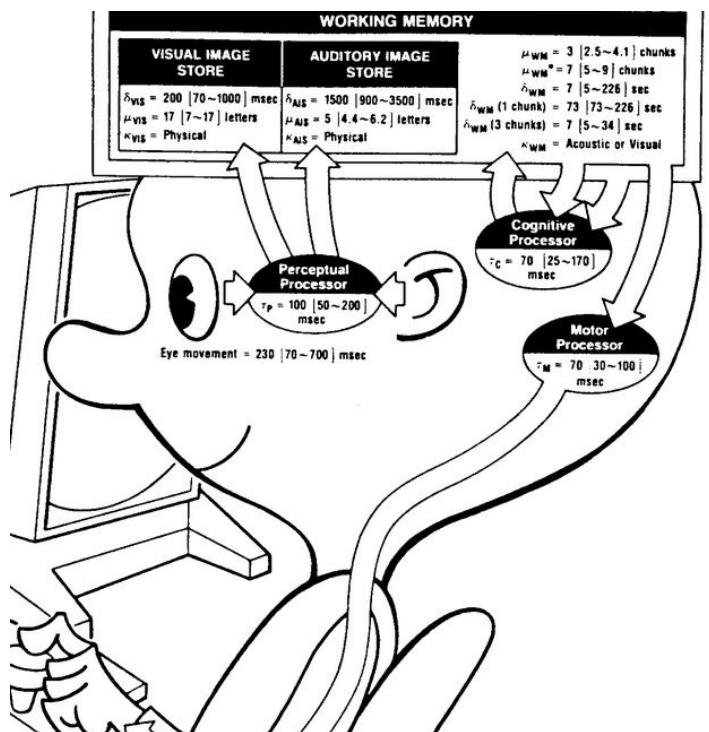
- **SELECTION RULES:** how to choose between potential METHODS of the task

# GOMS: Goals Operators Methods and Selection

## Applying GOMS

### KLM OPERATORS:

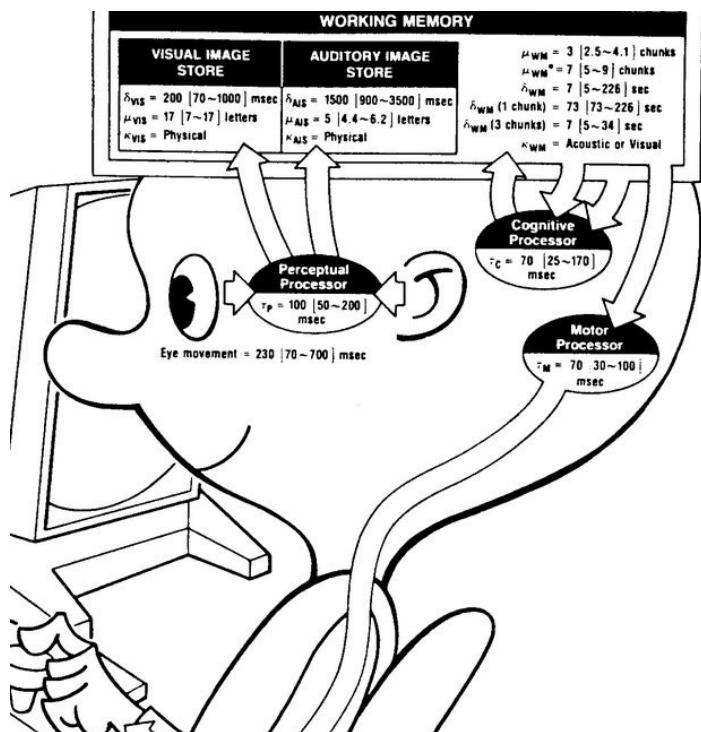
- K - press a key
- P - point to location on screen with mouse
- H - move hands to home position on the keyboard
- M - mentally preparing to perform an action
- R - system response while the user waits for the system.



# GOMS: Goals Operators Methods and Selection

## GOMS Limitations?

- No Fatigue
- No Learning (expert users)
- No Errors (expert users)
- All tasks are goal-directed
- Goal is clear at start of the task (no problem solving)



# Week 2: First Wave

**Chunk 3: Heuristic models, and  
disagreements with the first wave**

More general approaches in the First Wave, and  
why HCI started to investigate other approaches

## GOMS and Fitts' Law

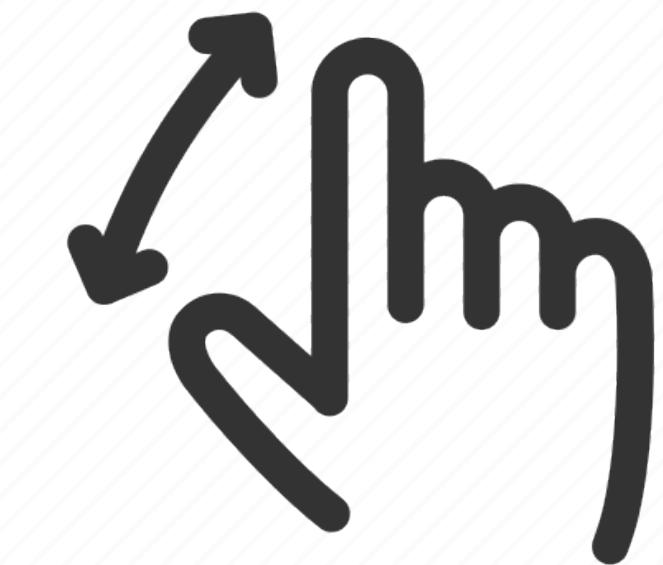
- Grounded in cognitive psychology
- Narrow, precise, and predictive

## Next: More General, or Heuristic Models

- Grounded in cognitive psychology
- Broader, generalising, prescriptive

**Reading Option 3:** Carroll & Campbell: *Softening Up Hard Science* (1986)

# a foundational GUI theory



# a foundational GUI theory

Shneiderman



## The Effect of Humour and Mood on Memory Recall ☆

Tunku Saraa-Zawayah Tunku Badli, Mariam Adawiah Dzulkifli ↗✉

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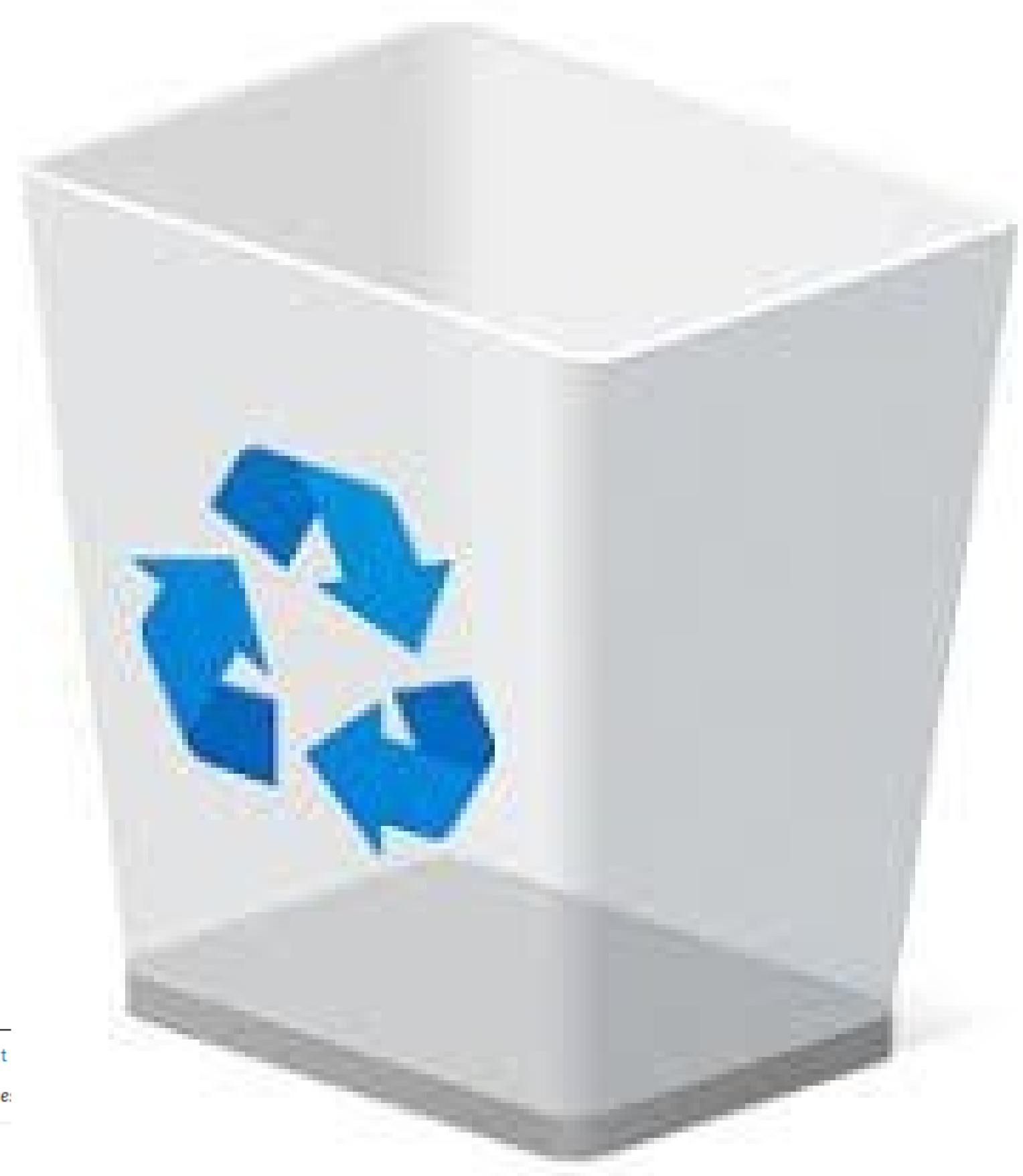
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<https://doi.org/10.1016/j.sbspro.2013.10.230> ↗

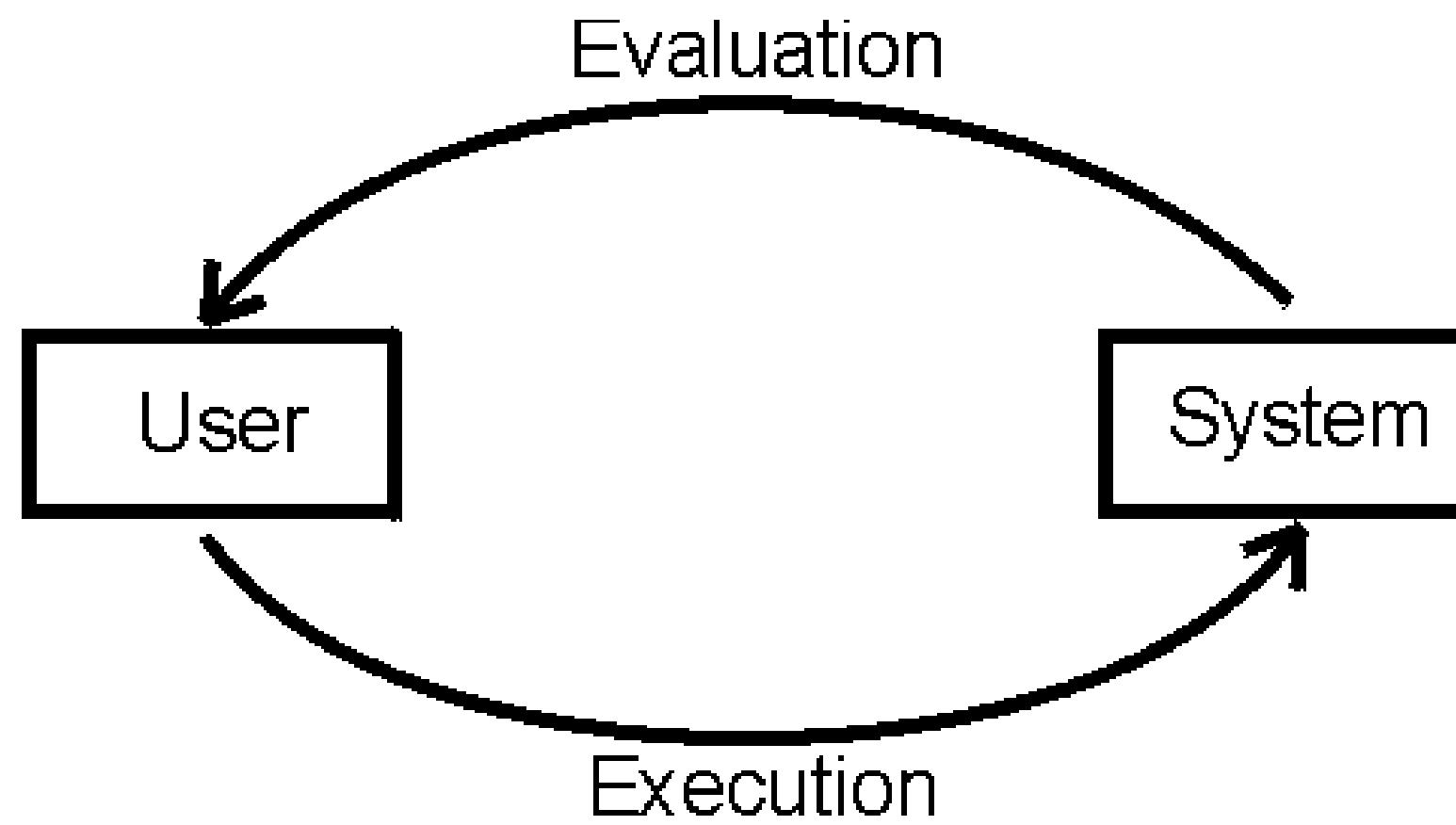
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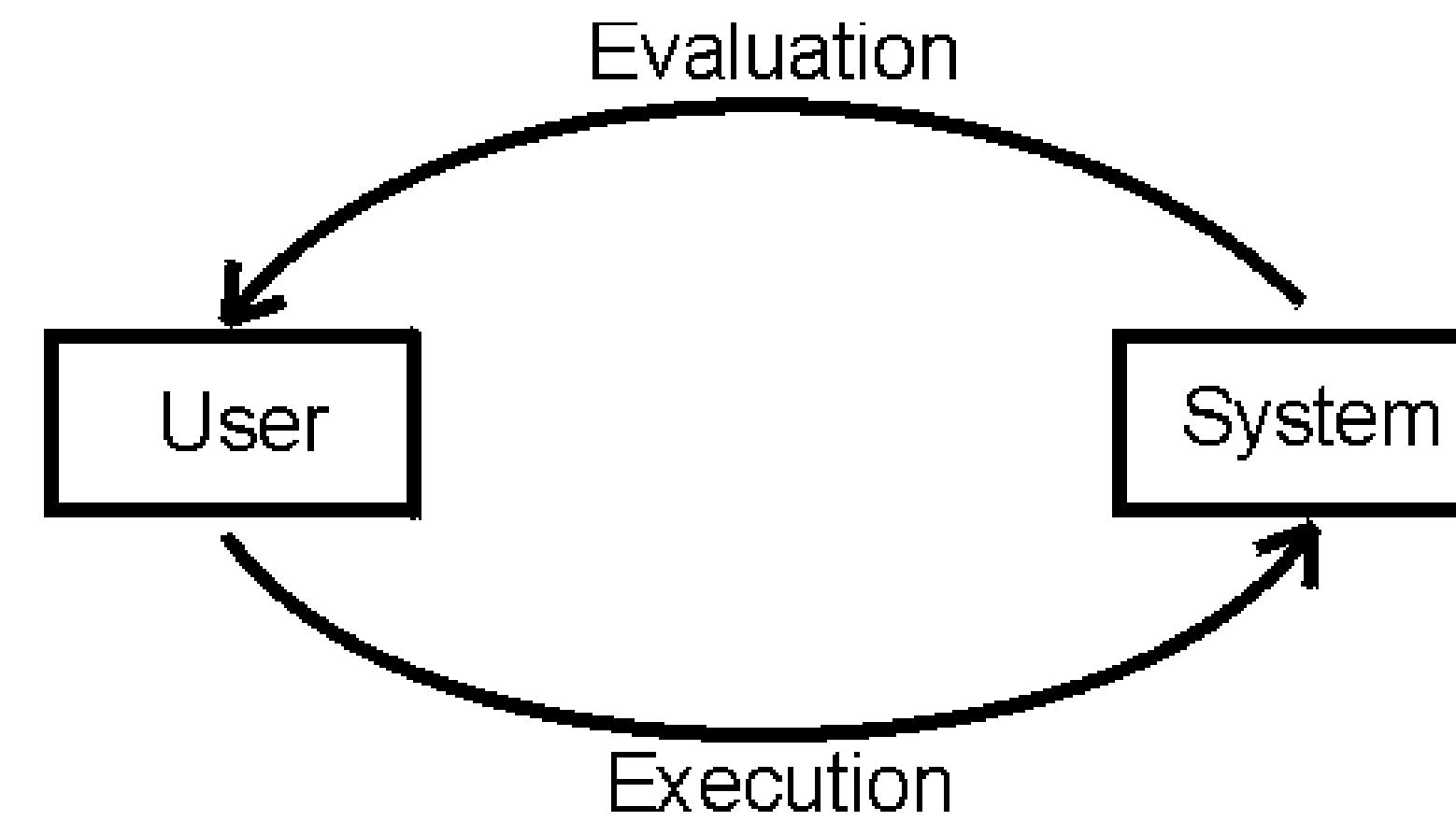
● Open acce:



# a foundational GUI theory

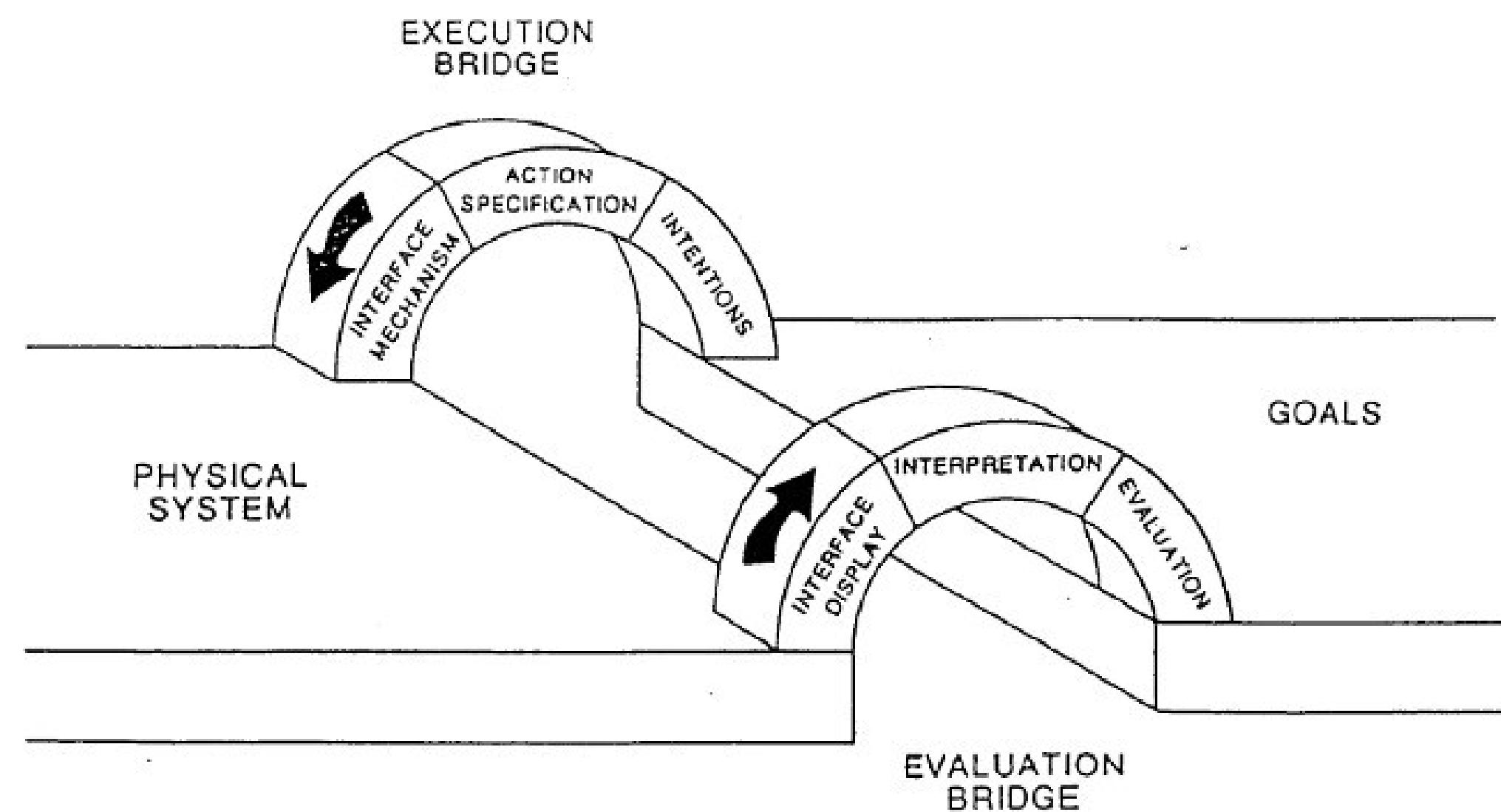
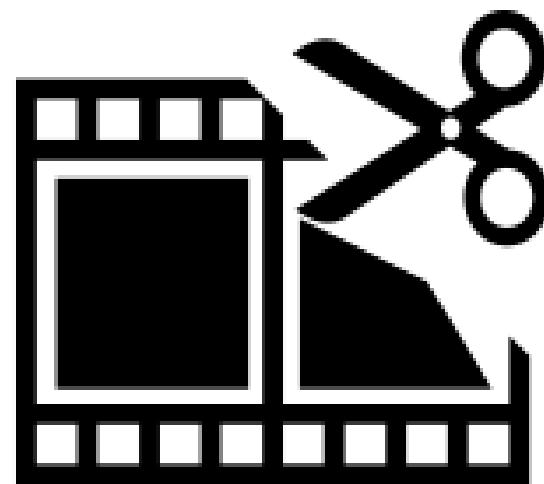


# interaction problems and how to solve them



# interaction problems and how to solve them

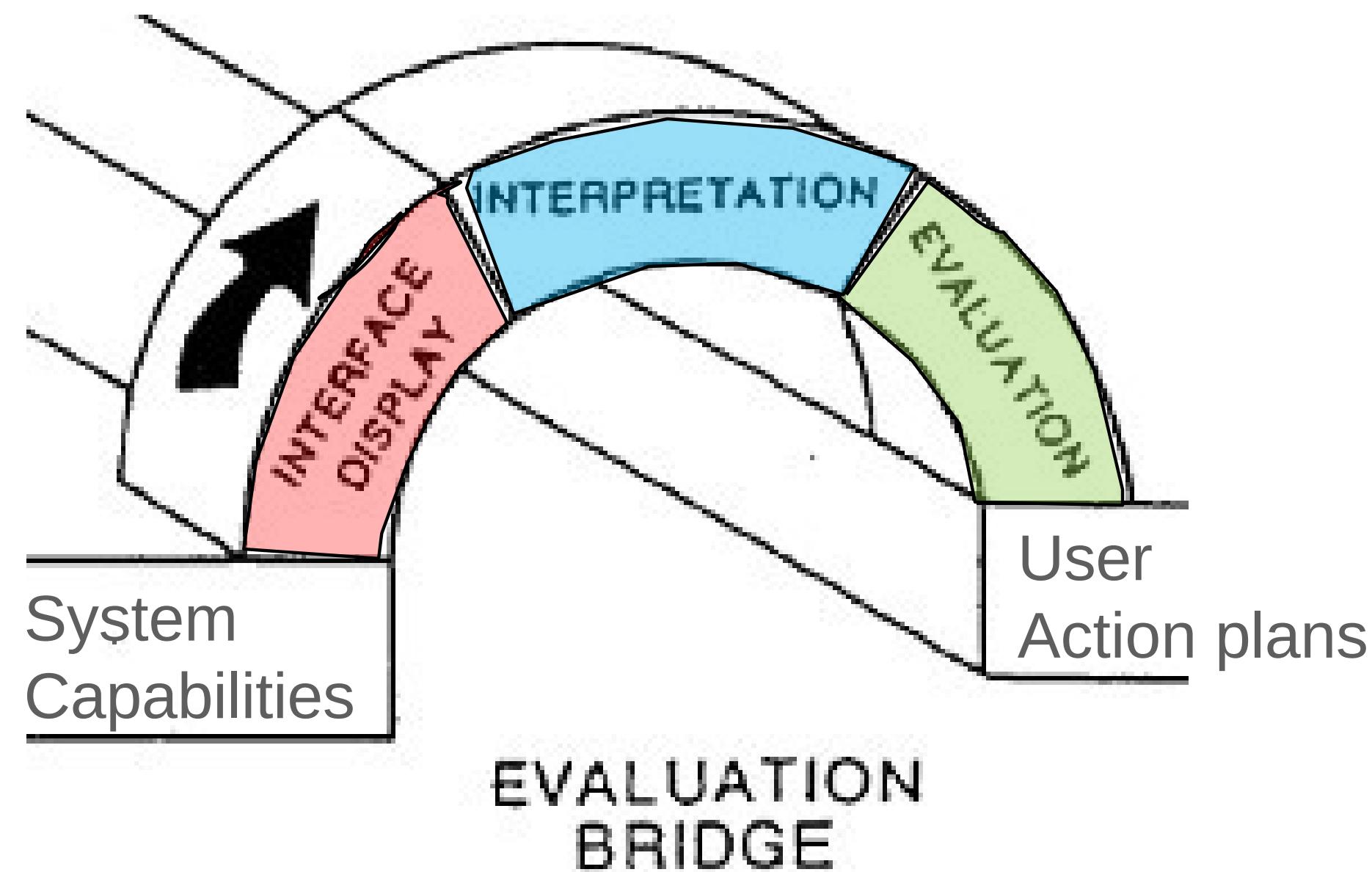
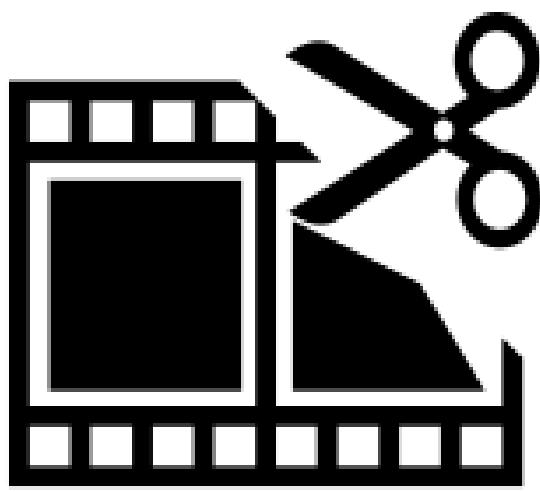
System  
Capabilities



User  
Action plans  
(Adnan)

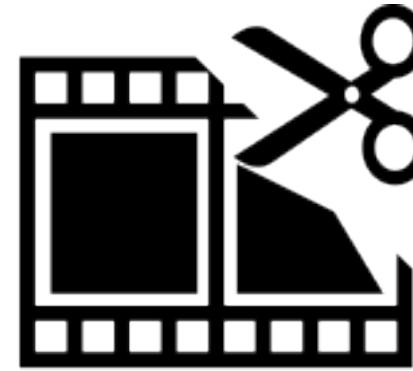


# interaction problems and how to solve them



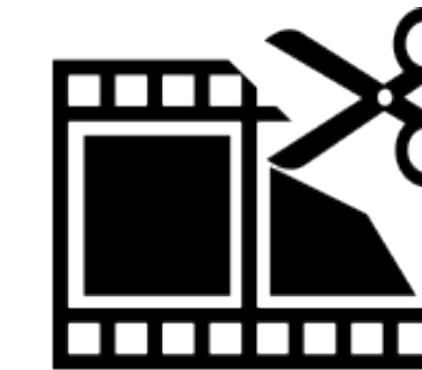
# interaction problems and how to solve them

## Editing a video: Gulf of Evaluation



### Evaluated System State

System has a video editor



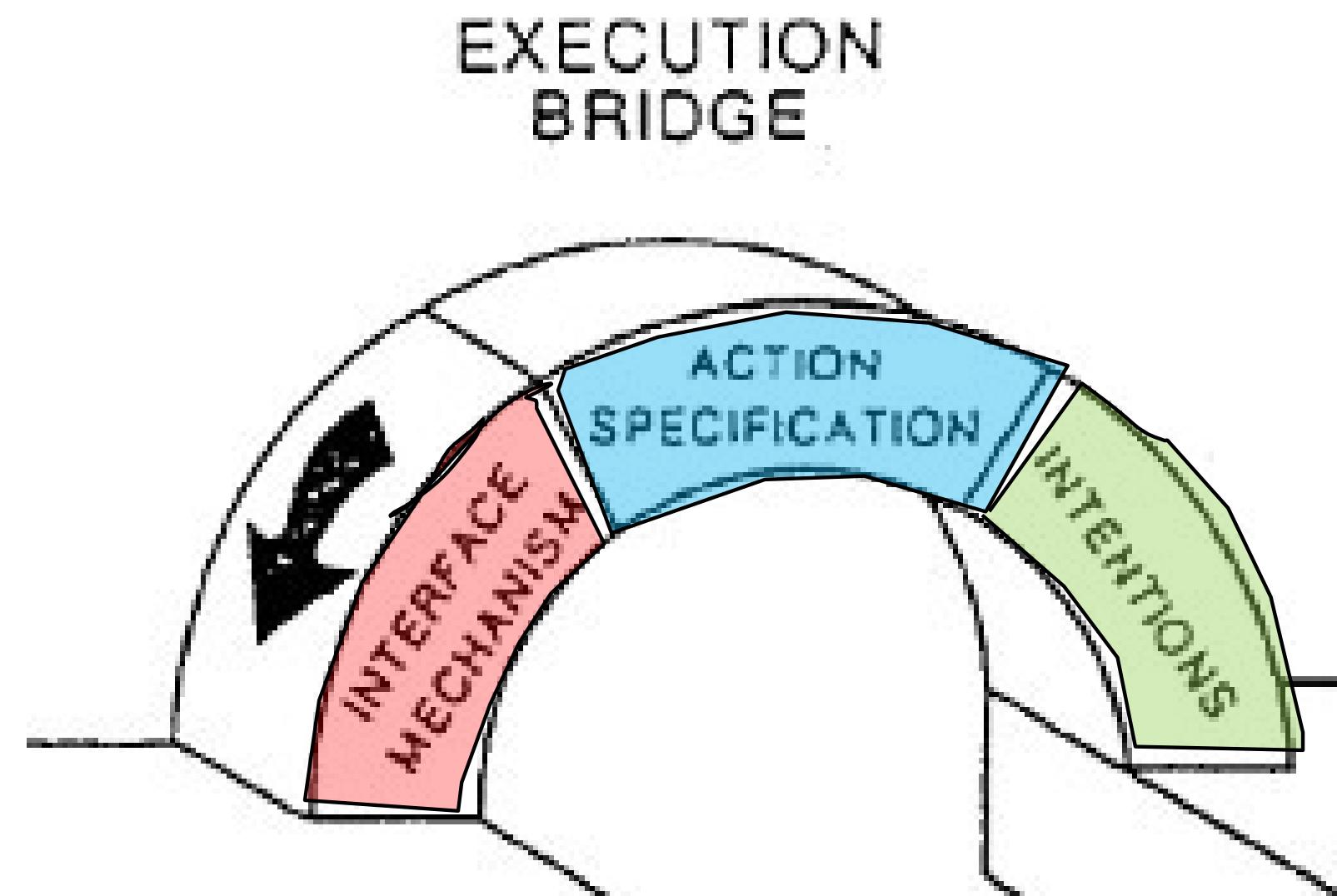
Hyper VideoEdit 2097 is only  
£134 a month!

### Actual System State

Vendor wants to sell you a video editor

# interaction problems and how to solve them

System  
Capabilities



User  
Action plans

# interaction problems and how to solve them

## Editing a video: Gulf of Execution

### Expected Action Plan

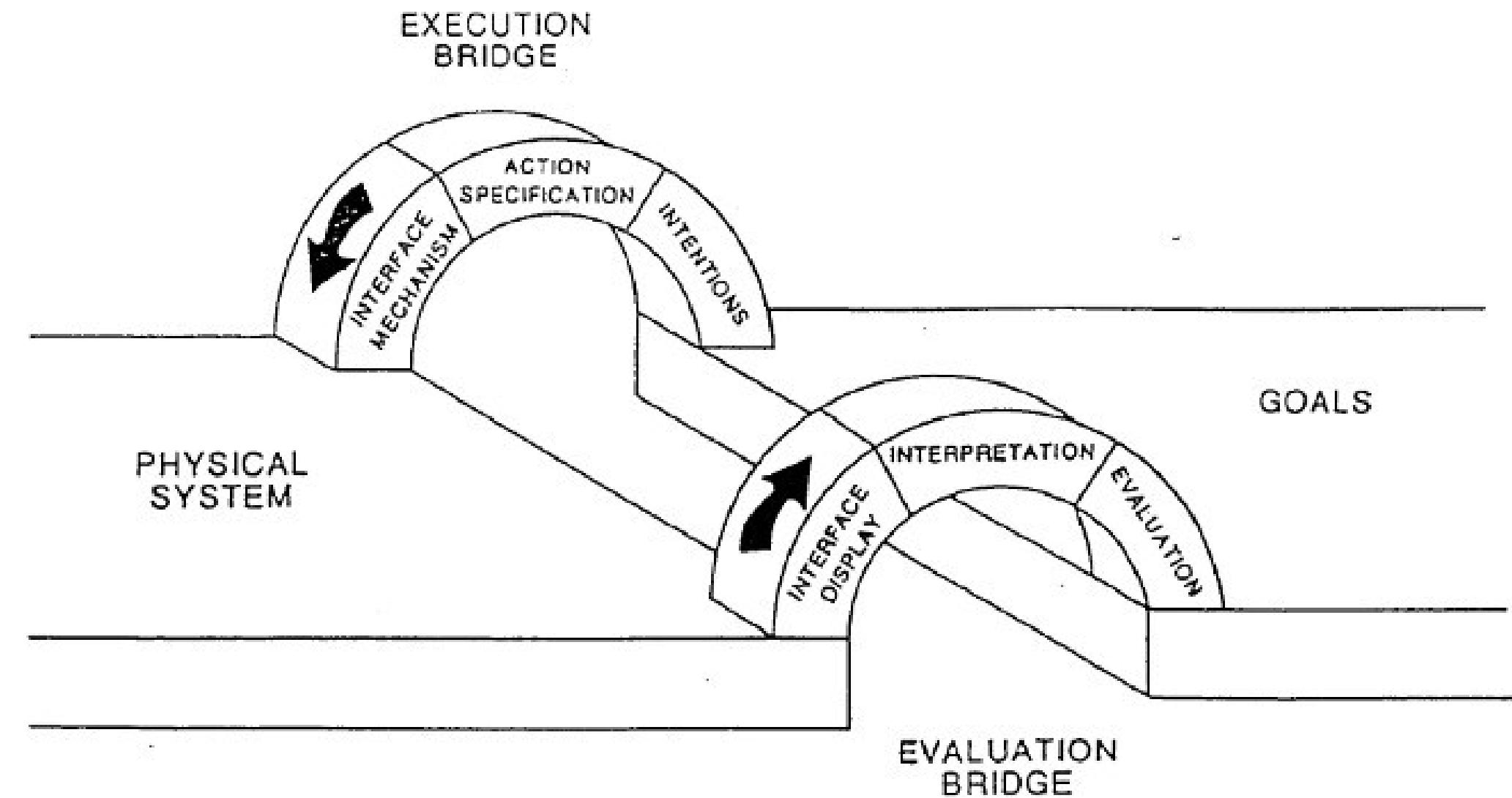
- 1.Run video editing app
- 2.load the video sections
- 3.Select each section of video I want, and put it onto a timeline

### Required Action Plan

- 1.Install and pay for a video editing app
- 2.Install a video conversion program
- 3.Set the correct parameters for the conversion, looking them up on the internet
- 4.Run the video editing app
- 5.load the video sections into my app
- 6.Select each section of video I want, and put it onto a timeline

# interaction problems and how to solve them

System  
Capabilities

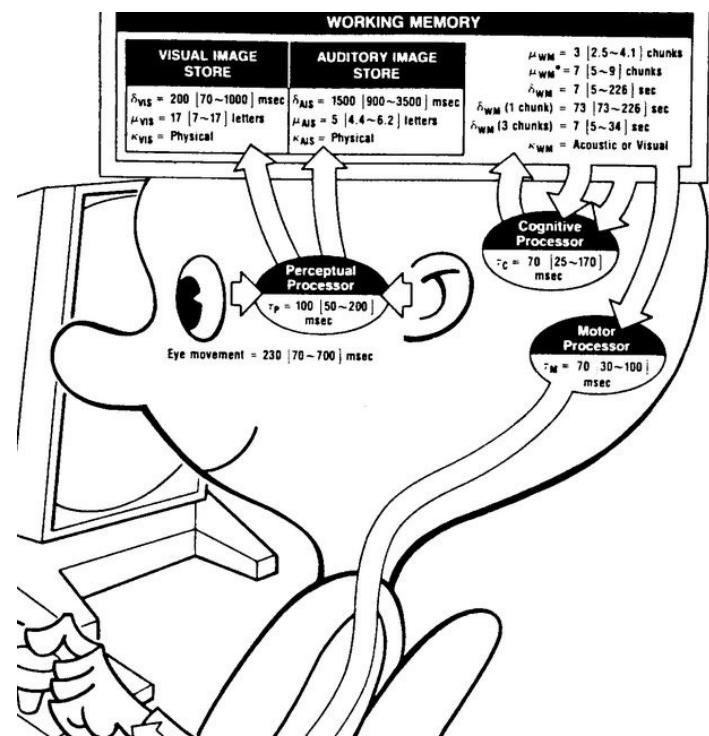


User  
Action plans

# Gulf of Execution:

## Wrong method for the task, mismatch in steps (**operators**)

## GOMS



- **GOALS:** what the user wants to do
- **OPERATORS:** individual actions
- **METHODS:** how to combine actions to achieve the goal
- **SELECTION RULES:** how to choose between potential MODELS of the task

# Information processing theories in the First Wave:

- **ALL IN THE BRAIN**: all the important stuff is happening via symbol processing in the brain. The body is controlled by the brain without adding too much.
- **ATEMPORAL**: history and order considered minimally relevant, other temporal factors, synchronisation etc. are not considered
- **ACONTEXTUAL**: context is not modelled
- **COMPOSABLE**: Cognitive processes can be broken apart and sections modelled independently without too much loss of accuracy
- **SIGNAL + NOISE**: variability in the process can be treated as noise

- **ALL IN THE BRAIN**: all the important stuff is happening via symbol processing in the brain. The body is controlled by the brain without adding too much.
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  - **ACONTEXTUAL**: context is not modelled
  - **COMPOSABLE**: processes can be broken apart and sections modelled independently without too much loss of accuracy
  - **SIGNAL + NOISE**: variability in the process can be treated as noise, distributed in a roughly Gaussian manner
- Does any of this matter much to HCI?**

# What is the practical effect of these differences in theory? How to choose?

- **Better fit for phenomenon?** Does another theory give a better, more parsimonious account of the interaction we're observing? Does it explain it better?
- **Supports Collaboration?** helps us understand and be understood by colleagues in another discipline, or another team?
- **Easy to convert into design?** designers can understand and apply the theory to their own practice
- **Computable, formal?** Can we formalise the theory in a model or code, make quantitative predictions, can we use it to build adaptive computer systems?
- **Other properties? ...**

# Where after the First Wave?

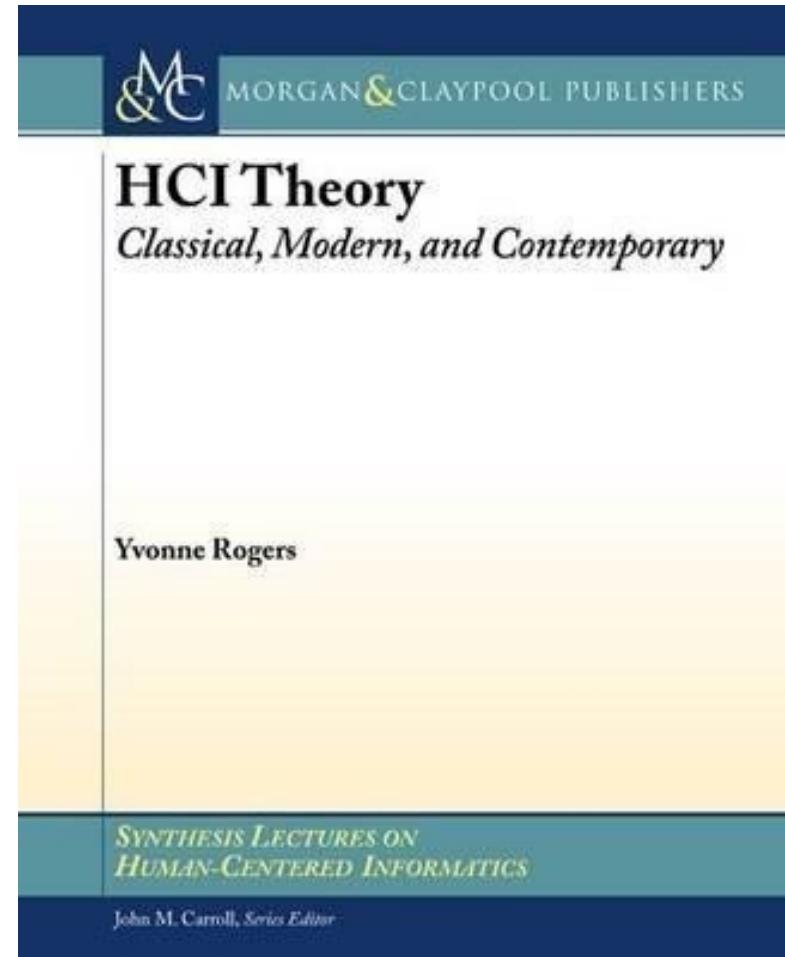
- Capturing real world behaviour?
- Accounts for interaction in real spaces?
- Accounts for social and cultural contexts, and constraints?
- Accessible to observation?

# **Next week...**

## **Week 3: The Second Wave part 1: From cognition to the experiences of bodies**

# Reading

## Chapter 4:



Rogers, Y. (2012).  
HCI theory: classical,  
modern, and contemporary.  
*Synthesis lectures on  
human-centered informatics*,  
5(2), 1-129.

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A nice interactive explanation of Fitts' Law and why it matters

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#HCI  
\_Theory