Randy Egan

2/5/18

Dr. Josie Mills

English 131

Attention Employees:

Lifting boxes with your back can cause unnecessary stress to your back.

We are implementing a new policy for all employees to lift boxes with their legs instead of their backs. Any employee seen lifting boxes incorrectly will face possible termination.

Please refer to the diagram below for an example on how to lift boxes properly.

Thank you,

Workers Safety Office

